

1
09.04.2026 - 9:00

, 50m

(14-15)

26.46
27.15

Kazan /

17.04.2025
23.07.2022

: AQUA 2026

	/		R.T.		
1.	22.03.2011		+0,69	29.18	703
2.	13.05.2011		+0,75	30.06	643
3.	15.12.2011		+0,82	30.23	632
4.	12.07.2012	I	+0,71	30.83	I 596
	16.06.2011	I	+0,74	30.83	I 596
6.	14.03.2011	-	+0,89	30.86	I 594
7.	20.04.2011		+0,81	31.13	I 579
	07.03.2011	-	+0,87	31.13	I 579
9.	28.05.2011		+0,79	31.34	I 567
10.	27.02.2012	I	+0,80	31.38	I 565
11.	19.01.2011		+0,80	31.39	I 564
12.	25.03.2012	I	+0,75	31.47	I 560
	19.05.2011		+0,67	31.47	I 560
14.	20.02.2012		+0,81	31.51	I 558
15.	10.09.2011		+0,74	31.53	I 557
16.	22.03.2011		+0,78	31.65	I 551
17.	27.04.2011	-	+0,82	31.71	I 548
18.	11.06.2011		+0,77	31.74	I 546
19.	19.12.2011	I	+0,71	32.02	I 532
20.	27.07.2011		+0,71	32.04	I 531
21.	23.02.2011	I	+0,72	32.15	I 525
22.	06.01.2011	I	+0,77	32.27	I 520
23.	08.09.2011	I	+0,89	32.50	509
24.	26.03.2011	I	+0,74	32.57	505
25.	15.02.2011	I	+0,76	32.68	500
26.	15.02.2011	I	+0,88	32.70	499
	16.02.2012	I	+0,77	32.70	499
28.	31.07.2011	I	+0,70	32.79	495
29.	05.03.2011		+0,71	32.91	490
30.	06.07.2011	I	+0,79	32.99	486
31.	27.04.2012	I	+0,73	33.01	485
32.	25.05.2011	I	+0,75	33.12	480
33.	27.02.2011	I	+0,71	33.22	476
34.	04.09.2012	I	+0,78	33.27	474
35.	10.03.2011	I	+0,76	33.30	473
36.	27.05.2012	I	+0,66	33.46	466
37.	22.01.2011	I	+0,76	33.50	464
38.	29.07.2011	I	+0,75	33.64	459
39.	02.06.2011	I	+0,78	33.70	456
40.	26.06.2011	I	+0,70	33.83	451
41.	20.08.2011	I	+0,76	34.02	443
42.	02.08.2011	I	+0,69	34.13	439
43.	10.02.2011	I	+0,77	34.26	434
44.	05.09.2012	I	+0,87	34.28	433

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SWISS TIMING QUANTUM ACUATICS



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК АЛЕКСАНДРА ПОПОВА

09-12
АПРЕЛЯ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

1, 50m (14-15)

			R.T.		
45.	15.02.2011		+0,83	34.59	422
46.	27.01.2011		+0,75	34.87	412
47.	06.06.2012		+0,88	34.92	410
48.	01.01.2012		+0,73	35.37	394
49.	12.05.2011		+0,71	36.82	350
DSQ	30.05.2011				
DSQ	12.01.2011				

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SWISS TIMING QUANTUM ACUATICS

Splash Meet Manager, 11.84087

Registered to RASF/Chelyabinsk Region

12.04.2026 14:57 -

2

спонсоры соревнований:



ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

2

, 50m

(14-15)

09.04.2026 - 9:11

29.52
30.40

(ESP)

04.08.2013
25.04.2022

: AQUA 2026

			R.T.		
1.	25.11.2011		+0,74	32.75	705
2.	08.08.2011		+0,70	33.11	683
3.	04.02.2011		+0,72	33.24	675
4.	12.04.2011		+0,83	33.51	658
5.	06.08.2011		+0,86	34.00	630
6.	09.11.2012		+0,78	34.15	622
7.	06.05.2011	-	+0,76	34.16	622
8.	19.03.2012		+0,77	34.40	609
9.	25.03.2011		+0,74	34.53	602
10.	03.01.2012		+0,87	34.62	597
	23.06.2011		+0,77	34.62	597
12.	25.09.2012		+0,70	34.73	591
13.	21.11.2012		+0,81	34.84	586
14.	05.10.2011		+0,81	34.90	583
15.	27.09.2011	-	+0,81	34.97	579
16.	15.01.2012		+0,75	35.02	577
17.	13.01.2011		+0,87	35.10	573
18.	09.03.2011		+0,74	35.11	572
19.	20.03.2012		+0,82	35.15	570
20.	11.02.2011		+0,74	35.20	568
21.	20.02.2011		+0,78	35.27	565
22.	23.07.2011		+0,69	35.32	562
23.	20.09.2011		+0,78	35.38	559
24.	23.02.2012		+0,76	35.46	556
25.	17.12.2012		+0,78	35.58	550
26.	05.12.2011		+0,86	35.61	549
27.	26.06.2012		+0,79	35.75	542
28.	19.02.2011		+0,78	35.91	535
29.	20.02.2012		+0,87	35.93	534
30.	16.08.2012		+0,78	35.96	533
31.	29.07.2012		+0,79	36.05	529
32.	14.05.2011		+0,84	36.14	525
33.	20.10.2012	-	+0,70	36.24	520
34.	16.12.2011		+0,79	36.37	515
35.	01.12.2011		+0,71	36.46	511
36.	04.01.2012		+0,94	36.56	507
37.	26.05.2011		+0,83	36.63	504
38.	29.08.2012		+0,86	36.66	503
39.	21.12.2011		+0,67	36.68	502
40.	17.01.2012		+0,84	36.76	499
41.	06.01.2011		+0,77	36.78	498
42.	14.06.2012		+0,78	36.81	497
43.	17.05.2012		+0,75	36.84	495
44.	18.01.2012		+0,77	36.87	494

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SWISS TIMING QUANTUM ACUATICS



2, , 50m , (14-15)

	/	R.T.		
45.	11.04.2012	+0,77	36.89	493
46.	23.03.2012	+0,84	36.90	493
47.	26.08.2011	+0,85	37.00	489
48.	20.10.2011	+0,79	37.13	484
49.	18.07.2011	+0,79	37.38	474
50.	07.02.2012	+0,93	37.54	468
51.	07.02.2011	+0,71	37.67	463
52.	21.12.2012	+0,78	37.99	452
53.	29.03.2012	+0,90	38.08	449
54.	16.04.2012	+0,85	38.15	446
55.	21.12.2011	+0,80	38.52	433
56.	25.11.2012	+0,79	39.08	415
57.	02.04.2012	+0,76	39.15	413
58.	11.05.2011	+0,90	40.62	369
DSQ	17.10.2011			



3 , 100m (14-15)
09.04.2026 - 9:24

				47.11			(JPN)		
				47.57				28.07.2021	30.10.2020
: AQUA 2026									
				/			R.T.		
1.				11.06.2011			+0,66	52.77	679
	50m:	25.41	25.41	100m:	52.77	27.36			
				14.03.2011			+0,83	52.77	679
	50m:	25.46	25.46	100m:	52.77	27.31			
3.				09.06.2011			+0,79	52.78	679
	50m:	25.45	25.45	100m:	52.78	27.33			
4.				15.05.2011		-	+0,75	53.16	664
	50m:	25.14	25.14	100m:	53.16	28.02			
5.				11.01.2011			+0,62	53.25	661
	50m:	25.46	25.46	100m:	53.25	27.79			
6.				03.01.2011			+0,70	53.30	659
	50m:	26.04	26.04	100m:	53.30	27.26			
7.				21.04.2011			+0,69	53.43	654
	50m:	25.66	25.66	100m:	53.43	27.77			
8.				12.04.2011			+0,75	53.58	649
	50m:	25.20	25.20	100m:	53.58	28.38			
9.				20.02.2011			+0,78	53.67	646
	50m:	25.07	25.07	100m:	53.67	28.60			
10.				05.09.2011		-	+0,83	53.69	645
	50m:	25.83	25.83	100m:	53.69	27.86			
11.				19.04.2012			+0,81	53.77	642
	50m:	26.42	26.42	100m:	53.77	27.35			
12.				10.01.2011		-	+0,79	53.91	637
	50m:	26.07	26.07	100m:	53.91	27.84			
13.				11.06.2011			+0,79	53.95	636
	50m:	25.30	25.30	100m:	53.95	28.65			
14.				29.04.2011			+0,78	54.01	634
	50m:	25.74	25.74	100m:	54.01	28.27			
15.				03.03.2011			+0,70	54.05	632
	50m:	25.73	25.73	100m:	54.05	28.32			
16.				28.06.2011			+0,78	54.07	631
	50m:	25.82	25.82	100m:	54.07	28.25			
17.				10.01.2011			+0,70	54.14	629
	50m:	26.44	26.44	100m:	54.14	27.70			
18.				13.10.2011 I			+0,76	54.69	610
	50m:	26.33	26.33	100m:	54.69	28.36			
19.				29.03.2011			+0,68	54.77	608
	50m:	26.30	26.30	100m:	54.77	28.47			
20.				01.08.2011			+0,76	54.79	607
	50m:	26.40	26.40	100m:	54.79	28.39			

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SWISS TIMING QUANTUM ACUATICS

3, , 100m , (14-15)

								R.T.			
20.	50m:	25.89	25.89	15.01.2011	I	-	-	+0,73	54.79	I	607
				100m:	54.79	28.90					
22.	50m:	26.88	26.88	30.06.2011	I			+0,80	54.97	I	601
				100m:	54.97	28.09					
23.	50m:	26.53	26.53	12.08.2011				+0,72	55.03	I	599
				100m:	55.03	28.50					
24.	50m:	26.61	26.61	14.05.2012	I			+0,71	55.12	I	596
				100m:	55.12	28.51					
25.	50m:	26.48	26.48	06.08.2011	I			+0,79	55.13	I	596
				100m:	55.13	28.65					
	50m:	26.32	26.32	29.07.2012	I	-		+0,79	55.13	I	596
				100m:	55.13	28.81					
27.	50m:	26.53	26.53	31.07.2011	I			+0,84	55.15	I	595
				100m:	55.15	28.62					
28.	50m:	26.07	26.07	17.07.2011				+0,68	55.20	I	593
				100m:	55.20	29.13					
29.	50m:	26.98	26.98	05.01.2011				+0,79	55.23	I	592
				100m:	55.23	28.25					
30.	50m:	26.64	26.64	13.11.2012	I			+0,80	55.26	I	591
				100m:	55.26	28.62					
31.	50m:	26.90	26.90	20.01.2011	I			+0,80	55.27	I	591
				100m:	55.27	28.37					
32.	50m:	26.49	26.49	28.07.2012	I			+0,82	55.29	I	591
				100m:	55.29	28.80					
33.	50m:	26.38	26.38	22.06.2011	I			+0,71	55.30	I	590
				100m:	55.30	28.92					
	50m:	26.76	26.76	17.09.2011	I			+0,82	55.30	I	590
				100m:	55.30	28.54					
35.	50m:	26.21	26.21	12.03.2012				+0,70	55.40	I	587
				100m:	55.40	29.19					
36.	50m:	26.39	26.39	06.01.2011	I	-		+0,71	55.43	I	586
				100m:	55.43	29.04					
37.	50m:	26.99	26.99	08.12.2011				+0,70	55.49	I	584
				100m:	55.49	28.50					
38.	50m:	26.88	26.88	24.12.2011	I			+0,84	55.56	I	582
				100m:	55.56	28.68					
39.	50m:	26.61	26.61	02.02.2012	I			+0,68	55.61	I	580
				100m:	55.61	29.00					
40.	50m:	26.80	26.80	29.04.2011				+0,70	55.75	I	576
				100m:	55.75	28.95					
41.	50m:	27.04	27.04	30.04.2011	I			+0,68	55.77	I	575
				100m:	55.77	28.73					
42.	50m:	26.62	26.62	07.09.2011				+0,74	55.81	I	574
				100m:	55.81	29.19					

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

№	Имя	Р.Т.	50m	100m	Дата	И	50m	100m	Время	Время	Время	Время
43.			26.85	26.85	13.02.2011	I	56.14	29.29	+0,79	56.14	I	564
44.			26.86	26.86	04.05.2011	I	56.28	29.42	+0,75	56.28	I	560
45.			26.48	26.48	07.01.2011	I	56.39	29.91	+0,68	56.39	I	557
46.			27.82	27.82	09.09.2012	I	56.48	28.66	+0,76	56.48	I	554
47.			27.56	27.56	17.01.2012	I	56.69	29.13	+0,83	56.69	I	548
48.			27.36	27.36	25.04.2011	I	56.74	29.38	+0,82	56.74	I	546
50.			27.65	27.65	06.01.2011	I	56.74	29.09	+0,71	56.74	I	546
51.			26.35	26.35	23.09.2011		56.76	30.41	+0,68	56.76	I	546
52.			27.33	27.33	18.05.2011	I	56.80	29.47	+0,82	56.80	I	545
53.			27.94	27.94	05.09.2012	I	56.90	28.96	+0,77	56.90	I	542
54.			27.48	27.48	12.03.2011	I	56.91	29.43	+0,70	56.91	I	541
55.			27.94	27.94	20.04.2012	I	57.02	29.08	+0,78	57.02	I	538
56.			27.75	27.75	21.12.2012	I	57.18	29.43	+0,67	57.18	I	534
57.			27.25	27.25	04.06.2011	I	57.19	29.94	+0,74	57.19	I	534
58.			28.30	28.30	16.06.2011		57.24	28.94	+0,86	57.24	I	532
59.			28.10	28.10	20.01.2011	I	57.57	29.47	+0,75	57.57	I	523
60.			27.53	27.53	08.09.2011	I	57.65	30.12	+0,87	57.65	I	521
61.			27.50	27.50	28.01.2011	I	57.84	30.34	+0,82	57.84	I	516
62.			28.29	28.29	08.07.2011	I	57.91	29.62	+0,78	57.91	I	514
63.			27.75	27.75	14.05.2011	I	57.91	30.16	+0,79	57.91	I	514
64.			28.06	28.06	05.12.2011	I	57.94	29.88	+0,79	57.94	I	513
65.			27.96	27.96	23.05.2012	I	58.02	30.06	+0,80	58.02	I	511

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SWISS TIMING QUANTUM ACUATICS

3, , 100m , (14-15)

								R.T.				
65.	50m:	27.43	27.43	12.05.2011	I	100m:	58.08	30.65	+0,75	58.08	I	509
66.	50m:	28.15	28.15	19.04.2012	I	100m:	58.13	29.98	+0,79	58.13	I	508
67.	50m:	28.09	28.09	21.04.2011	I	100m:	58.27	30.18	+0,83	58.27	I	504
68.	50m:	28.10	28.10	09.02.2012	I	100m:	58.29	30.19	+0,76	58.29	I	504
69.	50m:	27.77	27.77	08.02.2012	I	100m:	58.33	30.56	+0,79	58.33		503
70.	50m:	28.31	28.31	07.01.2011	I	100m:	58.56	30.25	+0,75	58.56		497
71.	50m:	27.89	27.89	06.08.2011	I	100m:	58.61	30.72	+0,81	58.61		496
72.	50m:	28.16	28.16	08.01.2012	I	100m:	58.63	30.47	+0,74	58.63		495
73.	50m:	28.77	28.77	07.03.2012	I	100m:	58.64	29.87	+0,69	58.64		495
	50m:	28.00	28.00	04.10.2011	I	100m:	58.64	30.64	+0,76	58.64		495
75.	50m:	28.44	28.44	04.01.2011	I	100m:	58.66	30.22	+0,68	58.66		494
76.	50m:	27.81	27.81	06.05.2011	I	100m:	58.67	30.86	+0,88	58.67		494
77.	50m:	28.75	28.75	04.07.2012	I	100m:	58.76	30.01	+0,74	58.76		492
	50m:	28.32	28.32	30.08.2012	I	100m:	58.76	30.44	+0,72	58.76		492
79.	50m:	28.15	28.15	12.03.2012	I	100m:	59.10	30.95	+0,71	59.10		483
80.	50m:	28.22	28.22	14.03.2012	I	100m:	59.26	31.04	+0,75	59.26		480
81.	50m:	27.74	27.74	22.01.2011	I	100m:	59.27	31.53	+0,71	59.27		479
82.	50m:	29.04	29.04	13.05.2011	I	100m:	1:00.01	30.97	+0,67	1:00.01		462
83.	50m:	28.83	28.83	13.09.2011	I	100m:	1:01.65	32.82	+0,76	1:01.65		426
DSQ				17.01.2011	I						I	
DSQ				10.08.2011	I							

4
 09.04.2026 - 9:45

, 200m

(14-15)

 1:55.08
 1:58.21

 (HUN)
 (POL)

 25.07.2017
 13.07.2013

: AQUA 2026

								R.T.					
1.			15.02.2011					+0,79	2:05.49			715	
	50m:	29.42	29.42	100m:	1:01.34	31.92	150m:	1:33.72	32.38	200m:	2:05.49	31.77	
2.			25.05.2011					+0,70	2:06.15			704	
	50m:	29.09	29.09	100m:	1:01.03	31.94	150m:	1:33.26	32.23	200m:	2:06.15	32.89	
3.			11.04.2011					+0,77	2:06.80			693	
	50m:	29.67	29.67	100m:	1:01.64	31.97	150m:	1:34.87	33.23	200m:	2:06.80	31.93	
4.			22.02.2011					+0,83	2:06.95			690	
	50m:	29.48	29.48	100m:	1:01.70	32.22	150m:	1:34.92	33.22	200m:	2:06.95	32.03	
5.			13.06.2011					+0,84	2:06.97			690	
	50m:	29.37	29.37	100m:	1:01.76	32.39	150m:	1:34.21	32.45	200m:	2:06.97	32.76	
6.			07.02.2012					+0,72	2:07.05			689	
	50m:	29.49	29.49	100m:	1:01.18	31.69	150m:	1:34.16	32.98	200m:	2:07.05	32.89	
7.			21.05.2012					+0,85	2:07.16			687	
	50m:	29.65	29.65	100m:	1:01.94	32.29	150m:	1:35.00	33.06	200m:	2:07.16	32.16	
8.			08.06.2011					+0,81	2:07.47			682	
	50m:	29.27	29.27	100m:	1:01.76	32.49	150m:	1:35.17	33.41	200m:	2:07.47	32.30	
9.			05.01.2012					+0,81	2:07.86			676	
	50m:	28.98	28.98	100m:	1:00.74	31.76	150m:	1:34.37	33.63	200m:	2:07.86	33.49	
10.			02.03.2012					+0,73	2:08.43			667	
	50m:	29.44	29.44	100m:	1:01.97	32.53	150m:	1:35.40	33.43	200m:	2:08.43	33.03	
11.			22.12.2011					+0,72	2:08.59			664	
	50m:	29.24	29.24	100m:	1:02.05	32.81	150m:	1:35.35	33.30	200m:	2:08.59	33.24	
12.			20.02.2012					+0,80	2:08.71			662	
	50m:	29.45	29.45	100m:	1:02.37	32.92	150m:	1:36.04	33.67	200m:	2:08.71	32.67	
13.			31.01.2012					+0,85	2:09.17			655	
	50m:	29.75	29.75	100m:	1:02.31	32.56	150m:	1:36.32	34.01	200m:	2:09.17	32.85	
14.			23.07.2012					+0,76	2:09.55			650	
	50m:	30.32	30.32	100m:	1:03.39	33.07	150m:	1:36.85	33.46	200m:	2:09.55	32.70	
15.			26.07.2011					+0,83	2:09.57			649	
	50m:	30.62	30.62	100m:	1:03.94	33.32	150m:	1:37.66	33.72	200m:	2:09.57	31.91	
16.			08.10.2011					+0,73	2:09.97			643	
	50m:	29.69	29.69	100m:	1:02.91	33.22	150m:	1:36.96	34.05	200m:	2:09.97	33.01	
17.			01.02.2011					+0,85	2:10.07			642	
	50m:	30.42	30.42	100m:	1:03.86	33.44	150m:	1:37.33	33.47	200m:	2:10.07	32.74	
18.			18.05.2011					+0,89	2:10.19			640	
	50m:	30.33	30.33	100m:	1:03.83	33.50	150m:	1:37.56	33.73	200m:	2:10.19	32.63	
19.			28.03.2011					+0,72	2:10.26			639	
	50m:	29.95	29.95	100m:	1:03.22	33.27	150m:	1:37.83	34.61	200m:	2:10.26	32.43	
20.			19.06.2012					+0,72	2:10.72			632	
	50m:	29.27	29.27	100m:	1:02.83	33.56	150m:	1:37.34	34.51	200m:	2:10.72	33.38	

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SWISS TIMING QUANTUM ACUATICS

		4, , 200m , (14-15)						R.T.			
21.				18.08.2012				+0,90	2:10.78		631
	50m:	30.32	30.32	100m:	1:04.03	33.71	150m:	1:38.43	34.40	200m:	2:10.78 32.35
22.				07.04.2012				+0,76	2:10.87		630
	50m:	29.94	29.94	100m:	1:03.29	33.35	150m:	1:37.58	34.29	200m:	2:10.87 33.29
23.				31.12.2012				+0,76	2:10.89		630
	50m:	30.23	30.23	100m:	1:04.03	33.80	150m:	1:38.21	34.18	200m:	2:10.89 32.68
24.				16.06.2012 I	-			+0,71	2:11.50		621
	50m:	30.17	30.17	100m:	1:03.15	32.98	150m:	1:37.62	34.47	200m:	2:11.50 33.88
25.				25.05.2011				+0,83	2:11.87		616
	50m:	30.05	30.05	100m:	1:02.56	32.51	150m:	1:36.37	33.81	200m:	2:11.87 35.50
26.				04.06.2011				+0,93	2:11.90		616
	50m:	30.15	30.15	100m:	1:03.65	33.50	150m:	1:38.23	34.58	200m:	2:11.90 33.67
27.				15.11.2012				+0,89	2:12.03		614
	50m:	29.86	29.86	100m:	1:02.91	33.05	150m:	1:37.43	34.52	200m:	2:12.03 34.60
28.				29.08.2012				+0,89	2:12.09		613
	50m:	31.13	31.13	100m:	1:04.30	33.17	150m:	1:38.14	33.84	200m:	2:12.09 33.95
29.				18.04.2012				+0,89	2:12.24		611
	50m:	31.42	31.42	100m:	1:05.70	34.28	150m:	1:40.39	34.69	200m:	2:12.24 31.85
30.				10.02.2011				+0,78	2:12.26		611
	50m:	31.82	31.82	100m:	1:05.68	33.86	150m:	1:39.64	33.96	200m:	2:12.26 32.62
31.				19.04.2011				+0,89	2:12.39		609
	50m:	30.00	30.00	100m:	1:03.55	33.55	150m:	1:38.51	34.96	200m:	2:12.39 33.88
32.				30.08.2011				+0,91	2:12.64		605
	50m:	30.51	30.51	100m:	1:03.64	33.13	150m:	1:38.14	34.50	200m:	2:12.64 34.50
33.				09.02.2011				+0,93	2:12.78		603
	50m:	29.81	29.81	100m:	1:03.72	33.91	150m:	1:38.96	35.24	200m:	2:12.78 33.82
34.				11.04.2012				+0,79	2:12.94		601
	50m:	30.44	30.44	100m:	1:04.64	34.20	150m:	1:39.07	34.43	200m:	2:12.94 33.87
35.				01.05.2011				+0,75	2:12.96		601
	50m:	30.01	30.01	100m:	1:03.62	33.61	150m:	1:38.10	34.48	200m:	2:12.96 34.86
36.				10.11.2011				+0,76	2:13.00		600
	50m:	30.27	30.27	100m:	1:03.60	33.33	150m:	1:38.60	35.00	200m:	2:13.00 34.40
37.				06.09.2012				+0,72	2:13.20		598
	50m:	30.27	30.27	100m:	1:04.44	34.17	150m:	1:39.15	34.71	200m:	2:13.20 34.05
38.				14.06.2012				+0,71	2:13.32		596
	50m:	31.27	31.27	100m:	1:05.88	34.61	150m:	1:40.58	34.70	200m:	2:13.32 32.74
39.				26.07.2011				+0,85	2:13.55		593
	50m:	30.99	30.99	100m:	1:05.07	34.08	150m:	1:39.35	34.28	200m:	2:13.55 34.20
40.				08.08.2012				+0,90	2:13.66		592
	50m:	30.82	30.82	100m:	1:04.69	33.87	150m:	1:38.82	34.13	200m:	2:13.66 34.84
41.				06.01.2012				+0,87	2:13.84		589
	50m:	30.76	30.76	100m:	1:04.13	33.37	150m:	1:39.65	35.52	200m:	2:13.84 34.19
42.				24.06.2011				+0,76	2:13.87		589
	50m:	30.79	30.79	100m:	1:05.03	34.24	150m:	1:39.76	34.73	200m:	2:13.87 34.11

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SWISS TIMING QUANTUM ACUATICS

4, , 200m , (14-15)

			/			R.T.						
43.	50m:	31.25 31.25	20.05.2011	100m:	1:04.62 33.37	150m:	1:39.49 34.87	+0,78	2:14.10	200m:	2:14.10 34.61	586
44.	50m:	31.77 31.77	09.08.2012	100m:	1:06.75 34.98	150m:	1:41.17 34.42	+0,76	2:14.12	200m:	2:14.12 32.95	585
45.	50m:	31.14 31.14	04.09.2012 I	100m:	1:05.66 34.52	150m:	1:40.88 35.22	+0,87	2:14.54	200m:	2:14.54 33.66	580
46.	50m:	30.96 30.96	14.07.2012	100m:	1:06.40 35.44	150m:	1:40.71 34.31	+0,77	2:14.66	200m:	2:14.66 33.95	578
47.	50m:	30.51 30.51	17.01.2011	100m:	1:04.15 33.64	150m:	1:38.97 34.82	+0,85	2:14.76	200m:	2:14.76 35.79	577
48.	50m:	30.90 30.90	11.01.2011	100m:	1:05.26 34.36	150m:	1:40.65 35.39	+0,80	2:15.00 I	200m:	2:15.00 34.35	574
49.	50m:	30.40 30.40	13.12.2011	100m:	1:04.73 34.33	150m:	1:40.95 36.22	+0,77	2:15.32 I	200m:	2:15.32 34.37	570
50.	50m:	30.22 30.22	28.11.2011	100m:	1:04.22 34.00	150m:	1:40.30 36.08	+0,77	2:15.36 I	200m:	2:15.36 35.06	569
51.	50m:	30.39 30.39	14.04.2012 I	100m:	1:04.72 34.33	150m:	1:40.24 35.52	+0,85	2:15.84 I	200m:	2:15.84 35.60	563
52.	50m:	30.72 30.72	29.10.2012 I	100m:	1:04.26 33.54	150m:	1:40.96 36.70	+0,82	2:15.88 I	200m:	2:15.88 34.92	563
53.	50m:	30.57 30.57	10.12.2011 I	100m:	1:05.06 34.49	150m:	1:40.53 35.47	+0,80	2:15.95 I	200m:	2:15.95 35.42	562
54.	50m:	31.43 31.43	14.03.2011	100m:	1:05.66 34.23	150m:	1:41.51 35.85	+0,83	2:16.12 I	200m:	2:16.12 34.61	560
55.	50m:	32.17 32.17	05.03.2011	100m:	1:08.31 36.14	150m:	1:43.07 34.76	+0,93	2:16.39 I	200m:	2:16.39 33.32	557
56.	50m:	30.84 30.84	30.09.2011	100m:	1:04.65 33.81	150m:	1:40.57 35.92	+0,76	2:16.81 I	200m:	2:16.81 36.24	552
57.	50m:	30.62 30.62	03.09.2011 I	100m:	1:05.21 34.59	150m:	1:41.35 36.14	+0,78	2:16.83 I	200m:	2:16.83 35.48	551
58.	50m:	31.06 31.06	26.01.2012 I	100m:	1:06.05 34.99	150m:	1:42.23 36.18	+0,74	2:17.14 I	200m:	2:17.14 34.91	548
59.	50m:	31.83 31.83	08.03.2011 I	100m:	1:06.26 34.43	150m:	1:42.41 36.15	+0,74	2:17.45 I	200m:	2:17.45 35.04	544
60.	50m:	30.98 30.98	29.03.2012 I	100m:	1:04.77 33.79	150m:	1:40.86 36.09	+0,92	2:17.61 I	200m:	2:17.61 36.75	542
61.	50m:	31.10 31.10	01.07.2012	100m:	1:06.01 34.91	150m:	1:41.94 35.93	+0,74	2:17.67 I	200m:	2:17.67 35.73	541
62.	50m:	32.22 32.22	26.05.2012 I	100m:	1:07.55 35.33	150m:	1:43.68 36.13	+0,92	2:18.07 I	200m:	2:18.07 34.39	537
63.	50m:	31.73 31.73	05.03.2011 I	100m:	1:07.90 36.17	150m:	1:44.46 36.56	+0,79	2:18.52 I	200m:	2:18.52 34.06	531
64.	50m:	31.82 31.82	14.04.2011 I	100m:	1:06.92 35.10	150m:	1:43.15 36.23	+0,91	2:18.53 I	200m:	2:18.53 35.38	531

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SWISS TIMING QUANTUM ACUATICS

4, 200m (14-15)

									R.T.			
65.	50m:	32.75	32.75	26.10.2012	100m:	1:08.30	35.55	150m:	1:44.08	35.78	+0,89 2:18.79	528
											200m:	2:18.79 34.71
66.	50m:	31.95	31.95	03.08.2011	100m:	1:06.30	34.35	150m:	1:42.62	36.32	+0,84 2:19.33	522
											200m:	2:19.33 36.71
67.	50m:	31.83	31.83	03.10.2012	100m:	1:07.93	36.10	150m:	1:43.77	35.84	+0,68 2:19.68	518
											200m:	2:19.68 35.91
68.	50m:	32.53	32.53	15.02.2012	100m:	1:08.05	35.52	150m:	1:43.54	35.49	+0,87 2:19.80	517
											200m:	2:19.80 36.26
69.	50m:	32.60	32.60	16.08.2011	100m:	1:08.26	35.66	150m:	1:44.94	36.68	+0,73 2:20.17	513
											200m:	2:20.17 35.23
70.	50m:	31.60	31.60	14.01.2011	100m:	1:08.17	36.57	150m:	1:45.19	37.02	+0,78 2:20.55	509
											200m:	2:20.55 35.36
71.	50m:	31.27	31.27	17.12.2011	100m:	1:07.57	36.30	150m:	1:45.07	37.50	+0,84 2:20.58	508
											200m:	2:20.58 35.51
72.	50m:	31.56	31.56	19.05.2011	100m:	1:07.21	35.65	150m:	1:44.06	36.85	+0,67 2:20.99	504
											200m:	2:20.99 36.93
73.	50m:	31.84	31.84	10.08.2011	100m:	1:07.96	36.12	150m:	1:44.94	36.98	+0,83 2:21.09	503
											200m:	2:21.09 36.15
74.	50m:	31.60	31.60	20.07.2012	100m:	1:06.98	35.38	150m:	1:44.04	37.06	+0,90 2:21.51	498
											200m:	2:21.51 37.47
75.	50m:	32.07	32.07	09.12.2011	100m:	1:07.75	35.68	150m:	1:44.77	37.02	+0,70 2:21.58	498
											200m:	2:21.58 36.81
76.	50m:	32.00	32.00	30.01.2012	100m:	1:07.55	35.55	150m:	1:45.64	38.09	+0,83 2:22.12	492
											200m:	2:22.12 36.48
77.	50m:	31.96	31.96	13.11.2012	100m:	1:07.58	35.62	150m:	1:44.46	36.88	+0,96 2:22.13	492
											200m:	2:22.13 37.67
78.	50m:	32.00	32.00	27.11.2012	100m:	1:07.87	35.87	150m:	1:45.74	37.87	+0,78 2:22.23	491
											200m:	2:22.23 36.49
79.	50m:	33.15	33.15	09.02.2012	100m:	1:09.25	36.10	150m:	1:46.68	37.43	+0,80 2:22.29	490
											200m:	2:22.29 35.61
80.	50m:	32.84	32.84	07.09.2012	100m:	1:09.77	36.93	150m:	1:46.44	36.67	+0,76 2:22.52	488
											200m:	2:22.52 36.08
81.	50m:	33.00	33.00	17.02.2012	100m:	1:09.96	36.96	150m:	1:47.41	37.45	+0,70 2:23.85	474
											200m:	2:23.85 36.44
82.	50m:	33.28	33.28	26.03.2012	100m:	1:09.60	36.32	150m:	1:47.11	37.51	+0,83 2:24.08	472
											200m:	2:24.08 36.97
83.	50m:	33.45	33.45	03.12.2012	100m:	1:10.09	36.64	150m:	1:48.13	38.04	+0,72 2:24.22	471
											200m:	2:24.22 36.09
84.	50m:	33.94	33.94	14.06.2012	100m:	1:10.67	36.73	150m:	1:48.47	37.80	+0,82 2:24.58	467
											200m:	2:24.58 36.11
85.	50m:	33.27	33.27	17.05.2012	100m:	1:10.48	37.21	150m:	1:48.24	37.76	+0,88 2:24.65	467
											200m:	2:24.65 36.41
86.	50m:	33.00	33.00	30.11.2011	100m:	1:11.09	38.09	150m:	1:49.34	38.25	+0,42 2:24.99	463
											200m:	2:24.99 35.65

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SWISS TIMING QUANTUM ACUATICS

4, , 200m , (14-15)

								R.T.			
86.			/	26.01.2012	I			+0,91	2:24.99		463
	50m:	33.08	33.08	100m:	1:10.12	37.04	150m:	1:48.76	38.64	200m:	2:24.99 36.23
88.				18.01.2011	I			+0,69	2:25.13		462
	50m:	33.65	33.65	100m:	1:11.00	37.35	150m:	1:47.84	36.84	200m:	2:25.13 37.29
89.				10.11.2012	I			+0,84	2:25.37		460
	50m:	33.58	33.58	100m:	1:10.74	37.16	150m:	1:48.91	38.17	200m:	2:25.37 36.46
90.				02.05.2012	I			+0,79	2:25.97		454
	50m:	33.08	33.08	100m:	1:10.56	37.48	150m:	1:48.61	38.05	200m:	2:25.97 37.36
91.				27.11.2011	I			+0,88	2:26.29		451
	50m:	32.18	32.18	100m:	1:08.84	36.66	150m:	1:48.26	39.42	200m:	2:26.29 38.03
92.				21.12.2011	I				2:27.02		444
	50m:	34.10	34.10	100m:	1:11.54	37.44	150m:	1:49.65	38.11	200m:	2:27.02 37.37
93.				05.10.2011	I			+0,80	2:27.06		444
	50m:	33.28	33.28	100m:	1:09.33	36.05	150m:	1:48.26	38.93	200m:	2:27.06 38.80
94.				08.09.2011	I			+0,96	2:27.41		441
	50m:	34.37	34.37	100m:	1:12.45	38.08	150m:	1:51.30	38.85	200m:	2:27.41 36.11
95.				19.10.2011	I			+0,75	2:28.38		432
	50m:	34.58	34.58	100m:	1:13.36	38.78	150m:	1:51.59	38.23	200m:	2:28.38 36.79
96.				12.01.2011	I			+0,78	2:28.66		430
	50m:	33.91	33.91	100m:	1:11.76	37.85	150m:	1:50.60	38.84	200m:	2:28.66 38.06
97.				14.04.2012	I			+0,80	2:28.86		428
	50m:	34.01	34.01	100m:	1:12.65	38.64	150m:	1:51.52	38.87	200m:	2:28.86 37.34
98.				18.01.2011	I			+0,76	2:29.75		420
	50m:	33.17	33.17	100m:	1:11.26	38.09	150m:	1:50.57	39.31	200m:	2:29.75 39.18

5 , 200m (14-15)
09.04.2026 - 10:37

1:54.31 (CHN) 12.08.2008
1:56.50 30.10.2020

: AQUA 2026

								R.T.					
1.			25.03.2011					+0,80	2:06.13			669	
	50m:	28.05	28.05	100m:	1:00.00	31.95	150m:	1:33.37	33.37	200m:	2:06.13	32.76	
2.			14.05.2011					+0,82	2:08.24			636	
	50m:	28.20	28.20	100m:	1:00.68	32.48	150m:	1:34.64	33.96	200m:	2:08.24	33.60	
3.			17.05.2011					+0,72	2:09.38			620	
	50m:	28.13	28.13	100m:	1:00.66	32.53	150m:	1:34.97	34.31	200m:	2:09.38	34.41	
4.			14.05.2011			-		+0,64	2:09.76			614	
	50m:	29.04	29.04	100m:	1:02.54	33.50	150m:	1:36.67	34.13	200m:	2:09.76	33.09	
5.			08.11.2011					+0,76	2:11.84			586	
	50m:	28.93	28.93	100m:	1:01.84	32.91	150m:	1:36.91	35.07	200m:	2:11.84	34.93	
6.			08.01.2012					+0,81	2:15.81			536	
	50m:	29.02	29.02	100m:	1:03.38	34.36	150m:	1:39.43	36.05	200m:	2:15.81	36.38	
7.			24.02.2011					+0,72	2:16.19			531	
	50m:	30.39	30.39	100m:	1:04.13	33.74	150m:	1:39.15	35.02	200m:	2:16.19	37.04	
8.			25.03.2011					+0,79	2:17.33			518	
	50m:	30.30	30.30	100m:	1:04.36	34.06	150m:	1:39.98	35.62	200m:	2:17.33	37.35	
9.			16.06.2011					+0,84	2:18.56			504	
	50m:	29.73	29.73	100m:	1:04.03	34.30	150m:	1:40.69	36.66	200m:	2:18.56	37.87	
10.			13.09.2012					+0,79	2:18.73			503	
	50m:	29.78	29.78	100m:	1:04.06	34.28	150m:	1:40.91	36.85	200m:	2:18.73	37.82	
11.			14.04.2012					+0,70	2:18.95			500	
	50m:	31.06	31.06	100m:	1:06.55	35.49	150m:	1:42.86	36.31	200m:	2:18.95	36.09	
12.			31.10.2011					+0,88	2:18.96			500	
	50m:	30.17	30.17	100m:	1:04.94	34.77	150m:	1:41.84	36.90	200m:	2:18.96	37.12	
13.			04.10.2011					+0,66	2:20.18			487	
	50m:	30.11	30.11	100m:	1:05.10	34.99	150m:	1:42.05	36.95	200m:	2:20.18	38.13	
14.			28.05.2011					+0,81	2:21.92			469	
	50m:	29.88	29.88	100m:	1:05.25	35.37	150m:	1:41.92	36.67	200m:	2:21.92	40.00	
15.			22.04.2011					+0,64	2:22.55			463	
	50m:	30.84	30.84	100m:	1:07.30	36.46	150m:	1:45.09	37.79	200m:	2:22.55	37.46	
16.			19.02.2012			-		+0,85	2:24.93			441	
	50m:	31.05	31.05	100m:	1:07.75	36.70	150m:	1:45.85	38.10	200m:	2:24.93	39.08	
17.			06.01.2011					+0,69	2:25.46			436	
	50m:	32.35	32.35	100m:	1:09.95	37.60	150m:	1:48.90	38.95	200m:	2:25.46	36.56	
18.			24.05.2011					+0,72	2:26.27			429	
	50m:	30.03	30.03	100m:	1:05.66	35.63	150m:	1:44.57	38.91	200m:	2:26.27	41.70	
19.			21.02.2012					+0,91	2:26.32			428	
	50m:	32.79	32.79	100m:	1:09.62	36.83	150m:	1:47.72	38.10	200m:	2:26.32	38.60	
20.			27.01.2012					+0,79	2:26.58			426	
	50m:	32.96	32.96	100m:	1:09.68	36.72	150m:	1:49.93	40.25	200m:	2:26.58	36.65	

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SWISS TIMING QUANTUM ACUATICS

5, , 200m , (14-15)

									R.T.		
21.				09.12.2011	I				+0,83	2:26.88	423
	50m:	33.08	33.08	100m:	1:10.75	37.67	150m:	1:49.66	38.91	200m:	2:26.88 37.22
22.				21.01.2011	I				+0,83	2:26.92	423
	50m:	30.69	30.69	100m:	1:06.04	35.35	150m:	1:44.58	38.54	200m:	2:26.92 42.34
23.				01.08.2012					+0,71	2:28.29	411
	50m:	30.91	30.91	100m:	1:07.44	36.53	150m:	1:47.03	39.59	200m:	2:28.29 41.26
24.				26.02.2012	I				+0,76	2:28.49	410
	50m:	32.85	32.85	100m:	1:10.42	37.57	150m:	1:50.23	39.81	200m:	2:28.49 38.26
25.				12.03.2012	I				+0,70	2:28.70	408
	50m:	32.77	32.77	100m:	1:10.41	37.64	150m:	1:49.51	39.10	200m:	2:28.70 39.19
26.				12.04.2011	I				+0,73	2:29.02	405
	50m:	31.25	31.25	100m:	1:07.83	36.58	150m:	1:48.18	40.35	200m:	2:29.02 40.84
27.				20.01.2011	I				+0,78	2:30.88	391
	50m:	30.17	30.17	100m:	1:06.78	36.61	150m:	1:48.05	41.27	200m:	2:30.88 42.83
28.				24.07.2012	I				+0,85	2:32.19	381
	50m:	32.41	32.41	100m:	1:10.21	37.80	150m:	1:51.22	41.01	200m:	2:32.19 40.97
29.				03.02.2012	I				+0,75	2:33.20	373
	50m:	31.84	31.84	100m:	1:08.25	36.41	150m:	1:48.59	40.34	200m:	2:33.20 44.61
30.				08.10.2012	I				+0,84	2:33.36	372
	50m:	32.99	32.99	100m:	1:10.92	37.93	150m:	1:52.19	41.27	200m:	2:33.36 41.17

6 , 200m (14-15)
09.04.2026 - 10:51

				2:07.33					(GBR)			06.08.2018
				2:07.67					(ROU)			20.08.2025
: AQUA 2026								RUS				
								R.T.				
1.			06.10.2011	100m: 1:06.39	35.46	150m: 1:42.15	35.76	+0,81	2:19.21	37.06	669	
	50m:	30.93	30.93					200m:	2:19.21			
2.			22.10.2012	100m: 1:05.71	34.96	150m: 1:43.19	37.48	+0,87	2:20.47	37.28	652	
	50m:	30.75	30.75					200m:	2:20.47			
3.			06.11.2011	100m: 1:08.32	36.73	150m: 1:45.67	37.35	+0,79	2:22.52	36.85	624	
	50m:	31.59	31.59					200m:	2:22.52			
4.			23.10.2012	100m: 1:07.39	36.19	150m: 1:45.49	38.10	+0,80	2:24.61	39.12	597	
	50m:	31.20	31.20					200m:	2:24.61			
5.			01.07.2012	100m: 1:09.85	37.19	150m: 1:48.41	38.56	+0,82	2:24.63	36.22	597	
	50m:	32.66	32.66					200m:	2:24.63			
6.			16.07.2012	100m: 1:07.74	36.35	150m: 1:47.81	40.07	+0,98	2:24.95	37.14	593	
	50m:	31.39	31.39					200m:	2:24.95			
7.			11.03.2011	100m: 1:10.32	37.65	150m: 1:48.35	38.03	+0,99	2:26.53	38.18	574	
	50m:	32.67	32.67					200m:	2:26.53			
8.			10.05.2011	100m: 1:07.67	36.44	150m: 1:46.90	39.23	+0,80	2:27.02	40.12	568	
	50m:	31.23	31.23					200m:	2:27.02			
9.			31.03.2011	100m: 1:09.75	36.87	150m: 1:48.02	38.27	+0,73	2:27.16	39.14	567	
	50m:	32.88	32.88					200m:	2:27.16			
10.			15.10.2012	100m: 1:11.71	37.50	150m: 1:50.21	38.50	+0,71	2:27.32	37.11	565	
	50m:	34.21	34.21					200m:	2:27.32			
11.			15.01.2012	100m: 1:10.18	37.94	150m: 1:49.85	39.67	+0,83	2:28.20	38.35	555	
	50m:	32.24	32.24					200m:	2:28.20			
12.			04.09.2011	100m: 1:10.40	37.57	150m: 1:50.31	39.91	+0,76	2:30.38	40.07	531	
	50m:	32.83	32.83					200m:	2:30.38			
13.			13.09.2011	100m: 1:10.07	37.81	150m: 1:50.51	40.44	+0,96	2:31.25	40.74	522	
	50m:	32.26	32.26					200m:	2:31.25			
14.			27.05.2012	100m: 1:11.21	36.83	150m: 1:51.38	40.17	+0,75	2:31.38	40.00	521	
	50m:	34.38	34.38					200m:	2:31.38			
15.			10.03.2011	100m: 1:12.52	39.36	150m: 1:53.62	41.10	+0,65	2:33.80	40.18	496	
	50m:	33.16	33.16					200m:	2:33.80			
16.			25.11.2012	100m: 1:12.79	39.41	150m: 1:54.86	42.07	+0,81	2:36.86	42.00	468	
	50m:	33.38	33.38					200m:	2:36.86			
17.			08.11.2011	100m: 1:13.65	39.63	150m: 1:56.96	43.31	+0,73	2:39.63	42.67	444	
	50m:	34.02	34.02					200m:	2:39.63			
18.			10.02.2012	100m: 1:14.05	40.91	150m: 1:57.56	43.51	+0,77	2:39.85	42.29	442	
	50m:	33.14	33.14					200m:	2:39.85			
19.			11.07.2011	100m: 1:18.29	43.30	150m: 2:03.87	45.58	+0,88	2:42.78	38.91	419	
	50m:	34.99	34.99					200m:	2:42.78			
20.			25.08.2012	100m: 1:18.72	42.32	150m: 2:02.31	43.59	+0,68	2:43.75	41.44	411	
	50m:	36.40	36.40					200m:	2:43.75			

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SWISS TIMING QUANTUM ACUATICS



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

09-12
АПРЕЛЯ

КУБОК
АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

6, , 200m , (14-15)

21.				/						R.T.					
	50m:	35.50	35.50	26.10.2012	I	100m:	1:17.83	42.33	150m:	2:03.86	46.03	200m:	2:46.89	43.03	388
										+0,77		2:46.89			

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SWISS TIMING QUANTUM ACUATICS

Splash Meet Manager, 11.84087

Registered to RASF/Chelyabinsk Region

12.04.2026 14:57 -

17

спонсоры соревнований:



7 , 200m (14-15)
09.04.2026 - 11:02

1:53.23 08.04.2021
1:55.14 (HUN) 28.07.2017

: AQUA 2026

								R.T.				
1.			14.02.2011				-	+0,68	2:05.34			711
	50m:	30.21	30.21	100m:	1:02.31	32.10	150m:	1:34.91	32.60	200m:	2:05.34	30.43
2.			05.02.2011					+0,70	2:06.54			691
	50m:	30.49	30.49	100m:	1:03.40	32.91	150m:	1:35.37	31.97	200m:	2:06.54	31.17
3.			01.05.2011					+0,73	2:07.96			669
	50m:	29.23	29.23	100m:	1:02.38	33.15	150m:	1:35.60	33.22	200m:	2:07.96	32.36
4.			18.07.2011				-		2:08.30			663
	50m:	29.87	29.87	100m:	1:02.14	32.27	150m:	1:35.95	33.81	200m:	2:08.30	32.35
5.			24.02.2011					+0,66	2:10.01			637
	50m:	30.67	30.67	100m:	1:03.40	32.73	150m:	1:37.21	33.81	200m:	2:10.01	32.80
6.			25.01.2011					+0,64	2:10.26			634
	50m:	30.13	30.13	100m:	1:03.35	33.22	150m:	1:37.48	34.13	200m:	2:10.26	32.78
7.			06.03.2011				-	+0,67	2:10.67			628
	50m:	29.87	29.87	100m:	1:03.88	34.01	150m:	1:38.32	34.44	200m:	2:10.67	32.35
8.			08.04.2012					+0,68	2:12.23			606
	50m:	31.82	31.82	100m:	1:05.77	33.95	150m:	1:40.06	34.29	200m:	2:12.23	32.17
9.			24.05.2011						2:12.64			600
	50m:	28.77	28.77	100m:	1:01.77	33.00	150m:	1:36.57	34.80	200m:	2:12.64	36.07
10.			27.12.2011					+0,86	2:13.18			593
	50m:	30.27	30.27	100m:	1:04.24	33.97	150m:	1:38.81	34.57	200m:	2:13.18	34.37
11.			03.05.2011					+0,59	2:13.51			589
	50m:	30.73	30.73	100m:	1:04.42	33.69	150m:	1:39.65	35.23	200m:	2:13.51	33.86
12.			07.11.2011					+0,52	2:14.39			577
	50m:	30.74	30.74	100m:	1:04.62	33.88	150m:	1:39.75	35.13	200m:	2:14.39	34.64
13.			29.07.2012						2:14.65			574
	50m:	30.61	30.61	100m:	1:05.01	34.40	150m:	1:40.36	35.35	200m:	2:14.65	34.29
14.			18.04.2012					+0,66	2:14.68			573
	50m:	32.61	32.61	100m:	1:07.19	34.58	150m:	1:41.87	34.68	200m:	2:14.68	32.81
15.			07.06.2011					+0,69	2:14.69			573
	50m:	31.86	31.86	100m:	1:06.34	34.48	150m:	1:41.22	34.88	200m:	2:14.69	33.47
16.			09.02.2011					+0,86	2:14.83			571
	50m:	31.02	31.02	100m:	1:04.73	33.71	150m:	1:40.03	35.30	200m:	2:14.83	34.80
17.			02.03.2012					+0,77	2:15.10			568
	50m:	30.70	30.70	100m:	1:04.06	33.36	150m:	1:39.33	35.27	200m:	2:15.10	35.77
18.			31.01.2011					+0,76	2:15.23			566
	50m:	32.33	32.33	100m:	1:06.70	34.37	150m:	1:41.20	34.50	200m:	2:15.23	34.03
19.			20.03.2011					+0,62	2:15.76			560
	50m:	31.06	31.06	100m:	1:05.20	34.14	150m:	1:40.30	35.10	200m:	2:15.76	35.46
20.			08.11.2011					+0,82	2:15.79			559
	50m:	32.06	32.06	100m:	1:07.25	35.19	150m:	1:42.06	34.81	200m:	2:15.79	33.73

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SWISS TIMING QUANTUM ACUATICS

7, , 200m , (14-15)

								R.T.			
21.				28.01.2011				+0,71	2:16.15		555
50m:	31.85	31.85		100m:	1:06.58	34.73	150m:	1:42.34	35.76	200m:	2:16.15 33.81
22.				07.04.2011				+0,73	2:16.53		550
50m:	32.00	32.00		100m:	1:06.71	34.71	150m:	1:42.10	35.39	200m:	2:16.53 34.43
23.				11.08.2011				+0,75	2:16.60		550
50m:	32.02	32.02		100m:	1:07.34	35.32	150m:	1:42.85	35.51	200m:	2:16.60 33.75
24.				19.03.2011				+0,64	2:16.68		549
50m:	30.66	30.66		100m:	1:04.78	34.12	150m:	1:42.04	37.26	200m:	2:16.68 34.64
25.				27.05.2012				+0,53	2:16.84		547
50m:	31.83	31.83		100m:	1:07.03	35.20	150m:	1:43.71	36.68	200m:	2:16.84 33.13
26.				19.02.2011				+0,68	2:17.02		544
50m:	31.77	31.77		100m:	1:06.99	35.22	150m:	1:43.07	36.08	200m:	2:17.02 33.95
27.				05.06.2012				+0,82	2:17.15		543
50m:	31.94	31.94		100m:	1:06.58	34.64	150m:	1:42.59	36.01	200m:	2:17.15 34.56
28.				28.06.2012				+0,82	2:17.90		534
50m:	31.46	31.46		100m:	1:06.45	34.99	150m:	1:42.61	36.16	200m:	2:17.90 35.29
29.				28.03.2011				+0,76	2:18.03		533
50m:	32.59	32.59		100m:	1:08.45	35.86	150m:	1:45.12	36.67	200m:	2:18.03 32.91
30.				06.05.2011					2:18.13		531
50m:	31.21	31.21		100m:	1:06.45	35.24	150m:	1:42.87	36.42	200m:	2:18.13 35.26
31.				27.02.2012					2:18.31		529
50m:	31.10	31.10		100m:	1:06.66	35.56	150m:	1:43.54	36.88	200m:	2:18.31 34.77
32.				18.12.2011				+0,73	2:18.32		529
50m:	31.97	31.97		100m:	1:06.50	34.53	150m:	1:42.66	36.16	200m:	2:18.32 35.66
33.				07.03.2011				+0,73	2:18.35		529
50m:	31.73	31.73		100m:	1:07.43	35.70	150m:	1:43.31	35.88	200m:	2:18.35 35.04
34.				06.04.2011					2:18.51		527
50m:	31.72	31.72		100m:	1:07.86	36.14	150m:	1:44.02	36.16	200m:	2:18.51 34.49
35.				20.05.2011				+0,60	2:18.58		526
50m:	31.32	31.32		100m:	1:07.52	36.20	150m:	1:44.17	36.65	200m:	2:18.58 34.41
36.				16.06.2011				+0,64	2:18.74		524
50m:	31.23	31.23		100m:	1:06.37	35.14	150m:	1:43.22	36.85	200m:	2:18.74 35.52
37.				26.11.2012				+0,64	2:18.75		524
50m:	32.21	32.21		100m:	1:07.29	35.08	150m:	1:43.28	35.99	200m:	2:18.75 35.47
38.				19.01.2012				+0,60	2:19.03		521
50m:	32.82	32.82		100m:	1:08.64	35.82	150m:	1:44.92	36.28	200m:	2:19.03 34.11
39.				17.06.2012				+0,60	2:19.06		521
50m:	31.79	31.79		100m:	1:06.79	35.00	150m:	1:43.66	36.87	200m:	2:19.06 35.40
40.				29.03.2011				+0,80	2:19.45		516
50m:	33.13	33.13		100m:	1:09.81	36.68	150m:	1:43.52	33.71	200m:	2:19.45 35.93
41.				28.09.2012				+0,62	2:19.49		516
50m:	31.19	31.19		100m:	1:06.56	35.37	150m:	1:43.19	36.63	200m:	2:19.49 36.30
42.				23.11.2011				+0,65	2:19.60		515
50m:	32.13	32.13		100m:	1:07.49	35.36	150m:	1:43.43	35.94	200m:	2:19.60 36.17

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

7, , 200m , (14-15)										R.T.			
43.				05.01.2012	I					+0,66	2:19.66	I	514
	50m:	32.55	32.55	100m:	1:06.52	33.97	150m:	1:43.86	37.34	200m:	2:19.66	35.80	
44.				29.04.2012	I						2:19.84	I	512
	50m:	32.24	32.24	100m:	1:09.79	37.55	150m:	1:47.24	37.45	200m:	2:19.84	32.60	
45.				31.05.2011	I					+0,93	2:20.05	I	510
	50m:	32.14	32.14	100m:	1:07.20	35.06	150m:	1:44.14	36.94	200m:	2:20.05	35.91	
46.				21.06.2011						+0,65	2:20.43	I	506
	50m:	31.27	31.27	100m:	1:06.58	35.31	150m:	1:43.57	36.99	200m:	2:20.43	36.86	
47.				01.02.2012	I						2:21.16	I	498
	50m:	32.60	32.60	100m:	1:07.83	35.23	150m:	1:43.96	36.13	200m:	2:21.16	37.20	
48.				27.04.2011	I					+0,73	2:21.40	I	495
	50m:	32.46	32.46	100m:	1:07.65	35.19	150m:	1:44.12	36.47	200m:	2:21.40	37.28	
49.				18.02.2011	I					+0,56	2:21.80	I	491
	50m:	32.84	32.84	100m:	1:09.28	36.44	150m:	1:45.83	36.55	200m:	2:21.80	35.97	
50.				28.04.2012	I					+0,74	2:22.27	I	486
	50m:	32.65	32.65	100m:	1:09.14	36.49	150m:	1:47.02	37.88	200m:	2:22.27	35.25	
51.				23.02.2011	I					+0,86	2:22.33	I	486
	50m:	33.51	33.51	100m:	1:10.89	37.38	150m:	1:48.13	37.24	200m:	2:22.33	34.20	
52.				18.03.2012	I					+0,72	2:22.43	I	485
	50m:	32.70	32.70	100m:	1:08.71	36.01	150m:	1:46.18	37.47	200m:	2:22.43	36.25	
53.				28.01.2011	I					+0,69	2:22.47		484
	50m:	31.99	31.99	100m:	1:08.67	36.68	150m:	1:45.63	36.96	200m:	2:22.47	36.84	
54.				16.07.2011	I					+0,72	2:22.50		484
	50m:	33.67	33.67	100m:	1:09.78	36.11	150m:	1:46.42	36.64	200m:	2:22.50	36.08	
55.				27.04.2012	I					+0,75	2:22.71		482
	50m:	33.44	33.44	100m:	1:10.08	36.64	150m:	1:46.75	36.67	200m:	2:22.71	35.96	
56.				08.11.2011	I					+0,66	2:23.04		479
	50m:	31.39	31.39	100m:	1:07.78	36.39	150m:	1:45.13	37.35	200m:	2:23.04	37.91	
57.				24.02.2012	I					+0,65	2:23.69		472
	50m:	31.98	31.98	100m:	1:08.68	36.70	150m:	1:46.63	37.95	200m:	2:23.69	37.06	
58.				01.06.2012	I					+0,66	2:24.84		461
	50m:	32.53	32.53	100m:	1:10.69	38.16	150m:	1:49.60	38.91	200m:	2:24.84	35.24	
59.				04.04.2011	I					+0,77	2:25.15		458
	50m:	33.56	33.56	100m:	1:09.80	36.24	150m:	1:47.47	37.67	200m:	2:25.15	37.68	
60.				17.08.2011	I					+0,64	2:25.38		456
	50m:	32.52	32.52	100m:	1:09.42	36.90	150m:	1:48.47	39.05	200m:	2:25.38	36.91	
61.				29.03.2011	I					+0,79	2:25.73		452
	50m:	34.25	34.25	100m:	1:12.64	38.39	150m:	1:49.37	36.73	200m:	2:25.73	36.36	
62.				07.03.2012	I					+0,71	2:25.89		451
	50m:	32.93	32.93	100m:	1:10.74	37.81	150m:	1:48.78	38.04	200m:	2:25.89	37.11	
63.				14.12.2011	I					+0,64	2:25.96		450
	50m:	33.84	33.84	100m:	1:10.12	36.28	150m:	1:47.58	37.46	200m:	2:25.96	38.38	
64.				30.09.2011	I						2:26.90		442
	50m:	33.22	33.22	100m:	1:11.12	37.90	150m:	1:49.49	38.37	200m:	2:26.90	37.41	

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SWISS TIMING QUANTUM ACUATICS



КУБОК АЛЕКСАНДРА ПОПОВА

09-12 АПРЕЛЯ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

7, , 200m , (14-15)

65.										R.T.		
				04.01.2011	I					+0,75	2:27.24	439
DSQ	50m:	32.53	32.53	100m:	1:09.36	36.83	150m:	1:48.48	39.12	200m:	2:27.24	38.76
				05.04.2011								

спонсоры соревнований:



8
09.04.2026 - 11:43

, 100m

(14-15)

				58.18			(ITA)	28.07.2009	
				59.46				12.04.2019	
: AQUA 2026									
				/			R.T.		
1.				07.10.2011			+0,61	1:02.96	747
	50m:	30.72	30.72	100m:	1:02.96	32.24			
2.				31.07.2012			+0,72	1:03.43	730
	50m:	30.99	30.99	100m:	1:03.43	32.44			
3.				04.04.2012		-		1:04.34	700
	50m:	31.06	31.06	100m:	1:04.34	33.28			
4.				16.01.2011		-	+0,66	1:04.93	681
	50m:	32.02	32.02	100m:	1:04.93	32.91			
5.				17.08.2011			+0,74	1:05.14	674
	50m:	32.29	32.29	100m:	1:05.14	32.85			
6.				15.04.2011			+0,80	1:05.42	665
	50m:	31.56	31.56	100m:	1:05.42	33.86			
				30.04.2011			+0,70	1:05.42	665
	50m:	32.15	32.15	100m:	1:05.42	33.27			
8.				03.05.2012		-	+0,67	1:05.63	659
	50m:	32.46	32.46	100m:	1:05.63	33.17			
9.				10.07.2011			+0,61	1:05.70	657
	50m:	32.38	32.38	100m:	1:05.70	33.32			
10.				19.09.2011			+0,76	1:05.71	657
	50m:	32.27	32.27	100m:	1:05.71	33.44			
11.				07.11.2011		-		1:05.80	654
	50m:	32.18	32.18	100m:	1:05.80	33.62			
12.				19.05.2011			+0,77	1:05.82	653
	50m:	31.76	31.76	100m:	1:05.82	34.06			
13.				11.06.2012			+0,66	1:06.12	645
	50m:	31.76	31.76	100m:	1:06.12	34.36			
14.				16.12.2011			+0,70	1:06.15	644
	50m:	32.18	32.18	100m:	1:06.15	33.97			
15.				07.05.2011			+0,81	1:06.19	643
	50m:	32.35	32.35	100m:	1:06.19	33.84			
16.				29.03.2012			+0,72	1:06.23	641
	50m:	31.78	31.78	100m:	1:06.23	34.45			
17.				02.12.2011			+0,66	1:06.56	632
	50m:	32.50	32.50	100m:	1:06.56	34.06			
18.				14.01.2011			+0,67	1:06.70	628
	50m:	32.24	32.24	100m:	1:06.70	34.46			
19.				31.03.2012				1:06.71	628
	50m:	32.62	32.62	100m:	1:06.71	34.09			
20.				07.01.2012			+0,63	1:06.90	622
	50m:	32.57	32.57	100m:	1:06.90	34.33			

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SWISS TIMING QUANTUM ACUATICS

		8, , 100m				(14-15)					
								R.T.			
21.				14.01.2011				+0,68	1:06.99		620
	50m:	32.91	32.91	100m:	1:06.99	34.08					
22.				01.09.2012					1:07.02		619
	50m:	32.18	32.18	100m:	1:07.02	34.84					
23.				29.09.2011				+0,72	1:07.05		618
	50m:	32.48	32.48	100m:	1:07.05	34.57					
24.				26.11.2011				+0,70	1:07.22		613
	50m:	33.08	33.08	100m:	1:07.22	34.14					
25.				31.12.2012				+0,74	1:07.30		611
	50m:	32.11	32.11	100m:	1:07.30	35.19					
26.				22.08.2011				+0,75	1:07.40		608
	50m:	32.31	32.31	100m:	1:07.40	35.09					
27.				09.01.2012				+0,73	1:07.58		604
	50m:	32.20	32.20	100m:	1:07.58	35.38					
28.				14.04.2011				+0,72	1:07.59		603
	50m:	32.42	32.42	100m:	1:07.59	35.17					
29.				10.10.2012				+0,82	1:07.73		600
	50m:	32.10	32.10	100m:	1:07.73	35.63					
30.				26.11.2011				+0,65	1:07.88		596
	50m:	33.01	33.01	100m:	1:07.88	34.87					
31.				30.09.2011				+0,70	1:07.97		593
	50m:	33.37	33.37	100m:	1:07.97	34.60					
32.				13.11.2012				+0,64	1:08.05		591
	50m:	33.46	33.46	100m:	1:08.05	34.59					
33.				29.10.2012					1:08.07		591
	50m:	33.04	33.04	100m:	1:08.07	35.03					
34.				10.07.2011				+0,72	1:08.18		588
	50m:	32.96	32.96	100m:	1:08.18	35.22					
35.				24.12.2011 I				+0,71	1:08.20		587
	50m:	33.52	33.52	100m:	1:08.20	34.68					
36.				19.04.2012					1:08.21		587
	50m:	32.68	32.68	100m:	1:08.21	35.53					
37.				07.02.2012				+0,64	1:08.32		584
	50m:	33.24	33.24	100m:	1:08.32	35.08					
38.				16.08.2012				+0,83	1:08.48		580
	50m:	32.83	32.83	100m:	1:08.48	35.65					
39.				31.03.2012					1:08.51		579
	50m:	32.74	32.74	100m:	1:08.51	35.77					
40.				11.03.2011					1:08.90		570
	50m:	33.51	33.51	100m:	1:08.90	35.39					
41.				27.04.2012				+0,60	1:08.96		568
	50m:	33.31	33.31	100m:	1:08.96	35.65					
42.				18.01.2012 I				+0,74	1:09.07		565
	50m:	34.61	34.61	100m:	1:09.07	34.46					

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

8, , 100m , (14-15)

							R.T.		
43.				08.04.2011			+0,99	1:09.14	564
	50m:	33.47	33.47	100m:	1:09.14	35.67			
44.				28.01.2011			+0,62	1:09.20	562
	50m:	33.69	33.69	100m:	1:09.20	35.51			
45.				24.08.2012				1:09.21	562
	50m:	33.14	33.14	100m:	1:09.21	36.07			
46.				25.03.2011			+0,59	1:09.34	559
	50m:	34.40	34.40	100m:	1:09.34	34.94			
47.				10.07.2011			+0,62	1:09.36	558
	50m:	33.07	33.07	100m:	1:09.36	36.29			
48.				17.01.2011			+0,70	1:09.38	558
	50m:	33.80	33.80	100m:	1:09.38	35.58			
49.				17.05.2011			+0,61	1:09.41	557
	50m:	32.85	32.85	100m:	1:09.41	36.56			
50.				16.11.2012			+0,88	1:09.52	554
	50m:	33.61	33.61	100m:	1:09.52	35.91			
51.				02.03.2011			+0,73	1:09.54	554
	50m:	33.62	33.62	100m:	1:09.54	35.92			
52.				28.10.2011			+0,75	1:09.60	553
	50m:	33.44	33.44	100m:	1:09.60	36.16			
53.				18.06.2011			+0,67	1:09.62	552
	50m:	33.94	33.94	100m:	1:09.62	35.68			
54.				15.03.2012			+0,73	1:09.63	552
	50m:	33.91	33.91	100m:	1:09.63	35.72			
55.				28.03.2012			+0,72	1:09.64	552
	50m:	33.71	33.71	100m:	1:09.64	35.93			
56.				20.07.2012			+0,84	1:09.65	551
	50m:	34.17	34.17	100m:	1:09.65	35.48			
57.				22.09.2011			+0,68	1:09.68	551
	50m:	34.44	34.44	100m:	1:09.68	35.24			
58.				12.07.2012			+0,76	1:09.73	549
	50m:	34.32	34.32	100m:	1:09.73	35.41			
59.				08.02.2012			+0,75	1:10.07	541
	50m:	34.42	34.42	100m:	1:10.07	35.65			
60.				06.09.2011			+0,64	1:10.09	541
	50m:	33.62	33.62	100m:	1:10.09	36.47			
61.				17.07.2012			+0,68	1:10.15	540
	50m:	34.19	34.19	100m:	1:10.15	35.96			
				16.12.2011			+0,65	1:10.15	540
	50m:	33.63	33.63	100m:	1:10.15	36.52			
63.				05.04.2011			+0,78	1:10.21	538
	50m:	33.27	33.27	100m:	1:10.21	36.94			
64.				13.07.2011			+0,65	1:10.25	537
	50m:	34.15	34.15	100m:	1:10.25	36.10			

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SWISS TIMING QUANTUM ACUATICS

8, , 100m , (14-15)

							R.T.			
65.				16.03.2011			+0,69	1:10.30	I	536
	50m:	33.70	33.70	100m:	1:10.30	36.60				
66.				08.02.2012			+0,70	1:10.33	I	536
	50m:	34.29	34.29	100m:	1:10.33	36.04				
67.				31.10.2011			+0,64	1:10.34	I	535
	50m:	34.06	34.06	100m:	1:10.34	36.28				
68.				07.06.2011			+0,77	1:10.38	I	534
	50m:	33.57	33.57	100m:	1:10.38	36.81				
69.				26.10.2011				1:10.39	I	534
	50m:	33.40	33.40	100m:	1:10.39	36.99				
70.				24.02.2011			+0,71	1:10.68	I	528
	50m:	34.88	34.88	100m:	1:10.68	35.80				
71.				24.03.2012				1:10.74	I	526
	50m:	33.24	33.24	100m:	1:10.74	37.50				
72.				15.07.2011			+0,65	1:11.09	I	518
	50m:	33.90	33.90	100m:	1:11.09	37.19				
73.				05.03.2012 I			+0,80	1:11.13	I	518
	50m:	34.18	34.18	100m:	1:11.13	36.95				
74.				12.02.2011			+0,82	1:11.18	I	517
	50m:	34.51	34.51	100m:	1:11.18	36.67				
75.				26.08.2011 I			+0,78	1:11.35	I	513
	50m:	35.32	35.32	100m:	1:11.35	36.03				
76.				04.02.2012			+0,76	1:11.43	I	511
	50m:	34.42	34.42	100m:	1:11.43	37.01				
77.				28.01.2011			+0,67	1:11.70	I	505
	50m:	34.57	34.57	100m:	1:11.70	37.13				
78.				01.01.2011			+0,68	1:11.74	I	505
	50m:	34.10	34.10	100m:	1:11.74	37.64				
79.				04.02.2012			+0,63	1:11.75	I	504
	50m:	34.66	34.66	100m:	1:11.75	37.09				
80.				01.05.2011 I			+0,84	1:11.81	I	503
	50m:	34.32	34.32	100m:	1:11.81	37.49				
81.				10.02.2012 I			+0,71	1:11.83	I	503
	50m:	34.67	34.67	100m:	1:11.83	37.16				
82.				18.05.2012 I			+0,77	1:12.07	I	498
	50m:	33.92	33.92	100m:	1:12.07	38.15				
83.				20.08.2012			+0,70	1:12.35	I	492
	50m:	34.61	34.61	100m:	1:12.35	37.74				
84.				14.12.2012 I			+0,79	1:12.44	I	490
	50m:	35.32	35.32	100m:	1:12.44	37.12				
85.				25.05.2011			+0,69	1:12.58	I	487
	50m:	34.06	34.06	100m:	1:12.58	38.52				
86.				15.01.2012			+0,79	1:12.65	I	486
	50m:	34.74	34.74	100m:	1:12.65	37.91				

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SWISS TIMING QUANTUM ACUATICS

8, , 100m , (14-15)

							R.T.	
87.				15.07.2012	I		1:12.72	484
	50m:	35.24	35.24	100m:	1:12.72	37.48		
88.				24.10.2011	I	+0,81	1:13.41	471
	50m:	35.03	35.03	100m:	1:13.41	38.38		
89.				09.02.2012	I	+0,87	1:13.60	467
	50m:	35.70	35.70	100m:	1:13.60	37.90		
90.				19.07.2012	I	+0,60	1:13.71	465
	50m:	34.91	34.91	100m:	1:13.71	38.80		
91.				06.03.2012	I	+0,73	1:13.76	464
	50m:	35.00	35.00	100m:	1:13.76	38.76		
92.				01.02.2012	I	+0,89	1:14.00	460
	50m:	36.24	36.24	100m:	1:14.00	37.76		
93.				01.12.2011	I	+0,58	1:14.03	459
	50m:	35.43	35.43	100m:	1:14.03	38.60		
94.				27.09.2012	I	+0,72	1:14.94	443
	50m:	35.54	35.54	100m:	1:14.94	39.40		
95.				12.05.2012	I	+0,72	1:14.96	442
	50m:	35.85	35.85	100m:	1:14.96	39.11		
96.				16.05.2012	I	+0,73	1:15.25	437
	50m:	36.11	36.11	100m:	1:15.25	39.14		
97.				05.04.2012	I	+0,67	1:15.32	436
	50m:	36.04	36.04	100m:	1:15.32	39.28		
98.				26.12.2012	I	+0,75	1:15.51	433
	50m:	36.80	36.80	100m:	1:15.51	38.71		
99.				30.05.2011	I	+0,65	1:15.76	428
	50m:	36.26	36.26	100m:	1:15.76	39.50		
100.				10.05.2011	I		1:16.06	423
	50m:	37.00	37.00	100m:	1:16.06	39.06		
101.				18.05.2012	I		1:16.82	411
	50m:	38.03	38.03	100m:	1:16.82	38.79		
102.				15.11.2011	I	+0,65	1:18.43	386
	50m:	37.81	37.81	100m:	1:18.43	40.62		
DSQ				14.05.2012	I			
DSQ				08.07.2012	I			

9 , 800m (14-15)
09.04.2026 - 12:20

7:42.47 - 18.04.2023
7:48.05 (HUN) 22.08.2019

: AQUA 2026

										R.T.		
1.				04.06.2011						+0,89	8:33.84	681
	50m:	28.70	28.70	250m:	2:34.83	32.08	450m:	4:45.79	32.70	650m:	6:57.71	33.39
	100m:	59.37	30.67	300m:	3:07.59	32.76	500m:	5:18.58	32.79	700m:	7:30.29	32.58
	150m:	1:30.83	31.46	350m:	3:40.46	32.87	550m:	5:51.51	32.93	750m:	8:03.28	32.99
	200m:	2:02.75	31.92	400m:	4:13.09	32.63	600m:	6:24.32	32.81	800m:	8:33.84	30.56
2.				09.02.2011						+0,70	8:34.06	680
	50m:	28.94	28.94	250m:	2:35.34	32.11	450m:	4:45.50	32.83	650m:	6:58.38	33.52
	100m:	59.80	30.86	300m:	3:07.89	32.55	500m:	5:18.46	32.96	700m:	7:31.31	32.93
	150m:	1:31.44	31.64	350m:	3:40.23	32.34	550m:	5:51.79	33.33	750m:	8:04.01	32.70
	200m:	2:03.23	31.79	400m:	4:12.67	32.44	600m:	6:24.86	33.07	800m:	8:34.06	30.05
3.				13.04.2011						+0,76	8:34.59	678
	50m:	28.49	28.49	250m:	2:35.30	32.37	450m:	4:46.46	32.89	650m:	6:58.09	32.98
	100m:	59.27	30.78	300m:	3:08.01	32.71	500m:	5:19.27	32.81	700m:	7:31.15	33.06
	150m:	1:30.92	31.65	350m:	3:40.82	32.81	550m:	5:52.37	33.10	750m:	8:03.98	32.83
	200m:	2:02.93	32.01	400m:	4:13.57	32.75	600m:	6:25.11	32.74	800m:	8:34.59	30.61
4.				20.02.2012						+0,88	8:35.02	676
	50m:	28.10	28.10	250m:	2:34.04	32.57	450m:	4:45.32	32.98	650m:	6:58.66	33.20
	100m:	58.33	30.23	300m:	3:06.63	32.59	500m:	5:18.70	33.38	700m:	7:31.78	33.12
	150m:	1:29.24	30.91	350m:	3:39.42	32.79	550m:	5:52.08	33.38	750m:	8:04.51	32.73
	200m:	2:01.47	32.23	400m:	4:12.34	32.92	600m:	6:25.46	33.38	800m:	8:35.02	30.51
5.				22.04.2011						+0,87	8:42.10	649
	50m:	29.18	29.18	250m:	2:37.34	32.66	450m:	4:48.83	33.12	650m:	7:03.23	33.50
	100m:	1:00.88	31.70	300m:	3:10.05	32.71	500m:	5:22.21	33.38	700m:	7:36.92	33.69
	150m:	1:32.39	31.51	350m:	3:42.84	32.79	550m:	5:56.02	33.81	750m:	8:10.32	33.40
	200m:	2:04.68	32.29	400m:	4:15.71	32.87	600m:	6:29.73	33.71	800m:	8:42.10	31.78
6.				28.10.2011 I						+0,83	8:45.38	637
	50m:	28.57	28.57	250m:	2:38.11	32.86	450m:	4:51.63	33.66	650m:	7:06.18	33.95
	100m:	1:00.28	31.71	300m:	3:10.97	32.86	500m:	5:25.02	33.39	700m:	7:40.03	33.85
	150m:	1:32.76	32.48	350m:	3:44.29	33.32	550m:	5:58.52	33.50	750m:	8:14.29	34.26
	200m:	2:05.25	32.49	400m:	4:17.97	33.68	600m:	6:32.23	33.71	800m:	8:45.38	31.09
7.				28.11.2011						+0,84	8:45.92	635
	50m:	29.95	29.95	250m:	2:41.85	33.39	450m:	4:55.43	33.38	650m:	7:08.99	33.16
	100m:	1:02.37	32.42	300m:	3:14.98	33.13	500m:	5:28.67	33.24	700m:	7:42.30	33.31
	150m:	1:35.72	33.35	350m:	3:49.24	34.26	550m:	6:02.68	34.01	750m:	8:15.07	32.77
	200m:	2:08.46	32.74	400m:	4:22.05	32.81	600m:	6:35.83	33.15	800m:	8:45.92	30.85
8.				07.03.2011						+0,85	8:46.06	634
	50m:	30.00	30.00	250m:	2:43.04	33.04	450m:	4:56.85	33.29	650m:	7:10.00	33.20
	100m:	1:03.36	33.36	300m:	3:16.58	33.54	500m:	5:30.28	33.43	700m:	7:43.42	33.42
	150m:	1:36.46	33.10	350m:	3:50.01	33.43	550m:	6:03.28	33.00	750m:	8:15.96	32.54
	200m:	2:10.00	33.54	400m:	4:23.56	33.55	600m:	6:36.80	33.52	800m:	8:46.06	30.10
9.				17.01.2011						+0,92	8:46.53	633
	50m:	29.37	29.37	250m:	2:41.01	33.59	450m:	4:56.65	34.26	650m:	7:11.37	33.43
	100m:	1:01.55	32.18	300m:	3:14.56	33.55	500m:	5:30.52	33.87	700m:	7:44.68	33.31
	150m:	1:34.69	33.14	350m:	3:48.46	33.90	550m:	6:04.45	33.93	750m:	8:16.76	32.08
	200m:	2:07.42	32.73	400m:	4:22.39	33.93	600m:	6:37.94	33.49	800m:	8:46.53	29.77

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, , 800m , (14-15)

										R.T.		
10.				16.02.2011				+0,90	8:47.07			631
	50m:	28.72	28.72	250m:	2:40.60	33.61	450m:	4:55.02	33.66	650m:	7:09.63	33.86
	100m:	1:01.02	32.30	300m:	3:14.04	33.44	500m:	5:28.46	33.44	700m:	7:43.37	33.74
	150m:	1:33.68	32.66	350m:	3:48.02	33.98	550m:	6:02.23	33.77	750m:	8:16.16	32.79
	200m:	2:06.99	33.31	400m:	4:21.36	33.34	600m:	6:35.77	33.54	800m:	8:47.07	30.91
11.				25.01.2012				+0,93	8:47.70			628
	50m:	29.45	29.45	250m:	2:39.49	32.83	450m:	4:53.26	33.28	650m:	7:06.46	33.23
	100m:	1:01.46	32.01	300m:	3:12.36	32.87	500m:	5:26.53	33.27	700m:	7:40.14	33.68
	150m:	1:33.79	32.33	350m:	3:46.41	34.05	550m:	6:00.17	33.64	750m:	8:14.29	34.15
	200m:	2:06.66	32.87	400m:	4:19.98	33.57	600m:	6:33.23	33.06	800m:	8:47.70	33.41
12.				04.02.2011				+0,83	8:49.11			623
	50m:	29.80	29.80	250m:	2:42.24	33.27	450m:	4:56.33	33.41	650m:	7:10.31	33.37
	100m:	1:02.61	32.81	300m:	3:15.64	33.40	500m:	5:29.55	33.22	700m:	7:43.92	33.61
	150m:	1:35.82	33.21	350m:	3:49.30	33.66	550m:	6:03.04	33.49	750m:	8:16.90	32.98
	200m:	2:08.97	33.15	400m:	4:22.92	33.62	600m:	6:36.94	33.90	800m:	8:49.11	32.21
13.				10.06.2011				+0,84	8:51.65			615
	50m:	29.12	29.12	250m:	2:42.12	33.87	450m:	4:57.45	33.92	650m:	7:12.60	33.93
	100m:	1:01.09	31.97	300m:	3:15.86	33.74	500m:	5:30.97	33.52	700m:	7:46.05	33.45
	150m:	1:34.71	33.62	350m:	3:49.96	34.10	550m:	6:04.90	33.93	750m:	8:20.05	34.00
	200m:	2:08.25	33.54	400m:	4:23.53	33.57	600m:	6:38.67	33.77	800m:	8:51.65	31.60
14.				27.09.2011				+0,72	8:54.10			606
	50m:	29.38	29.38	250m:	2:39.23	32.88	450m:	4:53.66	33.56	650m:	7:11.61	34.36
	100m:	1:01.45	32.07	300m:	3:12.62	33.39	500m:	5:28.15	34.49	700m:	7:46.48	34.87
	150m:	1:33.24	31.79	350m:	3:45.76	33.14	550m:	6:02.34	34.19	750m:	8:20.47	33.99
	200m:	2:06.35	33.11	400m:	4:20.10	34.34	600m:	6:37.25	34.91	800m:	8:54.10	33.63
15.				06.02.2011 I				+0,67	8:54.59			604
	50m:	29.69	29.69	250m:	2:43.48	34.20	450m:	5:00.64	34.33	650m:	7:16.06	33.64
	100m:	1:02.11	32.42	300m:	3:17.71	34.23	500m:	5:34.79	34.15	700m:	7:49.78	33.72
	150m:	1:35.45	33.34	350m:	3:52.13	34.42	550m:	6:08.80	34.01	750m:	8:23.15	33.37
	200m:	2:09.28	33.83	400m:	4:26.31	34.18	600m:	6:42.42	33.62	800m:	8:54.59	31.44
16.				30.12.2011				+0,73	8:54.86			604
	50m:	30.13	30.13	250m:	2:43.90	33.62	450m:	4:59.29	33.92	650m:	7:15.22	34.22
	100m:	1:03.39	33.26	300m:	3:17.31	33.41	500m:	5:33.09	33.80	700m:	7:49.31	34.09
	150m:	1:36.83	33.44	350m:	3:51.58	34.27	550m:	6:07.29	34.20	750m:	8:23.25	33.94
	200m:	2:10.28	33.45	400m:	4:25.37	33.79	600m:	6:41.00	33.71	800m:	8:54.86	31.61
17.				03.07.2011 I				+0,88	8:55.13			603
	50m:	31.02	31.02	250m:	2:45.30	33.72	450m:	5:01.27	34.20	650m:	7:17.85	34.08
	100m:	1:04.38	33.36	300m:	3:19.22	33.92	500m:	5:35.70	34.43	700m:	7:51.54	33.69
	150m:	1:37.75	33.37	350m:	3:52.98	33.76	550m:	6:09.90	34.20	750m:	8:25.21	33.67
	200m:	2:11.58	33.83	400m:	4:27.07	34.09	600m:	6:43.77	33.87	800m:	8:55.13	29.92
18.				02.08.2012 I				+0,86	8:55.56			601
	50m:	30.27	30.27	250m:	2:42.52	33.64	450m:	4:57.77	32.95	650m:	7:16.25	34.63
	100m:	1:02.66	32.39	300m:	3:16.49	33.97	500m:	5:32.73	34.96	700m:	7:50.69	34.44
	150m:	1:35.32	32.66	350m:	3:50.53	34.04	550m:	6:07.17	34.44	750m:	8:23.95	33.26
	200m:	2:08.88	33.56	400m:	4:24.82	34.29	600m:	6:41.62	34.45	800m:	8:55.56	31.61
19.				22.10.2011 I				+0,76	8:55.64			601
	50m:	30.17	30.17	250m:	2:44.37	34.06	450m:	5:00.09	34.13	650m:	7:17.43	34.61
	100m:	1:02.95	32.78	300m:	3:18.03	33.66	500m:	5:33.93	33.84	700m:	7:51.19	33.76
	150m:	1:36.69	33.74	350m:	3:52.14	34.11	550m:	6:08.96	35.03	750m:	8:24.04	32.85
	200m:	2:10.31	33.62	400m:	4:25.96	33.82	600m:	6:42.82	33.86	800m:	8:55.64	31.60

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, , 800m , (14-15)

										R.T.		
20.				21.01.2012	I					+0,76	8:57.96	593
	50m:	29.75	29.75	250m:	2:43.34	33.19	450m:	4:58.59	33.71	650m:	7:17.25	34.62
	100m:	1:02.99	33.24	300m:	3:17.05	33.71	500m:	5:33.17	34.58	700m:	7:51.29	34.04
	150m:	1:36.56	33.57	350m:	3:50.84	33.79	550m:	6:08.28	35.11	750m:	8:25.90	34.61
	200m:	2:10.15	33.59	400m:	4:24.88	34.04	600m:	6:42.63	34.35	800m:	8:57.96	32.06
21.				15.01.2012	I					+0,76	8:58.60	591
	50m:	29.16	29.16	250m:	2:42.71	33.82	450m:	4:59.45	34.13	650m:	7:17.95	34.35
	100m:	1:01.96	32.80	300m:	3:16.89	34.18	500m:	5:33.95	34.50	700m:	7:52.50	34.55
	150m:	1:35.32	33.36	350m:	3:50.57	33.68	550m:	6:08.42	34.47	750m:	8:26.90	34.40
	200m:	2:08.89	33.57	400m:	4:25.32	34.75	600m:	6:43.60	35.18	800m:	8:58.60	31.70
22.				15.11.2011	I					+0,85	8:58.80	590
	50m:	29.00	29.00	250m:	2:42.23	34.18	450m:	5:01.13	34.98	650m:	7:20.65	34.69
	100m:	1:00.99	31.99	300m:	3:17.03	34.80	500m:	5:36.08	34.95	700m:	7:54.93	34.28
	150m:	1:33.78	32.79	350m:	3:51.10	34.07	550m:	6:11.14	35.06	750m:	8:28.46	33.53
	200m:	2:08.05	34.27	400m:	4:26.15	35.05	600m:	6:45.96	34.82	800m:	8:58.80	30.34
23.				14.01.2011						+0,83	8:59.28	589
	50m:	28.98	28.98	250m:	2:45.24	34.53	450m:	5:01.51	33.32	650m:	7:18.44	34.51
	100m:	1:01.79	32.81	300m:	3:19.21	33.97	500m:	5:35.25	33.74	700m:	7:52.69	34.25
	150m:	1:36.14	34.35	350m:	3:54.11	34.90	550m:	6:09.60	34.35	750m:	8:26.91	34.22
	200m:	2:10.71	34.57	400m:	4:28.19	34.08	600m:	6:43.93	34.33	800m:	8:59.28	32.37
24.				09.10.2012	I					+0,70	8:59.98	586
	50m:	30.70	30.70	250m:	2:45.57	33.78	450m:	5:02.39	34.71	650m:	7:19.88	34.25
	100m:	1:03.93	33.23	300m:	3:19.45	33.88	500m:	5:36.82	34.43	700m:	7:54.05	34.17
	150m:	1:37.65	33.72	350m:	3:53.37	33.92	550m:	6:11.39	34.57	750m:	8:27.81	33.76
	200m:	2:11.79	34.14	400m:	4:27.68	34.31	600m:	6:45.63	34.24	800m:	8:59.98	32.17
25.				26.10.2011	I	-				+0,70	9:00.22	586
	50m:	30.14	30.14	250m:	2:45.91	34.40	450m:	5:03.51	34.70	650m:	7:21.86	35.03
	100m:	1:03.26	33.12	300m:	3:19.86	33.95	500m:	5:37.86	34.35	700m:	7:56.19	34.33
	150m:	1:37.34	34.08	350m:	3:54.18	34.32	550m:	6:13.07	35.21	750m:	8:30.23	34.04
	200m:	2:11.51	34.17	400m:	4:28.81	34.63	600m:	6:46.83	33.76	800m:	9:00.22	29.99
26.				14.12.2011	I					+0,77	9:00.72	584
	50m:	30.06	30.06	250m:	2:45.43	34.86	450m:	5:02.72	34.81	650m:	7:23.56	36.94
	100m:	1:02.35	32.29	300m:	3:19.63	34.20	500m:	5:37.25	34.53	700m:	7:55.85	32.29
	150m:	1:36.55	34.20	350m:	3:53.80	34.17	550m:	6:12.27	35.02	750m:	8:30.02	34.17
	200m:	2:10.57	34.02	400m:	4:27.91	34.11	600m:	6:46.62	34.35	800m:	9:00.72	30.70
27.				05.02.2011	I					+0,80	9:01.03	583
	50m:	30.13	30.13	250m:	2:43.97	33.93	450m:	5:00.59	34.28	650m:	7:17.80	34.25
	100m:	1:02.88	32.75	300m:	3:17.79	33.82	500m:	5:34.76	34.17	700m:	7:52.02	34.22
	150m:	1:36.42	33.54	350m:	3:51.91	34.12	550m:	6:09.12	34.36	750m:	8:27.62	35.60
	200m:	2:10.04	33.62	400m:	4:26.31	34.40	600m:	6:43.55	34.43	800m:	9:01.03	33.41
28.				06.01.2011	I	-				+0,69	9:01.62	581
	50m:	29.48	29.48	250m:	2:44.40	33.99	450m:	5:01.57	34.78	650m:	7:21.07	34.82
	100m:	1:02.54	33.06	300m:	3:18.24	33.84	500m:	5:36.30	34.73	700m:	7:55.83	34.76
	150m:	1:36.20	33.66	350m:	3:52.53	34.29	550m:	6:11.22	34.92	750m:	8:30.07	34.24
	200m:	2:10.41	34.21	400m:	4:26.79	34.26	600m:	6:46.25	35.03	800m:	9:01.62	31.55
29.				31.08.2012	I					+0,70	9:01.81	581
	50m:	29.63	29.63	250m:	2:45.11	34.31	450m:	5:03.75	34.70	650m:	7:21.00	34.38
	100m:	1:03.20	33.57	300m:	3:19.71	34.60	500m:	5:38.13	34.38	700m:	7:55.27	34.27
	150m:	1:36.98	33.78	350m:	3:54.69	34.98	550m:	6:12.51	34.38	750m:	8:29.63	34.36
	200m:	2:10.80	33.82	400m:	4:29.05	34.36	600m:	6:46.62	34.11	800m:	9:01.81	32.18

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, , 800m , (14-15)

													R.T.			
30.			06.04.2011		I								+0,75	9:02.19	I	579
	50m:	30.44	30.44	250m:	2:44.11	33.67	450m:	5:00.19	34.32	650m:	7:19.03	34.76				
	100m:	1:03.39	32.95	300m:	3:17.73	33.62	500m:	5:34.82	34.63	700m:	7:54.05	35.02				
	150m:	1:36.92	33.53	350m:	3:51.81	34.08	550m:	6:09.57	34.75	750m:	8:28.48	34.43				
	200m:	2:10.44	33.52	400m:	4:25.87	34.06	600m:	6:44.27	34.70	800m:	9:02.19	33.71				
31.			27.07.2011										+0,86	9:05.44	I	569
	50m:	29.58	29.58	250m:	2:43.19	34.23	450m:	5:01.36	35.01	650m:	7:21.92	35.22				
	100m:	1:01.82	32.24	300m:	3:17.33	34.14	500m:	5:36.30	34.94	700m:	7:56.51	34.59				
	150m:	1:35.28	33.46	350m:	3:51.80	34.47	550m:	6:11.62	35.32	750m:	8:31.69	35.18				
	200m:	2:08.96	33.68	400m:	4:26.35	34.55	600m:	6:46.70	35.08	800m:	9:05.44	33.75				
32.			13.07.2011										+0,88	9:05.47	I	569
	50m:	30.91	30.91	250m:	2:47.00	34.18	450m:	5:06.28	34.65	650m:	7:25.19	34.07				
	100m:	1:04.65	33.74	300m:	3:21.87	34.87	500m:	5:41.23	34.95	700m:	8:00.18	34.99				
	150m:	1:38.30	33.65	350m:	3:56.48	34.61	550m:	6:16.09	34.86	750m:	8:33.94	33.76				
	200m:	2:12.82	34.52	400m:	4:31.63	35.15	600m:	6:51.12	35.03	800m:	9:05.47	31.53				
33.			19.03.2012		I								+0,77	9:06.71	I	565
	50m:	30.11	30.11	250m:	2:44.63	34.25	450m:	5:01.95	34.59	650m:	7:22.49	35.39				
	100m:	1:02.94	32.83	300m:	3:18.81	34.18	500m:	5:36.86	34.91	700m:	7:57.69	35.20				
	150m:	1:36.51	33.57	350m:	3:53.04	34.23	550m:	6:11.95	35.09	750m:	8:33.02	35.33				
	200m:	2:10.38	33.87	400m:	4:27.36	34.32	600m:	6:47.10	35.15	800m:	9:06.71	33.69				
34.			05.07.2012		I								+0,84	9:06.89	I	565
	50m:	30.70	30.70	250m:	2:47.75	34.58	450m:	5:06.19	34.45	650m:	7:24.93	34.60				
	100m:	1:04.10	33.40	300m:	3:22.48	34.73	500m:	5:40.91	34.72	700m:	7:59.45	34.52				
	150m:	1:38.64	34.54	350m:	3:57.20	34.72	550m:	6:15.62	34.71	750m:	8:34.09	34.64				
	200m:	2:13.17	34.53	400m:	4:31.74	34.54	600m:	6:50.33	34.71	800m:	9:06.89	32.80				
35.			10.04.2011		I								+0,80	9:08.33	I	560
	50m:	30.09	30.09	250m:	2:46.56	34.14	450m:	5:06.03	34.79	650m:	7:25.93	34.34				
	100m:	1:04.39	34.30	300m:	3:21.46	34.90	500m:	5:41.31	35.28	700m:	8:00.92	34.99				
	150m:	1:38.01	33.62	350m:	3:55.95	34.49	550m:	6:16.44	35.13	750m:	8:35.44	34.52				
	200m:	2:12.42	34.41	400m:	4:31.24	35.29	600m:	6:51.59	35.15	800m:	9:08.33	32.89				
36.			26.02.2012		I								+0,81	9:08.37	I	560
	50m:	29.99	29.99	250m:	2:46.15	34.62	450m:	5:04.78	34.60	650m:	7:25.12	35.43				
	100m:	1:03.05	33.06	300m:	3:20.46	34.31	500m:	5:39.35	34.57	700m:	8:00.12	35.00				
	150m:	1:37.29	34.24	350m:	3:55.50	35.04	550m:	6:14.37	35.02	750m:	8:34.84	34.72				
	200m:	2:11.53	34.24	400m:	4:30.18	34.68	600m:	6:49.69	35.32	800m:	9:08.37	33.53				
37.			20.01.2011										+0,80	9:08.40	I	560
	50m:	28.63	28.63	250m:	2:46.16	35.12	450m:	5:06.41	35.45	650m:	7:27.39	35.82				
	100m:	1:01.99	33.36	300m:	3:20.75	34.59	500m:	5:41.30	34.89	700m:	8:02.26	34.87				
	150m:	1:36.42	34.43	350m:	3:55.87	35.12	550m:	6:16.94	35.64	750m:	8:36.12	33.86				
	200m:	2:11.04	34.62	400m:	4:30.96	35.09	600m:	6:51.57	34.63	800m:	9:08.40	32.28				
38.			08.12.2011										+0,81	9:10.38	I	554
	50m:	31.07	31.07	250m:	2:47.60	34.79	450m:	5:08.40	36.17	650m:	7:28.62	34.96				
	100m:	1:04.04	32.97	300m:	3:22.50	34.90	500m:	5:43.20	34.80	700m:	8:03.54	34.92				
	150m:	1:38.32	34.28	350m:	3:57.28	34.78	550m:	6:18.67	35.47	750m:	8:37.84	34.30				
	200m:	2:12.81	34.49	400m:	4:32.23	34.95	600m:	6:53.66	34.99	800m:	9:10.38	32.54				
39.			08.02.2011		I								+0,90	9:10.55	I	553
	50m:	30.04	30.04	250m:	2:47.66	34.90	450m:	5:07.50	35.10	650m:	7:28.83	36.07				
	100m:	1:03.33	33.29	300m:	3:22.41	34.75	500m:	5:42.67	35.17	700m:	8:03.12	34.29				
	150m:	1:38.12	34.79	350m:	3:57.46	35.05	550m:	6:17.81	35.14	750m:	8:38.15	35.03				
	200m:	2:12.76	34.64	400m:	4:32.40	34.94	600m:	6:52.76	34.95	800m:	9:10.55	32.40				

" ", 50

SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, , 800m , (14-15)

		/				R.T.						
40.		10.01.2011				+0,81 9:11.04				552		
	50m:	31.27	31.27	250m:	2:48.33	34.69	450m:	5:08.02	35.38	650m:	7:28.57	34.98
	100m:	1:05.36	34.09	300m:	3:22.79	34.46	500m:	5:43.20	35.18	700m:	8:03.49	34.92
	150m:	1:39.47	34.11	350m:	3:57.62	34.83	550m:	6:18.27	35.07	750m:	8:38.16	34.67
	200m:	2:13.64	34.17	400m:	4:32.64	35.02	600m:	6:53.59	35.32	800m:	9:11.04	32.88
41.		20.04.2012				+0,76 9:11.19				551		
	50m:	29.83	29.83	250m:	2:46.28	34.73	450m:	5:07.68	35.31	650m:	7:28.68	34.98
	100m:	1:02.72	32.89	300m:	3:21.62	35.34	500m:	5:43.03	35.35	700m:	8:04.04	35.36
	150m:	1:36.86	34.14	350m:	3:56.86	35.24	550m:	6:18.44	35.41	750m:	8:38.57	34.53
	200m:	2:11.55	34.69	400m:	4:32.37	35.51	600m:	6:53.70	35.26	800m:	9:11.19	32.62
42.		07.12.2011				+0,80 9:11.81				550		
	50m:	30.94	30.94	250m:	2:47.98	34.46	450m:	5:07.28	34.71	650m:	7:28.12	35.09
	100m:	1:04.48	33.54	300m:	3:22.96	34.98	500m:	5:42.64	35.36	700m:	8:03.62	35.50
	150m:	1:38.88	34.40	350m:	3:57.70	34.74	550m:	6:17.54	34.90	750m:	8:38.79	35.17
	200m:	2:13.52	34.64	400m:	4:32.57	34.87	600m:	6:53.03	35.49	800m:	9:11.81	33.02
43.		27.08.2011				+0,69 9:13.04				546		
	50m:	29.85	29.85	250m:	2:47.72	34.90	450m:	5:08.49	35.36	650m:	7:29.12	35.37
	100m:	1:03.46	33.61	300m:	3:22.83	35.11	500m:	5:43.15	34.66	700m:	8:04.50	35.38
	150m:	1:38.09	34.63	350m:	3:58.09	35.26	550m:	6:18.75	35.60	750m:	8:39.58	35.08
	200m:	2:12.82	34.73	400m:	4:33.13	35.04	600m:	6:53.75	35.00	800m:	9:13.04	33.46
44.		14.08.2011				+0,79 9:14.20				542		
	50m:	30.11	30.11	250m:	2:48.31	35.24	450m:	5:10.31	36.63	650m:	7:31.81	35.06
	100m:	1:03.49	33.38	300m:	3:23.43	35.12	500m:	5:45.62	35.31	700m:	8:07.06	35.25
	150m:	1:38.04	34.55	350m:	3:58.11	34.68	550m:	6:21.10	35.48	750m:	8:42.19	35.13
	200m:	2:13.07	35.03	400m:	4:33.68	35.57	600m:	6:56.75	35.65	800m:	9:14.20	32.01
45.		14.11.2011				+0,73 9:15.58				538		
	50m:	31.52	31.52	250m:	2:52.49	35.94	450m:	5:13.79	35.55	650m:	7:36.00	35.96
	100m:	1:06.16	34.64	300m:	3:27.75	35.26	500m:	5:48.82	35.03	700m:	8:10.49	34.49
	150m:	1:41.51	35.35	350m:	4:02.91	35.16	550m:	6:24.72	35.90	750m:	8:43.89	33.40
	200m:	2:16.55	35.04	400m:	4:38.24	35.33	600m:	7:00.04	35.32	800m:	9:15.58	31.69
46.		14.04.2012				+0,77 9:15.71				538		
	50m:	31.36	31.36	250m:	2:51.65	35.30	450m:	5:11.59	34.46	650m:	7:31.90	34.95
	100m:	1:05.65	34.29	300m:	3:26.69	35.04	500m:	5:46.50	34.91	700m:	8:07.25	35.35
	150m:	1:41.14	35.49	350m:	4:02.20	35.51	550m:	6:21.53	35.03	750m:	8:41.69	34.44
	200m:	2:16.35	35.21	400m:	4:37.13	34.93	600m:	6:56.95	35.42	800m:	9:15.71	34.02
47.		23.08.2011				+0,85 9:16.65				535		
	50m:	29.32	29.32	250m:	2:47.43	35.12	450m:	5:08.77	35.62	650m:	7:30.42	35.14
	100m:	1:02.65	33.33	300m:	3:22.85	35.42	500m:	5:44.45	35.68	700m:	8:05.73	35.31
	150m:	1:36.71	34.06	350m:	3:57.84	34.99	550m:	6:19.83	35.38	750m:	8:41.29	35.56
	200m:	2:12.31	35.60	400m:	4:33.15	35.31	600m:	6:55.28	35.45	800m:	9:16.65	35.36
48.		12.10.2011				+0,67 9:16.88				535		
	50m:	29.11	29.11	250m:	2:49.31	35.54	450m:	5:12.26	35.45	650m:	7:34.80	35.75
	100m:	1:02.61	33.50	300m:	3:25.10	35.79	500m:	5:47.56	35.30	700m:	8:10.02	35.22
	150m:	1:38.09	35.48	350m:	4:01.04	35.94	550m:	6:23.09	35.53	750m:	8:44.57	34.55
	200m:	2:13.77	35.68	400m:	4:36.81	35.77	600m:	6:59.05	35.96	800m:	9:16.88	32.31
49.		15.03.2011				+0,63 9:17.35				533		
	50m:	29.49	29.49	250m:	2:48.09	35.03	450m:	5:11.03	35.72	650m:	7:33.94	34.75
	100m:	1:02.98	33.49	300m:	3:23.72	35.63	500m:	5:47.16	36.13	700m:	8:10.42	36.48
	150m:	1:37.99	35.01	350m:	3:59.26	35.54	550m:	6:22.91	35.75	750m:	8:44.29	33.87
	200m:	2:13.06	35.07	400m:	4:35.31	36.05	600m:	6:59.19	36.28	800m:	9:17.35	33.06

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, 800m (14-15)

				R.T.							
50.	05.04.2012			+0,65				9:19.18 528			
50m:	29.66	29.66	250m:	2:46.92	34.88	450m:	5:08.79	35.56	650m:	7:32.47	36.38
100m:	1:02.72	33.06	300m:	3:22.22	35.30	500m:	5:44.68	35.89	700m:	8:08.54	36.07
150m:	1:37.32	34.60	350m:	3:57.59	35.37	550m:	6:20.18	35.50	750m:	8:44.46	35.92
200m:	2:12.04	34.72	400m:	4:33.23	35.64	600m:	6:56.09	35.91	800m:	9:19.18	34.72
51.	10.02.2011			+0,92				9:19.63 527			
50m:	31.00	31.00	250m:	2:50.62	35.40	450m:	5:12.56	35.11	650m:	7:34.19	35.60
100m:	1:04.97	33.97	300m:	3:26.19	35.57	500m:	5:48.06	35.50	700m:	8:10.29	36.10
150m:	1:39.86	34.89	350m:	4:01.91	35.72	550m:	6:23.09	35.03	750m:	8:45.33	35.04
200m:	2:15.22	35.36	400m:	4:37.45	35.54	600m:	6:58.59	35.50	800m:	9:19.63	34.30
52.	17.01.2011			+0,72				9:20.95 523			
50m:	31.26	31.26	250m:	2:51.25	35.37	450m:	5:13.75	35.61	650m:	7:36.49	35.76
100m:	1:05.67	34.41	300m:	3:26.76	35.51	500m:	5:49.39	35.64	700m:	8:12.44	35.95
150m:	1:40.65	34.98	350m:	4:02.35	35.59	550m:	6:24.95	35.56	750m:	8:46.99	34.55
200m:	2:15.88	35.23	400m:	4:38.14	35.79	600m:	7:00.73	35.78	800m:	9:20.95	33.96
53.	06.03.2011			+0,85				9:21.12 523			
50m:	29.80	29.80	250m:	2:48.38	34.97	450m:	5:11.68	36.07	650m:	7:35.31	35.75
100m:	1:03.53	33.73	300m:	3:24.15	35.77	500m:	5:47.93	36.25	700m:	8:11.47	36.16
150m:	1:38.24	34.71	350m:	3:59.68	35.53	550m:	6:23.53	35.60	750m:	8:46.67	35.20
200m:	2:13.41	35.17	400m:	4:35.61	35.93	600m:	6:59.56	36.03	800m:	9:21.12	34.45
54.	28.05.2011			+0,80				9:26.96 507			
50m:	30.51	30.51	250m:	2:48.86	35.22	450m:	5:13.81	36.35	650m:	7:39.44	36.25
100m:	1:03.99	33.48	300m:	3:25.32	36.46	500m:	5:50.32	36.51	700m:	8:15.62	36.18
150m:	1:38.51	34.52	350m:	4:01.06	35.74	550m:	6:26.38	36.06	750m:	8:51.00	35.38
200m:	2:13.64	35.13	400m:	4:37.46	36.40	600m:	7:03.19	36.81	800m:	9:26.96	35.96
55.	07.12.2011			+0,69				9:27.47 505			
50m:	30.36	30.36	250m:	2:48.69	35.36	450m:	5:11.56	35.47	650m:	7:39.27	36.86
100m:	1:03.93	33.57	300m:	3:24.30	35.61	500m:	5:48.17	36.61	700m:	8:16.54	37.27
150m:	1:39.06	35.13	350m:	4:00.25	35.95	550m:	6:25.08	36.91	750m:	8:52.69	36.15
200m:	2:13.33	34.27	400m:	4:36.09	35.84	600m:	7:02.41	37.33	800m:	9:27.47	34.78
56.	12.02.2011			+0,79				9:27.60 505			
50m:	29.83	29.83	250m:	2:48.91	34.87	450m:	5:12.69	36.59	650m:	7:38.98	37.41
100m:	1:03.73	33.90	300m:	3:24.53	35.62	500m:	5:48.45	35.76	700m:	8:15.37	36.39
150m:	1:38.79	35.06	350m:	4:01.05	36.52	550m:	6:25.31	36.86	750m:	8:51.60	36.23
200m:	2:14.04	35.25	400m:	4:36.10	35.05	600m:	7:01.57	36.26	800m:	9:27.60	36.00
57.	06.08.2011			+0,84				9:28.28 503			
50m:	30.21	30.21	250m:	2:50.60	35.63	450m:	5:16.11	36.32	650m:	7:42.78	36.73
100m:	1:04.31	34.10	300m:	3:26.91	36.31	500m:	5:52.67	36.56	700m:	8:19.62	36.84
150m:	1:39.43	35.12	350m:	4:03.32	36.41	550m:	6:29.10	36.43	750m:	8:54.25	34.63
200m:	2:14.97	35.54	400m:	4:39.79	36.47	600m:	7:06.05	36.95	800m:	9:28.28	34.03
58.	07.03.2011			+0,80				9:28.39 503			
50m:	30.15	30.15	250m:	2:49.70	35.72	450m:	5:14.21	36.28	650m:	7:40.63	36.68
100m:	1:03.93	33.78	300m:	3:25.67	35.97	500m:	5:50.66	36.45	700m:	8:17.14	36.51
150m:	1:38.64	34.71	350m:	4:01.79	36.12	550m:	6:27.10	36.44	750m:	8:53.47	36.33
200m:	2:13.98	35.34	400m:	4:37.93	36.14	600m:	7:03.95	36.85	800m:	9:28.39	34.92
59.	06.02.2011			+0,91				9:28.71 502			
50m:	28.93	28.93	250m:	2:46.30	36.29	450m:	5:13.24	37.23	650m:	7:41.03	36.78
100m:	1:00.70	31.77	300m:	3:22.72	36.42	500m:	5:50.52	37.28	700m:	8:18.26	37.23
150m:	1:34.91	34.21	350m:	3:59.33	36.61	550m:	6:27.20	36.68	750m:	8:54.67	36.41
200m:	2:10.01	35.10	400m:	4:36.01	36.68	600m:	7:04.25	37.05	800m:	9:28.71	34.04

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

9, 800m (14-15)

	/				R.T.						
60.			25.06.2011	I				+0,78 9:30.97	I	496	
50m:	31.61	31.61	250m:	2:54.55	36.11	450m:	5:19.16	36.32	650m:	7:44.82	36.46
100m:	1:06.67	35.06	300m:	3:30.24	35.69	500m:	5:55.71	36.55	700m:	8:21.00	36.18
150m:	1:42.85	36.18	350m:	4:06.78	36.54	550m:	6:31.90	36.19	750m:	8:56.43	35.43
200m:	2:18.44	35.59	400m:	4:42.84	36.06	600m:	7:08.36	36.46	800m:	9:30.97	34.54
61.			24.09.2011	I				+0,82 9:31.40	I	495	
50m:	29.34	29.34	250m:	2:46.06	35.63	450m:	5:10.72	36.85	650m:	7:40.37	37.91
100m:	1:02.45	33.11	300m:	3:21.62	35.56	500m:	5:47.42	36.70	700m:	8:18.24	37.87
150m:	1:36.42	33.97	350m:	3:57.99	36.37	550m:	6:25.20	37.78	750m:	8:55.90	37.66
200m:	2:10.43	34.01	400m:	4:33.87	35.88	600m:	7:02.46	37.26	800m:	9:31.40	35.50
62.			11.03.2011	I				+0,73 9:34.43	I	487	
50m:	30.00	30.00	250m:	2:50.08	35.49	450m:	5:14.51	36.75	650m:	7:43.55	38.25
100m:	1:03.99	33.99	300m:	3:25.37	35.29	500m:	5:51.01	36.50	700m:	8:21.11	37.56
150m:	1:38.86	34.87	350m:	4:00.93	35.56	550m:	6:27.38	36.37	750m:	8:58.31	37.20
200m:	2:14.59	35.73	400m:	4:37.76	36.83	600m:	7:05.30	37.92	800m:	9:34.43	36.12
63.			27.03.2011	I				+0,76 9:35.41	I	485	
50m:	31.31	31.31	250m:	2:56.04	36.32	450m:	5:24.05	36.85	650m:	7:49.99	35.93
100m:	1:06.45	35.14	300m:	3:32.83	36.79	500m:	6:00.43	36.38	700m:	8:25.98	35.99
150m:	1:42.65	36.20	350m:	4:09.76	36.93	550m:	6:37.07	36.64	750m:	9:01.85	35.87
200m:	2:19.72	37.07	400m:	4:47.20	37.44	600m:	7:14.06	36.99	800m:	9:35.41	33.56
64.			30.05.2011	I				+0,74 9:36.38	I	482	
50m:	31.61	31.61	250m:	2:55.24	35.95	450m:	5:21.68	36.58	650m:	7:48.80	36.58
100m:	1:06.63	35.02	300m:	3:31.97	36.73	500m:	5:58.42	36.74	700m:	8:25.27	36.47
150m:	1:42.93	36.30	350m:	4:08.21	36.24	550m:	6:35.64	37.22	750m:	9:01.29	36.02
200m:	2:19.29	36.36	400m:	4:45.10	36.89	600m:	7:12.22	36.58	800m:	9:36.38	35.09
65.			20.01.2011	I				+0,71 9:36.67	I	481	
50m:	31.19	31.19	250m:	2:53.58	36.17	450m:	5:18.67	36.19	650m:	7:46.40	37.25
100m:	1:05.76	34.57	300m:	3:29.89	36.31	500m:	5:55.52	36.85	700m:	8:23.63	37.23
150m:	1:41.61	35.85	350m:	4:05.91	36.02	550m:	6:32.20	36.68	750m:	9:00.78	37.15
200m:	2:17.41	35.80	400m:	4:42.48	36.57	600m:	7:09.15	36.95	800m:	9:36.67	35.89
66.			06.07.2011	I				+0,80 9:43.35		465	
50m:	31.23	31.23	250m:	2:55.70	37.07	450m:	5:24.10	36.90	650m:	7:53.75	37.43
100m:	1:06.13	34.90	300m:	3:32.93	37.23	500m:	6:01.71	37.61	700m:	8:30.65	36.90
150m:	1:42.17	36.04	350m:	4:10.44	37.51	550m:	6:39.17	37.46	750m:	9:07.62	36.97
200m:	2:18.63	36.46	400m:	4:47.20	36.76	600m:	7:16.32	37.15	800m:	9:43.35	35.73
67.			29.04.2012	I				+0,80 9:52.69		443	
50m:	31.55	31.55	250m:	2:55.65	36.84	450m:	5:26.12	37.95	650m:	7:59.52	38.12
100m:	1:06.19	34.64	300m:	3:33.06	37.41	500m:	6:04.63	38.51	700m:	8:38.02	38.50
150m:	1:42.18	35.99	350m:	4:10.36	37.30	550m:	6:42.74	38.11	750m:	9:16.03	38.01
200m:	2:18.81	36.63	400m:	4:48.17	37.81	600m:	7:21.40	38.66	800m:	9:52.69	36.66
68.			13.09.2011	I				+0,86 9:52.98		443	
50m:	32.49	32.49	250m:	2:58.73	37.31	450m:	5:31.25	38.31	650m:	8:03.13	38.00
100m:	1:08.06	35.57	300m:	3:36.23	37.50	500m:	6:09.42	38.17	700m:	8:41.32	38.19
150m:	1:44.46	36.40	350m:	4:13.98	37.75	550m:	6:47.16	37.74	750m:	9:18.28	36.96
200m:	2:21.42	36.96	400m:	4:52.94	38.96	600m:	7:25.13	37.97	800m:	9:52.98	34.70
69.			12.11.2011	I				+0,73 9:56.32		435	
50m:	31.15	31.15	250m:	3:00.55	38.16	450m:	5:33.15	38.37	650m:	8:05.76	37.92
100m:	1:07.89	36.74	300m:	3:38.62	38.07	500m:	6:11.12	37.97	700m:	8:43.33	37.57
150m:	1:44.84	36.95	350m:	4:16.75	38.13	550m:	6:50.04	38.92	750m:	9:20.83	37.50
200m:	2:22.39	37.55	400m:	4:54.78	38.03	600m:	7:27.84	37.80	800m:	9:56.32	35.49

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА10
10.04.2026 - 9:00

, 50m

(14-15)

23.55
24.00

-1

(GBR)

27.07.2023
04.08.2018

: AQUA 2026

			R.T.		
1.	06.03.2011	-	+0,64	26.82	677
2.	05.09.2011	-	+0,62	27.26	644
3.	14.02.2011	-	+0,70	27.38	636
4.	29.04.2011		+0,68	27.48	629
5.	24.05.2011			27.50	628
6.	25.01.2011	I	+0,69	27.58	622
7.	20.03.2011		+0,66	27.60	621
8.	03.07.2011		+0,73	27.64	618
9.	05.04.2011		+0,64	27.79	608
10.	19.03.2011		+0,52	28.00	594
11.	03.05.2011		+0,61	28.01	594
12.	30.01.2012		+0,67	28.30	I 576
13.	06.05.2011		+0,65	28.31	I 575
14.	25.04.2011	I	+0,56	28.42	I 568
15.	06.04.2011		+0,65	28.45	I 567
16.	07.11.2011	I	+0,55	28.58	I 559
17.	28.06.2012		+0,69	28.70	I 552
18.	27.12.2011		+0,72	28.77	I 548
19.	05.03.2011			28.90	I 541
20.	08.11.2011		+0,74	29.06	I 532
	09.02.2011	I	+0,72	29.06	I 532
22.	08.04.2012			29.08	I 531
23.	16.06.2011	I	+0,68	29.09	I 530
24.	05.06.2012	I	+0,78	29.13	I 528
25.	27.04.2011	I	+0,71	29.27	I 520
26.	27.02.2012	I	+0,68	29.31	I 518
27.	04.04.2011	I	+0,77	29.36	I 516
28.	27.05.2012		+0,61	29.38	I 515
29.	18.05.2011	I	+0,67	29.39	I 514
30.	05.01.2012	I	+0,70	29.43	I 512
31.	29.04.2012	I	+0,68	29.47	I 510
32.	21.06.2011		+0,73	29.48	I 509
33.	02.03.2012		+0,66	29.49	I 509
34.	29.03.2011	I	+0,69	29.51	I 508
35.	31.08.2011	I		29.55	I 506
36.	31.01.2011	I	+0,78	29.71	I 498
37.	29.01.2011	I	+0,75	29.74	I 496
38.	28.09.2012	I	+0,66	29.75	I 496
39.	28.03.2011		+0,69	29.79	I 494
40.	27.04.2012	I		29.97	485
41.	28.04.2012	I	+0,75	29.98	484
42.	23.11.2011	I	+0,64	30.08	479
	08.11.2011	I	+0,75	30.08	479
44.	04.04.2011	I	+0,57	30.14	477

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

10, , 50m , (14-15)

				R.T.	
45.	14.03.2012			+0,60	30.15 476
46.	18.02.2011			+0,62	30.32 468
	06.05.2011			+0,75	30.32 468
48.	12.05.2011			+0,61	30.33 468
49.	04.01.2011			+0,65	30.37 466
50.	30.09.2011		-	+0,68	30.38 465
51.	14.12.2011				30.41 464
52.	07.03.2012			+0,78	30.58 456
53.	28.01.2011			+0,66	30.60 455
54.	02.10.2012			+0,75	30.65 453
55.	31.05.2011			+0,79	30.84 445
56.	17.08.2011			+0,65	30.91 442
57.	17.01.2012			+0,61	31.20 430
58.	18.03.2012			+0,66	31.45 419
59.	17.01.2011			+0,68	31.52 417
DSQ	06.04.2012		-		
DSQ	01.06.2012				
DNS	03.02.2012				

11 , 50m (14-15)
10.04.2026 - 9:14

	27.23		(GBR)	04.08.2018
	27.51		(KOR)	25.07.2019
: AQUA 2026				
	/		R.T.	
1.	31.07.2012		+0,63 29.88	726
2.	08.06.2011		+0,67 29.91	724
3.	07.10.2011		+0,64 30.04	714
4.	03.05.2012	- -	+0,67 30.53	680
5.	11.06.2012		+0,63 30.62	674
6.	16.01.2011	-	+0,66 30.64	673
7.	14.01.2011		+0,64 30.73	667
8.	15.04.2011		+0,68 30.78	664
9.	04.04.2012	-	+0,68 30.83	661
10.	07.11.2011	- -	+0,68 30.92	655
11.	14.01.2011	-	30.93	654
12.	07.05.2011		+0,69 30.98	651
13.	09.01.2012		+0,71 31.07	646
14.	23.06.2011		+0,84 31.24	635
15.	16.12.2011		+0,68 31.25	634
16.	10.07.2011		+0,93 31.26	634
17.	29.03.2012		31.30	631
18.	01.09.2012		+0,60 31.39	626
	10.10.2012		+0,75 31.39	626
20.	07.01.2012		+0,63 31.52	618
21.	29.10.2012		+0,66 31.57	615
22.	12.02.2011		+0,81 31.59	614
23.	26.06.2011		+0,58 31.63	612
24.	17.05.2011		+0,67 31.66	610
25.	14.04.2011		+0,62 31.67	610
26.	14.05.2012		+0,71 31.73	606
27.	07.06.2011		31.74	606
28.	22.08.2011		+0,80 31.77	604
29.	29.09.2011		+0,76 31.78	603
	30.09.2011		+0,71 31.78	603
31.	31.12.2012		+0,63 31.83	600
	26.11.2011		+0,66 31.83	600
33.	10.07.2011		+0,25 31.88	598
34.	13.11.2012		+0,66 31.89	597
35.	12.07.2012		+0,77 31.92	595
36.	25.11.2011		+0,60 31.95	594
37.	02.03.2011		31.96	593
38.	11.07.2011		+0,79 31.97	593
39.	02.12.2011		+0,68 32.00	591
	28.01.2011		+0,58 32.00	591
41.	11.05.2011		+0,61 32.04	589
42.	28.03.2012		+0,60 32.06	588
43.	05.04.2011		32.11	585
	13.07.2011		+0,71 32.11	585

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

11, , 50m , (14-15)

			R.T.		
45.		10.07.2011		32.17	582
46.		31.03.2012	+0,72	32.18	581
47.		08.07.2012	+0,72	32.24	578
48.		20.08.2012	+0,65	32.25	577
49.		24.03.2012	+0,66	32.32	573
50.		08.04.2011	+0,60	32.33	573
		24.12.2011	+0,64	32.33	573
52.		15.07.2011	+0,64	32.35	572
53.		24.07.2012	+0,62	32.40	569
54.		04.02.2012	+0,75	32.41	569
55.		26.08.2011	+0,68	32.49	565
56.		25.05.2011	+0,64	32.53	562
57.		14.08.2011	+0,73	32.60	559
58.		08.02.2012	+0,77	32.63	557
59.		28.10.2011	+0,68	32.68	555
60.		18.01.2012	+0,75	32.71	553
61.		18.06.2011	+0,73	32.82	548
62.		16.11.2012	+0,79	32.85	546
63.		18.05.2012	+0,66	32.90	544
64.		20.07.2012	+0,74	32.94	542
65.		26.10.2011	+0,21	32.97	540
66.		15.09.2011	+0,64	33.03	537
67.		17.01.2011	+0,65	33.09	534
68.		04.02.2012	+0,56	33.18	530
		16.03.2011	+0,62	33.18	530
70.		24.08.2012		33.23	528
		11.03.2011	+0,72	33.23	528
72.		14.04.2011	+0,75	33.28	525
73.		22.04.2011		33.30	524
74.		17.07.2012		33.38	521
75.		01.05.2011	+0,81	33.50	515
76.		06.09.2011	+0,77	33.51	514
77.		07.02.2011	+0,59	33.53	514
78.		19.07.2012	+0,63	33.78	502
79.		27.09.2012	+0,66	34.05	490
80.		31.10.2011	+0,72	34.32	479
81.		01.12.2011	+0,58	34.43	474
82.		08.09.2011	+0,76	34.56	469
83.		01.04.2011	+0,87	34.57	469
84.		06.03.2012	+0,70	34.83	458
85.		05.04.2012	+0,69	34.88	456
86.		12.05.2012	+0,72	34.95	453
		16.05.2012	+0,69	34.95	453
88.		10.05.2011	+0,74	35.09	448
DSQ		19.04.2012			

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SWISS TIMING QUANTUM ACUATICS

12 , 400m (14-15)
10.04.2026 - 9:35

		4:08.05				Kazan /				25.07.2022		
		4:10.02				(HUN)				23.05.2021		
: AQUA 2026												
		/				R.T.						
1.				14.05.2011				+0,79	4:36.44		675	
	50m:	28.20	28.20	150m:	1:38.72	37.43	250m:	2:53.44	38.63	350m:	4:06.00	33.35
	100m:	1:01.29	33.09	200m:	2:14.81	36.09	300m:	3:32.65	39.21	400m:	4:36.44	30.44
2.				01.05.2011				+0,76	4:39.71		651	
	50m:	28.04	28.04	150m:	1:34.97	34.62	250m:	2:51.05	40.95	350m:	4:05.65	32.17
	100m:	1:00.35	32.31	200m:	2:10.10	35.13	300m:	3:33.48	42.43	400m:	4:39.71	34.06
3.				09.02.2011				+0,71	4:42.98		629	
	50m:	29.31	29.31	150m:	1:40.37	36.48	250m:	2:57.91	41.37	350m:	4:11.75	32.12
	100m:	1:03.89	34.58	200m:	2:16.54	36.17	300m:	3:39.63	41.72	400m:	4:42.98	31.23
4.				21.04.2011				+0,74	4:43.28		627	
	50m:	27.72	27.72	150m:	1:37.26	37.39	250m:	2:56.68	42.96	350m:	4:12.52	32.53
	100m:	59.87	32.15	200m:	2:13.72	36.46	300m:	3:39.99	43.31	400m:	4:43.28	30.76
5.				18.03.2011				+0,62	4:43.45		626	
	50m:	28.05	28.05	150m:	1:39.47	37.64	250m:	2:57.66	41.19	350m:	4:12.52	32.93
	100m:	1:01.83	33.78	200m:	2:16.47	37.00	300m:	3:39.59	41.93	400m:	4:43.45	30.93
6.				05.02.2011				+0,80	4:44.49		619	
	50m:	30.75	30.75	150m:	1:40.15	35.46	250m:	2:58.27	43.93	350m:	4:13.69	34.13
	100m:	1:04.69	33.94	200m:	2:14.34	34.19	300m:	3:39.56	41.29	400m:	4:44.49	30.80
7.				18.07.2011				+0,82	4:44.51		619	
	50m:	29.16	29.16	150m:	1:39.21	36.49	250m:	2:55.83	41.75	350m:	4:13.03	33.79
	100m:	1:02.72	33.56	200m:	2:14.08	34.87	300m:	3:39.24	43.41	400m:	4:44.51	31.48
8.				27.04.2011				+0,88	4:46.04		609	
	50m:	29.93	29.93	150m:	1:41.05	36.39	250m:	2:57.17	39.82	350m:	4:12.77	33.74
	100m:	1:04.66	34.73	200m:	2:17.35	36.30	300m:	3:39.03	41.86	400m:	4:46.04	33.27
9.				15.11.2011				+0,89	4:50.58 		581	
	50m:	29.85	29.85	150m:	1:42.91	38.34	250m:	3:01.97	42.20	350m:	4:19.24	34.00
	100m:	1:04.57	34.72	200m:	2:19.77	36.86	300m:	3:45.24	43.27	400m:	4:50.58	31.34
10.				07.06.2011				+0,71	4:50.69 		580	
	50m:	28.51	28.51	150m:	1:38.92	36.73	250m:	2:58.23	42.74	350m:	4:17.85	35.35
	100m:	1:02.19	33.68	200m:	2:15.49	36.57	300m:	3:42.50	44.27	400m:	4:50.69	32.84
11.				18.04.2012				+0,78	4:51.97 		572	
	50m:	30.89	30.89	150m:	1:43.14	36.96	250m:	3:02.80	43.50	350m:	4:19.09	33.28
	100m:	1:06.18	35.29	200m:	2:19.30	36.16	300m:	3:45.81	43.01	400m:	4:51.97	32.88
12.				04.04.2011				+0,67	4:54.60 		557	
	50m:	30.47	30.47	150m:	1:45.41	38.80	250m:	3:04.64	41.12	350m:	4:20.71	32.94
	100m:	1:06.61	36.14	200m:	2:23.52	38.11	300m:	3:47.77	43.13	400m:	4:54.60	33.89
13.				07.12.2011				+0,75	4:54.75 		556	
	50m:	30.89	30.89	150m:	1:45.17	37.94	250m:	3:04.46	41.72	350m:	4:21.01	35.33
	100m:	1:07.23	36.34	200m:	2:22.74	37.57	300m:	3:45.68	41.22	400m:	4:54.75	33.74
14.				23.02.2011				+0,70	4:54.84 		556	
	50m:	29.88	29.88	150m:	1:42.49	37.93	250m:	3:02.93	42.79	350m:	4:20.99	34.00
	100m:	1:04.56	34.68	200m:	2:20.14	37.65	300m:	3:46.99	44.06	400m:	4:54.84	33.85
15.				21.01.2012				+0,80	4:55.61 		552	
	50m:	30.09	30.09	150m:	1:43.28	38.27	250m:	3:03.74	43.65	350m:	4:23.18	34.92
	100m:	1:05.01	34.92	200m:	2:20.09	36.81	300m:	3:48.26	44.52	400m:	4:55.61	32.43

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SWISS TIMING QUANTUM ACUATICS

		12, , 400m				(14-15)				R.T.		
16.												550
	50m:	30.50	30.50	150m:	1:48.47	39.06	250m:	3:04.90	38.47	350m:	4:23.51	35.61
	100m:	1:09.41	38.91	200m:	2:26.43	37.96	300m:	3:47.90	43.00	400m:	4:55.92	32.41
17.												545
	50m:	31.34	31.34	150m:	1:45.88	39.15	250m:	3:07.58	43.78	350m:	4:24.44	32.44
	100m:	1:06.73	35.39	200m:	2:23.80	37.92	300m:	3:52.00	44.42	400m:	4:56.77	32.33
18.												543
	50m:	29.85	29.85	150m:	1:43.90	39.24	250m:	3:07.12	43.41	350m:	4:24.43	33.93
	100m:	1:04.66	34.81	200m:	2:23.71	39.81	300m:	3:50.50	43.38	400m:	4:57.16	32.73
19.												543
	50m:	31.60	31.60	150m:	1:45.28	37.06	250m:	3:05.96	43.95	350m:	4:24.55	34.09
	100m:	1:08.22	36.62	200m:	2:22.01	36.73	300m:	3:50.46	44.50	400m:	4:57.19	32.64
20.												539
	50m:	30.52	30.52	150m:	1:43.78	38.35	250m:	3:03.10	40.99	350m:	4:22.44	36.39
	100m:	1:05.43	34.91	200m:	2:22.11	38.33	300m:	3:46.05	42.95	400m:	4:57.81	35.37
21.												533
	50m:	31.37	31.37	150m:	1:48.08	39.86	250m:	3:09.71	41.84	350m:	4:26.78	33.99
	100m:	1:08.22	36.85	200m:	2:27.87	39.79	300m:	3:52.79	43.08	400m:	4:59.02	32.24
22.												531
	50m:	30.54	30.54	150m:	1:45.61	36.72	250m:	3:08.07	45.16	350m:	4:27.31	33.24
	100m:	1:08.89	38.35	200m:	2:22.91	37.30	300m:	3:54.07	46.00	400m:	4:59.40	32.09
23.												527
	50m:	30.89	30.89	150m:	1:44.80	38.23	250m:	3:07.41	44.96	350m:	4:26.45	33.58
	100m:	1:06.57	35.68	200m:	2:22.45	37.65	300m:	3:52.87	45.46	400m:	5:00.09	33.64
24.												527
	50m:	30.08	30.08	150m:	1:44.75	38.58	250m:	3:06.14	42.22	350m:	4:26.76	35.56
	100m:	1:06.17	36.09	200m:	2:23.92	39.17	300m:	3:51.20	45.06	400m:	5:00.13	33.37
25.												521
	50m:	31.07	31.07	150m:	1:47.49	40.31	250m:	3:09.07	42.02	350m:	4:27.94	36.82
	100m:	1:07.18	36.11	200m:	2:27.05	39.56	300m:	3:51.12	42.05	400m:	5:01.29	33.35
26.												514
	50m:	30.88	30.88	150m:	1:47.45	39.61	250m:	3:10.17	42.43	350m:	4:29.35	34.14
	100m:	1:07.84	36.96	200m:	2:27.74	40.29	300m:	3:55.21	45.04	400m:	5:02.60	33.25
27.												510
	50m:	31.99	31.99	150m:	1:48.15	38.14	250m:	3:12.92	45.80	350m:	4:30.79	32.80
	100m:	1:10.01	38.02	200m:	2:27.12	38.97	300m:	3:57.99	45.07	400m:	5:03.41	32.62
28.												500
	50m:	31.27	31.27	150m:	1:49.19	40.97	250m:	3:11.44	42.53	350m:	4:31.23	36.17
	100m:	1:08.22	36.95	200m:	2:28.91	39.72	300m:	3:55.06	43.62	400m:	5:05.51	34.28
29.												499
	50m:	30.80	30.80	150m:	1:47.10	41.41	250m:	3:11.83	43.60	350m:	4:31.83	35.41
	100m:	1:05.69	34.89	200m:	2:28.23	41.13	300m:	3:56.42	44.59	400m:	5:05.59	33.76
30.												477
	50m:	31.75	31.75	150m:	1:50.11	43.05	250m:	3:14.63	41.84	350m:	4:36.10	36.28
	100m:	1:07.06	35.31	200m:	2:32.79	42.68	300m:	3:59.82	45.19	400m:	5:10.24	34.14
31.												471
	50m:	31.62	31.62	150m:	1:49.12	40.17	250m:	3:15.14	47.44	350m:	4:37.76	35.96
	100m:	1:08.95	37.33	200m:	2:27.70	38.58	300m:	4:01.80	46.66	400m:	5:11.67	33.91

" ", 50

SWISS TIMING QUANTUM ACUATICS

12, , 400m , (14-15)

											R.T.	
32.			06.03.2011	I							+0,86 5:13.13	464
	50m:	32.11	32.11	150m:	1:51.54	40.08	250m:	3:17.08	46.59	350m:	4:38.30	37.22
	100m:	1:11.46	39.35	200m:	2:30.49	38.95	300m:	4:01.08	44.00	400m:	5:13.13	34.83
33.			08.10.2012	I							+0,87 5:13.49	462
	50m:	32.78	32.78	150m:	1:50.74	40.04	250m:	3:16.61	46.95	350m:	4:39.51	36.00
	100m:	1:10.70	37.92	200m:	2:29.66	38.92	300m:	4:03.51	46.90	400m:	5:13.49	33.98
34.			12.07.2012	I							+0,82 5:13.68	462
	50m:	35.34	35.34	150m:	1:55.28	41.01	250m:	3:17.24	42.56	350m:	4:37.83	37.17
	100m:	1:14.27	38.93	200m:	2:34.68	39.40	300m:	4:00.66	43.42	400m:	5:13.68	35.85
35.			25.06.2011	I							+0,79 5:16.17	451
	50m:	33.83	33.83	150m:	1:54.81	41.67	250m:	3:20.37	45.94	350m:	4:42.04	35.89
	100m:	1:13.14	39.31	200m:	2:34.43	39.62	300m:	4:06.15	45.78	400m:	5:16.17	34.13
36.			20.01.2011	I							+0,75 5:17.37	446
	50m:	31.37	31.37	150m:	1:49.59	41.40	250m:	3:16.38	46.62	350m:	4:41.43	37.54
	100m:	1:08.19	36.82	200m:	2:29.76	40.17	300m:	4:03.89	47.51	400m:	5:17.37	35.94
37.			09.12.2011	I							+0,90 5:18.20	442
	50m:	31.27	31.27	150m:	1:51.32	43.52	250m:	3:19.64	46.24	350m:	4:43.04	37.72
	100m:	1:07.80	36.53	200m:	2:33.40	42.08	300m:	4:05.32	45.68	400m:	5:18.20	35.16
38.			24.07.2012	I							+0,73 5:24.93	415
	50m:	31.29	31.29	150m:	1:49.70	40.35	250m:	3:18.65	48.20	350m:	4:46.88	39.80
	100m:	1:09.35	38.06	200m:	2:30.45	40.75	300m:	4:07.08	48.43	400m:	5:24.93	38.05
39.			29.04.2012	I							+0,72 5:31.81	390
	50m:	31.82	31.82	150m:	1:51.66	43.11	250m:	3:24.22	48.89	350m:	4:53.62	38.88
	100m:	1:08.55	36.73	200m:	2:35.33	43.67	300m:	4:14.74	50.52	400m:	5:31.81	38.19
DSQ			24.07.2012	I								

13
10.04.2026 - 10:06

, 400m

(14-15)

 4:36.25
4:43.44

(CHN)

 09.08.2008
03.04.2021

: AQUA 2026

								R.T.				
1.				30.12.2011				+0,80	5:00.96		672	
	50m:	30.67	30.67	150m:	1:45.33	38.53	250m:	3:06.73	42.70	350m:	4:26.26	34.46
	100m:	1:06.80	36.13	200m:	2:24.03	38.70	300m:	3:51.80	45.07	400m:	5:00.96	34.70
2.				09.03.2012				+0,77	5:02.70		660	
	50m:	29.43	29.43	150m:	1:45.61	40.37	250m:	3:11.18	46.71	350m:	4:30.31	34.16
	100m:	1:05.24	35.81	200m:	2:24.47	38.86	300m:	3:56.15	44.97	400m:	5:02.70	32.39
3.				01.02.2011				+0,81	5:03.52		655	
	50m:	33.14	33.14	150m:	1:50.51	41.39	250m:	3:12.50	42.70	350m:	4:29.39	34.40
	100m:	1:09.12	35.98	200m:	2:29.80	39.29	300m:	3:54.99	42.49	400m:	5:03.52	34.13
4.				17.01.2012				+0,86	5:05.46		643	
	50m:	31.85	31.85	150m:	1:49.50	40.97	250m:	3:13.23	43.68	350m:	4:31.95	35.43
	100m:	1:08.53	36.68	200m:	2:29.55	40.05	300m:	3:56.52	43.29	400m:	5:05.46	33.51
5.				18.04.2012				+0,93	5:08.28		625	
	50m:	34.01	34.01	150m:	1:52.44	38.36	250m:	3:14.12	43.14	350m:	4:34.10	36.70
	100m:	1:14.08	40.07	200m:	2:30.98	38.54	300m:	3:57.40	43.28	400m:	5:08.28	34.18
6.				24.02.2012				+0,71	5:11.13		608	
	50m:	32.28	32.28	150m:	1:50.67	38.96	250m:	3:13.29	43.82	350m:	4:35.80	36.24
	100m:	1:11.71	39.43	200m:	2:29.47	38.80	300m:	3:59.56	46.27	400m:	5:11.13	35.33
7.				21.11.2011				+0,73	5:11.24		607	
	50m:	30.14	30.14	150m:	1:46.04	40.56	250m:	3:12.06	46.54	350m:	4:35.31	38.55
	100m:	1:05.48	35.34	200m:	2:25.52	39.48	300m:	3:56.76	44.70	400m:	5:11.24	35.93
8.				19.05.2011				+0,93	5:11.31		607	
	50m:	31.23	31.23	150m:	1:49.06	40.92	250m:	3:14.54	44.54	350m:	4:36.29	35.66
	100m:	1:08.14	36.91	200m:	2:30.00	40.94	300m:	4:00.63	46.09	400m:	5:11.31	35.02
9.				06.10.2011				+0,84	5:13.00		597	
	50m:	30.99	30.99	150m:	1:48.47	41.77	250m:	3:14.86	46.00	350m:	4:37.74	37.24
	100m:	1:06.70	35.71	200m:	2:28.86	40.39	300m:	4:00.50	45.64	400m:	5:13.00	35.26
10.				31.12.2012				+0,70	5:13.20		596	
	50m:	32.93	32.93	150m:	1:54.55	41.50	250m:	3:17.95	44.29	350m:	4:38.81	35.78
	100m:	1:13.05	40.12	200m:	2:33.66	39.11	300m:	4:03.03	45.08	400m:	5:13.20	34.39
11.				06.11.2011				+0,78	5:14.26		590	
	50m:	31.97	31.97	150m:	1:50.39	41.67	250m:	3:17.14	45.99	350m:	4:39.50	36.14
	100m:	1:08.72	36.75	200m:	2:31.15	40.76	300m:	4:03.36	46.22	400m:	5:14.26	34.76
12.				29.08.2011				+0,76	5:15.54		583	
	50m:	32.23	32.23	150m:	1:52.49	41.02	250m:	3:16.41	43.54	350m:	4:39.18	37.34
	100m:	1:11.47	39.24	200m:	2:32.87	40.38	300m:	4:01.84	45.43	400m:	5:15.54	36.36
13.				28.03.2011				+0,73	5:17.51		572	
	50m:	32.51	32.51	150m:	1:51.41	39.43	250m:	3:16.96	46.71	350m:	4:41.09	37.53
	100m:	1:11.98	39.47	200m:	2:30.25	38.84	300m:	4:03.56	46.60	400m:	5:17.51	36.42
14.				14.04.2012 I				+0,91	5:18.62		566	
	50m:	33.75	33.75	150m:	1:52.74	39.41	250m:	3:19.58	47.67	350m:	4:43.43	35.99
	100m:	1:13.33	39.58	200m:	2:31.91	39.17	300m:	4:07.44	47.86	400m:	5:18.62	35.19
15.				18.06.2012				+0,82	5:19.33		562	
	50m:	33.85	33.85	150m:	1:55.03	42.22	250m:	3:21.41	45.00	350m:	4:44.60	36.26
	100m:	1:12.81	38.96	200m:	2:36.41	41.38	300m:	4:08.34	46.93	400m:	5:19.33	34.73

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SWISS TIMING QUANTUM ACUATICS

13, , 400m , (14-15)

										R.T.		
16.				31.03.2011						+0,83	5:19.49	561
	50m:	33.98	33.98	150m:	1:54.57	41.70	250m:	3:20.96	45.17	350m:	4:43.49	37.08
	100m:	1:12.87	38.89	200m:	2:35.79	41.22	300m:	4:06.41	45.45	400m:	5:19.49	36.00
17.				08.02.2012						+0,90	5:19.62	561
	50m:	34.13	34.13	150m:	1:53.95	40.46	250m:	3:20.66	46.73	350m:	4:44.75	36.72
	100m:	1:13.49	39.36	200m:	2:33.93	39.98	300m:	4:08.03	47.37	400m:	5:19.62	34.87
18.				27.05.2011						+0,77	5:19.97	559
	50m:	32.97	32.97	150m:	1:55.33	43.69	250m:	3:20.40	44.15	350m:	4:44.12	37.33
	100m:	1:11.64	38.67	200m:	2:36.25	40.92	300m:	4:06.79	46.39	400m:	5:19.97	35.85
19.				11.03.2011						+0,90	5:20.73	555
	50m:	32.54	32.54	150m:	1:54.15	43.41	250m:	3:22.40	46.84	350m:	4:46.38	36.14
	100m:	1:10.74	38.20	200m:	2:35.56	41.41	300m:	4:10.24	47.84	400m:	5:20.73	34.35
20.				04.09.2011						+0,74	5:24.76	535
	50m:	32.92	32.92	150m:	1:54.07	42.13	250m:	3:23.32	47.82	350m:	4:48.93	37.16
	100m:	1:11.94	39.02	200m:	2:35.50	41.43	300m:	4:11.77	48.45	400m:	5:24.76	35.83
21.				15.10.2012						+0,67	5:27.12	523
	50m:	33.73	33.73	150m:	1:54.48	42.93	250m:	3:24.81	49.10	350m:	4:51.19	36.79
	100m:	1:11.55	37.82	200m:	2:35.71	41.23	300m:	4:14.40	49.59	400m:	5:27.12	35.93
22.				05.09.2011						+0,80	5:29.15	513
	50m:	35.01	35.01	150m:	1:57.72	41.90	250m:	3:25.90	47.72	350m:	4:52.47	38.24
	100m:	1:15.82	40.81	200m:	2:38.18	40.46	300m:	4:14.23	48.33	400m:	5:29.15	36.68
23.				01.05.2011						+0,90	5:29.57	511
	50m:	34.10	34.10	150m:	1:57.94	44.06	250m:	3:28.75	48.96	350m:	4:55.02	37.65
	100m:	1:13.88	39.78	200m:	2:39.79	41.85	300m:	4:17.37	48.62	400m:	5:29.57	34.55
24.				14.01.2011						+0,82	5:30.59	507
	50m:	34.69	34.69	150m:	1:58.00	42.54	250m:	3:27.94	48.18	350m:	4:53.94	37.67
	100m:	1:15.46	40.77	200m:	2:39.76	41.76	300m:	4:16.27	48.33	400m:	5:30.59	36.65
25.				20.03.2012						+0,79	5:35.20	486
	50m:	33.76	33.76	150m:	2:00.22	41.66	250m:	3:28.01	45.63	350m:	4:55.88	41.31
	100m:	1:18.56	44.80	200m:	2:42.38	42.16	300m:	4:14.57	46.56	400m:	5:35.20	39.32
26.				03.10.2012						+0,80	5:35.39	485
	50m:	33.59	33.59	150m:	1:58.94	44.87	250m:	3:30.66	47.78	350m:	4:58.58	39.47
	100m:	1:14.07	40.48	200m:	2:42.88	43.94	300m:	4:19.11	48.45	400m:	5:35.39	36.81
27.				30.01.2012						+0,90	5:37.22	477
	50m:	34.68	34.68	150m:	1:59.29	43.55	250m:	3:31.60	49.96	350m:	5:00.11	37.95
	100m:	1:15.74	41.06	200m:	2:41.64	42.35	300m:	4:22.16	50.56	400m:	5:37.22	37.11
28.				10.02.2012						+0,78	5:37.70	475
	50m:	33.74	33.74	150m:	1:58.36	43.09	250m:	3:30.07	51.20	350m:	5:00.43	38.68
	100m:	1:15.27	41.53	200m:	2:38.87	40.51	300m:	4:21.75	51.68	400m:	5:37.70	37.27
29.				15.07.2012						+0,74	5:38.44	472
	50m:	34.68	34.68	150m:	1:58.66	41.08	250m:	3:31.24	51.71	350m:	5:01.08	39.86
	100m:	1:17.58	42.90	200m:	2:39.53	40.87	300m:	4:21.22	49.98	400m:	5:38.44	37.36
30.				01.02.2012						+0,85	5:39.33	469
	50m:	35.02	35.02	150m:	2:01.73	43.69	250m:	3:32.99	49.56	350m:	5:01.70	41.13
	100m:	1:18.04	43.02	200m:	2:43.43	41.70	300m:	4:20.57	47.58	400m:	5:39.33	37.63
31.				16.03.2011						+0,85	5:44.27	449
	50m:	33.65	33.65	150m:	2:01.43	45.94	250m:	3:34.16	50.29	350m:	5:04.99	40.67
	100m:	1:15.49	41.84	200m:	2:43.87	42.44	300m:	4:24.32	50.16	400m:	5:44.27	39.28

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SWISS TIMING QUANTUM ACUATICS

13, , 400m , (14-15)

							R.T.					
32.			/	18.01.2011	I				+0,70	5:46.72	439	
	50m:	35.55	35.55	150m:	2:00.96	43.88	250m:	3:34.69	49.69	350m:	5:07.41	42.03
	100m:	1:17.08	41.53	200m:	2:45.00	44.04	300m:	4:25.38	50.69	400m:	5:46.72	39.31
33.				26.05.2011					+0,81	5:48.73	432	
	50m:	36.03	36.03	150m:	2:02.93	43.27	250m:	3:33.20	47.80	350m:	5:06.86	42.53
	100m:	1:19.66	43.63	200m:	2:45.40	42.47	300m:	4:24.33	51.13	400m:	5:48.73	41.87
34.				12.01.2011	I				+0,82	5:49.04	430	
	50m:	38.14	38.14	150m:	2:07.90	44.60	250m:	3:40.95	48.04	350m:	5:09.73	40.98
	100m:	1:23.30	45.16	200m:	2:52.91	45.01	300m:	4:28.75	47.80	400m:	5:49.04	39.31
35.				10.11.2011	I				+0,82	5:51.63	421	
	50m:	33.76	33.76	150m:	2:00.35	45.77	250m:	3:34.51	49.51	350m:	5:09.66	44.86
	100m:	1:14.58	40.82	200m:	2:45.00	44.65	300m:	4:24.80	50.29	400m:	5:51.63	41.97
36.				20.08.2012					+0,90	6:01.75	387	
	50m:	39.58	39.58	150m:	2:13.82	43.72	250m:	3:48.28	50.78	350m:	5:21.49	41.19
	100m:	1:30.10	50.52	200m:	2:57.50	43.68	300m:	4:40.30	52.02	400m:	6:01.75	40.26
37.				10.11.2012	I				+0,76	6:09.51	363	
	50m:	37.03	37.03	150m:	2:11.52	44.88	250m:	3:52.18	57.45	350m:	5:29.81	41.03
	100m:	1:26.64	49.61	200m:	2:54.73	43.21	300m:	4:48.78	56.60	400m:	6:09.51	39.70

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

14 , 200m (14-15)
10.04.2026 - 10:38

				1:43.90					(ITA)	28.07.2009	
				1:43.90					(ITA)	28.07.2009	
: AQUA 2026											
				/					R.T.		
1.				09.06.2011					+0,79	1:54.51	706
	50m:	26.61	26.61	100m:	56.30	29.69	150m:	1:26.05	29.75	200m:	1:54.51 28.46
2.				03.01.2011					+0,68	1:54.80	701
	50m:	26.90	26.90	100m:	56.34	29.44	150m:	1:25.55	29.21	200m:	1:54.80 29.25
3.				11.06.2011					+0,73	1:55.18	694
	50m:	26.61	26.61	100m:	56.43	29.82	150m:	1:26.12	29.69	200m:	1:55.18 29.06
4.				10.01.2011		-			+0,81	1:57.77	649
	50m:	26.98	26.98	100m:	56.73	29.75	150m:	1:26.72	29.99	200m:	1:57.77 31.05
5.				12.04.2011					+0,76	1:57.92	647
	50m:	27.19	27.19	100m:	56.33	29.14	150m:	1:26.87	30.54	200m:	1:57.92 31.05
6.				22.04.2011					+0,84	1:57.99	646
	50m:	27.55	27.55	100m:	57.38	29.83	150m:	1:28.00	30.62	200m:	1:57.99 29.99
7.				11.01.2011					+0,61	1:58.26	641
	50m:	27.42	27.42	100m:	57.69	30.27	150m:	1:28.39	30.70	200m:	1:58.26 29.87
8.				03.03.2011					+0,70	1:58.38	639
	50m:	27.33	27.33	100m:	58.01	30.68	150m:	1:28.18	30.17	200m:	1:58.38 30.20
9.				30.06.2011 I					+0,80	1:58.53	637
	50m:	27.24	27.24	100m:	57.60	30.36	150m:	1:28.15	30.55	200m:	1:58.53 30.38
10.				14.05.2012 I					+0,82	1:58.59	636
	50m:	27.06	27.06	100m:	56.87	29.81	150m:	1:27.55	30.68	200m:	1:58.59 31.04
11.				15.05.2011		-			+0,76	1:58.65	635
	50m:	26.21	26.21	100m:	56.32	30.11	150m:	1:27.75	31.43	200m:	1:58.65 30.90
12.				28.10.2011 I					+0,82	2:00.06	613
	50m:	27.37	27.37	100m:	57.22	29.85	150m:	1:29.34	32.12	200m:	2:00.06 30.72
13.				17.05.2011 I					+0,73	2:00.07	613
	50m:	27.32	27.32	100m:	57.41	30.09	150m:	1:28.86	31.45	200m:	2:00.07 31.21
14.				13.10.2011 I					+0,72	2:00.32	609
	50m:	27.04	27.04	100m:	57.68	30.64	150m:	1:29.02	31.34	200m:	2:00.32 31.30
15.				31.07.2011 I					+0,83	2:00.35	608
	50m:	27.75	27.75	100m:	57.66	29.91	150m:	1:28.84	31.18	200m:	2:00.35 31.51
16.				17.09.2011 I					+0,82	2:00.57	605
	50m:	27.31	27.31	100m:	57.69	30.38	150m:	1:29.87	32.18	200m:	2:00.57 30.70
17.				12.08.2011					+0,73	2:00.62	604
	50m:	27.75	27.75	100m:	58.09	30.34	150m:	1:29.52	31.43	200m:	2:00.62 31.10
18.				01.08.2011					+0,79	2:00.84 I	601
	50m:	27.40	27.40	100m:	57.71	30.31	150m:	1:29.89	32.18	200m:	2:00.84 30.95
19.				15.01.2012 I					+0,71	2:00.97 I	599
	50m:	27.50	27.50	100m:	58.19	30.69	150m:	1:30.14	31.95	200m:	2:00.97 30.83
20.				06.02.2011 I					+0,73	2:01.18 I	596
	50m:	28.86	28.86	100m:	59.85	30.99	150m:	1:31.23	31.38	200m:	2:01.18 29.95

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SWISS TIMING QUANTUM ACUATICS

		14, , 200m				(14-15)							
										R.T.			
21.				07.01.2011	I					+0,64	2:01.42	I	592
	50m:	27.76	27.76	100m:	57.94	30.18	150m:	1:29.43	31.49	200m:	2:01.42	31.99	
22.				17.07.2011						+0,67	2:01.73	I	588
	50m:	27.52	27.52	100m:	58.91	31.39	150m:	1:31.05	32.14	200m:	2:01.73	30.68	
23.				22.04.2011	I					+0,66	2:01.82	I	587
	50m:	28.13	28.13	100m:	58.74	30.61	150m:	1:30.39	31.65	200m:	2:01.82	31.43	
24.				27.07.2011						+0,71	2:02.28	I	580
	50m:	27.79	27.79	100m:	58.79	31.00	150m:	1:31.07	32.28	200m:	2:02.28	31.21	
25.				28.06.2011						+0,68	2:02.31	I	579
	50m:	27.88	27.88	100m:	59.40	31.52	150m:	1:31.55	32.15	200m:	2:02.31	30.76	
26.				18.08.2011	I					+0,71	2:02.34	I	579
	50m:	28.55	28.55	100m:	59.18	30.63	150m:	1:31.05	31.87	200m:	2:02.34	31.29	
27.				08.12.2011						+0,75	2:02.38	I	578
	50m:	27.58	27.58	100m:	57.85	30.27	150m:	1:30.12	32.27	200m:	2:02.38	32.26	
28.				13.11.2012	I					+0,86	2:02.48	I	577
	50m:	28.15	28.15	100m:	59.76	31.61	150m:	1:31.26	31.50	200m:	2:02.48	31.22	
29.				28.05.2011	I					+0,68	2:02.66	I	575
	50m:	27.49	27.49	100m:	58.20	30.71	150m:	1:30.34	32.14	200m:	2:02.66	32.32	
30.				04.05.2011	I					+0,74	2:02.96	I	570
	50m:	28.47	28.47	100m:	59.93	31.46	150m:	1:31.90	31.97	200m:	2:02.96	31.06	
31.				14.01.2011						+0,91	2:03.34	I	565
	50m:	27.88	27.88	100m:	59.50	31.62	150m:	1:31.82	32.32	200m:	2:03.34	31.52	
32.				06.01.2011	I	-				+0,73	2:03.35	I	565
	50m:	28.03	28.03	100m:	59.15	31.12	150m:	1:32.40	33.25	200m:	2:03.35	30.95	
33.				25.03.2011						+0,78	2:03.44	I	564
	50m:	28.66	28.66	100m:	1:00.19	31.53	150m:	1:32.96	32.77	200m:	2:03.44	30.48	
34.				16.06.2011						+0,87	2:03.45	I	564
	50m:	29.04	29.04	100m:	1:00.92	31.88	150m:	1:33.16	32.24	200m:	2:03.45	30.29	
35.				08.02.2011	I					+0,84	2:03.53	I	562
	50m:	28.34	28.34	100m:	59.81	31.47	150m:	1:32.38	32.57	200m:	2:03.53	31.15	
36.				10.01.2011	I					+0,77	2:03.76	I	559
	50m:	28.27	28.27	100m:	1:00.11	31.84	150m:	1:32.35	32.24	200m:	2:03.76	31.41	
37.				24.12.2011	I					+0,82	2:03.89	I	558
	50m:	28.31	28.31	100m:	1:00.57	32.26	150m:	1:33.15	32.58	200m:	2:03.89	30.74	
38.				05.09.2012	I					+0,79	2:04.42	I	550
	50m:	28.65	28.65	100m:	59.51	30.86	150m:	1:32.36	32.85	200m:	2:04.42	32.06	
39.				26.10.2011	I	-				+0,73	2:04.52	I	549
	50m:	29.05	29.05	100m:	1:00.73	31.68	150m:	1:34.05	33.32	200m:	2:04.52	30.47	
40.				20.05.2011	I					+0,72	2:04.61	I	548
	50m:	27.02	27.02	100m:	59.48	32.46	150m:	1:32.90	33.42	200m:	2:04.61	31.71	
41.				22.06.2011	I					+0,75	2:04.66	I	547
	50m:	27.84	27.84	100m:	58.77	30.93	150m:	1:31.70	32.93	200m:	2:04.66	32.96	
42.				02.02.2012	I					+0,76	2:04.69	I	547
	50m:	28.21	28.21	100m:	59.95	31.74	150m:	1:32.99	33.04	200m:	2:04.69	31.70	

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SWISS TIMING QUANTUM ACUATICS

14, , 200m , (14-15)										R.T.	
43.				15.01.2011	-	-	+0,65	2:04.72			547
50m:	27.81	27.81	100m:	58.89	31.08	150m:	1:32.41	33.52	200m:	2:04.72	32.31
44.			12.07.2011				+0,82	2:04.86			545
50m:	28.19	28.19	100m:	1:00.26	32.07	150m:	1:33.22	32.96	200m:	2:04.86	31.64
45.			08.07.2011				+0,91	2:05.32			539
50m:	29.48	29.48	100m:	1:00.89	31.41	150m:	1:32.65	31.76	200m:	2:05.32	32.67
46.			04.06.2011				+0,80	2:05.36			538
50m:	27.37	27.37	100m:	59.66	32.29	150m:	1:32.79	33.13	200m:	2:05.36	32.57
47.			20.01.2011				+0,76	2:05.61			535
50m:	28.46	28.46	100m:	1:01.26	32.80	150m:	1:34.31	33.05	200m:	2:05.61	31.30
48.			25.01.2012				+0,75	2:05.79			533
50m:	28.00	28.00	100m:	59.84	31.84	150m:	1:33.22	33.38	200m:	2:05.79	32.57
49.			06.02.2011				+0,87	2:05.85			532
50m:	29.05	29.05	100m:	1:00.50	31.45	150m:	1:32.69	32.19	200m:	2:05.85	33.16
			09.09.2012				+0,75	2:05.85			532
50m:	28.56	28.56	100m:	1:00.38	31.82	150m:	1:33.73	33.35	200m:	2:05.85	32.12
51.			30.04.2011				+0,78	2:05.97			530
50m:	29.01	29.01	100m:	1:01.25	32.24	150m:	1:33.36	32.11	200m:	2:05.97	32.61
52.			14.08.2011				+0,71	2:06.08			529
50m:	28.36	28.36	100m:	1:00.03	31.67	150m:	1:33.71	33.68	200m:	2:06.08	32.37
53.			17.06.2012				+0,80	2:06.41			525
50m:	28.53	28.53	100m:	1:00.54	32.01	150m:	1:33.54	33.00	200m:	2:06.41	32.87
54.			20.01.2011				+0,62	2:06.43			525
50m:	27.96	27.96	100m:	59.26	31.30	150m:	1:32.43	33.17	200m:	2:06.43	34.00
55.			07.09.2011				+0,65	2:06.49			524
50m:	28.34	28.34	100m:	1:01.14	32.80	150m:	1:34.42	33.28	200m:	2:06.49	32.07
56.			21.04.2011				+0,83	2:06.62			522
50m:	28.89	28.89	100m:	1:00.42	31.53	150m:	1:33.82	33.40	200m:	2:06.62	32.80
57.			07.03.2012				+0,71	2:06.78			520
50m:	29.08	29.08	100m:	1:01.11	32.03	150m:	1:34.12	33.01	200m:	2:06.78	32.66
58.			08.01.2012				+0,68	2:07.17			515
50m:	28.51	28.51	100m:	59.97	31.46	150m:	1:34.24	34.27	200m:	2:07.17	32.93
59.			12.02.2011				+0,75	2:07.34			513
50m:	28.88	28.88	100m:	1:00.93	32.05	150m:	1:34.23	33.30	200m:	2:07.34	33.11
60.			06.04.2011				+0,76	2:07.56			511
50m:	29.42	29.42	100m:	1:01.69	32.27	150m:	1:34.90	33.21	200m:	2:07.56	32.66
61.			05.12.2011				+0,82	2:07.70			509
50m:	29.19	29.19	100m:	1:01.87	32.68	150m:	1:35.03	33.16	200m:	2:07.70	32.67
62.			14.11.2011				+0,75	2:07.76			508
50m:	30.09	30.09	100m:	1:02.57	32.48	150m:	1:36.11	33.54	200m:	2:07.76	31.65
63.			29.05.2011				+0,86	2:07.98			506
50m:	29.55	29.55	100m:	1:02.22	32.67	150m:	1:36.11	33.89	200m:	2:07.98	31.87
64.			19.04.2012				+0,78	2:08.02			505
50m:	28.66	28.66	100m:	1:00.75	32.09	150m:	1:34.44	33.69	200m:	2:08.02	33.58

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SWISS TIMING QUANTUM ACUATICS

14, , 200m , (14-15)

										R.T.			
65.				03.06.2011	I					+0,74	2:08.04	I	505
	50m:	28.42	28.42	100m:	59.81	31.39	150m:	1:34.39	34.58	200m:	2:08.04	33.65	
66.				12.02.2011	I					+0,76	2:08.13	I	504
	50m:	28.74	28.74	100m:	1:01.62	32.88	150m:	1:35.39	33.77	200m:	2:08.13	32.74	
67.				04.01.2011	I					+0,64	2:08.32	I	502
	50m:	29.68	29.68	100m:	1:02.17	32.49	150m:	1:35.42	33.25	200m:	2:08.32	32.90	
68.				20.01.2011						+0,82	2:08.46	I	500
	50m:	27.91	27.91	100m:	1:00.27	32.36	150m:	1:34.75	34.48	200m:	2:08.46	33.71	
69.				11.03.2011	I					+0,67	2:08.60	I	498
	50m:	28.19	28.19	100m:	1:00.80	32.61	150m:	1:35.25	34.45	200m:	2:08.60	33.35	
70.				21.12.2012	I					+0,65	2:08.63	I	498
	50m:	28.36	28.36	100m:	1:00.38	32.02	150m:	1:34.08	33.70	200m:	2:08.63	34.55	
71.				24.09.2011	I					+0,90	2:08.89	I	495
	50m:	27.76	27.76	100m:	59.97	32.21	150m:	1:34.59	34.62	200m:	2:08.89	34.30	
72.				01.02.2012	I					+0,68	2:08.99		494
	50m:	29.92	29.92	100m:	1:03.04	33.12	150m:	1:35.65	32.61	200m:	2:08.99	33.34	
73.				28.01.2011	I					+0,83	2:09.53		488
	50m:	29.73	29.73	100m:	1:03.27	33.54	150m:	1:38.47	35.20	200m:	2:09.53	31.06	
74.				20.01.2011	I					+0,71	2:09.71		486
	50m:	29.22	29.22	100m:	1:02.15	32.93	150m:	1:36.57	34.42	200m:	2:09.71	33.14	
75.				06.07.2011	I					+0,79	2:10.46		477
	50m:	29.96	29.96	100m:	1:03.28	33.32	150m:	1:37.29	34.01	200m:	2:10.46	33.17	
76.				22.01.2011	I					+0,76	2:10.88		473
	50m:	29.38	29.38	100m:	1:02.88	33.50	150m:	1:37.08	34.20	200m:	2:10.88	33.80	
77.				09.02.2012	I					+0,76	2:11.05		471
	50m:	28.87	28.87	100m:	1:01.30	32.43	150m:	1:36.72	35.42	200m:	2:11.05	34.33	
78.				12.05.2011	I					+0,69	2:11.23		469
	50m:	29.48	29.48	100m:	1:02.81	33.33	150m:	1:37.40	34.59	200m:	2:11.23	33.83	
79.				30.05.2011	I					+0,81	2:11.61		465
	50m:	29.34	29.34	100m:	1:01.64	32.30	150m:	1:36.60	34.96	200m:	2:11.61	35.01	
80.				17.01.2011	I					+0,69	2:12.21		459
	50m:	29.73	29.73	100m:	1:03.33	33.60	150m:	1:37.78	34.45	200m:	2:12.21	34.43	
81.				08.02.2012	I					+0,79	2:12.67		454
	50m:	30.23	30.23	100m:	1:03.58	33.35	150m:	1:38.26	34.68	200m:	2:12.67	34.41	
82.				06.08.2011	I					+0,82	2:14.34		437
	50m:	29.99	29.99	100m:	1:04.26	34.27	150m:	1:39.35	35.09	200m:	2:14.34	34.99	

15
 10.04.2026 - 11:28

, 100m

(14-15)

	52.98		RUS	(SGP)	01.08.2025
	54.45			(AZE)	24.06.2015
	54.45				26.04.2022

: AQUA 2026

						R.T.		
1.			08.06.2011			+0,81	57.46	728
	50m:	27.79	27.79	100m:	57.46	29.67		
2.			16.05.2011			+0,79	58.19	701
	50m:	27.95	27.95	100m:	58.19	30.24		
3.			05.01.2012		-	+0,79	58.34	696
	50m:	28.23	28.23	100m:	58.34	30.11		
4.			22.12.2011			+0,75	58.40	694
	50m:	27.62	27.62	100m:	58.40	30.78		
5.			12.03.2011			+0,67	58.51	690
	50m:	27.27	27.27	100m:	58.51	31.24		
6.			21.05.2012			+0,82	58.56	688
	50m:	28.82	28.82	100m:	58.56	29.74		
7.			03.09.2011			+0,72	58.79	680
	50m:	28.07	28.07	100m:	58.79	30.72		
8.			20.02.2012			+0,76	58.85	678
	50m:	28.47	28.47	100m:	58.85	30.38		
9.			17.08.2011			+0,75	59.01	672
	50m:	28.18	28.18	100m:	59.01	30.83		
10.			28.07.2011			+0,78	59.10	669
	50m:	28.12	28.12	100m:	59.10	30.98		
11.			22.02.2011			+0,72	59.16	667
	50m:	28.04	28.04	100m:	59.16	31.12		
12.			23.07.2012			+0,64	59.17	667
	50m:	28.67	28.67	100m:	59.17	30.50		
13.			25.05.2011		-	+0,71	59.28	663
	50m:	28.37	28.37	100m:	59.28	30.91		
14.			13.06.2011		-	+0,78	59.40	659
	50m:	28.39	28.39	100m:	59.40	31.01		
15.			18.08.2012			+0,78	59.42	659
	50m:	29.37	29.37	100m:	59.42	30.05		
			19.06.2012			+0,72	59.42	659
	50m:	28.52	28.52	100m:	59.42	30.90		
17.			06.09.2012			+0,80	59.44	658
	50m:	28.86	28.86	100m:	59.44	30.58		
18.			28.03.2011			+0,77	59.62	652
	50m:	28.90	28.90	100m:	59.62	30.72		
19.			17.11.2011			+0,71	59.70	649
	50m:	28.90	28.90	100m:	59.70	30.80		
20.			05.03.2011			+0,75	59.78	647
	50m:	28.82	28.82	100m:	59.78	30.96		

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SWISS TIMING QUANTUM ACUATICS

15, , 100m , (14-15)

							R.T.		
21.				20.07.2011			+0,73	59.90	643
	50m:	28.55	28.55	100m:	59.90	31.35			
22.				07.04.2012			+0,77	59.92	642
	50m:	28.70	28.70	100m:	59.92	31.22			
23.				22.04.2011			+0,88	59.98	640
	50m:	28.84	28.84	100m:	59.98	31.14			
24.				06.01.2012			+0,72	1:00.17	634
	50m:	28.74	28.74	100m:	1:00.17	31.43			
25.				30.08.2011			+0,86	1:00.23	632
	50m:	29.14	29.14	100m:	1:00.23	31.09			
26.				09.02.2011			+0,86	1:00.26	631
	50m:	29.42	29.42	100m:	1:00.26	30.84			
				22.06.2011		-	+0,72	1:00.26	631
	50m:	29.48	29.48	100m:	1:00.26	30.78			
28.				16.06.2012 I		-	+0,69	1:00.28	631
	50m:	28.78	28.78	100m:	1:00.28	31.50			
29.				28.11.2011			+0,74	1:00.34	629
	50m:	28.95	28.95	100m:	1:00.34	31.39			
30.				01.05.2011			+0,75	1:00.43	626
	50m:	28.82	28.82	100m:	1:00.43	31.61			
31.				15.06.2011			+0,73	1:00.50	624
	50m:	29.31	29.31	100m:	1:00.50	31.19			
				08.10.2011			+0,77	1:00.50	624
	50m:	28.99	28.99	100m:	1:00.50	31.51			
33.				24.05.2011			+0,82	1:00.58	621
	50m:	29.31	29.31	100m:	1:00.58	31.27			
34.				10.02.2011			+0,76	1:00.68	618
	50m:	29.15	29.15	100m:	1:00.68	31.53			
35.				11.01.2011			+0,81	1:00.73	617
	50m:	29.53	29.53	100m:	1:00.73	31.20			
36.				11.04.2012			+0,81	1:00.76	616
	50m:	29.89	29.89	100m:	1:00.76	30.87			
37.				24.06.2011			+0,82	1:00.77	616
	50m:	29.83	29.83	100m:	1:00.77	30.94			
38.				31.03.2012			+0,79	1:00.79	615
	50m:	28.66	28.66	100m:	1:00.79	32.13			
39.				17.03.2012			+0,74	1:00.81	614
	50m:	28.70	28.70	100m:	1:00.81	32.11			
40.				14.07.2011			+0,76	1:00.89	612
	50m:	28.65	28.65	100m:	1:00.89	32.24			
41.				30.09.2011			+0,78	1:01.18	603
	50m:	29.42	29.42	100m:	1:01.18	31.76			
42.				14.06.2012			+0,76	1:01.21	602
	50m:	29.75	29.75	100m:	1:01.21	31.46			

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SWISS TIMING QUANTUM ACUATICS

		15, , 100m				(14-15)					
				/				R.T.			
42.				28.03.2012				+0,72	1:01.21		602
	50m:	29.16	29.16	100m:	1:01.21	32.05					
44.				17.01.2011				+0,80	1:01.22		602
	50m:	29.37	29.37	100m:	1:01.22	31.85					
45.				23.07.2012				+0,75	1:01.30		600
	50m:	29.89	29.89	100m:	1:01.30	31.41					
46.				18.06.2012				+0,70	1:01.34		599
	50m:	29.35	29.35	100m:	1:01.34	31.99					
47.				04.06.2011				+0,78	1:01.35		598
	50m:	29.00	29.00	100m:	1:01.35	32.35					
48.				20.05.2011				+0,66	1:01.36		598
	50m:	29.43	29.43	100m:	1:01.36	31.93					
				31.03.2012				+0,73	1:01.36		598
	50m:	29.27	29.27	100m:	1:01.36	32.09					
50.				05.03.2011 I				+0,74	1:01.42		596
	50m:	29.28	29.28	100m:	1:01.42	32.14					
51.				04.09.2012 I				+0,77	1:01.49		594
	50m:	29.29	29.29	100m:	1:01.49	32.20					
52.				26.07.2011				+0,84	1:01.52 I		593
	50m:	29.86	29.86	100m:	1:01.52	31.66					
53.				06.07.2012				+0,71	1:01.54 I		593
	50m:	29.56	29.56	100m:	1:01.54	31.98					
54.				19.05.2011				+0,71	1:01.61 I		591
	50m:	29.33	29.33	100m:	1:01.61	32.28					
55.				08.08.2012				+0,92	1:01.73 I		587
	50m:	29.91	29.91	100m:	1:01.73	31.82					
				29.06.2011				+0,75	1:01.73 I		587
	50m:	29.76	29.76	100m:	1:01.73	31.97					
57.				14.04.2011				+0,75	1:01.87 I		583
	50m:	30.14	30.14	100m:	1:01.87	31.73					
58.				22.04.2011				+0,72	1:01.90 I		582
	50m:	29.96	29.96	100m:	1:01.90	31.94					
59.				15.03.2012				+0,77	1:02.01 I		579
	50m:	29.47	29.47	100m:	1:02.01	32.54					
60.				08.03.2011 I				+0,74	1:02.03 I		579
	50m:	30.29	30.29	100m:	1:02.03	31.74					
61.				16.06.2012				+0,79	1:02.07 I		578
	50m:	30.50	30.50	100m:	1:02.07	31.57					
62.				14.06.2012 I				+0,66	1:02.28 I		572
	50m:	29.58	29.58	100m:	1:02.28	32.70					
63.				17.12.2011 I				+0,81	1:02.32 I		571
	50m:	29.62	29.62	100m:	1:02.32	32.70					
64.				12.01.2011				+0,75	1:02.44 I		567
	50m:	30.34	30.34	100m:	1:02.44	32.10					

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SWISS TIMING QUANTUM ACUATICS

15, , 100m , (14-15)

							R.T.			
65.				10.07.2011			+0,73	1:02.48		566
	50m:	30.10	30.10	100m:	1:02.48	32.38				
66.				24.10.2011			+0,80	1:02.53		565
	50m:	29.73	29.73	100m:	1:02.53	32.80				
67.				10.04.2012			+0,78	1:02.58		564
	50m:	30.34	30.34	100m:	1:02.58	32.24				
				20.06.2011			+0,85	1:02.58		564
	50m:	30.17	30.17	100m:	1:02.58	32.41				
69.				26.06.2011			+0,90	1:02.63		562
	50m:	30.02	30.02	100m:	1:02.63	32.61				
70.				17.02.2012			+0,70	1:02.73		560
	50m:	30.04	30.04	100m:	1:02.73	32.69				
71.				29.05.2012			+0,78	1:02.78		558
	50m:	30.20	30.20	100m:	1:02.78	32.58				
72.				24.03.2011			+0,73	1:02.88		556
	50m:	29.95	29.95	100m:	1:02.88	32.93				
73.				15.09.2011			+0,72	1:02.91		555
	50m:	30.02	30.02	100m:	1:02.91	32.89				
74.				14.04.2011			+0,77	1:02.97		553
	50m:	30.06	30.06	100m:	1:02.97	32.91				
75.				29.12.2011			+0,89	1:03.00		552
	50m:	30.38	30.38	100m:	1:03.00	32.62				
76.				14.08.2011			+0,92	1:03.01		552
	50m:	30.44	30.44	100m:	1:03.01	32.57				
77.				17.05.2012			+0,75	1:03.06		551
	50m:	30.79	30.79	100m:	1:03.06	32.27				
78.				03.03.2011			+0,72	1:03.29		545
	50m:	30.83	30.83	100m:	1:03.29	32.46				
79.				29.03.2012			+0,94	1:03.33		544
	50m:	30.00	30.00	100m:	1:03.33	33.33				
80.				05.02.2012			+0,79	1:03.46		541
	50m:	30.45	30.45	100m:	1:03.46	33.01				
				16.08.2011			+0,75	1:03.46		541
	50m:	31.10	31.10	100m:	1:03.46	32.36				
82.				26.03.2012			+0,71	1:03.53		539
	50m:	30.32	30.32	100m:	1:03.53	33.21				
83.				18.06.2012			+0,84	1:03.60		537
	50m:	30.54	30.54	100m:	1:03.60	33.06				
84.				05.10.2011			+0,77	1:03.68		535
	50m:	30.75	30.75	100m:	1:03.68	32.93				
85.				07.09.2011			+0,75	1:03.71		534
	50m:	29.77	29.77	100m:	1:03.71	33.94				
86.				13.11.2012			+0,91	1:03.77		533
	50m:	30.47	30.47	100m:	1:03.77	33.30				

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SWISS TIMING QUANTUM ACUATICS

		15, , 100m				(14-15)					
				/				R.T.			
87.				12.07.2012	I			+0,71	1:03.86	I	530
	50m:	30.80	30.80	100m:	1:03.86		33.06				
88.				09.12.2011	I			+0,74	1:03.87	I	530
	50m:	30.52	30.52	100m:	1:03.87		33.35				
89.				27.03.2011				+0,86	1:03.95	I	528
	50m:	30.32	30.32	100m:	1:03.95		33.63				
90.				28.01.2011				+0,85	1:04.06	I	525
	50m:	30.62	30.62	100m:	1:04.06		33.44				
91.				01.04.2011	I			+0,90	1:04.07	I	525
	50m:	30.19	30.19	100m:	1:04.07		33.88				
92.				03.08.2011	I			+0,86	1:04.08	I	525
	50m:	30.96	30.96	100m:	1:04.08		33.12				
93.				05.03.2012	I			+0,85	1:04.09	I	525
	50m:	30.58	30.58	100m:	1:04.09		33.51				
94.				15.02.2012	I			+0,87	1:04.39	I	517
	50m:	31.04	31.04	100m:	1:04.39		33.35				
				26.12.2012	I			+0,78	1:04.39	I	517
	50m:	30.81	30.81	100m:	1:04.39		33.58				
96.				14.04.2012	I			+0,77	1:04.40	I	517
	50m:	31.56	31.56	100m:	1:04.40		32.84				
97.				05.04.2011	I			+0,83	1:04.53	I	514
	50m:	31.07	31.07	100m:	1:04.53		33.46				
98.				16.09.2011	I			+0,77	1:04.57	I	513
	50m:	30.62	30.62	100m:	1:04.57		33.95				
99.				27.11.2011	I			+0,82	1:04.63	I	512
	50m:	30.52	30.52	100m:	1:04.63		34.11				
100.				16.03.2011	I			+0,79	1:04.66	I	511
	50m:	31.02	31.02	100m:	1:04.66		33.64				
101.				01.12.2011	I			+0,70	1:05.39		494
	50m:	29.74	29.74	100m:	1:05.39		35.65				
				05.08.2012	I			+0,79	1:05.39		494
	50m:	30.74	30.74	100m:	1:05.39		34.65				
103.				14.06.2012	I			+0,81	1:05.52		491
	50m:	32.01	32.01	100m:	1:05.52		33.51				
104.				25.11.2012	I			+0,73	1:05.56		490
	50m:	31.21	31.21	100m:	1:05.56		34.35				
105.				21.12.2011	I				1:05.85		484
	50m:	31.66	31.66	100m:	1:05.85		34.19				
106.				09.06.2011	I			+0,79	1:05.97		481
	50m:	31.80	31.80	100m:	1:05.97		34.17				
107.				30.11.2011	I			+0,58	1:05.99		481
	50m:	31.64	31.64	100m:	1:05.99		34.35				
108.				19.10.2011	I			+0,77	1:06.10		478
	50m:	30.80	30.80	100m:	1:06.10		35.30				

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SWISS TIMING QUANTUM ACUATICS



15, , 100m , (14-15)

							R.T.		
109.				14.12.2012	I		+0,93	1:06.89	461
	50m:	31.68	31.68	100m:	1:06.89	35.21			
110.				17.10.2011	I		+0,89	1:07.12	457
	50m:	31.36	31.36	100m:	1:07.12	35.76			
111.				30.05.2011	I		+0,73	1:08.03	439
	50m:	31.62	31.62	100m:	1:08.03	36.41			

16 , 100m (14-15)
10.04.2026 - 11:56

				58.53			RUS	(SGP)	27.07.2025	
				59.97				(HUN)	21.08.2019	
: AQUA 2026										
				/				R.T.		
1.				22.03.2011				+0,66	1:04.89	673
	50m:	31.25	31.25	100m:	1:04.89	33.64				
2.				22.03.2011				+0,75	1:06.07	638
	50m:	31.42	31.42	100m:	1:06.07	34.65				
3.				14.03.2011			-	+0,76	1:06.27	632
	50m:	32.05	32.05	100m:	1:06.27	34.22				
4.				07.03.2011			-	+0,73	1:06.33	630
	50m:	31.25	31.25	100m:	1:06.33	35.08				
5.				13.05.2011				+0,76	1:06.95	613
	50m:	31.77	31.77	100m:	1:06.95	35.18				
6.				16.06.2011				+0,79	1:07.36	602
	50m:	31.28	31.28	100m:	1:07.36	36.08				
7.				19.05.2011				+0,64	1:07.44	599
	50m:	31.72	31.72	100m:	1:07.44	35.72				
8.				12.01.2011				+0,82	1:07.64	594
	50m:	31.98	31.98	100m:	1:07.64	35.66				
				20.04.2011				+0,74	1:07.64	594
	50m:	31.16	31.16	100m:	1:07.64	36.48				
10.				19.01.2011				+0,80	1:08.29	577
	50m:	31.92	31.92	100m:	1:08.29	36.37				
11.				10.09.2011				+0,66	1:08.66	568
	50m:	32.53	32.53	100m:	1:08.66	36.13				
12.				08.09.2011				+0,83	1:08.73	566
	50m:	33.11	33.11	100m:	1:08.73	35.62				
13.				27.02.2012				+0,82	1:08.83	564
	50m:	32.04	32.04	100m:	1:08.83	36.79				
14.				28.05.2011				+0,79	1:09.15	556
	50m:	32.27	32.27	100m:	1:09.15	36.88				
15.				23.02.2011				+0,65	1:09.59	546
	50m:	31.82	31.82	100m:	1:09.59	37.77				
16.				15.02.2011			-	+0,92	1:09.91	538
	50m:	32.94	32.94	100m:	1:09.91	36.97				
17.				31.07.2011				+0,73	1:09.99	536
	50m:	33.19	33.19	100m:	1:09.99	36.80				
18.				06.01.2011				+0,78	1:10.15	533
	50m:	32.68	32.68	100m:	1:10.15	37.47				
19.				27.02.2011				+0,67	1:10.16	532
	50m:	33.08	33.08	100m:	1:10.16	37.08				
20.				30.05.2011				+0,69	1:10.39	527
	50m:	32.37	32.37	100m:	1:10.39	38.02				

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SWISS TIMING QUANTUM ACUATICS

		16, , 100m , (14-15)										
										R.T.		
21.	50m:	33.34	33.34	19.12.2011	I	100m:	1:10.46	37.12	+0,70	1:10.46	I	526
22.	50m:	33.15	33.15	25.03.2012	I	100m:	1:10.85	37.70	+0,74	1:10.85	I	517
23.	50m:	33.46	33.46	27.04.2012	I	100m:	1:10.91	37.45	+0,79	1:10.91	I	516
24.	50m:	33.46	33.46	16.02.2012	I	100m:	1:11.17	37.71	+0,78	1:11.17	I	510
25.	50m:	33.97	33.97	02.06.2011	I	100m:	1:11.72	37.75	+0,78	1:11.72	I	498
26.	50m:	33.77	33.77	10.03.2011	I	100m:	1:11.76	37.99	+0,72	1:11.76	I	498
27.	50m:	32.35	32.35	20.02.2012		100m:	1:11.91	39.56	+0,80	1:11.91	I	494
28.	50m:	34.33	34.33	04.09.2012	I	100m:	1:12.05	37.72	+0,76	1:12.05	I	492
29.	50m:	34.02	34.02	15.02.2011	I	100m:	1:12.08	38.06	+0,80	1:12.08	I	491
30.	50m:	34.49	34.49	25.05.2011	I	100m:	1:12.44	37.95	+0,72	1:12.44	I	484
31.	50m:	34.67	34.67	16.01.2011	I	100m:	1:12.74	38.07	+0,57	1:12.74	I	478
32.	50m:	33.85	33.85	06.07.2011	I	100m:	1:12.91	39.06	+0,78	1:12.91	I	474
33.	50m:	33.59	33.59	29.07.2011	I	100m:	1:13.17	39.58	+0,71	1:13.17		469
34.	50m:	34.10	34.10	26.06.2011	I	100m:	1:13.20	39.10	+0,76	1:13.20		469
35.	50m:	33.85	33.85	20.08.2011	I	100m:	1:13.38	39.53	+0,71	1:13.38		465
36.	50m:	34.24	34.24	26.03.2011	I	100m:	1:13.46	39.22	+0,71	1:13.46		464
37.	50m:	34.68	34.68	05.09.2012	I	100m:	1:13.91	39.23	+0,85	1:13.91		455
38.	50m:	33.84	33.84	30.03.2011	I	100m:	1:13.94	40.10	+0,84	1:13.94		455
39.	50m:	33.99	33.99	15.02.2011	I	100m:	1:14.06	40.07	+0,71	1:14.06		453
40.	50m:	34.94	34.94	27.05.2012	I	100m:	1:14.11	39.17	+0,67	1:14.11		452
41.	50m:	34.48	34.48	02.08.2011	I	100m:	1:14.67	40.19	+0,74	1:14.67		442
42.	50m:	34.50	34.50	01.01.2012	I	100m:	1:15.00	40.50	+0,87	1:15.00		436

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SWISS TIMING QUANTUM ACUATICS



16, , 100m , (14-15)

				/				R.T.		
43.				03.02.2012	I			+0,83	1:15.03	435
	50m:	34.97	34.97	100m:	1:15.03	40.06				
44.				06.06.2012	I			+0,83	1:15.19	432
	50m:	35.44	35.44	100m:	1:15.19	39.75				
45.				10.02.2011	I			+0,80	1:15.28	431
	50m:	34.94	34.94	100m:	1:15.28	40.34				
46.				22.06.2011	I			+0,71	1:16.05	418
	50m:	35.20	35.20	100m:	1:16.05	40.85				
DSQ				08.08.2011	I					
DSQ				22.01.2011	I					

17 , 100m (14-15)
10.04.2026 - 12:09

				1:04.36			(HUN)	24.07.2017	
				1:05.90			(JPN)	27.07.2021	
: AQUA 2026									
				/			R.T.		
1.				12.04.2011			+0,77	1:11.49	721
	50m:	34.29	34.29	100m:	1:11.49	37.20			
2.				27.05.2012		-	+0,82	1:12.16	701
	50m:	33.96	33.96	100m:	1:12.16	38.20			
3.				19.03.2012			+0,81	1:12.40	694
	50m:	35.13	35.13	100m:	1:12.40	37.27			
4.				08.08.2011			+0,68	1:12.51	691
	50m:	33.68	33.68	100m:	1:12.51	38.83			
5.				18.04.2011			+0,80	1:12.52	691
	50m:	34.71	34.71	100m:	1:12.52	37.81			
6.				25.11.2011			+0,71	1:12.92	680
	50m:	34.72	34.72	100m:	1:12.92	38.20			
7.				03.01.2012			+0,87	1:13.50	664
	50m:	34.71	34.71	100m:	1:13.50	38.79			
8.				06.05.2011		-	+0,79	1:13.83	655
	50m:	34.35	34.35	100m:	1:13.83	39.48			
9.				13.01.2011			+0,79	1:14.24	644
	50m:	33.98	33.98	100m:	1:14.24	40.26			
10.				06.08.2011			+0,83	1:14.28	643
	50m:	34.17	34.17	100m:	1:14.28	40.11			
11.				05.12.2011			+0,81	1:14.39	640
	50m:	35.68	35.68	100m:	1:14.39	38.71			
12.				17.12.2011			+0,79	1:14.66	633
	50m:	35.50	35.50	100m:	1:14.66	39.16			
13.				25.03.2011			+0,77	1:14.81	629
	50m:	35.54	35.54	100m:	1:14.81	39.27			
14.				17.03.2011			+0,68	1:15.02	624
	50m:	35.14	35.14	100m:	1:15.02	39.88			
15.				05.10.2011			+0,78	1:15.15	621
	50m:	35.24	35.24	100m:	1:15.15	39.91			
16.				23.06.2011			+0,81	1:15.21	619
	50m:	35.89	35.89	100m:	1:15.21	39.32			
17.				20.04.2012			+0,75	1:15.31	617
	50m:	34.96	34.96	100m:	1:15.31	40.35			
18.				04.02.2011			+0,79	1:15.34	616
	50m:	35.58	35.58	100m:	1:15.34	39.76			
19.				01.07.2012			+0,88	1:15.54	611
	50m:	36.01	36.01	100m:	1:15.54	39.53			
20.				13.12.2011			+0,87	1:15.58	610
	50m:	35.93	35.93	100m:	1:15.58	39.65			

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

	17,	, 100m	, (14-15)			R.T.		
21.				26.06.2012		+0,78	1:15.62	609
	50m:	35.46	35.46	100m:	1:15.62			
22.				27.09.2011	-	+0,87	1:15.70	607
	50m:	35.56	35.56	100m:	1:15.70			
23.				17.01.2012		+0,78	1:15.82	605
	50m:	36.32	36.32	100m:	1:15.82			
24.				20.02.2012 I		+0,85	1:15.86	604
	50m:	36.43	36.43	100m:	1:15.86			
25.				21.11.2012		+0,85	1:15.97	601
	50m:	35.79	35.79	100m:	1:15.97			
26.				03.07.2012		+0,85	1:16.06	599
	50m:	36.22	36.22	100m:	1:16.06			
27.				14.05.2011		+0,82	1:16.14	597
	50m:	36.18	36.18	100m:	1:16.14			
28.				27.01.2012 I		+0,71	1:16.31	593
	50m:	35.73	35.73	100m:	1:16.31			
29.				09.03.2011		+0,69	1:16.37	592
	50m:	36.28	36.28	100m:	1:16.37			
30.				20.02.2011		+0,81	1:16.39	591
	50m:	35.63	35.63	100m:	1:16.39			
31.				11.02.2011		+0,78	1:16.53	588
	50m:	35.93	35.93	100m:	1:16.53			
32.				20.09.2011		+0,79	1:16.60	586
	50m:	36.12	36.12	100m:	1:16.60			
33.				09.11.2012		+0,72	1:16.72	584
	50m:	36.70	36.70	100m:	1:16.72			
34.				23.07.2011		+0,70	1:16.80	582
	50m:	35.27	35.27	100m:	1:16.80			
35.				25.09.2012		+0,64	1:16.89	580
	50m:	35.13	35.13	100m:	1:16.89			
36.				23.02.2012 I		+0,77	1:17.26	571
	50m:	36.25	36.25	100m:	1:17.26			
37.				04.08.2012 I		+0,90	1:17.31	570
	50m:	36.93	36.93	100m:	1:17.31			
38.				26.08.2011 I		+0,78	1:17.40	568
	50m:	36.95	36.95	100m:	1:17.40			
39.				14.04.2011		+0,80	1:17.44	567
	50m:	36.83	36.83	100m:	1:17.44			
40.				12.08.2011 I		+0,86	1:17.52 I	566
	50m:	36.35	36.35	100m:	1:17.52			
41.				17.10.2011		+0,77	1:17.59 I	564
	50m:	38.34	38.34	100m:	1:17.59			
42.				26.04.2011		+0,71	1:18.30 I	549
	50m:	38.06	38.06	100m:	1:18.30			

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SWISS TIMING QUANTUM ACUATICS

		17, , 100m				(14-15)					
										R.T.	
43.						24.02.2012		+0,76	1:18.34	I	548
	50m:	36.56	36.56	100m:	1:18.34	41.78					
44.						17.12.2012	I	+0,74	1:18.38	I	547
	50m:	36.22	36.22	100m:	1:18.38	42.16					
45.						11.04.2012	I	+0,76	1:19.13	I	532
	50m:	37.65	37.65	100m:	1:19.13	41.48					
46.						20.10.2011	I	+0,71	1:19.36	I	527
	50m:	38.38	38.38	100m:	1:19.36	40.98					
						20.10.2012	-	+0,70	1:19.36	I	527
	50m:	36.70	36.70	100m:	1:19.36	42.66					
48.						16.12.2011	I	+0,82	1:19.67	I	521
	50m:	36.72	36.72	100m:	1:19.67	42.95					
49.						07.02.2012	I	+0,91	1:19.90	I	517
	50m:	38.61	38.61	100m:	1:19.90	41.29					
50.						19.02.2011	I	+0,77	1:19.93	I	516
	50m:	36.79	36.79	100m:	1:19.93	43.14					
51.						26.11.2011		+0,69	1:20.37	I	508
	50m:	38.01	38.01	100m:	1:20.37	42.36					
52.						29.08.2012	I	+0,78	1:20.42	I	507
	50m:	37.40	37.40	100m:	1:20.42	43.02					
53.						21.12.2011		+0,69	1:20.71	I	501
	50m:	37.18	37.18	100m:	1:20.71	43.53					
54.						16.04.2012	I	+0,86	1:21.04	I	495
	50m:	38.85	38.85	100m:	1:21.04	42.19					
55.						21.12.2012	I	+0,66	1:21.62	I	485
	50m:	38.72	38.72	100m:	1:21.62	42.90					
56.						06.01.2011	I	+0,85	1:21.65	I	484
	50m:	38.34	38.34	100m:	1:21.65	43.31					
57.						29.07.2012	I	+0,85	1:21.68	I	483
	50m:	38.92	38.92	100m:	1:21.68	42.76					
58.						17.05.2012	I	+0,78	1:21.69	I	483
	50m:	38.10	38.10	100m:	1:21.69	43.59					
59.						29.03.2012	I	+0,86	1:21.73	I	483
	50m:	39.06	39.06	100m:	1:21.73	42.67					
60.						28.03.2011	I	+0,79	1:21.99	I	478
	50m:	38.27	38.27	100m:	1:21.99	43.72					
61.						21.12.2011	I	+0,90	1:22.88		463
	50m:	39.39	39.39	100m:	1:22.88	43.49					
62.						23.03.2012	I	+0,85	1:23.05		460
	50m:	37.33	37.33	100m:	1:23.05	45.72					
63.						16.09.2011	I	+0,76	1:23.11		459
	50m:	38.39	38.39	100m:	1:23.11	44.72					
64.						04.01.2012	I	+0,92	1:23.25		457
	50m:	38.99	38.99	100m:	1:23.25	44.26					

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SWISS TIMING QUANTUM ACUATICS

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

		17,	, 100m			(14-15)			
65.							R.T.		
							+0,77	1:24.50	437
	50m:	40.68	40.68	07.02.2011	100m:	1:24.50			
66.							+0,78	1:24.64	434
	50m:	39.75	39.75	18.07.2011	100m:	1:24.64			
67.							+0,78	1:25.23	425
	50m:	39.85	39.85	02.04.2012	100m:	1:25.23			
68.							+0,91	1:26.50	407
	50m:	40.26	40.26	28.06.2012	100m:	1:26.50			
DSQ				15.01.2012					
DSQ				18.01.2012					
DSQ				29.08.2012					

18
 10.04.2026 - 12:30

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2011 - 2012

: AQUA 2026

				R.T.			
1.	-						
		+0,71	28.18	58.21	+0,71	4:06.30	
		+0,44	31.07	1:07.24	+0,55	29.37	1:03.04
					+0,72	28.23	57.81
2.		+0,60	30.61	1:03.27	+0,60	4:06.53	
		+0,54	30.76	1:07.90	+0,22	28.51	1:02.98
					+0,43	25.02	52.38
3.		+0,67	29.37	59.60	+0,67	4:08.84	
		+0,59	34.80	1:13.50	+0,44	29.27	1:03.36
					+0,38	25.25	52.38
4.		+0,77	32.12	1:05.31	+0,77	4:10.78	
		+0,40	32.26	1:09.41	+0,51	26.36	57.90
					+0,40	27.82	58.16
5.		+0,60	32.18	1:06.03	+0,60	4:12.46	
		+0,47	31.48	1:07.59	-0,03	25.65	57.64
					+0,52	28.81	1:01.20
6.		+0,73	32.07	1:05.90	+0,73	4:13.29	
		+0,57	30.80	1:05.77	+0,45	27.85	1:00.35
					+0,52	28.97	1:01.27
7.		+0,74	29.83	1:02.21	+0,74	4:13.63	
		+0,42	34.37	1:13.15	+0,46	29.46	1:05.82
					+0,40	25.23	52.45
8.		+0,69	31.18	1:04.50	+0,69	4:15.19	
		+0,58	35.38	1:15.53	+0,41	27.40	1:00.04
					+0,36	26.72	55.12
9.		+0,74	32.62	1:09.31	+0,74	4:15.41	
		+0,42	32.61	1:09.05	+0,34	25.32	55.80
					+0,54	29.26	1:01.25
10.		+0,61	28.94	1:01.51	+0,61	4:15.69	
		+0,71	34.82	1:14.14	+0,41	29.93	1:05.28
					+0,47	26.59	54.76
11.		+0,73	30.39	1:02.60	+0,73	4:16.77	
		+0,49	35.11	1:16.92	+0,31	28.89	1:03.60
					+0,41	25.67	53.65
12.		+0,66	31.82	1:05.54	+0,66	4:16.92	
		+0,53	35.90	1:17.66	+0,53	26.89	58.18
					+0,51	26.57	55.54
13.		+0,79	29.89	1:01.92	+0,79	4:17.27	
		+0,65	36.04	1:15.51	+0,66	27.15	59.91
					+0,60	29.47	59.93
14.		+0,70	30.39	1:02.58	+0,70	4:17.57	
		+0,57	33.02	1:09.13	+0,52	29.74	1:04.72
					+0,46	28.81	1:01.14
15.		+0,70	32.88	1:06.81	+0,70	4:17.89	
		+0,47	32.47	1:09.22	+0,55	27.61	1:01.24
					+0,59	29.21	1:00.62

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SWISS TIMING QUANTUM ACUATICS

18, , 4 100

2011 - 2012

					R.T.		
16.					4:17.92		
		29.69	1:01.48		+0,53	26.37	57.45
	+0,29	35.02	1:18.30		+0,29	28.40	1:00.69
17.					4:19.21		
	+0,83	32.36	1:08.36		+0,42	28.04	1:00.49
	+0,37	33.57	1:11.26		+0,57	28.19	59.10
18.					4:19.68		
	+0,59	29.72	1:01.40		+0,47	27.02	59.89
	+0,48	35.20	1:17.71		+0,43	28.85	1:00.68
19.					4:20.51		
	+0,76	31.82	1:07.11		+0,61	28.73	1:00.27
	+0,65	37.26	1:17.92		+0,43	26.44	55.21
20.					4:20.58		
	+0,66	32.55	1:06.91		+0,62	29.30	1:03.81
	+0,37	32.01	1:09.08		+0,84	29.16	1:00.78
21.					4:22.43		
	+0,63	31.19	1:04.48		+0,56	26.88	58.72
	+0,41	35.76	1:17.17		+0,82	29.68	1:02.06
22.					4:22.90		
	+0,79	30.29	1:02.40		+0,66	31.06	1:09.20
	+0,36	32.91	1:11.41		+0,56	28.63	59.89
23.					4:23.08		
	+0,70	31.30	1:05.75		+0,77	27.25	1:00.92
	+0,35	36.80	1:20.16		+0,68	26.50	56.25
24.					4:23.26		
	+0,77	30.79	1:05.50		+0,10	28.91	1:03.96
	+0,44	35.01	1:16.02		+0,37	27.50	57.78
25.	-			-	4:23.27		
	+0,81	33.81	1:09.76		+0,49	27.67	1:00.78
	+0,63	36.51	1:17.55		+0,54	26.14	55.18
26.					4:23.33		
	+0,74	28.85	59.52		+0,29	27.31	1:00.27
	+0,38	36.97	1:21.73		+0,24	29.91	1:01.81
27.					4:24.27		
	+0,66	30.83	1:02.38		+0,67	29.53	1:05.05
	+0,31	35.40	1:16.38		+0,38	28.93	1:00.46
28.					4:24.34		
	+0,75	34.67	1:12.63		+0,48	26.82	58.26
	+0,22	34.30	1:11.19		+0,48	29.79	1:02.26
29.					4:24.74		
	+0,69	32.05	1:06.01		+0,60	29.56	1:05.67
	+0,35	33.31	1:12.21		+0,63	29.01	1:00.85
30.					4:25.10		
	+0,79	30.41	1:02.12		+0,54	31.62	1:07.78
	+0,57	36.77	1:19.52		+0,33	26.82	55.68
31.					4:25.45		
	+0,70	32.90	1:09.86		+0,61	29.53	1:03.94
	0.00	33.85	1:14.50		+0,51	26.96	57.15

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

2011 - 2012

	18,	, 4	100								
					R.T.						
32.					+0,76	30.66	1:02.02	+0,76	4:26.77		
					+0,70	36.88	1:18.07	+0,40	28.73	1:03.28	
								+0,29	29.59	1:03.40	
33.					+0,81	33.30	1:09.61	+0,81	4:26.88		
					+0,49	34.31	1:12.57	+0,51	31.83	1:10.43	
								+0,35	26.52	54.27	
34.					+0,63	31.02	1:07.81	+0,63	4:28.61		
					+0,66	36.37	1:17.22	+0,55	27.44	1:01.25	
								+0,09	29.63	1:02.33	
35.					+0,73	31.51	1:02.78	+0,73	4:28.87		
					+0,59	36.55	1:16.63	+0,35	32.36	1:12.08	
								+0,57	27.43	57.38	
36.					+0,72	31.32	1:06.74	+0,72	4:29.10		
					0.00	36.22	1:18.63	+0,62	33.03	1:11.38	
								+0,34	25.11	52.35	
37.					+0,74	33.75	1:10.34	+0,74	4:29.66		
					+0,38	34.84	1:14.30	+0,44	31.41	1:06.77	
								+0,54	27.07	58.25	
38.					+0,67	33.38	1:11.64	+0,67	4:31.79		
					+0,61	33.75	1:12.66	+0,41	28.59	1:03.64	
								+0,64	29.45	1:03.85	
39.					+0,81	34.86	1:12.30	+0,81	4:39.72		
					+0,61	40.06	1:26.32	+0,38	29.02	1:04.74	
								+0,39	26.51	56.36	
40.					+0,68	33.07	1:10.12	+0,68	4:44.80		
					+0,78	40.75	1:27.34	+0,56	30.94	1:09.34	
								+0,38	27.80	58.00	
DSQ	-	-	-	-							
DSQ					+0,67	33.38	1:09.58	+0,49			
					-0,98			+0,58			
DSQ					+0,80	33.94	1:11.34	+0,54	29.66	1:07.82	
					+0,20	35.81	1:17.96	-0,22			

19 , 800m (14-15)
10.04.2026 - 13:19

8:18.77 (JPN) 29.07.2021
8:24.93 14.04.2025

: AQUA 2026

	/				R.T.						
1.	23.10.2012				+0,75 8:49.06				766		
50m:	29.55	29.55	250m:	2:41.82	33.50	450m:	4:56.41	33.69	650m:	7:10.69	33.51
100m:	1:02.06	32.51	300m:	3:15.33	33.51	500m:	5:29.86	33.45	700m:	7:44.17	33.48
150m:	1:34.91	32.85	350m:	3:49.31	33.98	550m:	6:03.45	33.59	750m:	8:17.46	33.29
200m:	2:08.32	33.41	400m:	4:22.72	33.41	600m:	6:37.18	33.73	800m:	8:49.06	31.60
2.	15.02.2011				+0,78 9:06.64				694		
50m:	30.70	30.70	250m:	2:46.32	34.86	450m:	5:05.75	34.82	650m:	7:24.97	34.65
100m:	1:03.68	32.98	300m:	3:21.14	34.82	500m:	5:40.58	34.83	700m:	7:59.52	34.55
150m:	1:37.34	33.66	350m:	3:56.27	35.13	550m:	6:15.68	35.10	750m:	8:33.88	34.36
200m:	2:11.46	34.12	400m:	4:30.93	34.66	600m:	6:50.32	34.64	800m:	9:06.64	32.76
3.	07.02.2012				+0,73 9:09.85				682		
50m:	30.12	30.12	250m:	2:46.15	34.31	450m:	5:05.29	34.90	650m:	7:26.39	35.18
100m:	1:03.43	33.31	300m:	3:20.88	34.73	500m:	5:40.66	35.37	700m:	8:01.35	34.96
150m:	1:37.56	34.13	350m:	3:55.52	34.64	550m:	6:15.86	35.20	750m:	8:35.80	34.45
200m:	2:11.84	34.28	400m:	4:30.39	34.87	600m:	6:51.21	35.35	800m:	9:09.85	34.05
4.	11.04.2011				+0,87 9:11.83				675		
50m:	31.32	31.32	250m:	2:48.78	34.77	450m:	5:08.42	34.70	650m:	7:28.55	34.70
100m:	1:05.02	33.70	300m:	3:23.51	34.73	500m:	5:43.62	35.20	700m:	8:04.25	35.70
150m:	1:39.39	34.37	350m:	3:58.39	34.88	550m:	6:18.52	34.90	750m:	8:38.19	33.94
200m:	2:14.01	34.62	400m:	4:33.72	35.33	600m:	6:53.85	35.33	800m:	9:11.83	33.64
5.	03.02.2012				+0,71 9:14.12				666		
50m:	30.56	30.56	250m:	2:49.46	35.38	450m:	5:09.56	34.79	650m:	7:29.24	35.05
100m:	1:04.42	33.86	300m:	3:24.48	35.02	500m:	5:44.23	34.67	700m:	8:04.17	34.93
150m:	1:38.92	34.50	350m:	4:00.02	35.54	550m:	6:19.17	34.94	750m:	8:39.21	35.04
200m:	2:14.08	35.16	400m:	4:34.77	34.75	600m:	6:54.19	35.02	800m:	9:14.12	34.91
6.	13.10.2011				+0,81 9:16.58				658		
50m:	31.05	31.05	250m:	2:48.37	34.82	450m:	5:08.09	35.03	650m:	7:29.99	35.84
100m:	1:04.92	33.87	300m:	3:22.99	34.62	500m:	5:43.42	35.33	700m:	8:05.74	35.75
150m:	1:39.38	34.46	350m:	3:58.16	35.17	550m:	6:19.00	35.58	750m:	8:41.80	36.06
200m:	2:13.55	34.17	400m:	4:33.06	34.90	600m:	6:54.15	35.15	800m:	9:16.58	34.78
7.	27.05.2012				+0,72 9:17.89				653		
50m:	31.03	31.03	250m:	2:51.19	35.73	450m:	5:12.65	35.27	650m:	7:33.64	35.52
100m:	1:05.28	34.25	300m:	3:26.89	35.70	500m:	5:47.57	34.92	700m:	8:08.78	35.14
150m:	1:40.17	34.89	350m:	4:01.64	34.75	550m:	6:22.72	35.15	750m:	8:43.79	35.01
200m:	2:15.46	35.29	400m:	4:37.38	35.74	600m:	6:58.12	35.40	800m:	9:17.89	34.10
8.	29.08.2012				+0,88 9:21.14				642		
50m:	32.00	32.00	250m:	2:51.16	35.10	450m:	5:13.89	35.73	650m:	7:37.13	35.88
100m:	1:06.39	34.39	300m:	3:26.70	35.54	500m:	5:49.51	35.62	700m:	8:12.79	35.66
150m:	1:40.83	34.44	350m:	4:02.39	35.69	550m:	6:25.33	35.82	750m:	8:47.99	35.20
200m:	2:16.06	35.23	400m:	4:38.16	35.77	600m:	7:01.25	35.92	800m:	9:21.14	33.15
9.	16.11.2011				+0,90 9:21.16				642		
50m:	31.10	31.10	250m:	2:51.28	35.41	450m:	5:13.67	35.83	650m:	7:37.31	35.81
100m:	1:05.24	34.14	300m:	3:26.67	35.39	500m:	5:49.72	36.05	700m:	8:12.97	35.66
150m:	1:40.59	35.35	350m:	4:02.22	35.55	550m:	6:25.46	35.74	750m:	8:47.90	34.93
200m:	2:15.87	35.28	400m:	4:37.84	35.62	600m:	7:01.50	36.04	800m:	9:21.16	33.26

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SWISS TIMING QUANTUM ACUATICS

19, , 800m , (14-15)

									R.T.			
10.	31.01.2012								+0,74	9:22.06	639	
	50m:	30.21	30.21	250m:	2:48.78	35.38	450m:	5:10.75	35.63	650m:	7:34.79	36.37
	100m:	1:03.80	33.59	300m:	3:24.19	35.41	500m:	5:46.60	35.85	700m:	8:10.68	35.89
	150m:	1:38.35	34.55	350m:	3:59.65	35.46	550m:	6:22.43	35.83	750m:	8:46.91	36.23
	200m:	2:13.40	35.05	400m:	4:35.12	35.47	600m:	6:58.42	35.99	800m:	9:22.06	35.15
11.	18.01.2012								+0,76	9:24.35	631	
	50m:	31.33	31.33	250m:	2:51.10	35.16	450m:	5:14.31	35.77	650m:	7:38.25	36.23
	100m:	1:05.67	34.34	300m:	3:26.47	35.37	500m:	5:50.23	35.92	700m:	8:14.15	35.90
	150m:	1:40.84	35.17	350m:	4:02.39	35.92	550m:	6:25.86	35.63	750m:	8:50.16	36.01
	200m:	2:15.94	35.10	400m:	4:38.54	36.15	600m:	7:02.02	36.16	800m:	9:24.35	34.19
12.	24.10.2011								+0,86	9:25.77	626	
	50m:	32.50	32.50	250m:	2:53.50	35.43	450m:	5:16.58	35.84	650m:	7:39.86	35.77
	100m:	1:07.17	34.67	300m:	3:28.99	35.49	500m:	5:52.36	35.78	700m:	8:15.98	36.12
	150m:	1:42.58	35.41	350m:	4:04.66	35.67	550m:	6:28.08	35.72	750m:	8:51.41	35.43
	200m:	2:18.07	35.49	400m:	4:40.74	36.08	600m:	7:04.09	36.01	800m:	9:25.77	34.36
13.	30.07.2011								+0,73	9:26.63	623	
	50m:	32.98	32.98	250m:	2:55.29	35.72	450m:	5:17.60	35.91	650m:	7:42.02	36.37
	100m:	1:08.21	35.23	300m:	3:31.04	35.75	500m:	5:53.51	35.91	700m:	8:17.21	35.19
	150m:	1:44.05	35.84	350m:	4:06.46	35.42	550m:	6:29.65	36.14	750m:	8:52.94	35.73
	200m:	2:19.57	35.52	400m:	4:41.69	35.23	600m:	7:05.65	36.00	800m:	9:26.63	33.69
14.	12.01.2011								+0,88	9:28.10	618	
	50m:	32.48	32.48	250m:	2:53.84	35.71	450m:	5:18.78	36.56	650m:	7:43.54	36.00
	100m:	1:07.31	34.83	300m:	3:29.78	35.94	500m:	5:55.05	36.27	700m:	8:19.66	36.12
	150m:	1:42.86	35.55	350m:	4:05.74	35.96	550m:	6:31.17	36.12	750m:	8:54.86	35.20
	200m:	2:18.13	35.27	400m:	4:42.22	36.48	600m:	7:07.54	36.37	800m:	9:28.10	33.24
15.	25.05.2011								+0,81	9:28.42	617	
	50m:	30.83	30.83	250m:	2:52.43	35.95	450m:	5:15.18	35.77	650m:	7:40.11	36.69
	100m:	1:05.02	34.19	300m:	3:27.91	35.48	500m:	5:50.83	35.65	700m:	8:16.40	36.29
	150m:	1:40.70	35.68	350m:	4:03.90	35.99	550m:	6:27.25	36.42	750m:	8:54.03	37.63
	200m:	2:16.48	35.78	400m:	4:39.41	35.51	600m:	7:03.42	36.17	800m:	9:28.42	34.39
16.	21.02.2012								+0,80	9:33.93	600	
	50m:	32.40	32.40	250m:	2:56.72	35.94	450m:	5:21.19	35.97	650m:	7:46.92	36.66
	100m:	1:08.35	35.95	300m:	3:32.78	36.06	500m:	5:57.80	36.61	700m:	8:23.23	36.31
	150m:	1:44.61	36.26	350m:	4:08.82	36.04	550m:	6:33.90	36.10	750m:	8:59.05	35.82
	200m:	2:20.78	36.17	400m:	4:45.22	36.40	600m:	7:10.26	36.36	800m:	9:33.93	34.88
17.	07.03.2012								+0,87	9:34.40	598	
	50m:	32.19	32.19	250m:	2:56.59	36.86	450m:	5:22.62	36.96	650m:	7:48.73	36.67
	100m:	1:07.52	35.33	300m:	3:32.55	35.96	500m:	5:58.96	36.34	700m:	8:25.19	36.46
	150m:	1:43.80	36.28	350m:	4:09.61	37.06	550m:	6:35.65	36.69	750m:	9:00.86	35.67
	200m:	2:19.73	35.93	400m:	4:45.66	36.05	600m:	7:12.06	36.41	800m:	9:34.40	33.54
18.	15.01.2012								+0,77	9:35.24	596	
	50m:	31.29	31.29	250m:	2:53.12	36.23	450m:	5:18.78	36.32	650m:	7:46.10	37.06
	100m:	1:05.78	34.49	300m:	3:29.48	36.36	500m:	5:55.23	36.45	700m:	8:22.94	36.84
	150m:	1:41.12	35.34	350m:	4:05.99	36.51	550m:	6:32.11	36.88	750m:	8:59.89	36.95
	200m:	2:16.89	35.77	400m:	4:42.46	36.47	600m:	7:09.04	36.93	800m:	9:35.24	35.35
19.	26.07.2011								+0,84	9:35.39	595	
	50m:	32.30	32.30	250m:	2:54.72	36.16	450m:	5:19.30	36.27	650m:	7:47.23	36.95
	100m:	1:07.36	35.06	300m:	3:30.82	36.10	500m:	5:56.12	36.82	700m:	8:24.53	37.30
	150m:	1:42.91	35.55	350m:	4:06.98	36.16	550m:	6:33.09	36.97	750m:	9:01.21	36.68
	200m:	2:18.56	35.65	400m:	4:43.03	36.05	600m:	7:10.28	37.19	800m:	9:35.39	34.18

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

19, , 800m , (14-15)

									R.T.			
20.	15.07.2012 I								+0,88	9:35.42	595	
	50m:	32.37	32.37	250m:	2:55.74	36.27	450m:	5:22.41	37.27	650m:	7:49.95	37.44
	100m:	1:07.44	35.07	300m:	3:31.87	36.13	500m:	5:59.04	36.63	700m:	8:26.48	36.53
	150m:	1:43.20	35.76	350m:	4:08.92	37.05	550m:	6:36.02	36.98	750m:	9:02.91	36.43
	200m:	2:19.47	36.27	400m:	4:45.14	36.22	600m:	7:12.51	36.49	800m:	9:35.42	32.51
21.	15.11.2012								+0,95	9:37.34	589	
	50m:	32.23	32.23	250m:	2:54.25	35.68	450m:	5:19.63	36.76	650m:	7:47.75	37.61
	100m:	1:07.38	35.15	300m:	3:30.24	35.99	500m:	5:56.23	36.60	700m:	8:24.52	36.77
	150m:	1:42.57	35.19	350m:	4:06.54	36.30	550m:	6:33.41	37.18	750m:	9:01.26	36.74
	200m:	2:18.57	36.00	400m:	4:42.87	36.33	600m:	7:10.14	36.73	800m:	9:37.34	36.08
22.	26.10.2012 I								+0,85	9:40.59	579	
	50m:	32.99	32.99	250m:	2:58.81	36.83	450m:	5:25.47	37.29	650m:	7:51.55	36.60
	100m:	1:08.68	35.69	300m:	3:35.09	36.28	500m:	6:01.86	36.39	700m:	8:28.03	36.48
	150m:	1:45.33	36.65	350m:	4:12.10	37.01	550m:	6:38.57	36.71	750m:	9:05.10	37.07
	200m:	2:21.98	36.65	400m:	4:48.18	36.08	600m:	7:14.95	36.38	800m:	9:40.59	35.49
23.	12.10.2012								+0,80	9:41.10	578	
	50m:	32.69	32.69	250m:	2:56.16	36.92	450m:	5:23.49	37.49	650m:	7:51.90	37.21
	100m:	1:07.38	34.69	300m:	3:32.41	36.25	500m:	6:00.17	36.68	700m:	8:28.72	36.82
	150m:	1:43.34	35.96	350m:	4:09.44	37.03	550m:	6:37.59	37.42	750m:	9:05.81	37.09
	200m:	2:19.24	35.90	400m:	4:46.00	36.56	600m:	7:14.69	37.10	800m:	9:41.10	35.29
24.	11.06.2011								+0,72	9:43.74 I	570	
	50m:	32.57	32.57	250m:	2:56.36	36.19	450m:	5:23.69	36.97	650m:	7:53.30	37.68
	100m:	1:07.90	35.33	300m:	3:33.04	36.68	500m:	6:01.01	37.32	700m:	8:31.15	37.85
	150m:	1:43.58	35.68	350m:	4:09.76	36.72	550m:	6:38.19	37.18	750m:	9:08.08	36.93
	200m:	2:20.17	36.59	400m:	4:46.72	36.96	600m:	7:15.62	37.43	800m:	9:43.74	35.66
25.	30.01.2011 I								+0,77	9:44.47 I	568	
	50m:	32.36	32.36	250m:	2:56.77	36.37	450m:	5:25.95	37.33	650m:	7:55.75	37.49
	100m:	1:08.12	35.76	300m:	3:33.95	37.18	500m:	6:03.21	37.26	700m:	8:32.97	37.22
	150m:	1:44.10	35.98	350m:	4:11.04	37.09	550m:	6:41.14	37.93	750m:	9:09.15	36.18
	200m:	2:20.40	36.30	400m:	4:48.62	37.58	600m:	7:18.26	37.12	800m:	9:44.47	35.32
26.	01.07.2011								+0,77	9:45.84 I	564	
	50m:	32.04	32.04	250m:	2:55.37	36.38	450m:	5:23.47	37.70	650m:	7:53.91	37.95
	100m:	1:07.19	35.15	300m:	3:31.52	36.15	500m:	6:00.66	37.19	700m:	8:31.86	37.95
	150m:	1:43.19	36.00	350m:	4:08.70	37.18	550m:	6:38.59	37.93	750m:	9:09.61	37.75
	200m:	2:18.99	35.80	400m:	4:45.77	37.07	600m:	7:15.96	37.37	800m:	9:45.84	36.23
27.	19.04.2011								+0,88	9:46.38 I	562	
	50m:	31.53	31.53	250m:	2:57.38	37.28	450m:	5:26.81	37.50	650m:	7:55.99	37.57
	100m:	1:06.62	35.09	300m:	3:34.52	37.14	500m:	6:03.78	36.97	700m:	8:33.21	37.22
	150m:	1:43.41	36.79	350m:	4:12.42	37.90	550m:	6:41.17	37.39	750m:	9:10.51	37.30
	200m:	2:20.10	36.69	400m:	4:49.31	36.89	600m:	7:18.42	37.25	800m:	9:46.38	35.87
28.	01.05.2011								+0,85	9:47.01 I	560	
	50m:	34.72	34.72	250m:	3:02.10	36.93	450m:	5:30.34	37.14	650m:	7:58.79	37.55
	100m:	1:11.48	36.76	300m:	3:38.95	36.85	500m:	6:07.06	36.72	700m:	8:35.41	36.62
	150m:	1:48.40	36.92	350m:	4:16.15	37.20	550m:	6:44.06	37.00	750m:	9:11.93	36.52
	200m:	2:25.17	36.77	400m:	4:53.20	37.05	600m:	7:21.24	37.18	800m:	9:47.01	35.08
29.	06.10.2012								+0,90	9:47.80 I	558	
	50m:	32.29	32.29	250m:	2:58.71	37.10	450m:	5:26.77	37.44	650m:	7:56.21	37.31
	100m:	1:08.01	35.72	300m:	3:35.37	36.66	500m:	6:04.15	37.38	700m:	8:34.15	37.94
	150m:	1:44.74	36.73	350m:	4:12.36	36.99	550m:	6:41.83	37.68	750m:	9:11.98	37.83
	200m:	2:21.61	36.87	400m:	4:49.33	36.97	600m:	7:18.90	37.07	800m:	9:47.80	35.82

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

19, , 800m , (14-15)

					R.T.								
30.					29.11.2012					+0,72	9:49.48		553
	50m:	31.44	31.44	250m:	2:56.23	36.52	450m:	5:25.92	37.79	650m:	7:58.62	38.02	
	100m:	1:06.99	35.55	300m:	3:33.40	37.17	500m:	6:04.08	38.16	700m:	8:36.48	37.86	
	150m:	1:43.10	36.11	350m:	4:10.26	36.86	550m:	6:42.52	38.44	750m:	9:13.43	36.95	
	200m:	2:19.71	36.61	400m:	4:48.13	37.87	600m:	7:20.60	38.08	800m:	9:49.48	36.05	
31.					05.10.2012					+0,82	9:49.49		553
	50m:	32.49	32.49	250m:	2:58.39	37.41	450m:	5:27.73	38.05	650m:	7:58.95	38.30	
	100m:	1:08.05	35.56	300m:	3:35.22	36.83	500m:	6:05.55	37.82	700m:	8:36.29	37.34	
	150m:	1:44.74	36.69	350m:	4:12.61	37.39	550m:	6:43.04	37.49	750m:	9:13.66	37.37	
	200m:	2:20.98	36.24	400m:	4:49.68	37.07	600m:	7:20.65	37.61	800m:	9:49.49	35.83	
32.					16.04.2011					+0,71	9:53.09		543
	50m:	32.38	32.38	250m:	2:59.57	37.75	450m:	5:31.03	38.12	650m:	8:02.70	37.66	
	100m:	1:07.61	35.23	300m:	3:36.81	37.24	500m:	6:08.84	37.81	700m:	8:40.33	37.63	
	150m:	1:44.86	37.25	350m:	4:15.05	38.24	550m:	6:47.12	38.28	750m:	9:17.14	36.81	
	200m:	2:21.82	36.96	400m:	4:52.91	37.86	600m:	7:25.04	37.92	800m:	9:53.09	35.95	
33.					26.06.2011					+0,92	9:55.51		537
	50m:	32.63	32.63	250m:	3:01.76	36.57	450m:	5:33.42	39.00	650m:	8:06.25	37.19	
	100m:	1:09.07	36.44	300m:	3:39.47	37.71	500m:	6:11.75	38.33	700m:	8:44.55	38.30	
	150m:	1:46.25	37.18	350m:	4:16.36	36.89	550m:	6:50.32	38.57	750m:	9:20.90	36.35	
	200m:	2:25.19	38.94	400m:	4:54.42	38.06	600m:	7:29.06	38.74	800m:	9:55.51	34.61	
34.					26.05.2012					+0,87	9:55.61		536
	50m:	32.79	32.79	250m:	3:01.93	37.88	450m:	5:33.93	38.32	650m:	8:06.47	38.05	
	100m:	1:09.14	36.35	300m:	3:40.00	38.07	500m:	6:11.81	37.88	700m:	8:44.51	38.04	
	150m:	1:46.14	37.00	350m:	4:18.00	38.00	550m:	6:50.13	38.32	750m:	9:21.98	37.47	
	200m:	2:24.05	37.91	400m:	4:55.61	37.61	600m:	7:28.42	38.29	800m:	9:55.61	33.63	
35.					03.12.2011					+0,80	9:57.96		530
	50m:	32.38	32.38	250m:	3:00.14	37.81	450m:	5:32.62	38.08	650m:	8:05.57	37.89	
	100m:	1:07.90	35.52	300m:	3:38.25	38.11	500m:	6:10.84	38.22	700m:	8:44.39	38.82	
	150m:	1:44.96	37.06	350m:	4:16.35	38.10	550m:	6:49.20	38.36	750m:	9:21.48	37.09	
	200m:	2:22.33	37.37	400m:	4:54.54	38.19	600m:	7:27.68	38.48	800m:	9:57.96	36.48	
36.					30.06.2011					+0,73	9:59.65		526
	50m:	33.96	33.96	250m:	3:03.23	37.92	450m:	5:35.46	38.23	650m:	8:09.22	38.19	
	100m:	1:10.20	36.24	300m:	3:41.15	37.92	500m:	6:13.97	38.51	700m:	8:46.53	37.31	
	150m:	1:48.05	37.85	350m:	4:18.99	37.84	550m:	6:52.79	38.82	750m:	9:24.02	37.49	
	200m:	2:25.31	37.26	400m:	4:57.23	38.24	600m:	7:31.03	38.24	800m:	9:59.65	35.63	
37.					26.01.2012					+0,85	10:00.93		522
	50m:	33.10	33.10	250m:	3:03.79	38.39	450m:	5:35.87	38.30	650m:	8:09.09	38.00	
	100m:	1:09.93	36.83	300m:	3:41.47	37.68	500m:	6:14.03	38.16	700m:	8:47.59	38.50	
	150m:	1:47.74	37.81	350m:	4:19.73	38.26	550m:	6:52.54	38.51	750m:	9:25.97	38.38	
	200m:	2:25.40	37.66	400m:	4:57.57	37.84	600m:	7:31.09	38.55	800m:	10:00.93	34.96	
38.					10.12.2011					+0,80	10:01.05		522
	50m:	32.80	32.80	250m:	3:00.28	37.70	450m:	5:33.61	39.08	650m:	8:10.49	38.98	
	100m:	1:08.48	35.68	300m:	3:38.76	38.48	500m:	6:13.04	39.43	700m:	8:49.00	38.51	
	150m:	1:45.43	36.95	350m:	4:16.59	37.83	550m:	6:52.10	39.06	750m:	9:27.18	38.18	
	200m:	2:22.58	37.15	400m:	4:54.53	37.94	600m:	7:31.51	39.41	800m:	10:01.05	33.87	
39.					01.07.2012					+0,73	10:01.18		522
	50m:	33.13	33.13	250m:	3:04.54	37.75	450m:	5:37.04	37.90	650m:	8:08.28	37.97	
	100m:	1:10.86	37.73	300m:	3:42.65	38.11	500m:	6:14.66	37.62	700m:	8:46.71	38.43	
	150m:	1:48.58	37.72	350m:	4:20.80	38.15	550m:	6:52.44	37.78	750m:	9:24.14	37.43	
	200m:	2:26.79	38.21	400m:	4:59.14	38.34	600m:	7:30.31	37.87	800m:	10:01.18	37.04	

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SWISS TIMING QUANTUM ACUATICS

Splash Meet Manager, 11.84087

Registered to RASF/Chelyabinsk Region

12.04.2026 14:57 -

67

спонсоры соревнований:



19, , 800m , (14-15)

										R.T.			
40.				21.09.2011	I					+0,89	10:02.34	I	519
	50m:	32.38	32.38	250m:	3:02.00	38.25	450m:	5:34.74	38.34	650m:	8:09.75	39.00	
	100m:	1:08.48	36.10	300m:	3:40.07	38.07	500m:	6:13.72	38.98	700m:	8:48.00	38.25	
	150m:	1:46.24	37.76	350m:	4:18.47	38.40	550m:	6:52.48	38.76	750m:	9:26.54	38.54	
	200m:	2:23.75	37.51	400m:	4:56.40	37.93	600m:	7:30.75	38.27	800m:	10:02.34	35.80	
41.				31.01.2012						+0,73	10:03.08	I	517
	50m:	33.04	33.04	250m:	3:04.95	38.27	450m:	5:38.53	38.87	650m:	8:11.91	38.35	
	100m:	1:10.57	37.53	300m:	3:43.00	38.05	500m:	6:16.75	38.22	700m:	8:50.19	38.28	
	150m:	1:48.34	37.77	350m:	4:21.11	38.11	550m:	6:55.01	38.26	750m:	9:27.25	37.06	
	200m:	2:26.68	38.34	400m:	4:59.66	38.55	600m:	7:33.56	38.55	800m:	10:03.08	35.83	
42.				27.11.2012	I					+0,69	10:05.19	I	511
	50m:	33.97	33.97	250m:	3:08.22	37.86	450m:	5:43.19	38.74	650m:	8:16.51	37.91	
	100m:	1:12.42	38.45	300m:	3:47.26	39.04	500m:	6:21.92	38.73	700m:	8:53.92	37.41	
	150m:	1:51.34	38.92	350m:	4:25.78	38.52	550m:	7:00.32	38.40	750m:	9:30.65	36.73	
	200m:	2:30.36	39.02	400m:	5:04.45	38.67	600m:	7:38.60	38.28	800m:	10:05.19	34.54	
43.				14.03.2012						+0,92	10:06.19	I	509
	50m:	32.75	32.75	250m:	2:59.37	37.50	450m:	5:32.90	38.77	650m:	8:08.80	38.95	
	100m:	1:08.51	35.76	300m:	3:37.47	38.10	500m:	6:11.54	38.64	700m:	8:48.20	39.40	
	150m:	1:44.61	36.10	350m:	4:15.60	38.13	550m:	6:50.71	39.17	750m:	9:27.86	39.66	
	200m:	2:21.87	37.26	400m:	4:54.13	38.53	600m:	7:29.85	39.14	800m:	10:06.19	38.33	
44.				20.07.2012	I						10:11.17	I	497
	50m:	34.16	34.16	250m:	3:05.45	38.30	450m:	5:40.26	39.25	650m:	8:15.64	39.15	
	100m:	1:11.05	36.89	300m:	3:42.94	37.49	500m:	6:18.86	38.60	700m:	8:54.52	38.88	
	150m:	1:48.69	37.64	350m:	4:21.62	38.68	550m:	6:58.40	39.54	750m:	9:33.90	39.38	
	200m:	2:27.15	38.46	400m:	5:01.01	39.39	600m:	7:36.49	38.09	800m:	10:11.17	37.27	
45.				09.06.2011	I					+0,92	10:12.75	I	493
	50m:	33.81	33.81	250m:	3:05.10	38.56	450m:	5:39.74	39.29	650m:	8:17.07	39.20	
	100m:	1:10.49	36.68	300m:	3:43.35	38.25	500m:	6:19.51	39.77	700m:	8:56.33	39.26	
	150m:	1:48.34	37.85	350m:	4:21.68	38.33	550m:	6:58.91	39.40	750m:	9:34.84	38.51	
	200m:	2:26.54	38.20	400m:	5:00.45	38.77	600m:	7:37.87	38.96	800m:	10:12.75	37.91	
46.				27.10.2011	I					+0,94	10:23.97		467
	50m:	33.62	33.62	250m:	3:05.45	38.95	450m:	5:45.52	40.21	650m:	8:26.47	41.47	
	100m:	1:10.37	36.75	300m:	3:44.79	39.34	500m:	6:25.39	39.87	700m:	9:05.77	39.30	
	150m:	1:48.18	37.81	350m:	4:25.42	40.63	550m:	7:05.31	39.92	750m:	9:46.35	40.58	
	200m:	2:26.50	38.32	400m:	5:05.31	39.89	600m:	7:45.00	39.69	800m:	10:23.97	37.62	
47.				03.12.2012	I					+0,70	10:27.45		459
	50m:	33.91	33.91	250m:	3:08.46	39.59	450m:	5:48.29	40.00	650m:	8:29.34	40.53	
	100m:	1:11.27	37.36	300m:	3:48.45	39.99	500m:	6:28.31	40.02	700m:	9:09.04	39.70	
	150m:	1:50.04	38.77	350m:	4:28.60	40.15	550m:	7:08.73	40.42	750m:	9:49.04	40.00	
	200m:	2:28.87	38.83	400m:	5:08.29	39.69	600m:	7:48.81	40.08	800m:	10:27.45	38.41	
48.				02.05.2012	I					+0,89	10:42.26		428
	50m:	34.96	34.96	250m:	3:13.94	40.51	450m:	5:55.52	41.32	650m:	8:40.93	41.75	
	100m:	1:13.60	38.64	300m:	3:52.80	38.86	500m:	6:36.36	40.84	700m:	9:22.24	41.31	
	150m:	1:53.49	39.89	350m:	4:33.08	40.28	550m:	7:17.67	41.31	750m:	10:03.15	40.91	
	200m:	2:33.43	39.94	400m:	5:14.20	41.12	600m:	7:59.18	41.51	800m:	10:42.26	39.11	

20 , 50m (14-15)
11.04.2026 - 9:00

22.62 - 19.04.2023
23.05 28.10.2020

: AQUA 2026

			R.T.	
1.	05.01.2011		+0,78	25.51 665
	29.03.2011		+0,65	25.51 665
3.	03.07.2011		+0,76	25.64 655
4.	19.04.2012		+0,74	25.70 650
5.	20.02.2011		+0,70	25.87 637
6.	18.03.2011		+0,67	25.90 635
7.	10.01.2011		+0,72	25.92 634
8.	12.03.2012		+0,76	26.05 624
9.	14.03.2011		+0,71	26.17 616
10.	29.04.2011		+0,70	26.20 614
11.	07.06.2011		+0,68	26.24 611
12.	14.05.2011	-	+0,65	26.32 605
13.	01.08.2012		+0,70	26.45 596
14.	25.04.2011		+0,64	26.53 591
15.	08.01.2012		+0,84	26.55 590
16.	07.02.2011		+0,59	26.66 582
17.	25.03.2011		+0,70	26.69 580
18.	09.06.2011	-	+0,72	26.73 578
19.	06.04.2012	- -	+0,66	26.74 577
20.	29.07.2012	-	+0,83	26.77 575
21.	16.06.2011		+0,81	26.84 571
	05.03.2011		+0,72	26.84 571
23.	22.03.2011		+0,68	26.86 569
24.	12.07.2012		+0,78	26.89 568
	31.07.2011		+0,86	26.89 568
26.	13.05.2011	-	+0,67	26.94 564
27.	08.11.2011		+0,70	27.01 560
28.	26.06.2011		+0,81	27.07 556
29.	27.01.2011		+0,71	27.11 554
30.	24.05.2011		+0,69	27.13 553
31.	23.09.2011		+0,62	27.15 551
32.	06.08.2011		+0,79	27.18 550
33.	12.07.2011		+0,71	27.35 539
34.	30.05.2011		+0,77	27.40 536
35.	19.02.2012	-	+0,78	27.45 533
36.	14.05.2011		+0,73	27.47 532
37.	23.05.2012		+0,86	27.49 531
38.	07.01.2011		+0,77	27.58 526
39.	04.07.2012		+0,71	27.64 523
40.	25.04.2011		+0,81	27.71 519
41.	02.08.2012		+0,72	27.83 512
	13.02.2011		+0,73	27.83 512
43.	01.09.2011		+0,68	27.89 509
44.	02.10.2012		+0,82	27.93 506

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SWISS TIMING QUANTUM ACUATICS



20, , 50m , (14-15)

				R.T.		
45.		28.07.2012		+0,78	27.94	506
46.		25.01.2012		+0,69	28.27	488
47.		12.03.2012		+0,76	28.47	478
48.		27.01.2012		+0,80	28.48	478
49.		12.03.2012		+0,72	28.61	471
50.		14.03.2012		+0,73	28.64	470
51.		30.08.2012		+0,69	28.70	467
52.		31.10.2011		+0,82	28.82	461
53.		12.03.2011		+0,73	28.85	459
54.		27.05.2012		+0,62	28.95	455
55.		03.02.2012		+0,71	29.14	446
56.		12.05.2011		+0,77	29.58	426
57.		10.08.2011		+0,77	30.16	402
58.		22.01.2011		+0,78	30.50	389
59.		06.11.2011		+0,68	30.55	387
60.		20.01.2011		+0,64	30.75	379
DSQ		05.02.2011				
DSQ		26.02.2012				

21 , 50m (14-15)
11.04.2026 - 9:12

25.30 19.04.2023
25.79 16.04.2025

: AQUA 2026

				R.T.	
1.	23.06.2011			+0,70	27.88 672
2.	12.03.2011			+0,65	28.11 656
3.	16.05.2011			+0,75	28.16 652
4.	26.06.2011			+0,68	28.36 639
5.	09.03.2012			+0,80	28.43 634
6.	23.10.2012			+0,81	28.53 627
7.	01.06.2011			+0,71	28.71 616
8.	03.09.2011			+0,69	28.93 602
9.	28.07.2011			+0,78	29.11 591
10.	04.07.2012			+0,82	29.14 589
11.	24.05.2011			+0,77	29.17 587
12.	14.07.2011			+0,75	29.25 582
13.	01.09.2012			+0,80	29.31 579
14.	22.06.2011	-	-	+0,66	29.33 577
15.	20.06.2011			+0,75	29.35 576
16.	22.10.2012	-	-	+0,81	29.38 574
17.	10.05.2011			+0,76	29.51 567
18.	22.04.2011			+0,75	29.53 566
19.	20.07.2011			+0,65	29.62 561
20.	28.03.2012	-	-	+0,75	29.65 559
21.	08.11.2011			+0,68	29.71 555
22.	24.03.2011			+0,70	29.89 546
23.	19.04.2012			+0,78	29.98 541
24.	28.03.2011			+0,75	30.05 537
25.	12.01.2011			+0,73	30.14 532
26.	10.03.2011			+0,68	30.18 530
27.	15.06.2011			+0,76	30.22 528
28.	17.11.2011			+0,74	30.25 526
29.	08.07.2012			+0,67	30.33 522
30.	16.12.2011			+0,81	30.36 521
31.	16.07.2012	-	-	+0,94	30.41 518
32.	25.11.2011			+0,80	30.48 514
33.	15.09.2011			+0,75	30.60 508
34.	13.09.2011			+0,86	30.62 507
35.	31.03.2012			+0,70	30.65 506
36.	29.06.2011			+0,74	30.66 505
37.	13.07.2011			+0,73	30.67 505
38.	29.05.2012			+0,76	30.70 503
39.	11.07.2011			+0,77	30.85 496
40.	17.03.2012			+0,78	30.94 492
41.	11.07.2011			+0,80	30.96 491
	10.12.2011			+0,80	30.96 491
43.	12.12.2011			+0,80	31.00 489
44.	10.02.2012			+0,74	31.01 488

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

21, , 50m , (14-15)

			R.T.		
45.	22.09.2011		+0,74	31.07	486
46.	01.01.2011		+0,79	31.09	485
	15.04.2011		+0,74	31.09	485
48.	25.03.2011		+0,66	31.12	483
49.	19.03.2011		+0,89	31.13	483
50.	03.03.2011		+0,69	31.14	482
51.	27.03.2011		+0,82	31.17	481
52.	31.01.2012		+0,64	31.29	475
53.	04.01.2012		+0,96	31.32	474
54.	29.12.2011		+0,88	31.37	472
55.	05.04.2011		+0,71	31.51	466
	15.07.2011		+0,80	31.51	466
57.	05.02.2012		+0,86	31.60	462
58.	25.08.2012		+0,57	31.61	461
59.	29.10.2012		+0,74	31.64	460
	26.03.2012		+0,74	31.64	460
61.	10.04.2012		+0,79	31.78	454
62.	15.11.2011		+0,74	31.80	453
63.	05.08.2012		+0,84	31.88	450
64.	05.04.2011		+0,78	31.90	449
65.	23.07.2012		+0,70	31.93	447
66.	10.11.2011		+0,69	31.99	445
67.	21.09.2011		+0,86	32.54	423
68.	19.07.2012		+0,63	32.59	421
69.	26.10.2012		+0,73	32.88	410
70.	09.06.2011		+0,79	33.42	390
71.	18.05.2012		+0,85	33.61	384
72.	23.03.2012		+0,88	34.30	361

22 , 100m (14-15)
11.04.2026 - 9:25

	51.82	-1	26.07.2023
	52.08	-1	28.07.2024

: AQUA 2026

							R.T.		
1.			14.02.2011	-			+0,68	57.90	707
	50m:	28.36	28.36	100m:	57.90	29.54			
2.			06.03.2011	-			+0,67	58.37	690
	50m:	28.36	28.36	100m:	58.37	30.01			
3.			24.05.2011				+0,67	58.44	688
	50m:	27.95	27.95	100m:	58.44	30.49			
4.			25.01.2011	I			+0,70	59.06	666
	50m:	28.47	28.47	100m:	59.06	30.59			
5.			24.02.2011				+0,63	59.30	658
	50m:	28.74	28.74	100m:	59.30	30.56			
6.			05.02.2011				+0,69	59.32	658
	50m:	29.23	29.23	100m:	59.32	30.09			
7.			05.09.2011	-			+0,65	1:00.13	631
	50m:	28.78	28.78	100m:	1:00.13	31.35			
8.			20.03.2011				+0,65	1:00.30	626
	50m:	28.69	28.69	100m:	1:00.30	31.61			
9.			08.04.2012				+0,69	1:00.39	623
	50m:	29.77	29.77	100m:	1:00.39	30.62			
10.			06.04.2012	-			+0,59	1:00.47	621
	50m:	28.82	28.82	100m:	1:00.47	31.65			
11.			03.05.2011				+0,59	1:00.54	619
	50m:	28.96	28.96	100m:	1:00.54	31.58			
12.			28.06.2012				+0,66	1:00.71	614
	50m:	29.14	29.14	100m:	1:00.71	31.57			
13.			27.12.2011				+0,70	1:00.84	610
	50m:	29.21	29.21	100m:	1:00.84	31.63			
14.			05.04.2011				+0,62	1:01.01	604
	50m:	28.58	28.58	100m:	1:01.01	32.43			
15.			06.05.2011				+0,63	1:01.15	600
	50m:	29.50	29.50	100m:	1:01.15	31.65			
16.			19.03.2011				+0,62	1:01.16	600
	50m:	29.45	29.45	100m:	1:01.16	31.71			
17.			29.07.2012				+0,71	1:01.18	599
	50m:	29.72	29.72	100m:	1:01.18	31.46			
18.			29.04.2011				+0,70	1:01.31	596
	50m:	29.25	29.25	100m:	1:01.31	32.06			
19.			31.08.2011	I			+0,62	1:01.33	595
	50m:	29.69	29.69	100m:	1:01.33	31.64			
20.			30.01.2012				+0,69	1:01.41	593
	50m:	29.89	29.89	100m:	1:01.41	31.52			

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SWISS TIMING QUANTUM ACUATICS

22, , 100m , (14-15)

							R.T.					
21.	50m:	29.95	29.95	09.02.2011	I	100m:	1:01.44	31.49	+0,77	1:01.44		592
22.	50m:	29.75	29.75	08.11.2011		100m:	1:01.75	32.00	+0,81	1:01.75	I	583
23.	50m:	29.97	29.97	16.06.2011	I	100m:	1:01.82	31.85	+0,81	1:01.82		581
24.	50m:	30.86	30.86	31.01.2011	I	100m:	1:01.83	30.97	+0,78	1:01.83		581
25.	50m:	30.03	30.03	05.06.2012	I	100m:	1:01.99	31.96	+0,75	1:01.99		576
26.	50m:	30.29	30.29	29.03.2011	I	100m:	1:02.05	31.76	+0,67	1:02.05	I	575
27.	50m:	30.17	30.17	05.01.2012	I	100m:	1:02.06	31.89	+0,64	1:02.06	I	574
28.	50m:	29.78	29.78	07.11.2011	I	100m:	1:02.07	32.29	+0,62	1:02.07	I	574
29.	50m:	30.09	30.09	04.04.2011	I	100m:	1:02.31	32.22	+0,65	1:02.31	I	567
30.	50m:	30.16	30.16	02.03.2012		100m:	1:02.50	32.34	+0,62	1:02.50	I	562
31.	50m:	30.10	30.10	27.04.2011	I	100m:	1:02.58	32.48	+0,73	1:02.58	I	560
32.	50m:	30.66	30.66	27.05.2012		100m:	1:02.62	31.96	+0,62	1:02.62	I	559
33.	50m:	30.48	30.48	06.04.2011		100m:	1:02.64	32.16	+0,66	1:02.64	I	558
34.	50m:	30.83	30.83	27.07.2011		100m:	1:02.69	31.86	+0,86	1:02.69	I	557
35.	50m:	29.61	29.61	21.06.2011		100m:	1:02.85	33.24	+0,66	1:02.85	I	553
36.	50m:	30.68	30.68	19.02.2011	I	100m:	1:02.88	32.20	+0,66	1:02.88	I	552
37.	50m:	30.35	30.35	28.03.2011		100m:	1:02.90	32.55	+0,65	1:02.90	I	552
38.	50m:	30.25	30.25	27.02.2012	I	100m:	1:03.03	32.78	+0,76	1:03.03	I	548
	50m:	30.33	30.33	07.03.2011		100m:	1:03.03	32.70	+0,67	1:03.03	I	548
40.	50m:	31.28	31.28	28.01.2011		100m:	1:03.04	31.76	+0,74	1:03.04	I	548
41.	50m:	31.24	31.24	18.12.2011	I	100m:	1:03.06	31.82	+0,70	1:03.06	I	547
42.	50m:	31.80	31.80	29.04.2012	I	100m:	1:03.14	31.34	+0,71	1:03.14	I	545

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

		22,	, 100m	, (14-15)		R.T.		
43.				07.06.2011	I	+0,64	1:03.24	I 543
	50m:	30.86	30.86	100m:	1:03.24			
44.				19.01.2012	I	+0,60	1:03.34	I 540
	50m:	31.06	31.06	100m:	1:03.34			
45.				08.09.2011	I	+0,77	1:03.36	I 540
	50m:	30.82	30.82	100m:	1:03.36			
46.				07.04.2011		+0,77	1:03.51	I 536
	50m:	31.23	31.23	100m:	1:03.51			
47.				28.09.2012	I	+0,67	1:03.54	I 535
	50m:	30.66	30.66	100m:	1:03.54			
48.				17.06.2012	I	+0,62	1:04.00	I 524
	50m:	30.64	30.64	100m:	1:04.00			
49.				27.04.2012	I	+0,67	1:04.06	I 522
	50m:	31.22	31.22	100m:	1:04.06			
50.				23.11.2011	I	+0,72	1:04.31	I 516
	50m:	31.23	31.23	100m:	1:04.31			
51.				08.11.2011	I	+0,79	1:04.32	I 516
	50m:	31.32	31.32	100m:	1:04.32			
52.				31.05.2011	I	+0,79	1:04.49	I 512
	50m:	31.51	31.51	100m:	1:04.49			
53.				18.05.2011	I	+0,61	1:04.56	I 510
	50m:	30.15	30.15	100m:	1:04.56			
54.				04.04.2011	I	+0,60	1:04.63	I 508
	50m:	31.27	31.27	100m:	1:04.63			
55.				26.11.2012	I	+0,62	1:04.66	I 508
	50m:	30.96	30.96	100m:	1:04.66			
				01.06.2012	I	+0,71	1:04.66	I 508
	50m:	30.93	30.93	100m:	1:04.66			
57.				24.02.2012	I	+0,73	1:04.82	I 504
	50m:	31.07	31.07	100m:	1:04.82			
58.				30.09.2011	I	+0,73	1:04.98	I 500
	50m:	31.71	31.71	100m:	1:04.98			
59.				16.07.2011	I	+0,73	1:05.16	I 496
	50m:	31.98	31.98	100m:	1:05.16			
60.				18.02.2011	I	+0,64	1:05.18	I 496
	50m:	31.68	31.68	100m:	1:05.18			
61.				14.12.2011	I	+0,65	1:05.39	I 491
	50m:	31.47	31.47	100m:	1:05.39			
62.				28.04.2012	I	+0,78	1:05.78	I 482
	50m:	31.93	31.93	100m:	1:05.78			
63.				29.03.2011	I	+0,75	1:05.85	I 481
	50m:	31.04	31.04	100m:	1:05.85			
64.				28.01.2011	I	+0,65	1:05.96	I 478
	50m:	31.67	31.67	100m:	1:05.96			

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

22, , 100m , (14-15)

								R.T.		
65.				24.07.2012	I			+0,79	1:06.02	477
	50m:	32.63	32.63	100m:	1:06.02	33.39				
66.				07.03.2012	I			+0,77	1:06.17	474
	50m:	31.37	31.37	100m:	1:06.17	34.80				
67.				17.08.2011	I			+0,65	1:06.28	471
	50m:	31.80	31.80	100m:	1:06.28	34.48				
68.				18.03.2012	I			+0,66	1:06.30	471
	50m:	32.01	32.01	100m:	1:06.30	34.29				
69.				01.02.2012	I			+0,69	1:06.47	467
	50m:	32.15	32.15	100m:	1:06.47	34.32				
70.				04.01.2011	I			+0,62	1:06.53	466
	50m:	31.57	31.57	100m:	1:06.53	34.96				
71.				12.05.2011	I			+0,63	1:08.50	427
	50m:	32.03	32.03	100m:	1:08.50	36.47				
72.				17.01.2012	I			+0,59	1:08.77	422
	50m:	32.76	32.76	100m:	1:08.77	36.01				
73.				12.05.2011	I			+0,74	1:08.89	420
	50m:	32.73	32.73	100m:	1:08.89	36.16				
74.				25.06.2011	I			+0,70	1:08.94	419
	50m:	33.85	33.85	100m:	1:08.94	35.09				

23 , 200m (14-15)
11.04.2026 - 9:48

2:04.94 (ITA) 01.08.2009
2:08.02 14.05.2014

: AQUA 2026

								R.T.				
1.			07.10.2011					+0,62	2:15.99			742
	50m:	31.23	31.23	100m:	1:05.06	33.83	150m:	1:40.69	35.63	200m:	2:15.99	35.30
2.			31.07.2012					+0,66	2:17.25			722
	50m:	31.33	31.33	100m:	1:06.36	35.03	150m:	1:42.65	36.29	200m:	2:17.25	34.60
3.			04.04.2012			-		+0,71	2:17.91			711
	50m:	32.20	32.20	100m:	1:06.14	33.94	150m:	1:42.03	35.89	200m:	2:17.91	35.88
4.			16.01.2011			-		+0,69	2:20.56			672
	50m:	32.15	32.15	100m:	1:06.75	34.60	150m:	1:43.00	36.25	200m:	2:20.56	37.56
5.			07.05.2011					+0,75	2:20.58			672
	50m:	34.21	34.21	100m:	1:10.05	35.84	150m:	1:45.86	35.81	200m:	2:20.58	34.72
6.			17.08.2011					+0,66	2:20.86			668
	50m:	32.97	32.97	100m:	1:08.69	35.72	150m:	1:45.48	36.79	200m:	2:20.86	35.38
7.			19.09.2011					+0,72	2:21.09			664
	50m:	34.13	34.13	100m:	1:10.00	35.87	150m:	1:46.22	36.22	200m:	2:21.09	34.87
8.			21.11.2011			-		+0,62	2:21.88			653
	50m:	31.60	31.60	100m:	1:05.90	34.30	150m:	1:44.19	38.29	200m:	2:21.88	37.69
9.			03.05.2012			-	-	+0,73	2:22.47			645
	50m:	33.84	33.84	100m:	1:09.42	35.58	150m:	1:45.88	36.46	200m:	2:22.47	36.59
10.			26.11.2011					+0,67	2:22.81			641
	50m:	34.36	34.36	100m:	1:11.13	36.77	150m:	1:48.43	37.30	200m:	2:22.81	34.38
11.			11.06.2012					+0,73	2:23.92			626
	50m:	33.53	33.53	100m:	1:11.24	37.71	150m:	1:48.49	37.25	200m:	2:23.92	35.43
12.			28.03.2011					+0,76	2:23.99			625
	50m:	33.16	33.16	100m:	1:09.29	36.13	150m:	1:46.87	37.58	200m:	2:23.99	37.12
13.			07.11.2011			-	-	+0,76	2:24.40			620
	50m:	33.23	33.23	100m:	1:09.80	36.57	150m:	1:48.12	38.32	200m:	2:24.40	36.28
14.			09.01.2012					+0,76	2:24.44			619
	50m:	34.26	34.26	100m:	1:11.24	36.98	150m:	1:48.84	37.60	200m:	2:24.44	35.60
15.			14.01.2011					+0,74	2:24.93			613
	50m:	33.26	33.26	100m:	1:10.63	37.37	150m:	1:47.99	37.36	200m:	2:24.93	36.94
16.			26.11.2011					+0,66	2:24.99			612
	50m:	33.87	33.87	100m:	1:10.08	36.21	150m:	1:47.84	37.76	200m:	2:24.99	37.15
17.			02.12.2011					+0,63	2:25.12			610
	50m:	34.46	34.46	100m:	1:10.85	36.39	150m:	1:48.07	37.22	200m:	2:25.12	37.05
18.			31.03.2012					+0,72	2:25.31			608
	50m:	33.11	33.11	100m:	1:09.64	36.53	150m:	1:47.98	38.34	200m:	2:25.31	37.33
19.			29.09.2011					+0,73	2:25.54			605
	50m:	34.35	34.35	100m:	1:11.71	37.36	150m:	1:49.05	37.34	200m:	2:25.54	36.49
20.			01.07.2012			-	-	+0,70	2:25.68			603
	50m:	33.70	33.70	100m:	1:11.10	37.40	150m:	1:48.77	37.67	200m:	2:25.68	36.91

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SWISS TIMING QUANTUM ACUATICS

		23, , 200m , (14-15)											
				/				R.T.					
21.				05.10.2012				+0,64	2:26.35				595
	50m:	34.53	34.53	100m:	1:11.65	37.12	150m:	1:49.59	37.94	200m:	2:26.35	36.76	
22.				07.01.2012				+0,65	2:26.47				594
	50m:	34.38	34.38	100m:	1:11.64	37.26	150m:	1:49.35	37.71	200m:	2:26.47	37.12	
23.				18.01.2012 I				+0,75	2:27.40				583
	50m:	35.24	35.24	100m:	1:12.74	37.50	150m:	1:51.34	38.60	200m:	2:27.40	36.06	
24.				29.03.2012				+0,79	2:27.53				581
	50m:	33.97	33.97	100m:	1:12.20	38.23	150m:	1:50.54	38.34	200m:	2:27.53	36.99	
				30.09.2011				+0,71	2:27.53				581
	50m:	35.33	35.33	100m:	1:12.96	37.63	150m:	1:50.93	37.97	200m:	2:27.53	36.60	
26.				11.03.2011				+0,73	2:28.23				573
	50m:	34.67	34.67	100m:	1:12.01	37.34	150m:	1:49.90	37.89	200m:	2:28.23	38.33	
27.				17.01.2011				+0,68	2:28.24				573
	50m:	34.16	34.16	100m:	1:11.42	37.26	150m:	1:50.07	38.65	200m:	2:28.24	38.17	
28.				28.03.2012 I				+0,66	2:28.35				571
	50m:	34.50	34.50	100m:	1:12.64	38.14	150m:	1:51.90	39.26	200m:	2:28.35	36.45	
29.				20.07.2012				+0,76	2:28.49				570
	50m:	35.05	35.05	100m:	1:12.12	37.07	150m:	1:50.40	38.28	200m:	2:28.49	38.09	
30.				24.12.2011 I				+0,81	2:28.98 I				564
	50m:	34.96	34.96	100m:	1:12.58	37.62	150m:	1:51.15	38.57	200m:	2:28.98	37.83	
31.				10.10.2012				+0,76	2:29.00 I				564
	50m:	33.22	33.22	100m:	1:11.00	37.78	150m:	1:50.48	39.48	200m:	2:29.00	38.52	
32.				24.02.2011				+0,69	2:29.57 I				558
	50m:	35.45	35.45	100m:	1:12.63	37.18	150m:	1:52.33	39.70	200m:	2:29.57	37.24	
33.				16.03.2011				+0,73	2:29.97 I				553
	50m:	35.12	35.12	100m:	1:13.17	38.05	150m:	1:52.13	38.96	200m:	2:29.97	37.84	
34.				18.06.2011				+0,69	2:30.00 I				553
	50m:	34.84	34.84	100m:	1:12.55	37.71	150m:	1:51.62	39.07	200m:	2:30.00	38.38	
35.				08.04.2011				+0,60	2:30.01 I				553
	50m:	36.05	36.05	100m:	1:14.59	38.54	150m:	1:52.94	38.35	200m:	2:30.01	37.07	
36.				07.02.2012				+0,65	2:30.03 I				552
	50m:	34.09	34.09	100m:	1:11.99	37.90	150m:	1:50.61	38.62	200m:	2:30.03	39.42	
37.				24.08.2012				+0,73	2:30.05 I				552
	50m:	35.03	35.03	100m:	1:12.85	37.82	150m:	1:51.94	39.09	200m:	2:30.05	38.11	
38.				12.07.2012				+0,81	2:30.29 I				550
	50m:	35.73	35.73	100m:	1:14.60	38.87	150m:	1:53.62	39.02	200m:	2:30.29	36.67	
39.				28.01.2011				+0,67	2:30.96 I				542
	50m:	35.07	35.07	100m:	1:13.01	37.94	150m:	1:52.73	39.72	200m:	2:30.96	38.23	
40.				08.02.2012				+0,75	2:31.03 I				542
	50m:	35.99	35.99	100m:	1:14.38	38.39	150m:	1:53.77	39.39	200m:	2:31.03	37.26	
41.				10.02.2012 I				+0,73	2:31.24 I				539
	50m:	34.88	34.88	100m:	1:13.20	38.32	150m:	1:53.40	40.20	200m:	2:31.24	37.84	
42.				10.07.2011				+0,74	2:31.45 I				537
	50m:	35.08	35.08	100m:	1:13.37	38.29	150m:	1:52.85	39.48	200m:	2:31.45	38.60	

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SWISS TIMING QUANTUM ACUATICS

23, , 200m , (14-15)

										R.T.		
43.				06.09.2011						+0,74	2:31.73	534
	50m:	35.41	35.41	100m:	1:13.75	38.34	150m:	1:52.93	39.18	200m:	2:31.73	38.80
44.				22.09.2011						+0,67	2:32.21	529
	50m:	35.16	35.16	100m:	1:12.67	37.51	150m:	1:52.01	39.34	200m:	2:32.21	40.20
45.				27.04.2012						+0,63	2:32.30	528
	50m:	33.79	33.79	100m:	1:11.26	37.47	150m:	1:51.79	40.53	200m:	2:32.30	40.51
46.				02.03.2011						+0,72	2:32.47	526
	50m:	34.19	34.19	100m:	1:12.99	38.80	150m:	1:53.27	40.28	200m:	2:32.47	39.20
47.				08.02.2012						+0,75	2:33.41	517
	50m:	35.62	35.62	100m:	1:14.52	38.90	150m:	1:54.65	40.13	200m:	2:33.41	38.76
48.				14.08.2011						+0,78	2:33.49	516
	50m:	34.92	34.92	100m:	1:12.93	38.01	150m:	1:53.44	40.51	200m:	2:33.49	40.05
49.				24.03.2012						+0,80	2:33.54	515
	50m:	34.37	34.37	100m:	1:12.91	38.54	150m:	1:53.38	40.47	200m:	2:33.54	40.16
50.				31.10.2011						+0,68	2:33.81	513
	50m:	35.19	35.19	100m:	1:13.29	38.10	150m:	1:54.04	40.75	200m:	2:33.81	39.77
51.				17.07.2012						+0,70	2:34.02	511
	50m:	34.99	34.99	100m:	1:15.19	40.20	150m:	1:55.14	39.95	200m:	2:34.02	38.88
52.				16.11.2012						+0,88	2:34.09	510
	50m:	35.61	35.61	100m:	1:14.64	39.03	150m:	1:55.17	40.53	200m:	2:34.09	38.92
53.				24.07.2012						+0,57	2:34.25	508
	50m:	34.44	34.44	100m:	1:13.18	38.74	150m:	1:54.83	41.65	200m:	2:34.25	39.42
54.				08.09.2011						+0,76	2:34.55	505
	50m:	36.37	36.37	100m:	1:16.11	39.74	150m:	1:56.35	40.24	200m:	2:34.55	38.20
55.				12.02.2011						+0,82	2:35.05	500
	50m:	34.84	34.84	100m:	1:13.95	39.11	150m:	1:54.80	40.85	200m:	2:35.05	40.25
56.				15.01.2012						+0,77	2:35.25	499
	50m:	35.44	35.44	100m:	1:14.95	39.51	150m:	1:55.84	40.89	200m:	2:35.25	39.41
57.				28.01.2011						+0,65	2:35.35	498
	50m:	34.97	34.97	100m:	1:13.68	38.71	150m:	1:54.12	40.44	200m:	2:35.35	41.23
58.				14.04.2011						+0,74	2:36.04	491
	50m:	35.40	35.40	100m:	1:15.35	39.95	150m:	1:56.42	41.07	200m:	2:36.04	39.62
59.				16.12.2011						+0,70	2:37.06	481
	50m:	34.30	34.30	100m:	1:14.10	39.80	150m:	1:56.07	41.97	200m:	2:37.06	40.99
60.				07.09.2012						+0,69	2:37.21	480
	50m:	36.52	36.52	100m:	1:16.57	40.05	150m:	1:57.36	40.79	200m:	2:37.21	39.85
61.				18.05.2012						+0,68	2:37.33	479
	50m:	36.86	36.86	100m:	1:17.03	40.17	150m:	1:57.85	40.82	200m:	2:37.33	39.48
62.				26.08.2011						+0,67	2:37.42	478
	50m:	35.75	35.75	100m:	1:15.52	39.77	150m:	1:56.75	41.23	200m:	2:37.42	40.67
63.				04.03.2011						+0,70	2:37.48	478
	50m:	36.12	36.12	100m:	1:16.43	40.31	150m:	1:58.29	41.86	200m:	2:37.48	39.19
64.				15.02.2012						+0,85	2:37.89	474
	50m:	37.08	37.08	100m:	1:16.45	39.37	150m:	1:57.39	40.94	200m:	2:37.89	40.50

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SWISS TIMING QUANTUM ACUATICS

23, , 200m , (14-15)

										R.T.			
64.				01.05.2011	I					+0,84	2:37.89	I	474
	50m:	36.60	36.60	100m:	1:16.71	40.11	150m:	1:58.91	42.20	200m:	2:37.89	38.98	
66.				10.11.2012	I					+0,70	2:38.08		472
	50m:	37.15	37.15	100m:	1:17.15	40.00	150m:	1:59.18	42.03	200m:	2:38.08	38.90	
67.				06.03.2012	I					+0,81	2:38.25		471
	50m:	36.64	36.64	100m:	1:16.69	40.05	150m:	1:57.79	41.10	200m:	2:38.25	40.46	
68.				04.02.2012						+0,65	2:38.44		469
	50m:	37.80	37.80	100m:	1:17.96	40.16	150m:	1:58.78	40.82	200m:	2:38.44	39.66	
69.				04.02.2012						+0,75	2:38.64		467
	50m:	37.79	37.79	100m:	1:17.61	39.82	150m:	1:58.26	40.65	200m:	2:38.64	40.38	
70.				11.05.2011						+0,60	2:39.27		462
	50m:	36.35	36.35	100m:	1:17.01	40.66	150m:	1:58.74	41.73	200m:	2:39.27	40.53	
71.				27.09.2012	I					+0,74	2:40.87		448
	50m:	36.13	36.13	100m:	1:16.82	40.69	150m:	2:00.22	43.40	200m:	2:40.87	40.65	
72.				05.04.2012	I					+0,70	2:42.26		437
	50m:	36.68	36.68	100m:	1:17.61	40.93	150m:	2:00.79	43.18	200m:	2:42.26	41.47	
73.				16.05.2012	I					+0,71	2:43.96		423
	50m:	37.14	37.14	100m:	1:18.77	41.63	150m:	2:02.84	44.07	200m:	2:43.96	41.12	
74.				01.12.2011	I					+0,58	2:44.17		422
	50m:	36.06	36.06	100m:	1:17.91	41.85	150m:	2:01.77	43.86	200m:	2:44.17	42.40	
75.				25.05.2011						+0,71	2:44.68		418
	50m:	37.32	37.32	100m:	1:19.53	42.21	150m:	2:03.56	44.03	200m:	2:44.68	41.12	
76.				18.01.2011	I					+0,76	2:45.69		410
	50m:	38.49	38.49	100m:	1:20.14	41.65	150m:	2:03.60	43.46	200m:	2:45.69	42.09	
77.				30.05.2011	I					+0,67	2:45.77		409
	50m:	37.56	37.56	100m:	1:19.55	41.99	150m:	2:03.21	43.66	200m:	2:45.77	42.56	
78.				10.05.2011	I					+0,76	2:46.10		407
	50m:	38.07	38.07	100m:	1:20.07	42.00	150m:	2:03.59	43.52	200m:	2:46.10	42.51	
DSQ				30.04.2011									
DSQ				13.11.2012									

24 , 400m (14-15)
11.04.2026 - 10:38

4:04.10 - 04.04.2021
4:05.16 -1 26.07.2024

: AQUA 2026

								R.T.					
1.	23.10.2012							+0,79 4:21.19				720	
	50m:	29.60	29.60	150m:	1:35.27	33.02	250m:	2:41.76	33.31	350m:	3:48.94	33.41	
	100m:	1:02.25	32.65	200m:	2:08.45	33.18	300m:	3:15.53	33.77	400m:	4:21.19	32.25	
2.	15.02.2011							+0,82 4:27.76				668	
	50m:	29.97	29.97	150m:	1:36.49	33.38	250m:	2:45.28	34.41	350m:	3:54.27	34.18	
	100m:	1:03.11	33.14	200m:	2:10.87	34.38	300m:	3:20.09	34.81	400m:	4:27.76	33.49	
3.	13.10.2011							+0,80 4:27.91				667	
	50m:	30.05	30.05	150m:	1:36.85	33.53	250m:	2:45.13	34.47	350m:	3:54.31	34.76	
	100m:	1:03.32	33.27	200m:	2:10.66	33.81	300m:	3:19.55	34.42	400m:	4:27.91	33.60	
4.	22.02.2011							+0,79 4:30.42				649	
	50m:	29.67	29.67	150m:	1:37.09	34.12	250m:	2:46.42	34.80	350m:	3:56.86	35.55	
	100m:	1:02.97	33.30	200m:	2:11.62	34.53	300m:	3:21.31	34.89	400m:	4:30.42	33.56	
5.	25.05.2011							+0,74 4:30.50				648	
	50m:	29.69	29.69	150m:	1:36.34	33.27	250m:	2:45.61	34.99	350m:	3:55.80	35.29	
	100m:	1:03.07	33.38	200m:	2:10.62	34.28	300m:	3:20.51	34.90	400m:	4:30.50	34.70	
6.	03.02.2012							+0,75 4:31.17				644	
	50m:	30.05	30.05	150m:	1:37.91	34.70	250m:	2:47.22	34.90	350m:	3:57.07	34.97	
	100m:	1:03.21	33.16	200m:	2:12.32	34.41	300m:	3:22.10	34.88	400m:	4:31.17	34.10	
7.	02.03.2012							+0,75 4:31.28				643	
	50m:	30.55	30.55	150m:	1:38.22	34.20	250m:	2:47.76	34.65	350m:	3:57.98	34.83	
	100m:	1:04.02	33.47	200m:	2:13.11	34.89	300m:	3:23.15	35.39	400m:	4:31.28	33.30	
8.	18.01.2012							+0,84 4:31.63				640	
	50m:	31.06	31.06	150m:	1:39.16	34.63	250m:	2:48.52	34.86	350m:	3:58.28	35.30	
	100m:	1:04.53	33.47	200m:	2:13.66	34.50	300m:	3:22.98	34.46	400m:	4:31.63	33.35	
9.	31.01.2012							+0,86 4:32.46				634	
	50m:	30.67	30.67	150m:	1:38.69	34.75	250m:	2:48.80	35.32	350m:	3:59.22	34.98	
	100m:	1:03.94	33.27	200m:	2:13.48	34.79	300m:	3:24.24	35.44	400m:	4:32.46	33.24	
10.	16.11.2011							+0,88 4:32.65				633	
	50m:	30.58	30.58	150m:	1:39.14	34.63	250m:	2:48.58	34.70	350m:	3:58.47	34.70	
	100m:	1:04.51	33.93	200m:	2:13.88	34.74	300m:	3:23.77	35.19	400m:	4:32.65	34.18	
	10.11.2011							+0,80 4:32.65				633	
	50m:	30.76	30.76	150m:	1:38.37	34.88	250m:	2:48.62	35.57	350m:	3:59.12	35.33	
	100m:	1:03.49	32.73	200m:	2:13.05	34.68	300m:	3:23.79	35.17	400m:	4:32.65	33.53	
12.	26.07.2011							+0,75 4:33.01				631	
	50m:	31.32	31.32	150m:	1:39.93	34.76	250m:	2:50.05	35.14	350m:	4:00.06	34.71	
	100m:	1:05.17	33.85	200m:	2:14.91	34.98	300m:	3:25.35	35.30	400m:	4:33.01	32.95	
13.	29.08.2012							+0,83 4:33.08				630	
	50m:	31.93	31.93	150m:	1:40.28	34.26	250m:	2:50.08	34.93	350m:	4:00.32	34.72	
	100m:	1:06.02	34.09	200m:	2:15.15	34.87	300m:	3:25.60	35.52	400m:	4:33.08	32.76	
14.	25.05.2011							+0,86 4:33.34				628	
	50m:	31.14	31.14	150m:	1:40.70	35.53	250m:	2:52.57	36.16	350m:	4:00.80	34.30	
	100m:	1:05.17	34.03	200m:	2:16.41	35.71	300m:	3:26.50	33.93	400m:	4:33.34	32.54	
15.	18.05.2011							+0,85 4:33.97				624	
	50m:	30.59	30.59	150m:	1:38.83	34.65	250m:	2:49.42	35.26	350m:	4:00.57	35.63	
	100m:	1:04.18	33.59	200m:	2:14.16	35.33	300m:	3:24.94	35.52	400m:	4:33.97	33.40	

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SWISS TIMING QUANTUM ACUATICS

24, , 400m , (14-15)

											R.T.		
16.			17.01.2012								+0,84	4:34.28	622
	50m:	31.28	31.28	150m:	1:40.55	35.32	250m:	2:51.19	35.23	350m:	4:00.92	34.64	
	100m:	1:05.23	33.95	200m:	2:15.96	35.41	300m:	3:26.28	35.09	400m:	4:34.28	33.36	
17.			30.12.2011								+0,88	4:34.36	621
	50m:	30.88	30.88	150m:	1:40.05	35.52	250m:	2:50.76	35.75	350m:	4:01.22	35.06	
	100m:	1:04.53	33.65	200m:	2:15.01	34.96	300m:	3:26.16	35.40	400m:	4:34.36	33.14	
18.			12.01.2011								+0,75	4:34.63	620
	50m:	30.59	30.59	150m:	1:38.83	34.60	250m:	2:49.64	35.43	350m:	4:01.05	35.44	
	100m:	1:04.23	33.64	200m:	2:14.21	35.38	300m:	3:25.61	35.97	400m:	4:34.63	33.58	
19.			15.11.2012								+0,93	4:34.69	619
	50m:	30.88	30.88	150m:	1:39.23	34.71	250m:	2:49.41	35.25	350m:	4:00.64	35.58	
	100m:	1:04.52	33.64	200m:	2:14.16	34.93	300m:	3:25.06	35.65	400m:	4:34.69	34.05	
20.			18.08.2012								+0,72	4:34.75	619
	50m:	30.34	30.34	150m:	1:38.66	34.77	250m:	2:50.01	36.02	350m:	4:01.74	36.09	
	100m:	1:03.89	33.55	200m:	2:13.99	35.33	300m:	3:25.65	35.64	400m:	4:34.75	33.01	
21.			15.07.2012 I								+0,75	4:34.87	618
	50m:	30.65	30.65	150m:	1:39.20	34.82	250m:	2:50.93	35.92	350m:	4:02.61	35.78	
	100m:	1:04.38	33.73	200m:	2:15.01	35.81	300m:	3:26.83	35.90	400m:	4:34.87	32.26	
22.			18.06.2012								+0,66	4:37.40	601
	50m:	31.00	31.00	150m:	1:39.90	34.43	250m:	2:50.40	35.42	350m:	4:02.91	36.34	
	100m:	1:05.47	34.47	200m:	2:14.98	35.08	300m:	3:26.57	36.17	400m:	4:37.40	34.49	
23.			01.07.2011								+0,72	4:38.05	597
	50m:	31.27	31.27	150m:	1:40.33	34.68	250m:	2:51.91	35.68	350m:	4:03.21	35.70	
	100m:	1:05.65	34.38	200m:	2:16.23	35.90	300m:	3:27.51	35.60	400m:	4:38.05	34.84	
24.			11.04.2012								+0,81	4:38.63	593
	50m:	31.35	31.35	150m:	1:41.44	35.82	250m:	2:53.92	36.56	350m:	4:05.89	36.35	
	100m:	1:05.62	34.27	200m:	2:17.36	35.92	300m:	3:29.54	35.62	400m:	4:38.63	32.74	
25.			24.10.2011								+0,84	4:38.93	591
	50m:	32.01	32.01	150m:	1:41.80	35.33	250m:	2:52.95	35.77	350m:	4:04.60	36.00	
	100m:	1:06.47	34.46	200m:	2:17.18	35.38	300m:	3:28.60	35.65	400m:	4:38.93	34.33	
26.			30.07.2011								+0,76	4:39.31	589
	50m:	32.15	32.15	150m:	1:42.10	35.35	250m:	2:53.80	36.07	350m:	4:05.11	34.97	
	100m:	1:06.75	34.60	200m:	2:17.73	35.63	300m:	3:30.14	36.34	400m:	4:39.31	34.20	
27.			21.02.2012								+0,88	4:39.46	588
	50m:	31.95	31.95	150m:	1:43.07	35.44	250m:	2:54.25	35.27	350m:	4:05.37	35.54	
	100m:	1:07.63	35.68	200m:	2:18.98	35.91	300m:	3:29.83	35.58	400m:	4:39.46	34.09	
28.			19.04.2011								+0,85	4:40.68	580
	50m:	31.23	31.23	150m:	1:42.19	36.10	250m:	2:54.17	36.20	350m:	4:06.27	36.39	
	100m:	1:06.09	34.86	200m:	2:17.97	35.78	300m:	3:29.88	35.71	400m:	4:40.68	34.41	
29.			07.03.2012								+0,82	4:41.23 I	577
	50m:	30.82	30.82	150m:	1:41.83	36.15	250m:	2:55.45	36.74	350m:	4:07.49	35.62	
	100m:	1:05.68	34.86	200m:	2:18.71	36.88	300m:	3:31.87	36.42	400m:	4:41.23	33.74	
30.			29.11.2012 I								+0,81	4:41.94 I	573
	50m:	32.01	32.01	150m:	1:42.74	35.95	250m:	2:54.63	36.64	350m:	4:07.10	36.51	
	100m:	1:06.79	34.78	200m:	2:17.99	35.25	300m:	3:30.59	35.96	400m:	4:41.94	34.84	
31.			11.06.2011								+0,75	4:42.43 I	570
	50m:	32.09	32.09	150m:	1:42.99	35.96	250m:	2:55.18	36.43	350m:	4:07.72	36.52	
	100m:	1:07.03	34.94	200m:	2:18.75	35.76	300m:	3:31.20	36.02	400m:	4:42.43	34.71	

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SWISS TIMING QUANTUM ACUATICS

24, , 400m , (14-15)

			/			R.T.					
32.			11.03.2011			+0,97	4:42.60			569	
	50m:	32.48	150m:	1:43.93	36.76	250m:	2:56.40	36.69	350m:	4:08.69	36.25
	100m:	1:07.17	200m:	2:19.71	35.78	300m:	3:32.44	36.04	400m:	4:42.60	33.91
33.			26.10.2012	I		+0,73	4:43.11			565	
	50m:	32.84	150m:	1:43.94	35.55	250m:	2:55.76	35.98	350m:	4:08.22	36.42
	100m:	1:08.39	200m:	2:19.78	35.84	300m:	3:31.80	36.04	400m:	4:43.11	34.89
34.			12.10.2012			+0,76	4:43.21			565	
	50m:	32.87	150m:	1:43.65	35.90	250m:	2:55.93	36.45	350m:	4:08.67	36.54
	100m:	1:07.75	200m:	2:19.48	35.83	300m:	3:32.13	36.20	400m:	4:43.21	34.54
35.			30.01.2011	I		+0,80	4:43.60			563	
	50m:	31.95	150m:	1:43.02	36.59	250m:	2:56.24	37.34	350m:	4:09.03	36.27
	100m:	1:06.43	200m:	2:18.90	35.88	300m:	3:32.76	36.52	400m:	4:43.60	34.57
36.			14.06.2012			+0,75	4:43.93			561	
	50m:	31.74	150m:	1:44.02	36.49	250m:	2:57.51	36.58	350m:	4:10.52	36.24
	100m:	1:07.53	200m:	2:20.93	36.91	300m:	3:34.28	36.77	400m:	4:43.93	33.41
37.			08.08.2012			+0,90	4:44.01			560	
	50m:	31.97	150m:	1:42.39	35.87	250m:	2:55.23	36.68	350m:	4:09.07	37.32
	100m:	1:06.52	200m:	2:18.55	36.16	300m:	3:31.75	36.52	400m:	4:44.01	34.94
38.			06.10.2012			+0,89	4:44.28			558	
	50m:	31.27	150m:	1:42.77	36.33	250m:	2:55.63	36.63	350m:	4:09.19	37.29
	100m:	1:06.44	200m:	2:19.00	36.23	300m:	3:31.90	36.27	400m:	4:44.28	35.09
39.			16.04.2011	I		+0,68	4:44.40			558	
	50m:	31.52	150m:	1:42.84	36.31	250m:	2:55.63	36.62	350m:	4:08.99	36.49
	100m:	1:06.53	200m:	2:19.01	36.17	300m:	3:32.50	36.87	400m:	4:44.40	35.41
40.			14.03.2011			+0,77	4:46.12			548	
	50m:	32.56	150m:	1:45.71	36.41	250m:	2:59.90	36.31	350m:	4:12.24	35.31
	100m:	1:09.30	200m:	2:23.59	37.88	300m:	3:36.93	37.03	400m:	4:46.12	33.88
41.			29.10.2012	I		+0,78	4:46.17			547	
	50m:	32.14	150m:	1:43.76	36.97	250m:	2:57.02	37.11	350m:	4:11.48	37.37
	100m:	1:06.79	200m:	2:19.91	36.15	300m:	3:34.11	37.09	400m:	4:46.17	34.69
42.			26.07.2011			+0,85	4:46.30			547	
	50m:	32.21	150m:	1:43.94	36.18	250m:	2:57.58	36.83	350m:	4:11.18	36.45
	100m:	1:07.76	200m:	2:20.75	36.81	300m:	3:34.73	37.15	400m:	4:46.30	35.12
43.			29.03.2012	I		+0,90	4:48.05			537	
	50m:	32.04	150m:	1:43.73	36.51	250m:	2:57.57	36.97	350m:	4:12.85	37.63
	100m:	1:07.22	200m:	2:20.60	36.87	300m:	3:35.22	37.65	400m:	4:48.05	35.20
44.			26.05.2012	I		+0,86	4:48.27			536	
	50m:	32.88	150m:	1:45.31	37.12	250m:	3:00.13	37.82	350m:	4:14.33	37.07
	100m:	1:08.19	200m:	2:22.31	37.00	300m:	3:37.26	37.13	400m:	4:48.27	33.94
45.			03.12.2011	I		+0,82	4:48.55			534	
	50m:	31.70	150m:	1:43.72	36.94	250m:	2:58.53	37.50	350m:	4:13.27	37.36
	100m:	1:06.78	200m:	2:21.03	37.31	300m:	3:35.91	37.38	400m:	4:48.55	35.28
46.			14.03.2012			+0,94	4:49.21			530	
	50m:	33.57	150m:	1:47.84	37.75	250m:	3:02.35	36.91	350m:	4:16.07	36.58
	100m:	1:10.09	200m:	2:25.44	37.60	300m:	3:39.49	37.14	400m:	4:49.21	33.14
47.			26.06.2011			+0,82	4:50.13			525	
	50m:	31.84	150m:	1:44.02	36.56	250m:	2:58.52	36.96	350m:	4:14.31	37.53
	100m:	1:07.46	200m:	2:21.56	37.54	300m:	3:36.78	38.26	400m:	4:50.13	35.82

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SWISS TIMING QUANTUM ACUATICS

24, , 400m , (14-15)

								R.T.				
48.	/			30.06.2011				+0,72 4:51.87 516				
	50m:	33.18	33.18	150m:	1:46.64	37.18	250m:	3:01.24	37.09	350m:	4:16.60	37.17
	100m:	1:09.46	36.28	200m:	2:24.15	37.51	300m:	3:39.43	38.19	400m:	4:51.87	35.27
49.	/			14.07.2012				+0,79 4:53.20 509				
	50m:	31.89	31.89	150m:	1:45.65	37.70	250m:	3:01.22	37.85	350m:	4:16.33	37.31
	100m:	1:07.95	36.06	200m:	2:23.37	37.72	300m:	3:39.02	37.80	400m:	4:53.20	36.87
50.	/			25.11.2012				+0,77 4:54.41 503				
	50m:	32.39	32.39	150m:	1:47.01	37.66	250m:	3:02.95	37.73	350m:	4:18.43	37.82
	100m:	1:09.35	36.96	200m:	2:25.22	38.21	300m:	3:40.61	37.66	400m:	4:54.41	35.98
51.	/			29.08.2012				+0,79 4:55.67 496				
	50m:	32.59	32.59	150m:	1:46.85	37.45	250m:	3:03.33	38.11	350m:	4:19.27	37.89
	100m:	1:09.40	36.81	200m:	2:25.22	38.37	300m:	3:41.38	38.05	400m:	4:55.67	36.40
52.	/			16.08.2011				+0,70 4:56.21 494				
	50m:	32.39	32.39	150m:	1:45.50	36.75	250m:	3:01.88	38.14	350m:	4:19.96	38.56
	100m:	1:08.75	36.36	200m:	2:23.74	38.24	300m:	3:41.40	39.52	400m:	4:56.21	36.25
53.	/			10.08.2011				+0,69 4:57.66 486				
	50m:	31.78	31.78	150m:	1:45.97	38.07	250m:	3:02.93	38.57	350m:	4:21.01	38.78
	100m:	1:07.90	36.12	200m:	2:24.36	38.39	300m:	3:42.23	39.30	400m:	4:57.66	36.65
54.	/			27.11.2012				+0,76 4:58.00 485				
	50m:	33.77	33.77	150m:	1:50.19	38.81	250m:	3:05.72	37.46	350m:	4:21.53	37.54
	100m:	1:11.38	37.61	200m:	2:28.26	38.07	300m:	3:43.99	38.27	400m:	4:58.00	36.47
55.	/			09.06.2011				+0,99 5:00.19 474				
	50m:	33.66	33.66	150m:	1:48.21	38.39	250m:	3:06.20	39.28	350m:	4:23.38	38.77
	100m:	1:09.82	36.16	200m:	2:26.92	38.71	300m:	3:44.61	38.41	400m:	5:00.19	36.81
56.	/			27.10.2011				+0,88 5:00.61 472				
	50m:	33.12	33.12	150m:	1:47.09	37.56	250m:	3:04.63	39.20	350m:	4:23.40	39.52
	100m:	1:09.53	36.41	200m:	2:25.43	38.34	300m:	3:43.88	39.25	400m:	5:00.61	37.21
57.	/			20.07.2012				+0,98 5:01.38 469				
	50m:	33.28	33.28	150m:	1:50.17	39.02	250m:	3:06.61	38.38	350m:	4:23.60	38.17
	100m:	1:11.15	37.87	200m:	2:28.23	38.06	300m:	3:45.43	38.82	400m:	5:01.38	37.78
58.	/			04.03.2011				+0,71 5:01.96 466				
	50m:	32.01	32.01	150m:	1:46.60	38.05	250m:	3:05.64	40.09	350m:	4:25.22	39.96
	100m:	1:08.55	36.54	200m:	2:25.55	38.95	300m:	3:45.26	39.62	400m:	5:01.96	36.74
59.	/			13.11.2012				+0,88 5:02.18 465				
	50m:	32.91	32.91	150m:	1:47.51	38.07	250m:	3:04.89	38.81	350m:	4:23.52	39.24
	100m:	1:09.44	36.53	200m:	2:26.08	38.57	300m:	3:44.28	39.39	400m:	5:02.18	38.66
60.	/			03.12.2012				+0,76 5:02.42 464				
	50m:	33.04	33.04	150m:	1:48.36	38.49	250m:	3:06.40	39.39	350m:	4:24.45	39.19
	100m:	1:09.87	36.83	200m:	2:27.01	38.65	300m:	3:45.26	38.86	400m:	5:02.42	37.97
61.	/			14.12.2012				+0,80 5:02.84 462				
	50m:	32.76	32.76	150m:	1:47.91	38.23	250m:	3:06.23	39.64	350m:	4:25.13	39.37
	100m:	1:09.68	36.92	200m:	2:26.59	38.68	300m:	3:45.76	39.53	400m:	5:02.84	37.71
62.	/			26.01.2012				+0,84 5:04.02 457				
	50m:	34.45	34.45	150m:	1:52.75	39.71	250m:	3:11.58	38.79	350m:	4:27.74	37.19
	100m:	1:13.04	38.59	200m:	2:32.79	40.04	300m:	3:50.55	38.97	400m:	5:04.02	36.28
63.	/			05.09.2011				+0,85 5:04.03 456				
	50m:	34.10	34.10	150m:	1:49.50	38.29	250m:	3:08.01	39.32	350m:	4:26.77	39.39
	100m:	1:11.21	37.11	200m:	2:28.69	39.19	300m:	3:47.38	39.37	400m:	5:04.03	37.26

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SWISS TIMING QUANTUM ACUATICS



24, , 400m , (14-15)

										R.T.		
64.			/	02.05.2012	I					+0,92	5:07.65	441
	50m:	33.54	33.54	150m:	1:50.17	39.09	250m:	3:09.97	40.04	350m:	4:29.30	39.77
	100m:	1:11.08	37.54	200m:	2:29.93	39.76	300m:	3:49.53	39.56	400m:	5:07.65	38.35
65.				21.12.2011	I					+0,81	5:09.39	433
	50m:	33.74	33.74	150m:	1:53.48	40.39	250m:	3:13.01	40.29	350m:	4:32.13	39.02
	100m:	1:13.09	39.35	200m:	2:32.72	39.24	300m:	3:53.11	40.10	400m:	5:09.39	37.26

25
 11.04.2026 - 11:30

, 200m

(14-15)

 2:06.12
 2:09.64

(KOR)

 26.07.2019
 06.08.2015

: AQUA 2026

								R.T.				
1.			22.03.2011					+0,76	2:21.16			702
	50m:	32.14	32.14	100m:	1:07.34	35.20	150m:	1:43.82	36.48	200m:	2:21.16	37.34
2.			19.01.2011					+0,77	2:24.02			661
	50m:	32.21	32.21	100m:	1:08.94	36.73	150m:	1:47.15	38.21	200m:	2:24.02	36.87
3.			08.09.2011	I				+0,91	2:25.50			641
	50m:	34.58	34.58	100m:	1:11.81	37.23	150m:	1:49.30	37.49	200m:	2:25.50	36.20
4.			20.04.2011					+0,76	2:26.09			633
	50m:	33.32	33.32	100m:	1:10.91	37.59	150m:	1:48.75	37.84	200m:	2:26.09	37.34
5.			14.03.2011		-			+0,79	2:26.15			632
	50m:	34.01	34.01	100m:	1:11.90	37.89	150m:	1:51.15	39.25	200m:	2:26.15	35.00
6.			07.03.2011		-			+0,72	2:26.60			627
	50m:	33.52	33.52	100m:	1:10.69	37.17	150m:	1:48.69	38.00	200m:	2:26.60	37.91
7.			08.12.2011					+0,82	2:26.69			625
	50m:	33.71	33.71	100m:	1:10.00	36.29	150m:	1:48.01	38.01	200m:	2:26.69	38.68
8.			19.05.2011					+0,65	2:27.72			612
	50m:	33.41	33.41	100m:	1:11.89	38.48	150m:	1:50.54	38.65	200m:	2:27.72	37.18
9.			12.01.2011					+0,75	2:27.82			611
	50m:	32.82	32.82	100m:	1:09.79	36.97	150m:	1:47.73	37.94	200m:	2:27.82	40.09
10.			15.12.2011					+0,77	2:29.39			592
	50m:	34.41	34.41	100m:	1:12.85	38.44	150m:	1:51.50	38.65	200m:	2:29.39	37.89
11.			10.09.2011					+0,66	2:29.64	I		589
	50m:	34.69	34.69	100m:	1:13.24	38.55	150m:	1:50.23	36.99	200m:	2:29.64	39.41
12.			16.06.2011	I				+0,69	2:29.69	I		589
	50m:	32.60	32.60	100m:	1:11.68	39.08	150m:	1:51.87	40.19	200m:	2:29.69	37.82
13.			29.07.2011	I				+0,69	2:29.82	I		587
	50m:	35.16	35.16	100m:	1:13.19	38.03	150m:	1:52.43	39.24	200m:	2:29.82	37.39
14.			31.07.2011	I				+0,78	2:30.62	I		578
	50m:	34.12	34.12	100m:	1:11.87	37.75	150m:	1:51.15	39.28	200m:	2:30.62	39.47
15.			27.02.2011	I				+0,73	2:30.89	I		575
	50m:	35.23	35.23	100m:	1:13.75	38.52	150m:	1:52.31	38.56	200m:	2:30.89	38.58
16.			27.02.2012	I				+0,84	2:31.81	I		564
	50m:	34.11	34.11	100m:	1:13.33	39.22	150m:	1:53.71	40.38	200m:	2:31.81	38.10
17.			20.02.2012					+0,81	2:32.30	I		559
	50m:	33.87	33.87	100m:	1:13.28	39.41	150m:	1:54.19	40.91	200m:	2:32.30	38.11
18.			20.01.2012	I				+0,89	2:33.36	I		547
	50m:	35.31	35.31	100m:	1:13.14	37.83	150m:	1:52.73	39.59	200m:	2:33.36	40.63
19.			23.02.2011	I				+0,74	2:33.47	I		546
	50m:	35.36	35.36	100m:	1:14.37	39.01	150m:	1:53.68	39.31	200m:	2:33.47	39.79
20.			16.02.2012	I				+0,78	2:34.53	I		535
	50m:	34.79	34.79	100m:	1:14.13	39.34	150m:	1:54.59	40.46	200m:	2:34.53	39.94

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SWISS TIMING QUANTUM ACUATICS

		25, , 200m , (14-15)								R.T.		
21.				15.02.2011	I	-	-	+0,94	2:34.68	I		533
	50m:	33.42	33.42	100m:	1:12.83	39.41	150m:	1:53.99	41.16	200m:	2:34.68	40.69
22.				16.01.2011	I			+0,72	2:34.94	I		531
	50m:	36.17	36.17	100m:	1:15.45	39.28	150m:	1:55.22	39.77	200m:	2:34.94	39.72
23.				23.02.2011	I			+0,68	2:35.15	I		529
	50m:	35.64	35.64	100m:	1:15.05	39.41	150m:	1:55.20	40.15	200m:	2:35.15	39.95
24.				22.06.2011	I			+0,73	2:35.33	I		527
	50m:	36.03	36.03	100m:	1:15.01	38.98	150m:	1:55.17	40.16	200m:	2:35.33	40.16
25.				30.03.2011	I			+0,76	2:35.35	I		526
	50m:	35.67	35.67	100m:	1:16.05	40.38	150m:	1:55.69	39.64	200m:	2:35.35	39.66
26.				12.07.2012	I			+0,80	2:36.44	I		516
	50m:	36.60	36.60	100m:	1:16.44	39.84	150m:	1:56.59	40.15	200m:	2:36.44	39.85
27.				25.05.2011	I			+0,72	2:36.70	I		513
	50m:	35.10	35.10	100m:	1:15.22	40.12	150m:	1:55.99	40.77	200m:	2:36.70	40.71
28.				08.08.2011	I			+0,75	2:36.71	I		513
	50m:	36.38	36.38	100m:	1:16.42	40.04	150m:	1:57.17	40.75	200m:	2:36.71	39.54
29.				15.02.2011	I			+0,81	2:36.74	I		513
	50m:	35.49	35.49	100m:	1:14.92	39.43	150m:	1:55.65	40.73	200m:	2:36.74	41.09
30.				02.06.2011	I			+0,81	2:37.82	I		502
	50m:	37.06	37.06	100m:	1:16.94	39.88	150m:	1:57.71	40.77	200m:	2:37.82	40.11
31.				04.09.2012	I			+0,74	2:37.83	I		502
	50m:	36.91	36.91	100m:	1:17.26	40.35	150m:	1:59.28	42.02	200m:	2:37.83	38.55
32.				06.07.2011	I			+0,84	2:38.28	I		498
	50m:	35.68	35.68	100m:	1:15.19	39.51	150m:	1:56.17	40.98	200m:	2:38.28	42.11
33.				03.06.2011	I			+0,66	2:38.92	I		492
	50m:	36.41	36.41	100m:	1:17.47	41.06	150m:	1:58.58	41.11	200m:	2:38.92	40.34
34.				05.09.2012	I			+0,86	2:40.07			481
	50m:	37.12	37.12	100m:	1:18.13	41.01	150m:	1:59.22	41.09	200m:	2:40.07	40.85
35.				29.07.2011	I			+0,77	2:40.98			473
	50m:	34.08	34.08	100m:	1:14.75	40.67	150m:	1:56.85	42.10	200m:	2:40.98	44.13
36.				26.03.2011	I			+0,77	2:41.10			472
	50m:	35.47	35.47	100m:	1:16.11	40.64	150m:	1:58.03	41.92	200m:	2:41.10	43.07
37.				06.06.2012	I			+0,80	2:41.35			470
	50m:	35.72	35.72	100m:	1:16.74	41.02	150m:	1:58.45	41.71	200m:	2:41.35	42.90
38.				25.03.2012	I			+0,86	2:41.42			469
	50m:	37.75	37.75	100m:	1:20.75	43.00	150m:	2:04.30	43.55	200m:	2:41.42	37.12
39.				27.04.2012	I			+0,80	2:41.53			468
	50m:	35.91	35.91	100m:	1:17.50	41.59	150m:	1:59.48	41.98	200m:	2:41.53	42.05
40.				02.08.2011	I			+0,75	2:42.22			462
	50m:	36.41	36.41	100m:	1:17.09	40.68	150m:	1:59.74	42.65	200m:	2:42.22	42.48
41.				26.06.2011	I			+0,75	2:46.55			427
	50m:	36.69	36.69	100m:	1:21.13	44.44	150m:	2:05.14	44.01	200m:	2:46.55	41.41
42.				10.02.2011	I			+0,79	2:47.18			422
	50m:	37.13	37.13	100m:	1:19.98	42.85	150m:	2:04.18	44.20	200m:	2:47.18	43.00

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SWISS TIMING QUANTUM ACUATICS



КУБОК АЛЕКСАНДРА ПОПОВА

09-12 АПРЕЛЯ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

25, , 200m , (14-15)

				/					R.T.			
43.				15.02.2011	I				+0,75	2:54.93	369	
	50m:	40.70	40.70	100m:	1:27.42	46.72	150m:	2:13.16	45.74	200m:	2:54.93	41.77
DSQ				10.03.2011	I							
DSQ				22.01.2011	I							

спонсоры соревнований:



26 , 200m (14-15)
11.04.2026 - 11:52

2:17.55 21.04.2023
2:20.57 29.07.2021

(JPN)

: AQUA 2026

								R.T.				
1.			12.04.2011					+0,74	2:33.80			715
	50m:	35.74	35.74	100m:	1:16.02	40.28	150m:	1:55.27	39.25	200m:	2:33.80	38.53
2.			27.05.2012			-		+0,80	2:35.60			690
	50m:	35.50	35.50	100m:	1:14.59	39.09	150m:	1:55.07	40.48	200m:	2:35.60	40.53
3.			05.12.2011					+0,81	2:35.77			688
	50m:	36.63	36.63	100m:	1:15.03	38.40	150m:	1:55.28	40.25	200m:	2:35.77	40.49
4.			03.01.2012					+0,84	2:36.98			672
	50m:	36.05	36.05	100m:	1:16.66	40.61	150m:	1:57.34	40.68	200m:	2:36.98	39.64
5.			08.08.2011					+0,72	2:37.42			667
	50m:	36.06	36.06	100m:	1:16.23	40.17	150m:	1:56.91	40.68	200m:	2:37.42	40.51
6.			18.04.2011					+0,79	2:38.31			655
	50m:	36.85	36.85	100m:	1:17.22	40.37	150m:	1:57.29	40.07	200m:	2:38.31	41.02
7.			19.03.2012					+0,83	2:38.70			651
	50m:	37.75	37.75	100m:	1:18.59	40.84	150m:	2:00.04	41.45	200m:	2:38.70	38.66
8.			17.12.2011					+0,82	2:38.77			650
	50m:	36.09	36.09	100m:	1:16.01	39.92	150m:	1:57.80	41.79	200m:	2:38.77	40.97
9.			17.01.2012					+0,90	2:39.42			642
	50m:	37.20	37.20	100m:	1:16.96	39.76	150m:	1:58.40	41.44	200m:	2:39.42	41.02
10.			06.05.2011			-		+0,74	2:39.44			642
	50m:	36.64	36.64	100m:	1:17.54	40.90	150m:	1:59.34	41.80	200m:	2:39.44	40.10
11.			26.06.2012					+0,76	2:40.91			624
	50m:	36.75	36.75	100m:	1:18.48	41.73	150m:	1:59.74	41.26	200m:	2:40.91	41.17
12.			17.03.2011					+0,74	2:41.19			621
	50m:	36.30	36.30	100m:	1:16.77	40.47	150m:	1:59.68	42.91	200m:	2:41.19	41.51
13.			25.11.2011					+0,66	2:41.25			620
	50m:	37.13	37.13	100m:	1:18.29	41.16	150m:	1:59.90	41.61	200m:	2:41.25	41.35
14.			01.07.2012					+0,79	2:41.42			618
	50m:	36.41	36.41	100m:	1:17.89	41.48	150m:	1:59.32	41.43	200m:	2:41.42	42.10
15.			21.11.2012					+0,78	2:41.70			615
	50m:	35.92	35.92	100m:	1:17.52	41.60	150m:	2:00.67	43.15	200m:	2:41.70	41.03
16.			03.07.2012					+0,76	2:41.80			614
	50m:	36.98	36.98	100m:	1:18.22	41.24	150m:	2:00.69	42.47	200m:	2:41.80	41.11
17.			20.04.2012					+0,81	2:41.86			613
	50m:	36.05	36.05	100m:	1:17.08	41.03	150m:	1:59.27	42.19	200m:	2:41.86	42.59
18.			14.05.2011					+0,75	2:42.13			610
	50m:	36.59	36.59	100m:	1:17.88	41.29	150m:	2:00.60	42.72	200m:	2:42.13	41.53
19.			27.01.2012 I					+0,70	2:42.28			608
	50m:	38.27	38.27	100m:	1:19.74	41.47	150m:	2:00.93	41.19	200m:	2:42.28	41.35
20.			13.01.2011					+0,83	2:43.81			592
	50m:	38.01	38.01	100m:	1:20.38	42.37	150m:	2:01.94	41.56	200m:	2:43.81	41.87

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SWISS TIMING QUANTUM ACUATICS

		26, , 200m , (14-15)											
				/				R.T.					
21.				04.08.2012	I				+0,80	2:43.82			591
	50m:	38.69	38.69	100m:	1:20.89	42.20	150m:	2:01.58	40.69	200m:	2:43.82	42.24	
22.				25.03.2011					+0,79	2:43.92			590
	50m:	36.90	36.90	100m:	1:18.25	41.35	150m:	2:01.27	43.02	200m:	2:43.92	42.65	
23.				14.04.2011					+0,83	2:44.04			589
	50m:	37.85	37.85	100m:	1:19.40	41.55	150m:	2:01.99	42.59	200m:	2:44.04	42.05	
24.				20.02.2011					+0,74	2:44.27			587
	50m:	37.05	37.05	100m:	1:19.78	42.73	150m:	2:01.88	42.10	200m:	2:44.27	42.39	
25.				13.12.2011					+0,83	2:45.63			572
	50m:	37.90	37.90	100m:	1:19.53	41.63	150m:	2:03.30	43.77	200m:	2:45.63	42.33	
26.				20.02.2012	I				+0,96	2:45.89			570
	50m:	38.38	38.38	100m:	1:20.62	42.24	150m:	2:03.48	42.86	200m:	2:45.89	42.41	
27.				11.02.2011					+0,78	2:46.75	I		561
	50m:	37.52	37.52	100m:	1:21.20	43.68	150m:	2:05.28	44.08	200m:	2:46.75	41.47	
28.				20.10.2012		-	-		+0,72	2:47.13	I		557
	50m:	36.75	36.75	100m:	1:18.63	41.88	150m:	2:02.75	44.12	200m:	2:47.13	44.38	
29.				27.09.2011		-			+0,95	2:47.19	I		556
	50m:	38.40	38.40	100m:	1:21.59	43.19	150m:	2:04.74	43.15	200m:	2:47.19	42.45	
30.				25.09.2012					+0,65	2:47.63	I		552
	50m:	35.90	35.90	100m:	1:19.09	43.19	150m:	2:03.84	44.75	200m:	2:47.63	43.79	
31.				05.10.2011					+0,74	2:47.69	I		551
	50m:	37.40	37.40	100m:	1:21.46	44.06	150m:	2:04.48	43.02	200m:	2:47.69	43.21	
32.				04.02.2011					+0,73	2:47.98	I		549
	50m:	38.34	38.34	100m:	1:21.62	43.28	150m:	2:06.03	44.41	200m:	2:47.98	41.95	
33.				27.05.2011					+0,79	2:48.17	I		547
	50m:	39.06	39.06	100m:	1:21.69	42.63	150m:	2:05.39	43.70	200m:	2:48.17	42.78	
34.				09.03.2011					+0,77	2:49.00	I		539
	50m:	39.58	39.58	100m:	1:23.53	43.95	150m:	2:08.08	44.55	200m:	2:49.00	40.92	
35.				20.09.2011					+0,79	2:49.06	I		538
	50m:	38.38	38.38	100m:	1:21.34	42.96	150m:	2:05.82	44.48	200m:	2:49.06	43.24	
36.				18.01.2012					+0,82	2:49.27	I		536
	50m:	38.55	38.55	100m:	1:21.25	42.70	150m:	2:05.01	43.76	200m:	2:49.27	44.26	
37.				15.01.2012					+0,74	2:49.87	I		530
	50m:	38.39	38.39	100m:	1:21.83	43.44	150m:	2:06.33	44.50	200m:	2:49.87	43.54	
38.				12.08.2011	I				+0,81	2:50.02	I		529
	50m:	38.53	38.53	100m:	1:22.65	44.12	150m:	2:07.25	44.60	200m:	2:50.02	42.77	
39.				29.08.2011					+0,83	2:50.38	I		526
	50m:	38.97	38.97	100m:	1:22.38	43.41	150m:	2:07.04	44.66	200m:	2:50.38	43.34	
40.				23.02.2012	I				+0,80	2:51.08	I		519
	50m:	39.03	39.03	100m:	1:22.72	43.69	150m:	2:07.29	44.57	200m:	2:51.08	43.79	
41.				21.12.2011					+0,77	2:51.35	I		517
	50m:	38.70	38.70	100m:	1:21.20	42.50	150m:	2:06.09	44.89	200m:	2:51.35	45.26	
42.				07.02.2012	I				+0,86	2:51.88	I		512
	50m:	39.88	39.88	100m:	1:23.98	44.10	150m:	2:08.98	45.00	200m:	2:51.88	42.90	

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

		26, , 200m , (14-15)									
								R.T.			
43.				17.10.2011				+0,84	2:52.06		510
50m:	40.13	40.13	100m:	1:24.83	44.70	150m:	2:11.51	46.68	200m:	2:52.06	40.55
44.				09.11.2012				+0,72	2:52.23		509
50m:	38.51	38.51	100m:	1:22.64	44.13	150m:	2:07.53	44.89	200m:	2:52.23	44.70
45.				19.02.2011				+0,81	2:52.74		504
50m:	38.69	38.69	100m:	1:22.03	43.34	150m:	2:07.34	45.31	200m:	2:52.74	45.40
46.				20.10.2011				+0,70	2:53.28		500
50m:	40.24	40.24	100m:	1:24.65	44.41	150m:	2:09.39	44.74	200m:	2:53.28	43.89
47.				23.07.2011				+0,72	2:53.60		497
50m:	39.28	39.28	100m:	1:24.26	44.98	150m:	2:09.24	44.98	200m:	2:53.60	44.36
48.				26.04.2011				+0,73	2:55.71		479
50m:	41.49	41.49	100m:	1:26.70	45.21	150m:	2:12.91	46.21	200m:	2:55.71	42.80
49.				23.06.2011				+0,85	2:55.88		478
50m:	37.81	37.81	100m:	1:22.73	44.92	150m:	2:10.45	47.72	200m:	2:55.88	45.43
50.				16.12.2011				+0,80	2:56.10		476
50m:	38.73	38.73	100m:	1:24.24	45.51	150m:	2:10.19	45.95	200m:	2:56.10	45.91
51.				11.04.2012				+0,75	2:56.15		476
50m:	40.40	40.40	100m:	1:25.63	45.23	150m:	2:11.67	46.04	200m:	2:56.15	44.48
52.				16.04.2012				+0,83	2:56.45		473
50m:	40.47	40.47	100m:	1:25.57	45.10	150m:	2:11.82	46.25	200m:	2:56.45	44.63
53.				06.01.2011				+0,84	2:56.76		471
50m:	39.90	39.90	100m:	1:24.38	44.48	150m:	2:10.37	45.99	200m:	2:56.76	46.39
54.				21.12.2011				+0,86	2:57.00		469
50m:	40.38	40.38	100m:	1:24.70	44.32	150m:	2:10.94	46.24	200m:	2:57.00	46.06
55.				28.06.2012				+0,77	2:58.54		457
50m:	40.27	40.27	100m:	1:25.48	45.21	150m:	2:11.66	46.18	200m:	2:58.54	46.88
56.				21.12.2012				+0,78	2:58.85		454
50m:	42.48	42.48	100m:	1:29.46	46.98	150m:	2:15.76	46.30	200m:	2:58.85	43.09
57.				29.03.2012				+0,88	2:59.23		452
50m:	42.12	42.12	100m:	1:28.73	46.61	150m:	2:14.72	45.99	200m:	2:59.23	44.51
58.				29.07.2012				+0,75	2:59.68		448
50m:	40.41	40.41	100m:	1:26.13	45.72	150m:	2:13.04	46.91	200m:	2:59.68	46.64
59.				17.05.2012				+0,74	3:00.64		441
50m:	41.47	41.47	100m:	1:28.84	47.37	150m:	2:14.97	46.13	200m:	3:00.64	45.67
60.				27.08.2012				+0,84	3:00.66		441
50m:	43.99	43.99	100m:	1:30.13	46.14	150m:	2:17.15	47.02	200m:	3:00.66	43.51
61.				17.12.2012				+0,81	3:01.09		438
50m:	41.79	41.79	100m:	1:28.87	47.08	150m:	2:15.71	46.84	200m:	3:01.09	45.38
62.				17.10.2011				+0,86	3:05.49		407
50m:	42.42	42.42	100m:	1:29.10	46.68	150m:	2:16.61	47.51	200m:	3:05.49	48.88
63.				18.07.2011				+0,74	3:06.04		404
50m:	42.67	42.67	100m:	1:31.12	48.45	150m:	2:19.69	48.57	200m:	3:06.04	46.35
DSQ				06.08.2011							
DSQ				26.08.2011							

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SWISS TIMING QUANTUM ACUATICS

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

27 , 4 x 100m (14-15)
11.04.2026 - 12:33

		3:09.52			RUS	(ITA)			26.07.2009
		3:15.38			RUS	(ROU)			19.08.2025
: AQUA 2026									
		/			R.T.				
1.		+0,76	25.34	52.29	+0,76	3:31.14		708	
		+0,36	25.35	52.98	+0,48	25.03	52.94		
					+0,27	24.50	52.93		
2.	-	+0,79	25.14	53.35	+0,79	3:33.79		682	
		+0,21	25.07	53.27	+0,17	25.34	53.85		
					+0,44	25.25	53.32		
3.		+0,79	26.02	53.45	+0,79	3:36.08		661	
		+0,57	26.28	55.60	+0,64	26.06	54.11		
					+0,58	25.43	52.92		
4.		+0,69	25.20	52.59	+0,69	3:37.32		649	
		+0,48	25.91	55.40	+0,38	26.77	55.93		
					+0,37	25.64	53.40		
5.		+0,80	26.16	54.88	+0,80	3:38.00		643	
		+0,35	25.88	55.24	+0,51	25.64	54.93		
					+0,52	25.09	52.95		
6.		+0,74	26.36	55.13	+0,74	3:38.10		642	
		+0,51	26.48	55.61	+0,48	25.80	54.13		
					+0,53	25.11	53.23		
7.		+0,72	24.83	52.49	+0,72	3:38.28		641	
		+0,23	25.29	53.76	+0,40	26.80	56.68		
					+0,59	26.18	55.35		
8.		+0,78	26.54	54.80	+0,78	3:39.75		628	
		+0,51	26.17	55.05	+0,56	26.19	54.06		
					+0,65	26.81	55.84		
9.		+0,79	25.95	53.30	+0,79	3:40.49		622	
		+0,39	25.56	54.71	+0,42	26.17	56.06		
					+0,63	27.17	56.42		
10.		+0,74	25.98	54.62	+0,74	3:41.13		616	
		+0,48	27.18	56.47	+0,47	27.03	56.60		
					+0,10	25.64	53.44		
11.		+0,83	26.35	55.73	+0,83	3:42.07		609	
		+0,47	25.83	54.92	+0,39	25.93	57.29		
					+0,48	25.66	54.13		
12.		+0,73	26.00	54.99	+0,73	3:42.57		604	
		+0,77	27.04	56.33	+0,73	26.37	56.26		
					+0,36	26.09	54.99		
13.	-	+0,73	27.10	56.36	+0,73	3:42.67		604	
		+0,73	27.10	57.07	+0,37	25.83	54.70		
					+0,30	25.75	54.54		
14.		+0,72	26.29	54.72	+0,72	3:43.65		596	
		+0,19	25.51	55.75	+0,70	26.42	57.07		
					+0,65	26.34	56.11		
15.		+0,71	25.99	56.08	+0,71	3:43.87		594	
		+0,36	26.47	56.40	+0,60	26.34	56.10		
					+0,23	26.23	55.29		

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

27, , 4 x 100m , (14-15)

					R.T.	
16.					+0,81 3:44.06	592
	+0,81	26.63	55.20		+0,24 26.54	57.51
	+0,51	26.94	57.51		+0,46 25.96	53.84
17.					+0,69 3:44.56	589
	+0,69	26.46	55.34		+0,43 26.36	55.05
	+0,17	27.27	57.38		+0,37 26.64	56.79
18.					+0,67 3:44.90	586
	+0,67	26.68	54.42		+0,49 27.95	58.15
	+0,71	27.23	56.47		+0,21 26.53	55.86
19.					+0,78 3:44.95	585
	+0,78	25.90	54.06		+0,57 27.30	57.93
	+0,28	26.86	56.92		+0,45 26.50	56.04
20.					+0,73 3:45.36	582
	+0,73	27.09	55.94		+0,58 26.93	56.95
	+0,54	26.81	56.02		+0,69 26.78	56.45
21.					+0,72 3:46.08	577
	+0,72	26.99	55.89		+0,62 26.96	57.76
	+0,50	26.34	56.20		+0,49 26.55	56.23
22.					+0,86 3:46.81	571
	+0,86	27.97	57.46		+0,49 27.84	57.00
	+0,39	27.79	57.87		+0,20 26.33	54.48
23.					+0,70 3:47.85	563
	+0,70	26.25	54.88		+0,51 28.36	59.40
	+0,13	27.42	57.72		+0,42 25.94	55.85
24.	-			-	+0,77 3:49.19	554
	+0,77	26.95	55.79		+0,10 27.72	58.98
	+0,76	28.47	59.95		+0,45 25.52	54.47
25.					+0,79 3:49.39	552
	+0,79	26.22	54.05		+0,41 26.74	57.32
	+0,43	28.23	59.34		+0,44 28.00	58.68
26.					+0,79 3:49.49	551
	+0,79	26.52	56.03		+0,22 26.82	57.07
	+0,42	27.86	58.48		+0,57 27.01	57.91
27.					+0,72 3:49.52	551
	+0,72	26.90	56.34		+0,52 28.07	58.61
	+0,66	27.60	57.64		+0,56 26.62	56.93
28.					+0,76 3:51.82	535
	+0,76	28.83	1:00.10		+0,53 27.08	58.69
	+0,72	27.36	58.23		0.00 25.74	54.80
29.					+0,70 3:53.04	527
	+0,70	26.68	56.34		+0,58 26.57	57.93
	+0,30	28.51	1:00.40		+0,66 27.94	58.37
30.					+0,80 3:53.25	525
	+0,80	28.04	58.61		+0,64 28.01	58.54
	+0,75	28.20	58.16		+0,56 26.98	57.94
31.					+0,70 3:53.87	521
	+0,70	27.70	57.17		+0,10 27.64	58.98
	+0,46	28.85	59.67		+0,24 27.28	58.05

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SWISS TIMING QUANTUM ACUATICS



27, , 4 x 100m , (14-15)

					R.T.	
32.					+0,79 3:56.09	506
	+0,79	28.20	57.60		+0,60 26.93 56.83	
	+0,42	28.84	1:01.15		+0,46 29.01 1:00.51	
33.					+0,79 3:56.51	504
	+0,79	27.85	59.73		+0,41 28.08 58.13	
	+0,63	29.05	1:00.35		+0,45 27.94 58.30	
34.					+0,74 4:00.84	477
	+0,74	27.75	58.98		+0,55 28.41 1:01.07	
	+0,50	28.47	1:01.57		+0,49 28.01 59.22	

28 , 4 x 100m (14-15)
 11.04.2026 - 12:57

		3:34.69			RUS	(SGP)	27.07.2025
		3:37.87			RUS	(ROU)	23.08.2025
: AQUA 2026							
		/			R.T.		
1.		+0,76	27.77	58.54	+0,76	3:54.50	697
		+0,33	27.59	58.36	+0,69	27.61	58.40
					+0,40	28.83	59.20
2.	-	+0,82	28.16	58.21	+0,82	3:54.56	696
		+0,50	28.20	58.93	+0,32	27.66	58.93
					+0,39	27.62	58.49
3.		+0,73	28.96	59.14	+0,73	3:56.07	683
		+0,53	28.28	1:00.26	+0,35	28.61	59.76
					+0,38	27.17	56.91
4.		+0,72	27.77	58.36	+0,72	3:58.11	666
		+0,48	28.00	59.40	+0,11	28.19	59.89
					+0,54	28.66	1:00.46
5.		+0,75	28.32	58.82	+0,75	3:58.45	663
		+0,40	28.26	1:00.14	+0,40	28.34	1:00.01
					+0,34	28.11	59.48
6.		+0,78	28.61	1:00.58	+0,78	3:59.68	653
		+0,53	29.02	1:00.88	+0,56	28.68	59.15
					+0,45	28.40	59.07
7.		+0,81	28.80	1:00.45	+0,81	4:00.28	648
		+0,44	28.40	59.91	+0,64	27.80	59.05
					+0,35	28.82	1:00.87
8.		+0,69	27.85	58.19	+0,69	4:00.31	648
		+0,33	28.17	59.29	+0,40	28.84	1:00.66
					+0,62	30.05	1:02.17
9.		+0,74	28.71	1:01.04	+0,74	4:00.54	646
		+0,22	28.35	59.64	+0,34	29.03	59.78
					+0,57	29.43	1:00.08
10.	-	+0,71	29.60	1:00.56	+0,71	4:00.56	646
		+0,42	28.94	1:00.86	+0,37	28.67	59.06
					+0,44	28.94	1:00.08
11.		+0,77	28.55	59.84	+0,77	4:00.81	644
		+0,19	27.68	59.49	+0,48	29.49	1:02.08
					+0,36	28.35	59.40
12.		+0,75	28.42	1:00.66	+0,75	4:01.15	641
		+0,59	28.99	59.80	+0,44	28.04	1:01.06
					+0,28	28.36	59.63
13.		+0,72	28.23	59.25	+0,72	4:02.90	627
		+0,53	29.57	1:02.05	+0,45	29.01	1:00.93
					+0,60	28.51	1:00.67
14.		+0,76	29.39	1:01.74	+0,76	4:02.97	627
		+0,52	27.56	58.19	+0,55	28.99	1:00.88
					+0,48	28.73	1:02.16
15.		+0,78	29.37	1:00.45	+0,78	4:03.82	620
		+0,42	29.71	1:02.69	+0,55	28.70	1:01.20
					+0,46	28.18	59.48

" ", 50

SWISS TIMING QUANTUM ACUATICS

28, , 4 x 100m , (14-15)

					R.T.	
16.	+0,69	28.70	1:00.14		+0,69 4:03.83	620
	+0,55	29.07	1:01.65		+0,71 28.86 1:00.44	
					+0,54 29.57 1:01.60	
17.	+0,77	28.74	1:00.78		+0,77 4:04.21	617
	+0,57	29.48	1:01.68		+0,61 28.99 1:01.14	
					+0,53 29.40 1:00.61	
18.	+0,82	29.29	1:00.77		+0,82 4:05.00	611
	+0,77	29.04	1:01.50		+0,31 30.26 1:02.50	
					+0,29 28.53 1:00.23	
19.	+0,83	29.36	1:01.00		+0,83 4:05.23	609
	+0,57	29.33	1:02.20		+0,30 29.15 1:01.78	
					+0,64 28.91 1:00.25	
20.	+0,79	28.21	59.07		+0,79 4:05.78	605
	+0,72	29.49	1:02.93		+0,54 30.63 1:04.23	
					+0,58 28.77 59.55	
21.	+0,84	29.96	1:01.78		+0,84 4:06.39	601
	+0,66	29.09	59.86		+0,42 30.14 1:02.28	
					+0,33 29.58 1:02.47	
22.	+0,83	29.05	1:01.65		+0,83 4:09.47	579
	+0,59	29.16	1:01.28		+0,59 30.87 1:04.96	
					+0,50 29.80 1:01.58	
23.	+0,69	29.81	1:01.69		+0,69 4:10.08	575
	+0,34	29.02	1:02.82		+0,21 29.51 1:04.50	
					+0,65 28.92 1:01.07	
24.	+0,84	29.76	1:02.86		+0,84 4:10.96	569
	+0,54	29.52	1:01.79		+0,30 29.60 1:01.80	
					+0,47 30.24 1:04.51	
25.	+0,81	28.43	1:00.34		+0,81 4:11.77	563
	+0,44	31.03	1:05.50		+0,52 29.76 1:02.11	
					+0,65 30.06 1:03.82	
26.	+0,88	30.15	1:02.91		+0,88 4:12.59	558
	+0,59	30.78	1:04.25		+0,59 30.16 1:04.13	
					+0,45 29.36 1:01.30	
27.	+0,78	29.53	1:03.49		+0,78 4:13.16	554
	+0,28	29.61	1:04.15		+0,59 30.70 1:04.84	
					+0,46 28.61 1:00.68	
28.	+0,72	30.23	1:03.49		+0,72 4:14.52	545
	+0,67	29.64	1:03.70		+0,64 29.64 1:03.06	
					+0,60 30.13 1:04.27	
29.	+0,82	30.36	1:03.68		+0,82 4:15.30	540
	+0,60	30.17	1:04.46		+0,39 30.27 1:03.92	
					+0,65 29.90 1:03.24	
30.	+0,64	30.21	1:02.10		+0,64 4:15.55	538
	+0,54	30.03	1:03.80		+0,41 30.50 1:04.45	
					+0,39 30.76 1:05.20	
31.	+0,71	29.65	1:03.72		+0,71 4:15.56	538
	+0,44	31.93	1:07.75		+0,69 30.22 1:03.81	
					+0,61 28.80 1:00.28	

28, , 4 x 100m , (14-15)

					R.T.	
32.					+0,76 4:15.79	537
	+0,76	28.94	1:00.15		+0,38 30.26	1:04.03
	+0,62	30.61	1:05.06		+0,34 31.56	1:06.55
33.					+0,81 4:16.10	535
	+0,81	29.24	1:01.72		+0,56 30.17	1:04.60
	+0,55	30.60	1:05.78		+0,57 30.20	1:04.00
34.					+0,80 4:16.16	535
	+0,80	29.43	1:03.47		+0,24 31.21	1:06.95
	+0,47	30.81	1:04.34		+0,37 28.99	1:01.40
35.					+0,81 4:16.61	532
	+0,81	29.68	1:00.48		+0,33 30.93	1:05.27
	+0,48	30.98	1:04.79		+0,56 30.86	1:06.07
36.					+0,78 4:18.00	523
	+0,78	30.96	1:05.24		+0,53 29.90	1:03.36
	+0,64	30.63	1:05.35		+0,57 30.33	1:04.05
37.					+0,65 4:18.30	521
	+0,65	31.47	1:06.05		+0,51 29.99	1:02.84
	+0,67	31.79	1:08.36		+0,38 29.18	1:01.05
38.					+0,73 4:18.40	521
	+0,73	29.59	1:00.04		+0,46 32.18	1:07.05
	+0,43	32.34	1:07.01		+0,58 30.87	1:04.30
39.					+0,91 4:18.80	518
	+0,91	31.04	1:04.47		+0,56 29.69	1:03.70
	+0,73	30.91	1:04.75		+0,53 30.43	1:05.88
40.					+0,74 4:19.00	517
	+0,74	29.70	1:01.58		+0,38 31.67	1:08.37
	+0,39	30.76	1:04.98		+0,39 30.25	1:04.07
41.					+0,72 4:19.58	514
	+0,72	30.32	1:03.88		+0,27 31.03	1:05.33
	+0,29	31.18	1:05.35		+0,52 30.45	1:05.02
42.					+0,87 4:22.70	496
	+0,87	31.01	1:04.55		+0,40 30.16	1:04.31
	+0,60	32.39	1:07.23		+0,58 30.98	1:06.61
43.					+0,87 4:25.89	478
	+0,87	31.15	1:05.90		+0,46 31.58	1:06.89
	+0,43	31.63	1:08.01		+0,46 29.83	1:05.09

29 , 1500m (14-15)
11.04.2026 - 13:39

14:41.13 (CHN) 15.08.2008
14:59.56 - - (BRA) 12.08.2016

: AQUA 2026

								R.T.				
1.			13.04.2011					+0,79	16:16.08		709	
	50m:	28.85	28.85	450m:	4:49.40	32.90	850m:	9:10.63	32.67	1250m:	13:33.17	33.13
	100m:	1:00.05	31.20	500m:	5:21.92	32.52	900m:	9:42.85	32.22	1300m:	14:06.02	32.85
	150m:	1:32.77	32.72	550m:	5:54.94	33.02	950m:	10:15.46	32.61	1350m:	14:39.35	33.33
	200m:	2:05.15	32.38	600m:	6:27.72	32.78	1000m:	10:48.10	32.64	1400m:	15:12.09	32.74
	250m:	2:38.00	32.85	650m:	7:00.71	32.99	1050m:	11:20.87	32.77	1450m:	15:44.89	32.80
	300m:	3:10.71	32.71	700m:	7:33.09	32.38	1100m:	11:53.31	32.44	1500m:	16:16.08	31.19
	350m:	3:43.49	32.78	750m:	8:05.69	32.60	1150m:	12:26.68	33.37			
	400m:	4:16.50	33.01	800m:	8:37.96	32.27	1200m:	13:00.04	33.36			
2.			20.02.2012					+0,88	16:18.96		703	
	50m:	27.85	27.85	450m:	4:46.14	33.14	850m:	9:12.05	33.12	1250m:	13:36.32	32.57
	100m:	58.46	30.61	500m:	5:19.11	32.97	900m:	9:45.08	33.03	1300m:	14:09.43	33.11
	150m:	1:30.19	31.73	550m:	5:52.49	33.38	950m:	10:18.27	33.19	1350m:	14:43.14	33.71
	200m:	2:02.74	32.55	600m:	6:25.82	33.33	1000m:	10:51.15	32.88	1400m:	15:15.46	32.32
	250m:	2:34.84	32.10	650m:	6:59.36	33.54	1050m:	11:24.40	33.25	1450m:	15:48.27	32.81
	300m:	3:07.12	32.28	700m:	7:32.74	33.38	1100m:	11:57.53	33.13	1500m:	16:18.96	30.69
	350m:	3:39.92	32.80	750m:	8:06.09	33.35	1150m:	12:30.71	33.18			
	400m:	4:13.00	33.08	800m:	8:38.93	32.84	1200m:	13:03.75	33.04			
3.			25.01.2012					+0,83	16:25.74		689	
	50m:	28.37	28.37	450m:	4:51.02	33.08	850m:	9:15.40	32.49	1250m:	13:39.92	33.23
	100m:	1:00.42	32.05	500m:	5:24.14	33.12	900m:	9:48.53	33.13	1300m:	14:13.79	33.87
	150m:	1:32.64	32.22	550m:	5:57.41	33.27	950m:	10:21.71	33.18	1350m:	14:46.82	33.03
	200m:	2:05.91	33.27	600m:	6:31.23	33.82	1000m:	10:54.73	33.02	1400m:	15:20.92	34.10
	250m:	2:38.51	32.60	650m:	7:03.93	32.70	1050m:	11:27.21	32.48	1450m:	15:53.42	32.50
	300m:	3:11.56	33.05	700m:	7:36.76	32.83	1100m:	12:00.44	33.23	1500m:	16:25.74	32.32
	350m:	3:44.55	32.99	750m:	8:09.86	33.10	1150m:	12:33.33	32.89			
	400m:	4:17.94	33.39	800m:	8:42.91	33.05	1200m:	13:06.69	33.36			
4.			04.06.2011					+0,86	16:28.04		684	
	50m:	28.66	28.66	450m:	4:47.72	33.22	850m:	9:12.29	33.00	1250m:	13:41.36	34.34
	100m:	59.65	30.99	500m:	5:20.57	32.85	900m:	9:45.28	32.99	1300m:	14:15.17	33.81
	150m:	1:31.73	32.08	550m:	5:53.31	32.74	950m:	10:19.13	33.85	1350m:	14:49.27	34.10
	200m:	2:04.09	32.36	600m:	6:26.48	33.17	1000m:	10:53.00	33.87	1400m:	15:22.67	33.40
	250m:	2:36.61	32.52	650m:	6:59.80	33.32	1050m:	11:26.36	33.36	1450m:	15:55.90	33.23
	300m:	3:09.26	32.65	700m:	7:33.26	33.46	1100m:	11:59.73	33.37	1500m:	16:28.04	32.14
	350m:	3:41.45	32.19	750m:	8:06.42	33.16	1150m:	12:33.49	33.76			
	400m:	4:14.50	33.05	800m:	8:39.29	32.87	1200m:	13:07.02	33.53			
5.			28.11.2011					+0,94	16:35.93		668	
	50m:	29.81	29.81	450m:	4:53.39	33.51	850m:	9:21.64	33.72	1250m:	13:49.28	33.64
	100m:	1:01.67	31.86	500m:	5:26.31	32.92	900m:	9:54.83	33.19	1300m:	14:22.81	33.53
	150m:	1:34.24	32.57	550m:	6:00.04	33.73	950m:	10:28.26	33.43	1350m:	14:56.51	33.70
	200m:	2:07.00	32.76	600m:	6:33.39	33.35	1000m:	11:01.49	33.23	1400m:	15:29.50	32.99
	250m:	2:40.13	33.13	650m:	7:06.93	33.54	1050m:	11:34.72	33.23	1450m:	16:03.68	34.18
	300m:	3:13.35	33.22	700m:	7:40.30	33.37	1100m:	12:07.95	33.23	1500m:	16:35.93	32.25
	350m:	3:46.98	33.63	750m:	8:14.36	34.06	1150m:	12:42.05	34.10			
	400m:	4:19.88	32.90	800m:	8:47.92	33.56	1200m:	13:15.64	33.59			

" ", 50

SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

29, , 1500m , (14-15)

								R.T.					
6.	07.03.2011								+0,93 16:36.32				667
50m:	30.21	30.21	450m:	4:55.95	33.39	850m:	9:22.81	33.73	1250m:	13:51.13	33.73		
100m:	1:02.65	32.44	500m:	5:28.91	32.96	900m:	9:56.10	33.29	1300m:	14:24.66	33.53		
150m:	1:36.13	33.48	550m:	6:02.65	33.74	950m:	10:29.89	33.79	1350m:	14:58.31	33.65		
200m:	2:09.37	33.24	600m:	6:35.46	32.81	1000m:	11:03.27	33.38	1400m:	15:31.69	33.38		
250m:	2:42.89	33.52	650m:	7:08.98	33.52	1050m:	11:36.96	33.69	1450m:	16:04.67	32.98		
300m:	3:15.97	33.08	700m:	7:42.02	33.04	1100m:	12:10.42	33.46	1500m:	16:36.32	31.65		
350m:	3:49.41	33.44	750m:	8:15.76	33.74	1150m:	12:44.00	33.58					
400m:	4:22.56	33.15	800m:	8:49.08	33.32	1200m:	13:17.40	33.40					
7.	09.02.2011								+0,71 16:37.71				664
50m:	29.71	29.71	450m:	4:53.54	33.58	850m:	9:20.74	33.74	1250m:	13:50.46	34.09		
100m:	1:01.85	32.14	500m:	5:26.77	33.23	900m:	9:54.54	33.80	1300m:	14:24.28	33.82		
150m:	1:34.95	33.10	550m:	5:59.69	32.92	950m:	10:28.00	33.46	1350m:	14:58.50	34.22		
200m:	2:07.93	32.98	600m:	6:33.12	33.43	1000m:	11:01.46	33.46	1400m:	15:32.30	33.80		
250m:	2:40.68	32.75	650m:	7:06.24	33.12	1050m:	11:34.98	33.52	1450m:	16:05.85	33.55		
300m:	3:13.87	33.19	700m:	7:39.54	33.30	1100m:	12:08.70	33.72	1500m:	16:37.71	31.86		
350m:	3:46.96	33.09	750m:	8:13.33	33.79	1150m:	12:42.47	33.77					
400m:	4:19.96	33.00	800m:	8:47.00	33.67	1200m:	13:16.37	33.90					
8.	04.02.2011								+0,75 16:43.77				652
50m:	29.92	29.92	450m:	4:56.36	33.45	850m:	9:23.97	33.73	1250m:	13:54.93	34.02		
100m:	1:02.90	32.98	500m:	5:29.85	33.49	900m:	9:57.63	33.66	1300m:	14:29.27	34.34		
150m:	1:36.15	33.25	550m:	6:03.06	33.21	950m:	10:31.54	33.91	1350m:	15:03.28	34.01		
200m:	2:09.59	33.44	600m:	6:36.80	33.74	1000m:	11:04.90	33.36	1400m:	15:37.73	34.45		
250m:	2:42.61	33.02	650m:	7:09.90	33.10	1050m:	11:38.55	33.65	1450m:	16:11.24	33.51		
300m:	3:16.17	33.56	700m:	7:43.21	33.31	1100m:	12:12.47	33.92	1500m:	16:43.77	32.53		
350m:	3:49.46	33.29	750m:	8:16.94	33.73	1150m:	12:46.94	34.47					
400m:	4:22.91	33.45	800m:	8:50.24	33.30	1200m:	13:20.91	33.97					
9.	10.06.2011								+0,92 16:50.97				638
50m:	29.54	29.54	450m:	4:57.74	33.66	850m:	9:29.90	34.12	1250m:	14:03.13	34.39		
100m:	1:01.62	32.08	500m:	5:31.61	33.87	900m:	10:03.87	33.97	1300m:	14:37.13	34.00		
150m:	1:35.72	34.10	550m:	6:05.70	34.09	950m:	10:37.88	34.01	1350m:	15:11.26	34.13		
200m:	2:09.18	33.46	600m:	6:39.24	33.54	1000m:	11:11.73	33.85	1400m:	15:45.33	34.07		
250m:	2:43.18	34.00	650m:	7:13.49	34.25	1050m:	11:45.98	34.25	1450m:	16:19.49	34.16		
300m:	3:16.60	33.42	700m:	7:47.27	33.78	1100m:	12:20.12	34.14	1500m:	16:50.97	31.48		
350m:	3:50.29	33.69	750m:	8:21.74	34.47	1150m:	12:54.44	34.32					
400m:	4:24.08	33.79	800m:	8:55.78	34.04	1200m:	13:28.74	34.30					
10.	16.02.2011								+0,91 16:51.61				637
50m:	29.45	29.45	450m:	4:55.78	33.58	850m:	9:28.16	34.39	1250m:	14:02.52	34.45		
100m:	1:01.66	32.21	500m:	5:29.34	33.56	900m:	10:02.21	34.05	1300m:	14:36.58	34.06		
150m:	1:34.98	33.32	550m:	6:03.51	34.17	950m:	10:36.61	34.40	1350m:	15:11.13	34.55		
200m:	2:08.17	33.19	600m:	6:37.09	33.58	1000m:	11:10.57	33.96	1400m:	15:45.23	34.10		
250m:	2:41.19	33.02	650m:	7:11.59	34.50	1050m:	11:45.07	34.50	1450m:	16:19.38	34.15		
300m:	3:15.04	33.85	700m:	7:45.63	34.04	1100m:	12:19.27	34.20	1500m:	16:51.61	32.23		
350m:	3:48.75	33.71	750m:	8:19.71	34.08	1150m:	12:53.80	34.53					
400m:	4:22.20	33.45	800m:	8:53.77	34.06	1200m:	13:28.07	34.27					
11.	14.12.2011 I								+0,85 16:56.18				628
50m:	30.58	30.58	450m:	5:04.80	35.02	850m:	9:36.21	34.82	1250m:	14:09.40	34.54		
100m:	1:03.17	32.59	500m:	5:39.59	34.79	900m:	10:09.74	33.53	1300m:	14:43.75	34.35		
150m:	1:37.97	34.80	550m:	6:12.78	33.19	950m:	10:45.06	35.32	1350m:	15:18.09	34.34		
200m:	2:11.45	33.48	600m:	6:45.48	32.70	1000m:	11:19.75	34.69	1400m:	15:51.77	33.68		
250m:	2:45.83	34.38	650m:	7:19.97	34.49	1050m:	11:53.72	33.97	1450m:	16:25.27	33.50		
300m:	3:20.23	34.40	700m:	7:53.58	33.61	1100m:	12:26.81	33.09	1500m:	16:56.18	30.91		
350m:	3:55.39	35.16	750m:	8:27.50	33.92	1150m:	13:01.11	34.30					
400m:	4:29.78	34.39	800m:	9:01.39	33.89	1200m:	13:34.86	33.75					

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SWISS TIMING QUANTUM ACUATICS

29, , 1500m , (14-15)

R.T.

12.			27.09.2011						+0,75	16:56.45		628
	50m:	30.38	30.38	450m:	4:55.80	34.08	850m:	9:29.38	34.59	1250m:	14:05.36	34.61
	100m:	1:02.76	32.38	500m:	5:29.82	34.02	900m:	10:03.74	34.36	1300m:	14:40.10	34.74
	150m:	1:35.41	32.65	550m:	6:04.06	34.24	950m:	10:38.08	34.34	1350m:	15:14.52	34.42
	200m:	2:08.25	32.84	600m:	6:38.16	34.10	1000m:	11:12.49	34.41	1400m:	15:49.13	34.61
	250m:	2:41.36	33.11	650m:	7:12.40	34.24	1050m:	11:47.17	34.68	1450m:	16:23.92	34.79
	300m:	3:14.53	33.17	700m:	7:46.45	34.05	1100m:	12:21.73	34.56	1500m:	16:56.45	32.53
	350m:	3:48.09	33.56	750m:	8:20.68	34.23	1150m:	12:56.22	34.49			
	400m:	4:21.72	33.63	800m:	8:54.79	34.11	1200m:	13:30.75	34.53			
13.			30.12.2011						+0,72	17:00.29		621
	50m:	31.37	31.37	450m:	5:03.22	34.13	850m:	9:36.38	34.19	1250m:	14:10.95	34.47
	100m:	1:04.53	33.16	500m:	5:37.59	34.37	900m:	10:10.50	34.12	1300m:	14:45.50	34.55
	150m:	1:38.56	34.03	550m:	6:11.80	34.21	950m:	10:44.97	34.47	1350m:	15:19.85	34.35
	200m:	2:12.80	34.24	600m:	6:45.97	34.17	1000m:	11:19.64	34.67	1400m:	15:54.27	34.42
	250m:	2:46.76	33.96	650m:	7:20.06	34.09	1050m:	11:53.88	34.24	1450m:	16:28.14	33.87
	300m:	3:20.85	34.09	700m:	7:54.25	34.19	1100m:	12:28.00	34.12	1500m:	17:00.29	32.15
	350m:	3:54.67	33.82	750m:	8:28.08	33.83	1150m:	13:02.22	34.22			
	400m:	4:29.09	34.42	800m:	9:02.19	34.11	1200m:	13:36.48	34.26			
14.			17.01.2011						+0,81	17:01.69		618
	50m:	29.62	29.62	450m:	4:59.88	34.51	850m:	9:33.91	34.56	1250m:	14:12.29	35.44
	100m:	1:01.95	32.33	500m:	5:34.04	34.16	900m:	10:08.17	34.26	1300m:	14:47.05	34.76
	150m:	1:35.23	33.28	550m:	6:07.76	33.72	950m:	10:42.81	34.64	1350m:	15:22.03	34.98
	200m:	2:08.94	33.71	600m:	6:41.74	33.98	1000m:	11:17.27	34.46	1400m:	15:56.35	34.32
	250m:	2:42.85	33.91	650m:	7:15.99	34.25	1050m:	11:52.23	34.96	1450m:	16:30.07	33.72
	300m:	3:17.03	34.18	700m:	7:50.41	34.42	1100m:	12:26.83	34.60	1500m:	17:01.69	31.62
	350m:	3:51.18	34.15	750m:	8:25.23	34.82	1150m:	13:02.05	35.22			
	400m:	4:25.37	34.19	800m:	8:59.35	34.12	1200m:	13:36.85	34.80			
15.			05.02.2011 I						+0,68	17:05.76		611
	50m:	29.46	29.46	450m:	4:59.02	34.46	850m:	9:33.52	33.69	1250m:	14:10.72	34.88
	100m:	1:01.89	32.43	500m:	5:32.99	33.97	900m:	10:08.05	34.53	1300m:	14:46.36	35.64
	150m:	1:34.87	32.98	550m:	6:07.49	34.50	950m:	10:42.82	34.77	1350m:	15:21.41	35.05
	200m:	2:08.73	33.86	600m:	6:41.76	34.27	1000m:	11:17.20	34.38	1400m:	15:56.87	35.46
	250m:	2:42.97	34.24	650m:	7:16.40	34.64	1050m:	11:51.80	34.60	1450m:	16:31.12	34.25
	300m:	3:16.55	33.58	700m:	7:50.64	34.24	1100m:	12:26.55	34.75	1500m:	17:05.76	34.64
	350m:	3:50.62	34.07	750m:	8:25.40	34.76	1150m:	13:01.46	34.91			
	400m:	4:24.56	33.94	800m:	8:59.83	34.43	1200m:	13:35.84	34.38			
16.			13.07.2011						+0,83	17:06.03		611
	50m:	29.80	29.80	450m:	5:03.09	34.67	850m:	9:40.23	34.78	1250m:	14:17.30	34.52
	100m:	1:02.71	32.91	500m:	5:37.75	34.66	900m:	10:14.73	34.50	1300m:	14:51.72	34.42
	150m:	1:36.61	33.90	550m:	6:12.57	34.82	950m:	10:49.64	34.91	1350m:	15:26.08	34.36
	200m:	2:10.59	33.98	600m:	6:47.26	34.69	1000m:	11:24.51	34.87	1400m:	16:00.10	34.02
	250m:	2:44.54	33.95	650m:	7:21.89	34.63	1050m:	11:59.13	34.62	1450m:	16:34.37	34.27
	300m:	3:19.09	34.55	700m:	7:56.25	34.36	1100m:	12:33.52	34.39	1500m:	17:06.03	31.66
	350m:	3:53.58	34.49	750m:	8:30.85	34.60	1150m:	13:08.09	34.57			
	400m:	4:28.42	34.84	800m:	9:05.45	34.60	1200m:	13:42.78	34.69			
17.			22.10.2011 I						+0,70	17:08.63		606
	50m:	29.87	29.87	450m:	5:03.70	34.20	850m:	9:40.82	34.91	1250m:	14:20.10	34.99
	100m:	1:03.86	33.99	500m:	5:37.79	34.09	900m:	10:15.48	34.66	1300m:	14:54.67	34.57
	150m:	1:38.09	34.23	550m:	6:12.26	34.47	950m:	10:50.39	34.91	1350m:	15:29.64	34.97
	200m:	2:12.49	34.40	600m:	6:47.23	34.97	1000m:	11:25.51	35.12	1400m:	16:03.87	34.23
	250m:	2:46.87	34.38	650m:	7:21.67	34.44	1050m:	12:00.20	34.69	1450m:	16:37.27	33.40
	300m:	3:20.93	34.06	700m:	7:56.12	34.45	1100m:	12:35.36	35.16	1500m:	17:08.63	31.36
	350m:	3:55.43	34.50	750m:	8:31.09	34.97	1150m:	13:10.23	34.87			
	400m:	4:29.50	34.07	800m:	9:05.91	34.82	1200m:	13:45.11	34.88			

29, , 1500m , (14-15)

										R.T.			
18.				26.10.2011	I	-				+0,71	17:08.89		605
	50m:	30.06	30.06	450m:	5:03.85	34.46	850m:	9:41.29	34.70	1250m:	14:19.83	35.17	
	100m:	1:03.59	33.53	500m:	5:38.44	34.59	900m:	10:15.99	34.70	1300m:	14:54.52	34.69	
	150m:	1:37.38	33.79	550m:	6:13.33	34.89	950m:	10:51.13	35.14	1350m:	15:29.27	34.75	
	200m:	2:11.63	34.25	600m:	6:47.80	34.47	1000m:	11:25.95	34.82	1400m:	16:03.92	34.65	
	250m:	2:45.55	33.92	650m:	7:22.94	35.14	1050m:	12:00.70	34.75	1450m:	16:37.80	33.88	
	300m:	3:20.16	34.61	700m:	7:57.69	34.75	1100m:	12:35.50	34.80	1500m:	17:08.89	31.09	
	350m:	3:54.87	34.71	750m:	8:31.69	34.00	1150m:	13:10.24	34.74				
	400m:	4:29.39	34.52	800m:	9:06.59	34.90	1200m:	13:44.66	34.42				
19.				09.10.2012	I					+0,70	17:09.06		605
	50m:	30.42	30.42	450m:	5:04.52	34.94	850m:	9:42.23	34.98	1250m:	14:20.28	35.18	
	100m:	1:03.60	33.18	500m:	5:39.26	34.74	900m:	10:16.76	34.53	1300m:	14:55.35	35.07	
	150m:	1:37.24	33.64	550m:	6:13.97	34.71	950m:	10:51.67	34.91	1350m:	15:30.08	34.73	
	200m:	2:11.46	34.22	600m:	6:48.41	34.44	1000m:	11:26.22	34.55	1400m:	16:04.37	34.29	
	250m:	2:45.76	34.30	650m:	7:23.15	34.74	1050m:	12:00.91	34.69	1450m:	16:37.70	33.33	
	300m:	3:20.26	34.50	700m:	7:57.84	34.69	1100m:	12:35.59	34.68	1500m:	17:09.06	31.36	
	350m:	3:54.93	34.67	750m:	8:32.55	34.71	1150m:	13:10.40	34.81				
	400m:	4:29.58	34.65	800m:	9:07.25	34.70	1200m:	13:45.10	34.70				
20.				29.05.2011						+0,96	17:10.28		603
	50m:	31.63	31.63	450m:	5:06.63	34.87	850m:	9:44.52	35.12	1250m:	14:21.37	35.58	
	100m:	1:04.73	33.10	500m:	5:41.38	34.75	900m:	10:18.81	34.29	1300m:	14:55.70	34.33	
	150m:	1:39.13	34.40	550m:	6:15.99	34.61	950m:	10:53.75	34.94	1350m:	15:30.16	34.46	
	200m:	2:12.88	33.75	600m:	6:50.23	34.24	1000m:	11:28.11	34.36	1400m:	16:04.23	34.07	
	250m:	2:47.53	34.65	650m:	7:25.48	35.25	1050m:	12:02.77	34.66	1450m:	16:38.38	34.15	
	300m:	3:21.68	34.15	700m:	7:59.92	34.44	1100m:	12:36.71	33.94	1500m:	17:10.28	31.90	
	350m:	3:56.85	35.17	750m:	8:35.20	35.28	1150m:	13:11.62	34.91				
	400m:	4:31.76	34.91	800m:	9:09.40	34.20	1200m:	13:45.79	34.17				
21.				06.04.2011	I					+0,79	17:12.33		599
	50m:	30.82	30.82	450m:	5:02.66	35.01	850m:	9:40.50	35.33	1250m:	14:19.92	35.53	
	100m:	1:03.94	33.12	500m:	5:36.82	34.16	900m:	10:14.94	34.44	1300m:	14:54.60	34.68	
	150m:	1:37.96	34.02	550m:	6:11.73	34.91	950m:	10:50.21	35.27	1350m:	15:30.08	35.48	
	200m:	2:11.27	33.31	600m:	6:46.22	34.49	1000m:	11:24.66	34.45	1400m:	16:05.02	34.94	
	250m:	2:45.56	34.29	650m:	7:21.38	35.16	1050m:	11:59.77	35.11	1450m:	16:39.93	34.91	
	300m:	3:19.08	33.52	700m:	7:55.67	34.29	1100m:	12:34.44	34.67	1500m:	17:12.33	32.40	
	350m:	3:53.50	34.42	750m:	8:30.80	35.13	1150m:	13:09.70	35.26				
	400m:	4:27.65	34.15	800m:	9:05.17	34.37	1200m:	13:44.39	34.69				
22.				03.07.2011	I					+0,86	17:16.75		592
	50m:	30.87	30.87	450m:	5:05.15	34.49	850m:	9:43.09	34.83	1250m:	14:25.41	35.68	
	100m:	1:04.79	33.92	500m:	5:39.95	34.80	900m:	10:18.60	35.51	1300m:	15:00.66	35.25	
	150m:	1:38.41	33.62	550m:	6:14.46	34.51	950m:	10:53.41	34.81	1350m:	15:36.26	35.60	
	200m:	2:13.03	34.62	600m:	6:49.42	34.96	1000m:	11:28.82	35.41	1400m:	16:11.31	35.05	
	250m:	2:47.06	34.03	650m:	7:23.79	34.37	1050m:	12:03.71	34.89	1450m:	16:45.89	34.58	
	300m:	3:21.74	34.68	700m:	7:58.81	35.02	1100m:	12:39.14	35.43	1500m:	17:16.75	30.86	
	350m:	3:56.12	34.38	750m:	8:33.24	34.43	1150m:	13:14.29	35.15				
	400m:	4:30.66	34.54	800m:	9:08.26	35.02	1200m:	13:49.73	35.44				
23.				07.12.2011	I	-				+0,85	17:19.04		588
	50m:	31.34	31.34	450m:	5:07.12	34.48	850m:	9:45.65	35.30	1250m:	14:26.02	35.50	
	100m:	1:05.41	34.07	500m:	5:41.46	34.34	900m:	10:20.11	34.46	1300m:	15:00.93	34.91	
	150m:	1:39.90	34.49	550m:	6:16.32	34.86	950m:	10:55.33	35.22	1350m:	15:36.27	35.34	
	200m:	2:14.43	34.53	600m:	6:50.90	34.58	1000m:	11:30.20	34.87	1400m:	16:11.12	34.85	
	250m:	2:49.52	35.09	650m:	7:25.71	34.81	1050m:	12:05.71	35.51	1450m:	16:46.48	35.36	
	300m:	3:23.85	34.33	700m:	8:00.52	34.81	1100m:	12:40.40	34.69	1500m:	17:19.04	32.56	
	350m:	3:58.47	34.62	750m:	8:35.47	34.95	1150m:	13:15.76	35.36				
	400m:	4:32.64	34.17	800m:	9:10.35	34.88	1200m:	13:50.52	34.76				

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SWISS TIMING QUANTUM ACUATICS

29, , 1500m , (14-15)

													R.T.	
24.													+0,69 17:20.12	586
	50m:	29.56	29.56	450m:	5:05.96	34.53	850m:	9:46.03	35.07	1250m:	14:28.95	35.13		
	100m:	1:03.55	33.99	500m:	5:40.49	34.53	900m:	10:21.56	35.53	1300m:	15:04.36	35.41		
	150m:	1:38.14	34.59	550m:	6:15.02	34.53	950m:	10:56.78	35.22	1350m:	15:38.82	34.46		
	200m:	2:13.05	34.91	600m:	6:50.30	35.28	1000m:	11:32.33	35.55	1400m:	16:14.07	35.25		
	250m:	2:47.61	34.56	650m:	7:25.26	34.96	1050m:	12:08.06	35.73	1450m:	16:47.85	33.78		
	300m:	3:21.96	34.35	700m:	8:00.14	34.88	1100m:	12:43.43	35.37	1500m:	17:20.12	32.27		
	350m:	3:56.19	34.23	750m:	8:35.42	35.28	1150m:	13:17.92	34.49					
	400m:	4:31.43	35.24	800m:	9:10.96	35.54	1200m:	13:53.82	35.90					
25.													+0,84 17:21.67	583
	50m:	28.96	28.96	450m:	5:04.82	34.91	850m:	9:46.40	35.26	1250m:	14:27.45	35.08		
	100m:	1:02.18	33.22	500m:	5:40.08	35.26	900m:	10:21.45	35.05	1300m:	15:02.77	35.32		
	150m:	1:36.20	34.02	550m:	6:15.15	35.07	950m:	10:56.28	34.83	1350m:	15:37.87	35.10		
	200m:	2:10.68	34.48	600m:	6:50.27	35.12	1000m:	11:31.46	35.18	1400m:	16:13.20	35.33		
	250m:	2:45.16	34.48	650m:	7:25.54	35.27	1050m:	12:06.45	34.99	1450m:	16:47.86	34.66		
	300m:	3:20.29	35.13	700m:	8:00.80	35.26	1100m:	12:41.79	35.34	1500m:	17:21.67	33.81		
	350m:	3:54.97	34.68	750m:	8:36.11	35.31	1150m:	13:17.01	35.22					
	400m:	4:29.91	34.94	800m:	9:11.14	35.03	1200m:	13:52.37	35.36					
26.													+0,86 17:24.06	579
	50m:	31.51	31.51	450m:	5:06.30	34.46	850m:	9:46.56	35.26	1250m:	14:29.38	35.83		
	100m:	1:05.25	33.74	500m:	5:41.30	35.00	900m:	10:21.12	34.56	1300m:	15:05.08	35.70		
	150m:	1:39.03	33.78	550m:	6:16.18	34.88	950m:	10:56.62	35.50	1350m:	15:40.86	35.78		
	200m:	2:13.12	34.09	600m:	6:51.00	34.82	1000m:	11:31.77	35.15	1400m:	16:16.31	35.45		
	250m:	2:47.73	34.61	650m:	7:25.63	34.63	1050m:	12:06.94	35.17	1450m:	16:50.90	34.59		
	300m:	3:22.46	34.73	700m:	8:01.03	35.40	1100m:	12:42.36	35.42	1500m:	17:24.06	33.16		
	350m:	3:56.67	34.21	750m:	8:35.84	34.81	1150m:	13:17.98	35.62					
	400m:	4:31.84	35.17	800m:	9:11.30	35.46	1200m:	13:53.55	35.57					
27.													+0,76 17:33.40	564
	50m:	31.34	31.34	450m:	5:11.89	35.46	850m:	9:51.83	35.10	1250m:	14:37.03	35.88		
	100m:	1:05.61	34.27	500m:	5:47.03	35.14	900m:	10:27.00	35.17	1300m:	15:12.57	35.54		
	150m:	1:40.67	35.06	550m:	6:21.91	34.88	950m:	11:02.42	35.42	1350m:	15:48.71	36.14		
	200m:	2:15.70	35.03	600m:	6:56.54	34.63	1000m:	11:38.21	35.79	1400m:	16:24.25	35.54		
	250m:	2:50.74	35.04	650m:	7:31.98	35.44	1050m:	12:13.44	35.23	1450m:	16:59.65	35.40		
	300m:	3:25.89	35.15	700m:	8:06.88	34.90	1100m:	12:49.14	35.70	1500m:	17:33.40	33.75		
	350m:	4:00.95	35.06	750m:	8:41.71	34.83	1150m:	13:24.88	35.74					
	400m:	4:36.43	35.48	800m:	9:16.73	35.02	1200m:	14:01.15	36.27					
28.													+0,75 17:35.43	561
	50m:	31.28	31.28	450m:	5:14.74	35.92	850m:	10:01.04	36.03	1250m:	14:44.62	35.47		
	100m:	1:05.66	34.38	500m:	5:50.51	35.77	900m:	10:36.35	35.31	1300m:	15:19.54	34.92		
	150m:	1:41.60	35.94	550m:	6:26.40	35.89	950m:	11:12.22	35.87	1350m:	15:54.89	35.35		
	200m:	2:16.55	34.95	600m:	7:02.02	35.62	1000m:	11:47.55	35.33	1400m:	16:29.53	34.64		
	250m:	2:52.52	35.97	650m:	7:37.80	35.78	1050m:	12:23.60	36.05	1450m:	17:04.25	34.72		
	300m:	3:27.86	35.34	700m:	8:13.84	36.04	1100m:	12:58.78	35.18	1500m:	17:35.43	31.18		
	350m:	4:03.63	35.77	750m:	8:49.70	35.86	1150m:	13:34.13	35.35					
	400m:	4:38.82	35.19	800m:	9:25.01	35.31	1200m:	14:09.15	35.02					
29.													+0,74 17:36.55	559
	50m:	30.60	30.60	450m:	5:09.08	34.77	850m:	9:54.55	35.99	1250m:	14:41.71	36.36		
	100m:	1:04.51	33.91	500m:	5:44.57	35.49	900m:	10:30.33	35.78	1300m:	15:17.67	35.96		
	150m:	1:39.43	34.92	550m:	6:19.78	35.21	950m:	11:06.19	35.86	1350m:	15:53.52	35.85		
	200m:	2:13.86	34.43	600m:	6:55.57	35.79	1000m:	11:41.94	35.75	1400m:	16:29.48	35.96		
	250m:	2:48.74	34.88	650m:	7:31.30	35.73	1050m:	12:17.56	35.62	1450m:	17:04.78	35.30		
	300m:	3:23.80	35.06	700m:	8:06.63	35.33	1100m:	12:53.65	36.09	1500m:	17:36.55	31.77		
	350m:	3:59.54	35.74	750m:	8:42.48	35.85	1150m:	13:29.23	35.58					
	400m:	4:34.31	34.77	800m:	9:18.56	36.08	1200m:	14:05.35	36.12					

29, , 1500m , (14-15)

										R.T.			
30.				10.04.2011	I					+0,81	17:37.80	I	557
	50m:	31.04	31.04	450m:	5:11.46	35.68	850m:	9:55.83	36.01	1250m:	14:42.39	35.43	
	100m:	1:05.44	34.40	500m:	5:46.72	35.26	900m:	10:31.66	35.83	1300m:	15:18.07	35.68	
	150m:	1:40.16	34.72	550m:	6:22.17	35.45	950m:	11:07.85	36.19	1350m:	15:53.31	35.24	
	200m:	2:15.23	35.07	600m:	6:57.57	35.40	1000m:	11:43.59	35.74	1400m:	16:29.35	36.04	
	250m:	2:50.02	34.79	650m:	7:33.11	35.54	1050m:	12:19.23	35.64	1450m:	17:04.27	34.92	
	300m:	3:25.05	35.03	700m:	8:08.61	35.50	1100m:	12:55.00	35.77	1500m:	17:37.80	33.53	
	350m:	4:00.09	35.04	750m:	8:44.38	35.77	1150m:	13:30.62	35.62				
	400m:	4:35.78	35.69	800m:	9:19.82	35.44	1200m:	14:06.96	36.34				
31.				20.01.2011						+0,80	17:41.27	I	552
	50m:	29.01	29.01	450m:	5:05.55	35.24	850m:	9:51.18	36.55	1250m:	14:43.04	36.82	
	100m:	1:02.08	33.07	500m:	5:40.39	34.84	900m:	10:27.31	36.13	1300m:	15:19.20	36.16	
	150m:	1:36.53	34.45	550m:	6:15.88	35.49	950m:	11:03.79	36.48	1350m:	15:55.44	36.24	
	200m:	2:11.17	34.64	600m:	6:51.11	35.23	1000m:	11:40.12	36.33	1400m:	16:31.95	36.51	
	250m:	2:46.14	34.97	650m:	7:26.85	35.74	1050m:	12:16.54	36.42	1450m:	17:07.24	35.29	
	300m:	3:20.70	34.56	700m:	8:02.92	36.07	1100m:	12:52.84	36.30	1500m:	17:41.27	34.03	
	350m:	3:55.59	34.89	750m:	8:38.98	36.06	1150m:	13:29.57	36.73				
	400m:	4:30.31	34.72	800m:	9:14.63	35.65	1200m:	14:06.22	36.65				
32.				15.03.2011	I	-	-			+0,71	17:41.95	I	551
	50m:	30.40	30.40	450m:	5:12.85	35.44	850m:	9:59.15	35.87	1250m:	14:46.80	35.68	
	100m:	1:04.89	34.49	500m:	5:48.66	35.81	900m:	10:35.41	36.26	1300m:	15:23.25	36.45	
	150m:	1:40.31	35.42	550m:	6:24.21	35.55	950m:	11:11.70	36.29	1350m:	15:58.83	35.58	
	200m:	2:15.48	35.17	600m:	7:00.18	35.97	1000m:	11:47.14	35.44	1400m:	16:34.38	35.55	
	250m:	2:50.97	35.49	650m:	7:35.71	35.53	1050m:	12:22.95	35.81	1450m:	17:09.36	34.98	
	300m:	3:26.34	35.37	700m:	8:11.60	35.89	1100m:	12:59.03	36.08	1500m:	17:41.95	32.59	
	350m:	4:01.73	35.39	750m:	8:47.27	35.67	1150m:	13:34.89	35.86				
	400m:	4:37.41	35.68	800m:	9:23.28	36.01	1200m:	14:11.12	36.23				
33.				27.08.2011	I					+0,74	17:42.61	I	550
	50m:	30.65	30.65	450m:	5:14.45	35.96	850m:	10:00.36	35.66	1250m:	14:46.00	35.73	
	100m:	1:04.88	34.23	500m:	5:50.18	35.73	900m:	10:35.68	35.32	1300m:	15:22.15	36.15	
	150m:	1:40.73	35.85	550m:	6:26.35	36.17	950m:	11:11.74	36.06	1350m:	15:58.30	36.15	
	200m:	2:16.16	35.43	600m:	7:01.95	35.60	1000m:	11:46.95	35.21	1400m:	16:34.39	36.09	
	250m:	2:51.55	35.39	650m:	7:37.77	35.82	1050m:	12:22.87	35.92	1450m:	17:09.82	35.43	
	300m:	3:27.28	35.73	700m:	8:13.15	35.38	1100m:	12:58.37	35.50	1500m:	17:42.61	32.79	
	350m:	4:03.09	35.81	750m:	8:48.96	35.81	1150m:	13:34.20	35.83				
	400m:	4:38.49	35.40	800m:	9:24.70	35.74	1200m:	14:10.27	36.07				
34.				19.03.2012	I					+0,78	17:44.66	I	546
	50m:	30.57	30.57	450m:	5:08.97	35.24	850m:	9:55.78	36.32	1250m:	14:47.00	36.42	
	100m:	1:04.26	33.69	500m:	5:44.25	35.28	900m:	10:31.78	36.00	1300m:	15:22.97	35.97	
	150m:	1:38.86	34.60	550m:	6:20.15	35.90	950m:	11:08.11	36.33	1350m:	15:59.32	36.35	
	200m:	2:13.23	34.37	600m:	6:55.78	35.63	1000m:	11:44.37	36.26	1400m:	16:35.47	36.15	
	250m:	2:48.06	34.83	650m:	7:31.66	35.88	1050m:	12:20.77	36.40	1450m:	17:11.48	36.01	
	300m:	3:23.03	34.97	700m:	8:07.21	35.55	1100m:	12:56.92	36.15	1500m:	17:44.66	33.18	
	350m:	3:58.42	35.39	750m:	8:43.47	36.26	1150m:	13:33.68	36.76				
	400m:	4:33.73	35.31	800m:	9:19.46	35.99	1200m:	14:10.58	36.90				
35.				12.10.2011	I					+0,72	17:46.11	I	544
	50m:	29.38	29.38	450m:	5:13.10	36.22	850m:	10:01.52	35.99	1250m:	14:50.21	36.03	
	100m:	1:03.04	33.66	500m:	5:49.33	36.23	900m:	10:37.52	36.00	1300m:	15:26.37	36.16	
	150m:	1:38.25	35.21	550m:	6:25.63	36.30	950m:	11:13.21	35.69	1350m:	16:02.07	35.70	
	200m:	2:13.62	35.37	600m:	7:01.85	36.22	1000m:	11:49.13	35.92	1400m:	16:38.33	36.26	
	250m:	2:49.49	35.87	650m:	7:37.72	35.87	1050m:	12:25.38	36.25	1450m:	17:12.86	34.53	
	300m:	3:25.34	35.85	700m:	8:13.96	36.24	1100m:	13:01.89	36.51	1500m:	17:46.11	33.25	
	350m:	4:00.89	35.55	750m:	8:49.64	35.68	1150m:	13:37.93	36.04				
	400m:	4:36.88	35.99	800m:	9:25.53	35.89	1200m:	14:14.18	36.25				

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

29, , 1500m , (14-15)

												R.T.			
36.	06.03.2011 I										+0,86	17:51.72	I	536	
	50m:	30.57	30.57	450m:	5:14.48	35.80	850m:	10:01.77	36.07	1250m:	14:51.99	36.19			
	100m:	1:04.63	34.06	500m:	5:50.93	36.45	900m:	10:37.54	35.77	1300m:	15:28.44	36.45			
	150m:	1:39.89	35.26	550m:	6:26.44	35.51	950m:	11:13.69	36.15	1350m:	16:04.84	36.40			
	200m:	2:15.25	35.36	600m:	7:02.39	35.95	1000m:	11:50.03	36.34	1400m:	16:41.48	36.64			
	250m:	2:50.69	35.44	650m:	7:37.90	35.51	1050m:	12:26.32	36.29	1450m:	17:17.55	36.07			
	300m:	3:26.79	36.10	700m:	8:14.16	36.26	1100m:	13:02.73	36.41	1500m:	17:51.72	34.17			
	350m:	4:02.45	35.66	750m:	8:49.64	35.48	1150m:	13:39.19	36.46						
	400m:	4:38.68	36.23	800m:	9:25.70	36.06	1200m:	14:15.80	36.61						
37.	21.02.2012 I										+0,85	17:52.36	I	535	
	50m:	32.43	32.43	450m:	5:15.00	35.91	850m:	10:05.01	36.17	1250m:	14:55.31	35.64			
	100m:	1:07.54	35.11	500m:	5:50.56	35.56	900m:	10:41.31	36.30	1300m:	15:31.39	36.08			
	150m:	1:42.83	35.29	550m:	6:26.84	36.28	950m:	11:17.84	36.53	1350m:	16:06.70	35.31			
	200m:	2:17.88	35.05	600m:	7:03.56	36.72	1000m:	11:54.02	36.18	1400m:	16:42.22	35.52			
	250m:	2:52.99	35.11	650m:	7:39.33	35.77	1050m:	12:30.90	36.88	1450m:	17:17.80	35.58			
	300m:	3:28.29	35.30	700m:	8:15.46	36.13	1100m:	13:07.27	36.37	1500m:	17:52.36	34.56			
	350m:	4:03.32	35.03	750m:	8:51.74	36.28	1150m:	13:43.33	36.06						
	400m:	4:39.09	35.77	800m:	9:28.84	37.10	1200m:	14:19.67	36.34						
38.	06.07.2011 I										+0,79	17:55.44	I	530	
	50m:	31.98	31.98	450m:	5:19.43	36.11	850m:	10:10.08	36.64	1250m:	14:59.28	36.04			
	100m:	1:07.55	35.57	500m:	5:55.28	35.85	900m:	10:45.95	35.87	1300m:	15:34.99	35.71			
	150m:	1:43.62	36.07	550m:	6:31.37	36.09	950m:	11:22.05	36.10	1350m:	16:10.97	35.98			
	200m:	2:19.42	35.80	600m:	7:07.35	35.98	1000m:	11:58.12	36.07	1400m:	16:46.65	35.68			
	250m:	2:55.53	36.11	650m:	7:43.89	36.54	1050m:	12:34.46	36.34	1450m:	17:21.48	34.83			
	300m:	3:31.19	35.66	700m:	8:19.99	36.10	1100m:	13:10.54	36.08	1500m:	17:55.44	33.96			
	350m:	4:07.47	36.28	750m:	8:57.06	37.07	1150m:	13:47.04	36.50						
	400m:	4:43.32	35.85	800m:	9:33.44	36.38	1200m:	14:23.24	36.20						
39.	10.02.2011 I										+0,93	17:56.24	I	529	
	50m:	31.76	31.76	450m:	5:17.58	35.96	850m:	10:04.98	35.80	1250m:	14:56.74	36.58			
	100m:	1:06.43	34.67	500m:	5:53.61	36.03	900m:	10:41.51	36.53	1300m:	15:33.58	36.84			
	150m:	1:42.05	35.62	550m:	6:29.45	35.84	950m:	11:17.22	35.71	1350m:	16:09.59	36.01			
	200m:	2:17.90	35.85	600m:	7:05.27	35.82	1000m:	11:53.89	36.67	1400m:	16:46.01	36.42			
	250m:	2:53.57	35.67	650m:	7:40.80	35.53	1050m:	12:30.25	36.36	1450m:	17:21.41	35.40			
	300m:	3:29.63	36.06	700m:	8:17.00	36.20	1100m:	13:06.85	36.60	1500m:	17:56.24	34.83			
	350m:	4:05.48	35.85	750m:	8:52.79	35.79	1150m:	13:43.41	36.56						
	400m:	4:41.62	36.14	800m:	9:29.18	36.39	1200m:	14:20.16	36.75						
40.	28.05.2011 I										+0,73	17:58.53	I	526	
	50m:	31.05	31.05	450m:	5:14.87	35.93	850m:	10:03.94	36.67	1250m:	14:58.45	36.12			
	100m:	1:05.19	34.14	500m:	5:50.91	36.04	900m:	10:40.77	36.83	1300m:	15:35.62	37.17			
	150m:	1:40.02	34.83	550m:	6:26.07	35.16	950m:	11:17.54	36.77	1350m:	16:12.52	36.90			
	200m:	2:15.62	35.60	600m:	7:02.43	36.36	1000m:	11:54.76	37.22	1400m:	16:49.05	36.53			
	250m:	2:51.18	35.56	650m:	7:38.27	35.84	1050m:	12:31.66	36.90	1450m:	17:24.55	35.50			
	300m:	3:27.34	36.16	700m:	8:14.76	36.49	1100m:	13:08.84	37.18	1500m:	17:58.53	33.98			
	350m:	4:02.67	35.33	750m:	8:50.94	36.18	1150m:	13:45.11	36.27						
	400m:	4:38.94	36.27	800m:	9:27.27	36.33	1200m:	14:22.33	37.22						
41.	12.04.2011 I										+0,78	17:59.05	I	525	
	50m:	30.69	30.69	450m:	5:14.35	36.53	850m:	10:07.38	37.33	1250m:	14:58.67	36.95			
	100m:	1:04.68	33.99	500m:	5:50.15	35.80	900m:	10:43.55	36.17	1300m:	15:34.67	36.00			
	150m:	1:39.74	35.06	550m:	6:27.06	36.91	950m:	11:20.49	36.94	1350m:	16:11.31	36.64			
	200m:	2:14.70	34.96	600m:	7:03.26	36.20	1000m:	11:56.48	35.99	1400m:	16:47.38	36.07			
	250m:	2:50.39	35.69	650m:	7:40.37	37.11	1050m:	12:33.16	36.68	1450m:	17:24.03	36.65			
	300m:	3:25.71	35.32	700m:	8:16.63	36.26	1100m:	13:08.98	35.82	1500m:	17:59.05	35.02			
	350m:	4:01.97	36.26	750m:	8:53.77	37.14	1150m:	13:45.90	36.92						
	400m:	4:37.82	35.85	800m:	9:30.05	36.28	1200m:	14:21.72	35.82						

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SWISS TIMING QUANTUM ACUATICS

29, , 1500m , (14-15)

										R.T.			
42.				18.08.2011	I					+0,71	17:59.90	I	524
	50m:	31.49	31.49	450m:	5:10.10	35.64	850m:	9:59.55	36.95	1250m:	14:57.19	37.10	
	100m:	1:05.63	34.14	500m:	5:45.48	35.38	900m:	10:36.50	36.95	1300m:	15:34.46	37.27	
	150m:	1:40.08	34.45	550m:	6:21.31	35.83	950m:	11:13.55	37.05	1350m:	16:11.72	37.26	
	200m:	2:14.73	34.65	600m:	6:56.95	35.64	1000m:	11:50.74	37.19	1400m:	16:48.78	37.06	
	250m:	2:49.59	34.86	650m:	7:33.38	36.43	1050m:	12:27.95	37.21	1450m:	17:25.02	36.24	
	300m:	3:24.85	35.26	700m:	8:09.75	36.37	1100m:	13:05.59	37.64	1500m:	17:59.90	34.88	
	350m:	3:59.55	34.70	750m:	8:46.25	36.50	1150m:	13:43.51	37.92				
	400m:	4:34.46	34.91	800m:	9:22.60	36.35	1200m:	14:20.09	36.58				
43.				28.05.2011	I					+0,77	18:00.97	I	522
	50m:	30.67	30.67	450m:	5:09.70	35.33	850m:	9:59.60	36.28	1250m:	14:53.75	37.72	
	100m:	1:04.67	34.00	500m:	5:45.38	35.68	900m:	10:36.03	36.43	1300m:	15:31.98	38.23	
	150m:	1:39.03	34.36	550m:	6:21.60	36.22	950m:	11:12.46	36.43	1350m:	16:06.90	34.92	
	200m:	2:13.76	34.73	600m:	6:57.74	36.14	1000m:	11:49.16	36.70	1400m:	16:45.28	38.38	
	250m:	2:48.79	35.03	650m:	7:34.21	36.47	1050m:	12:25.71	36.55	1450m:	17:23.44	38.16	
	300m:	3:23.86	35.07	700m:	8:10.57	36.36	1100m:	13:02.70	36.99	1500m:	18:00.97	37.53	
	350m:	3:59.01	35.15	750m:	8:46.54	35.97	1150m:	13:38.76	36.06				
	400m:	4:34.37	35.36	800m:	9:23.32	36.78	1200m:	14:16.03	37.27				
44.				30.05.2011	I					+0,76	18:13.53	I	504
	50m:	32.54	32.54	450m:	5:24.60	36.11	850m:	10:17.32	36.89	1250m:	15:10.78	36.91	
	100m:	1:08.12	35.58	500m:	6:00.71	36.11	900m:	10:53.76	36.44	1300m:	15:47.97	37.19	
	150m:	1:44.46	36.34	550m:	6:37.07	36.36	950m:	11:30.47	36.71	1350m:	16:24.69	36.72	
	200m:	2:21.23	36.77	600m:	7:13.77	36.70	1000m:	12:07.45	36.98	1400m:	17:01.44	36.75	
	250m:	2:57.95	36.72	650m:	7:50.49	36.72	1050m:	12:43.84	36.39	1450m:	17:37.97	36.53	
	300m:	3:34.67	36.72	700m:	8:27.34	36.85	1100m:	13:20.49	36.65	1500m:	18:13.53	35.56	
	350m:	4:11.62	36.95	750m:	9:03.69	36.35	1150m:	13:57.23	36.74				
	400m:	4:48.49	36.87	800m:	9:40.43	36.74	1200m:	14:33.87	36.64				
45.				07.03.2011	I					+0,80	18:15.25	I	502
	50m:	32.16	32.16	450m:	5:19.71	36.55	850m:	10:13.61	36.63	1250m:	15:10.75	37.32	
	100m:	1:07.28	35.12	500m:	5:55.99	36.28	900m:	10:50.47	36.86	1300m:	15:48.29	37.54	
	150m:	1:43.55	36.27	550m:	6:32.82	36.83	950m:	11:27.49	37.02	1350m:	16:25.85	37.56	
	200m:	2:19.11	35.56	600m:	7:09.42	36.60	1000m:	12:04.55	37.06	1400m:	17:03.09	37.24	
	250m:	2:55.05	35.94	650m:	7:46.23	36.81	1050m:	12:41.50	36.95	1450m:	17:40.45	37.36	
	300m:	3:30.89	35.84	700m:	8:23.04	36.81	1100m:	13:18.86	37.36	1500m:	18:15.25	34.80	
	350m:	4:07.19	36.30	750m:	9:00.20	37.16	1150m:	13:55.99	37.13				
	400m:	4:43.16	35.97	800m:	9:36.98	36.78	1200m:	14:33.43	37.44				
46.				23.02.2011	I					+0,83	18:21.11	I	494
	50m:	33.01	33.01	450m:	5:24.30	36.41	850m:	10:16.78	36.68	1250m:	15:12.47	37.94	
	100m:	1:08.76	35.75	500m:	6:01.40	37.10	900m:	10:53.43	36.65	1300m:	15:50.37	37.90	
	150m:	1:44.62	35.86	550m:	6:37.85	36.45	950m:	11:29.87	36.44	1350m:	16:28.65	38.28	
	200m:	2:20.84	36.22	600m:	7:14.57	36.72	1000m:	12:06.10	36.23	1400m:	17:06.88	38.23	
	250m:	2:57.26	36.42	650m:	7:49.66	35.09	1050m:	12:43.11	37.01	1450m:	17:44.84	37.96	
	300m:	3:33.90	36.64	700m:	8:26.51	36.85	1100m:	13:19.47	36.36	1500m:	18:21.11	36.27	
	350m:	4:11.10	37.20	750m:	9:02.99	36.48	1150m:	13:57.40	37.93				
	400m:	4:47.89	36.79	800m:	9:40.10	37.11	1200m:	14:34.53	37.13				
47.				27.03.2011	I					+0,83	18:28.19	I	484
	50m:	32.15	32.15	450m:	5:28.81	37.99	850m:	10:29.84	37.49	1250m:	15:29.24	37.09	
	100m:	1:08.04	35.89	500m:	6:05.47	36.66	900m:	11:08.00	38.16	1300m:	16:05.87	36.63	
	150m:	1:43.87	35.83	550m:	6:43.08	37.61	950m:	11:45.54	37.54	1350m:	16:42.45	36.58	
	200m:	2:20.68	36.81	600m:	7:20.52	37.44	1000m:	12:23.15	37.61	1400m:	17:18.71	36.26	
	250m:	2:57.96	37.28	650m:	7:58.34	37.82	1050m:	13:00.51	37.36	1450m:	17:53.99	35.28	
	300m:	3:35.55	37.59	700m:	8:36.12	37.78	1100m:	13:36.85	36.34	1500m:	18:28.19	34.20	
	350m:	4:12.82	37.27	750m:	9:14.59	38.47	1150m:	14:14.53	37.68				
	400m:	4:50.82	38.00	800m:	9:52.35	37.76	1200m:	14:52.15	37.62				

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

29, , 1500m , (14-15)

													R.T.	
48.			07.03.2012		I								+0,79 18:29.70	482
	50m:	31.10	31.10	450m:	5:24.77	37.13	850m:	10:25.81	37.77	1250m:	15:26.68	38.40		
	100m:	1:06.91	35.81	500m:	6:02.08	37.31	900m:	11:03.25	37.44	1300m:	16:04.33	37.65		
	150m:	1:43.58	36.67	550m:	6:39.56	37.48	950m:	11:41.03	37.78	1350m:	16:41.93	37.60		
	200m:	2:20.39	36.81	600m:	7:17.19	37.63	1000m:	12:18.18	37.15	1400m:	17:19.36	37.43		
	250m:	2:57.06	36.67	650m:	7:55.10	37.91	1050m:	12:55.84	37.66	1450m:	17:55.54	36.18		
	300m:	3:33.77	36.71	700m:	8:32.47	37.37	1100m:	13:33.54	37.70	1500m:	18:29.70	34.16		
	350m:	4:10.76	36.99	750m:	9:10.76	38.29	1150m:	14:11.14	37.60					
	400m:	4:47.64	36.88	800m:	9:48.04	37.28	1200m:	14:48.28	37.14					
49.			29.04.2012		I								+0,69 18:38.09	472
	50m:	31.98	31.98	450m:	5:25.64	37.72	850m:	10:26.56	38.21	1250m:	15:29.74	38.03		
	100m:	1:07.21	35.23	500m:	6:02.79	37.15	900m:	11:03.99	37.43	1300m:	16:07.28	37.54		
	150m:	1:43.14	35.93	550m:	6:40.49	37.70	950m:	11:41.93	37.94	1350m:	16:45.25	37.97		
	200m:	2:19.75	36.61	600m:	7:17.78	37.29	1000m:	12:19.74	37.81	1400m:	17:23.02	37.77		
	250m:	2:56.62	36.87	650m:	7:55.12	37.34	1050m:	12:58.15	38.41	1450m:	18:00.94	37.92		
	300m:	3:33.35	36.73	700m:	8:32.72	37.60	1100m:	13:35.93	37.78	1500m:	18:38.09	37.15		
	350m:	4:10.60	37.25	750m:	9:10.57	37.85	1150m:	14:14.08	38.15					
	400m:	4:47.92	37.32	800m:	9:48.35	37.78	1200m:	14:51.71	37.63					
50.			12.11.2011		I								+0,82 19:20.47	422
	50m:	32.58	32.58	450m:	5:42.24	39.50	850m:	10:54.95	39.84	1250m:	16:10.11	39.16		
	100m:	1:09.29	36.71	500m:	6:20.85	38.61	900m:	11:34.27	39.32	1300m:	16:49.22	39.11		
	150m:	1:47.30	38.01	550m:	6:59.68	38.83	950m:	12:13.39	39.12	1350m:	17:28.01	38.79		
	200m:	2:25.96	38.66	600m:	7:38.83	39.15	1000m:	12:52.53	39.14	1400m:	18:05.85	37.84		
	250m:	3:05.25	39.29	650m:	8:18.04	39.21	1050m:	13:32.07	39.54	1450m:	18:44.09	38.24		
	300m:	3:44.06	38.81	700m:	8:57.28	39.24	1100m:	14:11.50	39.43	1500m:	19:20.47	36.38		
	350m:	4:23.09	39.03	750m:	9:36.01	38.73	1150m:	14:51.37	39.87					
	400m:	5:02.74	39.65	800m:	10:15.11	39.10	1200m:	15:30.95	39.58					

30 , 50m (14-15)
12.04.2026 - 9:00

	21.27		(SGP)	15.08.2019
	22.06		(POL)	14.07.2013
: AQUA 2026				
	/		R.T.	
1.	11.06.2011		+0,74 23.63	692
2.	12.04.2011		+0,79 23.65	691
3.	13.05.2011		+0,69 24.07	655
4.	19.04.2012		+0,77 24.27	639
5.	20.02.2011		+0,78 24.34	634
	28.06.2011		+0,70 24.34	634
7.	15.12.2011		+0,71 24.35	633
8.	14.03.2011		+0,72 24.59	614
9.	03.07.2011		+0,79 24.67	608
10.	15.05.2011	-	+0,78 24.69	607
11.	10.01.2011		+0,79 24.86	595
12.	17.07.2011		+0,71 24.96	587
13.	24.12.2011		+0,84 25.08	579
14.	13.11.2012		+0,83 25.11	577
15.	29.07.2012		+0,79 25.12	576
16.	25.04.2011		+0,65 25.14	575
17.	07.09.2011		+0,63 25.16	574
18.	03.03.2011		+0,75 25.22	569
19.	30.01.2012		+0,69 25.27	566
20.	22.06.2011		+0,69 25.30	564
	30.04.2011		+0,76 25.30	564
22.	12.07.2012		+0,69 25.32	563
	13.02.2011		+0,70 25.32	563
24.	31.08.2011		+0,60 25.36	560
25.	07.02.2011		+0,79 25.38	559
26.	17.01.2011		+0,68 25.50	551
27.	28.07.2012		+0,75 25.53	549
28.	05.02.2011		+0,76 25.81	531
29.	28.01.2011		+0,80 26.00	520
30.	06.08.2011		+0,72 26.01	519
31.	12.02.2011		+0,67 26.03	518
	04.06.2011		+0,81 26.03	518
33.	23.05.2012		+0,72 26.04	517
34.	12.03.2011		+0,72 26.08	515
35.	19.12.2011		+0,65 26.16	510
36.	07.01.2011		+0,69 26.18	509
37.	07.01.2011		+0,75 26.20	508
38.	19.04.2012		+0,76 26.22	507
39.	08.09.2011		+0,76 26.26	504
	08.02.2012		+0,73 26.26	504
41.	02.10.2012		+0,70 26.36	499
	13.05.2011		+0,70 26.36	499
43.	06.05.2011		+0,92 26.44	494
44.	26.06.2011		+0,77 26.53	489

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SWISS TIMING QUANTUM ACUATICS



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК АЛЕКСАНДРА ПОПОВА

09-12
АПРЕЛЯ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

30, , 50m , (14-15)

				R.T.	
45.		02.08.2012	I	+0,75	26.68 481
46.		05.09.2012	I	+0,76	26.77 476
47.		12.02.2011	I	+0,74	27.13 457
48.		12.03.2012	I	+0,79	27.28 450
49.		09.02.2012	I	+0,78	27.36 446
50.		04.01.2011	I	+0,68	27.54 437
51.		17.01.2012	I	+0,72	28.26 405
52.		13.05.2011	I	+0,65	28.49 395
DNS		15.01.2011	I	-	-

спонсоры соревнований:



31 , 50m (14-15)
12.04.2026 - 9:10

	24.20	-		09.04.2021	
	24.87		(ITA)	11.07.2021	
: AQUA 2026					
	/		R.T.		
1.	03.09.2011		+0,67	26.59	700
2.	16.05.2011		+0,74	26.69	692
3.	12.03.2011		+0,71	26.70	691
4.	22.12.2011		+0,70	26.84	680
5.	23.06.2011		+0,79	26.94	673
6.	31.03.2012		+0,74	27.31	646
7.	28.07.2011		+0,70	27.41	639
8.	19.06.2012		+0,77	27.50	632
9.	05.01.2012	-	+0,76	27.61	625
10.	06.09.2012		+0,78	27.66	621
11.	28.03.2011		+0,77	27.67	621
12.	11.01.2011		+0,70	27.69	619
13.	12.01.2011		+0,65	27.71	618
14.	14.07.2011		+0,80	27.72	617
15.	28.11.2011		+0,73	27.76	615
16.	25.11.2011		+0,71	27.80	612
18.	09.08.2012	-	+0,73	27.80	612
18.	03.09.2011		+0,75	27.86	608
19.	09.02.2011		+0,86	27.89	606
20.	05.03.2011		+0,73	27.90	606
21.	22.04.2011		+0,76	27.91	605
22.	10.02.2011		+0,80	27.94	603
23.	17.03.2012		+0,89	27.96	602
25.	16.06.2012		+0,68	27.96	602
25.	21.05.2012		+0,83	27.97	601
27.	20.07.2011		+0,64	27.97	601
27.	23.07.2012		+0,66	28.03	597
29.	05.03.2011		+0,76	28.03	597
29.	07.06.2011		+0,81	28.11	592
30.	16.06.2012		+0,74	28.22	585
31.	14.05.2012		+0,72	28.26	583
32.	20.06.2011		+0,70	28.27	582
33.	14.07.2012		+0,78	28.29	581
35.	17.11.2011		+0,73	28.29	581
35.	24.10.2011		+0,80	28.33	578
37.	07.09.2011		+0,74	28.33	578
37.	20.05.2011		+0,72	28.34	578
38.	10.04.2012		+0,75	28.37	576
39.	04.06.2011		+0,80	28.38	575
40.	05.10.2011		+0,73	28.42	573
41.	28.03.2012	-	+0,81	28.45	571
42.	24.06.2011		+0,75	28.48	569
43.	17.12.2011		+0,85	28.49	569
44.	07.04.2012		+0,80	28.51	567

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

31, , 50m , (14-15)

	/	R.T.		
45.	01.12.2011	+0,69	28.54	566
46.	04.09.2012	+0,73	28.55	565
47.	01.05.2011	+0,73	28.56	564
48.	04.03.2011	+0,69	28.58	563
49.	07.02.2012	+0,91	28.62	561
50.	14.04.2011	+0,63	28.63	560
51.	06.07.2012	+0,76	28.67	558
	30.08.2011	+0,80	28.67	558
53.	09.02.2012	+0,68	28.75	553
54.	17.01.2011	+0,85	28.77	552
55.	19.05.2011	+0,71	28.80	550
56.	29.05.2012	+0,82	28.84	548
57.	31.03.2012	+0,75	28.85	548
58.	18.06.2012	+0,71	29.00	539
	08.03.2011	+0,65	29.00	539
60.	26.05.2011	+0,78	29.10	534
	17.05.2012	+0,75	29.10	534
62.	26.01.2012	+0,67	29.13	532
	14.06.2012	+0,73	29.13	532
64.	17.02.2012	+0,72	29.27	524
65.	29.12.2011	+0,81	29.32	522
66.	01.04.2011	+0,79	29.34	521
	31.01.2012	+0,67	29.34	521
68.	12.07.2012	+0,72	29.36	520
69.	22.04.2011	+0,75	29.40	517
	07.09.2012	+0,80	29.40	517
71.	09.12.2011	+0,72	29.42	516
72.	12.12.2011	+0,78	29.44	515
73.	19.03.2011	+0,88	29.47	514
74.	05.02.2012	+0,82	29.49	513
75.	28.03.2011	+0,76	29.57	509
76.	26.12.2012	+0,86	29.84	495
77.	05.03.2012	+0,86	29.90	492
78.	14.04.2012	+0,79	30.00	487
79.	25.11.2012	+0,74	30.20	477
80.	19.10.2011	+0,80	30.21	477
81.	14.06.2012	+0,75	30.23	476
82.	17.05.2011	+0,78	30.31	472
83.	12.05.2012	+0,84	31.21	432
84.	27.08.2012	+0,78	31.53	419

32
 12.04.2026 - 9:26

, 100m

(14-15)

				50.70			-1			24.06.2025
				50.83				(KOR)	27.07.2019	
: AQUA 2026										
				/			R.T.			
1.				21.04.2011			+0,75	56.32		676
	50m:	26.36	26.36	100m:	56.32	29.96				
2.				29.03.2011			+0,64	56.43		672
	50m:	25.70	25.70	100m:	56.43	30.73				
3.				14.05.2011	I	-	+0,64	57.52		635
	50m:	27.81	27.81	100m:	57.52	29.71				
4.				25.03.2011			+0,75	58.01		619
	50m:	27.18	27.18	100m:	58.01	30.83				
5.				18.03.2011			+0,68	58.02		619
	50m:	26.62	26.62	100m:	58.02	31.40				
6.				12.03.2012			+0,78	58.11		616
	50m:	27.50	27.50	100m:	58.11	30.61				
7.				08.01.2012			+0,74	58.28		610
	50m:	26.53	26.53	100m:	58.28	31.75				
8.				17.05.2011	I		+0,77	58.35		608
	50m:	27.37	27.37	100m:	58.35	30.98				
9.				08.11.2011			+0,72	58.58		601
	50m:	27.18	27.18	100m:	58.58	31.40				
10.				24.02.2011			+0,69	58.96		589
	50m:	27.12	27.12	100m:	58.96	31.84				
11.				29.07.2012			+0,69	59.46		575
	50m:	27.04	27.04	100m:	59.46	32.42				
12.				01.08.2012			+0,69	59.51	I	573
	50m:	27.13	27.13	100m:	59.51	32.38				
13.				16.06.2011			+0,73	59.86	I	563
	50m:	27.55	27.55	100m:	59.86	32.31				
14.				05.01.2011			+0,77	1:00.02	I	559
	50m:	27.64	27.64	100m:	1:00.02	32.38				
15.				23.09.2011			+0,69	1:00.04	I	558
	50m:	27.76	27.76	100m:	1:00.04	32.28				
16.				30.05.2011	I		+0,83	1:00.05	I	558
	50m:	27.84	27.84	100m:	1:00.05	32.21				
17.				17.01.2012	I		+0,75	1:00.39	I	549
	50m:	28.97	28.97	100m:	1:00.39	31.42				
18.				02.08.2012	I		+0,71	1:01.14	I	529
	50m:	28.58	28.58	100m:	1:01.14	32.56				
19.				24.05.2011	I		+0,70	1:01.17	I	528
	50m:	28.49	28.49	100m:	1:01.17	32.68				
20.				06.08.2011	I		+0,74	1:01.18	I	528
	50m:	28.05	28.05	100m:	1:01.18	33.13				

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

	32,	, 100m	,	(14-15)		R.T.			
21.	50m:	28.24	28.24	19.02.2012	I	+0,82	1:01.65	I	516
				100m:	1:01.65				
22.	50m:	28.22	28.22	04.07.2012	I	+0,72	1:01.75	I	513
				100m:	1:01.75				
23.	50m:	28.15	28.15	06.01.2011	I	+0,62	1:02.11	I	504
				100m:	1:02.11				
24.	50m:	28.20	28.20	14.05.2011	I	+0,81	1:02.19	I	502
				100m:	1:02.19				
25.	50m:	29.27	29.27	31.10.2011	I	+0,85	1:02.45	I	496
				100m:	1:02.45				
26.	50m:	29.03	29.03	05.02.2011	I	+0,80	1:02.55	I	494
				100m:	1:02.55				
27.	50m:	28.86	28.86	04.10.2011	I	+0,70	1:02.93	I	485
				100m:	1:02.93				
28.	50m:	29.63	29.63	20.01.2011	I	+0,72	1:02.95	I	484
				100m:	1:02.95				
29.	50m:	29.05	29.05	26.02.2012	I	+0,80	1:02.98	I	484
				100m:	1:02.98				
30.	50m:	29.65	29.65	01.09.2011	I	+0,69	1:03.00	I	483
				100m:	1:03.00				
31.	50m:	30.30	30.30	13.05.2011	I	+0,82	1:03.06		482
				100m:	1:03.06				
32.	50m:	29.38	29.38	30.06.2011	I	+0,82	1:03.19		479
				100m:	1:03.19				
33.	50m:	29.53	29.53	19.03.2012	I	+0,76	1:03.32		476
				100m:	1:03.32				
34.	50m:	28.67	28.67	07.02.2011	I	+0,69	1:03.68		468
				100m:	1:03.68				
35.	50m:	29.40	29.40	30.08.2012	I	+0,73	1:03.84		464
				100m:	1:03.84				
36.	50m:	30.31	30.31	14.04.2012	I	+0,77	1:04.04		460
				100m:	1:04.04				
37.	50m:	30.05	30.05	09.12.2011	I	+0,83	1:04.05		460
				100m:	1:04.05				
38.	50m:	29.78	29.78	07.03.2011		+0,82	1:04.07		459
				100m:	1:04.07				
39.	50m:	29.31	29.31	26.06.2011	I	+0,83	1:04.11		458
				100m:	1:04.11				
40.	50m:	29.79	29.79	27.01.2012	I	+0,79	1:04.63		447
				100m:	1:04.63				
41.	50m:	29.86	29.86	12.03.2012	I	+0,77	1:04.73		445
				100m:	1:04.73				
42.	50m:	28.47	28.47	27.01.2011	I	+0,66	1:05.56		429
				100m:	1:05.56				

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SWISS TIMING QUANTUM ACUATICS



КУБОК АЛЕКСАНДРА ПОПОВА

09-12 АПРЕЛЯ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

32, , 100m , (14-15)

							R.T.			
43.	50m:	30.42	30.42	12.05.2011 I	100m:	1:06.04	35.62	+0,75	1:06.04	419
44.	50m:	30.89	30.89	24.07.2012 I	100m:	1:07.03	36.14	+0,81	1:07.03	401

спонсоры соревнований:



33 , 100m (14-15)
12.04.2026 - 9:39

				56.42			RUS	(SGP)	27.07.2025		
				57.96					04.04.2021		
: AQUA 2026											
				/			R.T.				
1.				09.03.2012			+0,79	1:01.70		692	
	50m:	29.57	29.57	100m:	1:01.70	32.13					
2.				23.10.2012			+0,82	1:03.05		649	
	50m:	29.52	29.52	100m:	1:03.05	33.53					
3.				06.10.2011			+0,79	1:03.14		646	
	50m:	30.29	30.29	100m:	1:03.14	32.85					
4.				22.10.2012		-	+0,83	1:03.27		642	
	50m:	30.87	30.87	100m:	1:03.27	32.40					
5.				01.06.2011			+0,73	1:03.43		637	
	50m:	29.68	29.68	100m:	1:03.43	33.75					
6.				26.06.2011			+0,71	1:03.61		632	
	50m:	30.30	30.30	100m:	1:03.61	33.31					
7.				10.05.2011			+0,70	1:04.84		597	
	50m:	29.84	29.84	100m:	1:04.84	35.00					
8.				06.11.2011			+0,75	1:05.52		578	
	50m:	30.04	30.04	100m:	1:05.52	35.48					
9.				04.07.2012			+0,78	1:05.70		573	
	50m:	30.55	30.55	100m:	1:05.70	35.15					
10.				24.05.2011			+0,73	1:06.50		553	
	50m:	31.05	31.05	100m:	1:06.50	35.45					
11.				14.01.2011		-	+0,82	1:06.55		552	
	50m:	31.47	31.47	100m:	1:06.55	35.08					
12.				08.11.2011			+0,70	1:06.58		551	
	50m:	30.48	30.48	100m:	1:06.58	36.10					
13.				24.03.2011			+0,71	1:06.86		544	
	50m:	31.05	31.05	100m:	1:06.86	35.81					
14.				13.09.2011			+0,97	1:07.05		539	
	50m:	31.90	31.90	100m:	1:07.05	35.15					
15.				22.06.2011		-	+0,79	1:07.27		534	
	50m:	31.16	31.16	100m:	1:07.27	36.11					
16.				10.03.2011			+0,66	1:07.56		527	
	50m:	30.57	30.57	100m:	1:07.56	36.99					
17.				06.07.2012			+0,79	1:08.01		517	
	50m:	31.65	31.65	100m:	1:08.01	36.36					
18.				15.10.2012			+0,69	1:08.36		509	
	50m:	33.01	33.01	100m:	1:08.36	35.35					
19.				27.05.2012			+0,75	1:08.69		502	
	50m:	32.45	32.45	100m:	1:08.69	36.24					
20.				11.07.2011			+0,83	1:09.04		494	
	50m:	32.26	32.26	100m:	1:09.04	36.78					

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SWISS TIMING QUANTUM ACUATICS

33, , 100m , (14-15)

							R.T.				
21.	50m:	31.76	31.76	10.02.2012	100m:	1:09.43	37.67	+0,76	1:09.43	I	486
22.	50m:	31.26	31.26	29.06.2011	100m:	1:09.47	38.21	+0,75	1:09.47	I	485
23.	50m:	32.50	32.50	25.03.2011	100m:	1:09.61	37.11	+0,69	1:09.61	I	482
24.	50m:	34.61	34.61	09.08.2012	100m:	1:10.13	35.52	+0,79	1:10.13	I	471
25.	50m:	32.43	32.43	12.12.2011	100m:	1:10.48	38.05	+0,77	1:10.48	I	464
26.	50m:	33.08	33.08	19.03.2011 I	100m:	1:10.56	37.48	+0,94	1:10.56	I	463
27.	50m:	33.28	33.28	15.11.2011 I	100m:	1:11.76	38.48	+0,78	1:11.76		440
28.	50m:	32.80	32.80	05.08.2012 I	100m:	1:12.59	39.79	+0,78	1:12.59		425
29.	50m:	33.72	33.72	25.08.2012 I	100m:	1:12.71	38.99	+0,68	1:12.71		423
30.	50m:	31.98	31.98	27.04.2012	100m:	1:12.91	40.93	+0,75	1:12.91		419
31.	50m:	33.79	33.79	26.04.2011	100m:	1:13.64	39.85	+0,68	1:13.64		407
32.	50m:	31.94	31.94	05.04.2011 I	100m:	1:13.90	41.96	+0,73	1:13.90		403
33.	50m:	35.44	35.44	18.05.2012 I	100m:	1:17.33	41.89	+0,93	1:17.33		351

34
 12.04.2026 - 9:50

, 400m

(14-15)

		3:43.45						(CHN)		09.08.2008		
		3:46.64						(ROU)		19.08.2025		
: AQUA 2026												
				/				R.T.				
1.				09.06.2011				+0,79	4:03.79	734		
	50m:	27.97	27.97	150m:	1:30.13	31.24	250m:	2:32.30	31.24	350m:	3:34.17	30.88
	100m:	58.89	30.92	200m:	2:01.06	30.93	300m:	3:03.29	30.99	400m:	4:03.79	29.62
2.				04.06.2011				+0,80	4:08.17	696		
	50m:	28.22	28.22	150m:	1:31.33	31.71	250m:	2:34.66	31.26	350m:	3:37.57	31.62
	100m:	59.62	31.40	200m:	2:03.40	32.07	300m:	3:05.95	31.29	400m:	4:08.17	30.60
3.				03.01.2011				+0,72	4:08.33	694		
	50m:	28.62	28.62	150m:	1:32.34	32.44	250m:	2:36.35	31.93	350m:	3:39.17	31.27
	100m:	59.90	31.28	200m:	2:04.42	32.08	300m:	3:07.90	31.55	400m:	4:08.33	29.16
4.				20.02.2012				+0,81	4:09.07	688		
	50m:	28.05	28.05	150m:	1:30.35	31.34	250m:	2:34.57	31.89	350m:	3:39.00	32.30
	100m:	59.01	30.96	200m:	2:02.68	32.33	300m:	3:06.70	32.13	400m:	4:09.07	30.07
5.				13.04.2011				+0,72	4:09.24	687		
	50m:	28.36	28.36	150m:	1:30.79	31.49	250m:	2:35.14	32.28	350m:	3:39.77	32.37
	100m:	59.30	30.94	200m:	2:02.86	32.07	300m:	3:07.40	32.26	400m:	4:09.24	29.47
6.				17.01.2011				+0,85	4:12.32	662		
	50m:	28.72	28.72	150m:	1:31.87	31.93	250m:	2:36.62	32.50	350m:	3:41.22	32.22
	100m:	59.94	31.22	200m:	2:04.12	32.25	300m:	3:09.00	32.38	400m:	4:12.32	31.10
7.				22.04.2011				+0,90	4:12.37	662		
	50m:	28.84	28.84	150m:	1:32.61	31.98	250m:	2:37.68	32.63	350m:	3:41.89	32.14
	100m:	1:00.63	31.79	200m:	2:05.05	32.44	300m:	3:09.75	32.07	400m:	4:12.37	30.48
8.				14.05.2012 I				+0,83	4:13.90	650		
	50m:	28.24	28.24	150m:	1:31.62	32.29	250m:	2:37.06	32.95	350m:	3:42.62	32.64
	100m:	59.33	31.09	200m:	2:04.11	32.49	300m:	3:09.98	32.92	400m:	4:13.90	31.28
9.				11.06.2011				+0,73	4:14.50	645		
	50m:	27.89	27.89	150m:	1:31.20	31.83	250m:	2:36.28	32.73	350m:	3:42.15	32.88
	100m:	59.37	31.48	200m:	2:03.55	32.35	300m:	3:09.27	32.99	400m:	4:14.50	32.35
10.				10.01.2011				+0,84	4:15.41 I	638		
	50m:	28.03	28.03	150m:	1:30.78	31.78	250m:	2:36.94	32.97	350m:	3:43.32	33.19
	100m:	59.00	30.97	200m:	2:03.97	33.19	300m:	3:10.13	33.19	400m:	4:15.41	32.09
11.				28.10.2011 I				+0,75	4:15.62 I	637		
	50m:	28.63	28.63	150m:	1:32.40	32.05	250m:	2:38.25	33.05	350m:	3:44.31	32.63
	100m:	1:00.35	31.72	200m:	2:05.20	32.80	300m:	3:11.68	33.43	400m:	4:15.62	31.31
12.				06.02.2011 I				+0,66	4:17.03 I	626		
	50m:	29.24	29.24	150m:	1:33.89	32.62	250m:	2:40.16	33.36	350m:	3:46.62	33.14
	100m:	1:01.27	32.03	200m:	2:06.80	32.91	300m:	3:13.48	33.32	400m:	4:17.03	30.41
13.				16.02.2011				+0,86	4:17.09 I	626		
	50m:	28.35	28.35	150m:	1:33.53	33.12	250m:	2:40.19	33.52	350m:	3:46.50	32.74
	100m:	1:00.41	32.06	200m:	2:06.67	33.14	300m:	3:13.76	33.57	400m:	4:17.09	30.59
14.				27.09.2011				+0,77	4:17.78 I	621		
	50m:	29.43	29.43	150m:	1:33.55	32.29	250m:	2:39.14	32.73	350m:	3:45.78	33.67
	100m:	1:01.26	31.83	200m:	2:06.41	32.86	300m:	3:12.11	32.97	400m:	4:17.78	32.00
15.				28.11.2011				+0,95	4:18.80 I	613		
	50m:	29.59	29.59	150m:	1:34.99	32.94	250m:	2:41.23	33.25	350m:	3:47.25	33.00
	100m:	1:02.05	32.46	200m:	2:07.98	32.99	300m:	3:14.25	33.02	400m:	4:18.80	31.55

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SWISS TIMING QUANTUM ACUATICS

34, , 400m , (14-15)

								R.T.				
16.				14.01.2011				+0,90	4:19.29		610	
	50m:	28.46	28.46	150m:	1:33.09	32.85	250m:	2:38.98	33.17	350m:	3:46.77	33.62
	100m:	1:00.24	31.78	200m:	2:05.81	32.72	300m:	3:13.15	34.17	400m:	4:19.29	32.52
17.				27.07.2011				+0,83	4:20.45		602	
	50m:	29.27	29.27	150m:	1:34.14	32.87	250m:	2:40.91	33.54	350m:	3:48.23	33.62
	100m:	1:01.27	32.00	200m:	2:07.37	33.23	300m:	3:14.61	33.70	400m:	4:20.45	32.22
18.				28.01.2011				+0,80	4:20.58		601	
	50m:	29.38	29.38	150m:	1:34.11	32.89	250m:	2:40.71	33.24	350m:	3:48.03	33.80
	100m:	1:01.22	31.84	200m:	2:07.47	33.36	300m:	3:14.23	33.52	400m:	4:20.58	32.55
19.				13.07.2011				+0,77	4:21.15		597	
	50m:	28.93	28.93	150m:	1:34.26	33.39	250m:	2:41.55	34.02	350m:	3:49.10	34.10
	100m:	1:00.87	31.94	200m:	2:07.53	33.27	300m:	3:15.00	33.45	400m:	4:21.15	32.05
20.				15.01.2012				+0,79	4:21.26		596	
	50m:	29.23	29.23	150m:	1:34.19	32.98	250m:	2:41.43	33.90	350m:	3:49.87	34.26
	100m:	1:01.21	31.98	200m:	2:07.53	33.34	300m:	3:15.61	34.18	400m:	4:21.26	31.39
21.				14.12.2011				+0,78	4:21.39		595	
	50m:	29.41	29.41	150m:	1:34.78	33.12	250m:	2:42.45	33.81	350m:	3:49.96	33.33
	100m:	1:01.66	32.25	200m:	2:08.64	33.86	300m:	3:16.63	34.18	400m:	4:21.39	31.43
22.				10.06.2011				+0,81	4:21.47		595	
	50m:	29.26	29.26	150m:	1:35.22	33.49	250m:	2:42.66	34.07	350m:	3:49.89	33.37
	100m:	1:01.73	32.47	200m:	2:08.59	33.37	300m:	3:16.52	33.86	400m:	4:21.47	31.58
23.				13.10.2011				+0,76	4:21.64		594	
	50m:	28.92	28.92	150m:	1:34.41	33.27	250m:	2:41.56	33.80	350m:	3:49.07	33.51
	100m:	1:01.14	32.22	200m:	2:07.76	33.35	300m:	3:15.56	34.00	400m:	4:21.64	32.57
24.				25.01.2012				+0,91	4:22.09		591	
	50m:	29.08	29.08	150m:	1:33.65	32.44	250m:	2:40.23	33.35	350m:	3:48.55	34.09
	100m:	1:01.21	32.13	200m:	2:06.88	33.23	300m:	3:14.46	34.23	400m:	4:22.09	33.54
25.				22.10.2011				+0,71	4:22.46		588	
	50m:	28.93	28.93	150m:	1:34.79	33.58	250m:	2:42.54	34.09	350m:	3:50.48	33.83
	100m:	1:01.21	32.28	200m:	2:08.45	33.66	300m:	3:16.65	34.11	400m:	4:22.46	31.98
26.				05.02.2011				+0,76	4:22.58		587	
	50m:	29.01	29.01	150m:	1:34.08	33.13	250m:	2:42.10	34.39	350m:	3:50.09	34.04
	100m:	1:00.95	31.94	200m:	2:07.71	33.63	300m:	3:16.05	33.95	400m:	4:22.58	32.49
27.				16.06.2011				+0,83	4:22.62		587	
	50m:	29.47	29.47	150m:	1:35.42	33.21	250m:	2:42.54	33.69	350m:	3:50.30	33.90
	100m:	1:02.21	32.74	200m:	2:08.85	33.43	300m:	3:16.40	33.86	400m:	4:22.62	32.32
28.				07.12.2011				+0,74	4:22.66		587	
	50m:	30.14	30.14	150m:	1:36.31	33.35	250m:	2:43.53	33.58	350m:	3:51.24	33.93
	100m:	1:02.96	32.82	200m:	2:09.95	33.64	300m:	3:17.31	33.78	400m:	4:22.66	31.42
29.				08.02.2011				+0,74	4:22.85		586	
	50m:	29.59	29.59	150m:	1:36.89	34.34	250m:	2:44.82	34.02	350m:	3:51.96	33.70
	100m:	1:02.55	32.96	200m:	2:10.80	33.91	300m:	3:18.26	33.44	400m:	4:22.85	30.89
30.				10.01.2011				+0,73	4:23.26		583	
	50m:	30.02	30.02	150m:	1:36.88	34.25	250m:	2:45.46	34.62	350m:	3:52.26	32.79
	100m:	1:02.63	32.61	200m:	2:10.84	33.96	300m:	3:19.47	34.01	400m:	4:23.26	31.00
31.				12.08.2011				+0,82	4:23.34		582	
	50m:	28.54	28.54	150m:	1:33.66	34.00	250m:	2:41.58	34.37	350m:	3:50.56	34.69
	100m:	59.66	31.12	200m:	2:07.21	33.55	300m:	3:15.87	34.29	400m:	4:23.34	32.78

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

34.	, 400m			(14-15)								
			/						R.T.			
32.			08.07.2011	I					+0,87	4:23.45	I	582
	50m:	29.50	29.50	150m:	1:34.69	33.42	250m:	2:43.26	34.30	350m:	3:51.72	34.14
	100m:	1:01.27	31.77	200m:	2:08.96	34.27	300m:	3:17.58	34.32	400m:	4:23.45	31.73
33.			15.03.2011	I					+0,67	4:23.61	I	580
	50m:	29.08	29.08	150m:	1:35.01	33.27	250m:	2:42.84	34.00	350m:	3:51.26	34.05
	100m:	1:01.74	32.66	200m:	2:08.84	33.83	300m:	3:17.21	34.37	400m:	4:23.61	32.35
34.			02.08.2012	I					+0,86	4:24.13	I	577
	50m:	30.10	30.10	150m:	1:34.92	32.70	250m:	2:42.33	34.04	350m:	3:51.36	34.38
	100m:	1:02.22	32.12	200m:	2:08.29	33.37	300m:	3:16.98	34.65	400m:	4:24.13	32.77
35.			29.05.2011						+0,97	4:24.74	I	573
	50m:	29.99	29.99	150m:	1:37.42	34.32	250m:	2:45.45	33.98	350m:	3:52.78	33.70
	100m:	1:03.10	33.11	200m:	2:11.47	34.05	300m:	3:19.08	33.63	400m:	4:24.74	31.96
36.			03.07.2011	I					+0,98	4:24.80	I	573
	50m:	30.95	30.95	150m:	1:37.85	34.01	250m:	2:46.05	34.35	350m:	3:54.04	33.98
	100m:	1:03.84	32.89	200m:	2:11.70	33.85	300m:	3:20.06	34.01	400m:	4:24.80	30.76
37.			26.02.2012	I					+0,75	4:24.93	I	572
	50m:	28.88	28.88	150m:	1:33.67	33.46	250m:	2:42.40	34.77	350m:	3:51.51	34.70
	100m:	1:00.21	31.33	200m:	2:07.63	33.96	300m:	3:16.81	34.41	400m:	4:24.93	33.42
38.			06.08.2011	I					+0,88	4:25.57	I	568
	50m:	29.33	29.33	150m:	1:36.48	34.17	250m:	2:45.72	34.87	350m:	3:53.68	33.15
	100m:	1:02.31	32.98	200m:	2:10.85	34.37	300m:	3:20.53	34.81	400m:	4:25.57	31.89
39.			20.04.2012	I					+0,76	4:25.77	I	566
	50m:	29.35	29.35	150m:	1:36.76	34.07	250m:	2:45.83	34.59	350m:	3:53.71	33.55
	100m:	1:02.69	33.34	200m:	2:11.24	34.48	300m:	3:20.16	34.33	400m:	4:25.77	32.06
40.			09.10.2012	I					+0,71	4:26.39	I	562
	50m:	30.38	30.38	150m:	1:37.38	33.92	250m:	2:46.04	34.66	350m:	3:54.28	33.87
	100m:	1:03.46	33.08	200m:	2:11.38	34.00	300m:	3:20.41	34.37	400m:	4:26.39	32.11
41.			23.08.2011	I					+0,89	4:26.72	I	560
	50m:	29.71	29.71	150m:	1:36.76	34.62	250m:	2:45.80	34.74	350m:	3:54.46	34.40
	100m:	1:02.14	32.43	200m:	2:11.06	34.30	300m:	3:20.06	34.26	400m:	4:26.72	32.26
42.			04.05.2011	I					+0,78	4:26.93	I	559
	50m:	30.51	30.51	150m:	1:37.75	34.23	250m:	2:46.51	34.89	350m:	3:55.87	34.98
	100m:	1:03.52	33.01	200m:	2:11.62	33.87	300m:	3:20.89	34.38	400m:	4:26.93	31.06
43.			10.04.2011	I					+0,80	4:27.55	I	555
	50m:	29.14	29.14	150m:	1:35.96	33.54	250m:	2:44.67	34.29	350m:	3:54.14	34.42
	100m:	1:02.42	33.28	200m:	2:10.38	34.42	300m:	3:19.72	35.05	400m:	4:27.55	33.41
			19.01.2012	I					+0,82	4:27.55	I	555
	50m:	30.94	30.94	150m:	1:38.60	34.39	250m:	2:47.11	34.25	350m:	3:55.02	34.19
	100m:	1:04.21	33.27	200m:	2:12.86	34.26	300m:	3:20.83	33.72	400m:	4:27.55	32.53
45.			05.07.2012	I					+0,80	4:27.66	I	554
	50m:	28.62	28.62	150m:	1:34.74	33.99	250m:	2:43.69	34.56	350m:	3:54.32	35.37
	100m:	1:00.75	32.13	200m:	2:09.13	34.39	300m:	3:18.95	35.26	400m:	4:27.66	33.34
46.			22.04.2011	I					+0,66	4:27.83	I	553
	50m:	29.76	29.76	150m:	1:36.65	34.31	250m:	2:46.05	35.27	350m:	3:55.30	34.73
	100m:	1:02.34	32.58	200m:	2:10.78	34.13	300m:	3:20.57	34.52	400m:	4:27.83	32.53
47.			11.03.2011	I					+0,71	4:27.84	I	553
	50m:	30.29	30.29	150m:	1:38.72	34.62	250m:	2:47.49	34.67	350m:	3:57.30	35.16
	100m:	1:04.10	33.81	200m:	2:12.82	34.10	300m:	3:22.14	34.65	400m:	4:27.84	30.54

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SWISS TIMING QUANTUM ACUATICS

34, , 400m , (14-15)

									R.T.			
48.			31.08.2012	I					+0,71	4:27.88	I	553
	50m:	29.62	29.62	150m:	1:37.35	34.65	250m:	2:46.25	34.72	350m:	3:54.88	34.28
	100m:	1:02.70	33.08	200m:	2:11.53	34.18	300m:	3:20.60	34.35	400m:	4:27.88	33.00
49.			12.10.2011	I					+0,67	4:28.39	I	550
	50m:	29.16	29.16	150m:	1:36.14	34.42	250m:	2:46.52	35.34	350m:	3:56.27	34.54
	100m:	1:01.72	32.56	200m:	2:11.18	35.04	300m:	3:21.73	35.21	400m:	4:28.39	32.12
50.			06.02.2011	I					+0,86	4:28.95	I	547
	50m:	30.55	30.55	150m:	1:38.20	33.73	250m:	2:46.28	33.74	350m:	3:54.73	33.98
	100m:	1:04.47	33.92	200m:	2:12.54	34.34	300m:	3:20.75	34.47	400m:	4:28.95	34.22
51.			05.12.2011	I					+0,88	4:29.14	I	545
	50m:	30.44	30.44	150m:	1:38.26	34.35	250m:	2:47.23	34.84	350m:	3:56.39	34.91
	100m:	1:03.91	33.47	200m:	2:12.39	34.13	300m:	3:21.48	34.25	400m:	4:29.14	32.75
52.			21.12.2012	I					+0,63	4:31.26		533
	50m:	29.71	29.71	150m:	1:36.92	34.12	250m:	2:47.22	35.28	350m:	3:57.53	34.89
	100m:	1:02.80	33.09	200m:	2:11.94	35.02	300m:	3:22.64	35.42	400m:	4:31.26	33.73
53.			12.02.2011	I					+0,73	4:31.49		531
	50m:	29.50	29.50	150m:	1:37.42	34.81	250m:	2:47.90	35.69	350m:	3:57.65	34.62
	100m:	1:02.61	33.11	200m:	2:12.21	34.79	300m:	3:23.03	35.13	400m:	4:31.49	33.84
54.			21.02.2012	I					+0,86	4:31.56		531
	50m:	30.50	30.50	150m:	1:38.08	34.34	250m:	2:47.40	35.31	350m:	3:57.91	35.56
	100m:	1:03.74	33.24	200m:	2:12.09	34.01	300m:	3:22.35	34.95	400m:	4:31.56	33.65
55.			12.04.2011	I					+0,78	4:31.72		530
	50m:	29.55	29.55	150m:	1:35.58	33.74	250m:	2:45.51	35.25	350m:	3:57.01	35.91
	100m:	1:01.84	32.29	200m:	2:10.26	34.68	300m:	3:21.10	35.59	400m:	4:31.72	34.71
56.			28.05.2011	I					+0,80	4:31.76		530
	50m:	29.99	29.99	150m:	1:36.64	33.98	250m:	2:46.70	35.17	350m:	3:57.53	35.04
	100m:	1:02.66	32.67	200m:	2:11.53	34.89	300m:	3:22.49	35.79	400m:	4:31.76	34.23
57.			21.04.2011	I					+0,90	4:32.61		525
	50m:	30.53	30.53	150m:	1:37.79	34.27	250m:	2:47.78	35.24	350m:	3:58.27	35.47
	100m:	1:03.52	32.99	200m:	2:12.54	34.75	300m:	3:22.80	35.02	400m:	4:32.61	34.34
58.			10.02.2011	I					+0,82	4:33.80		518
	50m:	30.48	30.48	150m:	1:38.67	34.80	250m:	2:48.78	35.27	350m:	3:59.47	35.30
	100m:	1:03.87	33.39	200m:	2:13.51	34.84	300m:	3:24.17	35.39	400m:	4:33.80	34.33
59.			17.01.2012	I					+0,73	4:34.54		514
	50m:	30.82	30.82	150m:	1:39.65	34.94	250m:	2:50.45	35.48	350m:	4:01.55	35.41
	100m:	1:04.71	33.89	200m:	2:14.97	35.32	300m:	3:26.14	35.69	400m:	4:34.54	32.99
60.			24.09.2011	I					+0,89	4:34.80		512
	50m:	28.68	28.68	150m:	1:37.93	35.74	250m:	2:48.83	36.15	350m:	4:00.95	36.49
	100m:	1:02.19	33.51	200m:	2:12.68	34.75	300m:	3:24.46	35.63	400m:	4:34.80	33.85
61.			20.01.2011	I					+0,70	4:35.78		507
	50m:	30.55	30.55	150m:	1:40.10	35.58	250m:	2:50.61	35.50	350m:	4:02.24	35.79
	100m:	1:04.52	33.97	200m:	2:15.11	35.01	300m:	3:26.45	35.84	400m:	4:35.78	33.54
62.			27.03.2011	I					+0,77	4:35.89		506
	50m:	30.72	30.72	150m:	1:40.01	34.85	250m:	2:51.23	35.37	350m:	4:02.22	34.88
	100m:	1:05.16	34.44	200m:	2:15.86	35.85	300m:	3:27.34	36.11	400m:	4:35.89	33.67
63.			02.02.2012	I					+0,80	4:35.94		506
	50m:	28.87	28.87	150m:	1:37.48	35.72	250m:	2:49.50	36.15	350m:	4:01.54	36.19
	100m:	1:01.76	32.89	200m:	2:13.35	35.87	300m:	3:25.35	35.85	400m:	4:35.94	34.40

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

34, , 400m , (14-15)

										R.T.		
64.				23.02.2011	I					+0,89	4:36.35	504
	50m:	31.43	31.43	150m:	1:39.79	35.18	250m:	2:51.08	35.28	350m:	4:02.36	35.56
	100m:	1:04.61	33.18	200m:	2:15.80	36.01	300m:	3:26.80	35.72	400m:	4:36.35	33.99
65.				10.08.2011	I					+0,71	4:37.80	496
	50m:	30.33	30.33	150m:	1:39.08	34.47	250m:	2:50.31	35.55	350m:	4:03.28	36.55
	100m:	1:04.61	34.28	200m:	2:14.76	35.68	300m:	3:26.73	36.42	400m:	4:37.80	34.52
66.				07.03.2011	I					+0,80	4:37.94	495
	50m:	30.03	30.03	150m:	1:39.58	35.50	250m:	2:51.06	35.84	350m:	4:03.58	36.26
	100m:	1:04.08	34.05	200m:	2:15.22	35.64	300m:	3:27.32	36.26	400m:	4:37.94	34.36
				20.01.2011	I					+0,80	4:37.94	495
	50m:	30.90	30.90	150m:	1:40.63	35.75	250m:	2:51.93	35.72	350m:	4:03.43	35.72
	100m:	1:04.88	33.98	200m:	2:16.21	35.58	300m:	3:27.71	35.78	400m:	4:37.94	34.51
68.				27.08.2011	I					+0,72	4:38.06	495
	50m:	30.22	30.22	150m:	1:39.97	35.09	250m:	2:52.00	35.94	350m:	4:03.68	36.03
	100m:	1:04.88	34.66	200m:	2:16.06	36.09	300m:	3:27.65	35.65	400m:	4:38.06	34.38
69.				17.01.2011	I					+0,73	4:38.28	493
	50m:	30.86	30.86	150m:	1:40.17	34.94	250m:	2:51.50	35.56	350m:	4:03.35	35.87
	100m:	1:05.23	34.37	200m:	2:15.94	35.77	300m:	3:27.48	35.98	400m:	4:38.28	34.93
70.				30.05.2011	I					+0,71	4:39.10	489
	50m:	31.32	31.32	150m:	1:41.43	34.99	250m:	2:52.33	35.75	350m:	4:04.53	36.22
	100m:	1:06.44	35.12	200m:	2:16.58	35.15	300m:	3:28.31	35.98	400m:	4:39.10	34.57
71.				03.06.2011	I					+0,70	4:39.78	485
	50m:	29.29	29.29	150m:	1:37.75	35.23	250m:	2:50.22	36.63	350m:	4:03.88	37.19
	100m:	1:02.52	33.23	200m:	2:13.59	35.84	300m:	3:26.69	36.47	400m:	4:39.78	35.90
72.				21.01.2011	I					+0,92	4:43.79	465
	50m:	30.97	30.97	150m:	1:41.67	36.49	250m:	2:55.21	37.49	350m:	4:09.06	37.77
	100m:	1:05.18	34.21	200m:	2:17.72	36.05	300m:	3:31.29	36.08	400m:	4:43.79	34.73
DSQ				18.08.2011	I							

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

35 , 200m (14-15)
12.04.2026 - 11:00

 2:09.56
2:12.90

 19.04.2016
05.04.2021

: AQUA 2026

								R.T.				
1.			21.11.2011				-	+0,70	2:20.66			713
	50m:	29.33	29.33	100m:	1:03.99	34.66	150m:	1:47.28	43.29	200m:	2:20.66	33.38
2.			30.12.2011					+0,78	2:21.10			707
	50m:	30.26	30.26	100m:	1:07.15	36.89	150m:	1:48.72	41.57	200m:	2:21.10	32.38
3.			19.05.2011					+0,87	2:22.80			682
	50m:	29.68	29.68	100m:	1:05.67	35.99	150m:	1:49.47	43.80	200m:	2:22.80	33.33
4.			18.04.2011					+0,82	2:22.85			681
	50m:	30.75	30.75	100m:	1:06.74	35.99	150m:	1:47.54	40.80	200m:	2:22.85	35.31
5.			19.09.2011					+0,83	2:24.16			662
	50m:	31.10	31.10	100m:	1:07.93	36.83	150m:	1:51.72	43.79	200m:	2:24.16	32.44
6.			01.02.2011					+0,82	2:24.31			660
	50m:	31.75	31.75	100m:	1:10.52	38.77	150m:	1:52.71	42.19	200m:	2:24.31	31.60
7.			31.12.2012					+0,66	2:24.46			658
	50m:	30.31	30.31	100m:	1:08.22	37.91	150m:	1:51.18	42.96	200m:	2:24.46	33.28
8.			10.07.2011					+0,77	2:24.57			657
	50m:	30.03	30.03	100m:	1:05.87	35.84	150m:	1:48.14	42.27	200m:	2:24.57	36.43
9.			17.01.2012					+0,78	2:24.63			656
	50m:	30.82	30.82	100m:	1:07.74	36.92	150m:	1:51.41	43.67	200m:	2:24.63	33.22
10.			15.06.2011					+0,76	2:24.98			651
	50m:	30.44	30.44	100m:	1:07.95	37.51	150m:	1:51.46	43.51	200m:	2:24.98	33.52
11.			18.04.2012					+0,85	2:25.59			643
	50m:	31.96	31.96	100m:	1:08.47	36.51	150m:	1:53.27	44.80	200m:	2:25.59	32.32
12.			13.06.2011				-	+0,82	2:25.86			640
	50m:	31.39	31.39	100m:	1:08.65	37.26	150m:	1:51.46	42.81	200m:	2:25.86	34.40
13.			24.02.2012					+0,78	2:25.88			639
	50m:	30.95	30.95	100m:	1:07.97	37.02	150m:	1:50.99	43.02	200m:	2:25.88	34.89
14.			23.07.2012					+0,70	2:26.71			628
	50m:	31.88	31.88	100m:	1:08.33	36.45	150m:	1:53.53	45.20	200m:	2:26.71	33.18
15.			29.08.2011					+0,82	2:26.90			626
	50m:	31.41	31.41	100m:	1:10.01	38.60	150m:	1:52.24	42.23	200m:	2:26.90	34.66
16.			30.04.2011					+0,81	2:28.04			612
	50m:	31.32	31.32	100m:	1:07.07	35.75	150m:	1:54.23	47.16	200m:	2:28.04	33.81
17.			16.07.2012				-	+0,87	2:28.06			611
	50m:	30.73	30.73	100m:	1:07.70	36.97	150m:	1:53.29	45.59	200m:	2:28.06	34.77
18.			27.01.2012 I					+0,67	2:28.83			602
	50m:	32.23	32.23	100m:	1:10.82	38.59	150m:	1:53.31	42.49	200m:	2:28.83	35.52
19.			27.05.2011					+0,70	2:29.16			598
	50m:	31.87	31.87	100m:	1:11.46	39.59	150m:	1:54.91	43.45	200m:	2:29.16	34.25
20.			03.07.2012					+0,83	2:29.48			594
	50m:	31.31	31.31	100m:	1:11.11	39.80	150m:	1:52.84	41.73	200m:	2:29.48	36.64

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SWISS TIMING QUANTUM ACUATICS

		35, , 200m						(14-15)			
				/				R.T.			
21.				14.04.2012	I				+0,83	2:29.49	594
	50m:	33.68	33.68	100m:	1:11.03	37.35	150m:	1:56.98	45.95	200m:	2:29.49 32.51
22.				22.08.2011					+0,78	2:29.55	593
	50m:	31.19	31.19	100m:	1:08.76	37.57	150m:	1:54.69	45.93	200m:	2:29.55 34.86
23.				04.08.2012	I				+0,79	2:29.57	593
	50m:	33.46	33.46	100m:	1:12.08	38.62	150m:	1:54.82	42.74	200m:	2:29.57 34.75
24.				16.08.2012					+0,79	2:29.61	593
	50m:	33.17	33.17	100m:	1:10.51	37.34	150m:	1:54.44	43.93	200m:	2:29.61 35.17
25.				02.03.2012					+0,85	2:29.62	592
	50m:	31.77	31.77	100m:	1:09.20	37.43	150m:	1:54.75	45.55	200m:	2:29.62 34.87
26.				15.01.2012					+0,75	2:29.81	590
	50m:	32.05	32.05	100m:	1:09.93	37.88	150m:	1:55.48	45.55	200m:	2:29.81 34.33
27.				17.12.2011					+0,84	2:29.88	589
	50m:	32.76	32.76	100m:	1:11.86	39.10	150m:	1:53.34	41.48	200m:	2:29.88 36.54
28.				31.03.2011					+0,69	2:29.94	589
	50m:	32.22	32.22	100m:	1:12.13	39.91	150m:	1:55.65	43.52	200m:	2:29.94 34.29
29.				20.04.2012					+0,71	2:30.14	586
	50m:	32.13	32.13	100m:	1:11.79	39.66	150m:	1:54.41	42.62	200m:	2:30.14 35.73
30.				14.04.2011					+0,82	2:31.01	576
	50m:	32.82	32.82	100m:	1:11.56	38.74	150m:	1:55.55	43.99	200m:	2:31.01 35.46
31.				17.03.2011					+0,68	2:32.73	557
	50m:	31.49	31.49	100m:	1:10.87	39.38	150m:	1:55.48	44.61	200m:	2:32.73 37.25
32.				03.10.2012					+0,64	2:32.89	555
	50m:	32.37	32.37	100m:	1:12.51	40.14	150m:	1:57.87	45.36	200m:	2:32.89 35.02
33.				21.02.2012					+0,76	2:32.95	555
	50m:	32.95	32.95	100m:	1:14.53	41.58	150m:	1:59.33	44.80	200m:	2:32.95 33.62
34.				20.03.2012	I				+0,83	2:33.00	554
	50m:	32.41	32.41	100m:	1:11.98	39.57	150m:	1:56.12	44.14	200m:	2:33.00 36.88
35.				11.07.2011					+0,80	2:33.43	549
	50m:	31.45	31.45	100m:	1:10.64	39.19	150m:	1:57.23	46.59	200m:	2:33.43 36.20
36.				14.01.2011					+0,80	2:33.51	549
	50m:	32.65	32.65	100m:	1:11.77	39.12	150m:	1:57.69	45.92	200m:	2:33.51 35.82
37.				31.12.2012					+0,76	2:33.58	548
	50m:	31.47	31.47	100m:	1:08.29	36.82	150m:	1:55.87	47.58	200m:	2:33.58 37.71
38.				12.10.2012					+0,63	2:33.77	546
	50m:	33.67	33.67	100m:	1:11.83	38.16	150m:	1:58.85	47.02	200m:	2:33.77 34.92
39.				06.10.2012					+0,84	2:33.86	545
	50m:	30.92	30.92	100m:	1:13.12	42.20	150m:	1:58.73	45.61	200m:	2:33.86 35.13
40.				15.03.2012					+0,87	2:34.06	543
	50m:	33.50	33.50	100m:	1:11.72	38.22	150m:	1:58.61	46.89	200m:	2:34.06 35.45
				30.01.2012	I				+0,81	2:34.06	543
	50m:	32.87	32.87	100m:	1:12.25	39.38	150m:	1:58.75	46.50	200m:	2:34.06 35.31
42.				12.08.2011	I				+0,83	2:34.26	541
	50m:	32.76	32.76	100m:	1:14.32	41.56	150m:	1:58.35	44.03	200m:	2:34.26 35.91

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

		35, , 200m				(14-15)					
				/				R.T.			
43.				03.03.2011				+0,72	2:35.10		532
	50m:	33.38	33.38	100m:	1:12.08	38.70	150m:	1:57.97	45.89	200m:	2:35.10 37.13
44.				14.03.2011				+0,85	2:35.50		528
	50m:	33.71	33.71	100m:	1:14.35	40.64	150m:	2:01.27	46.92	200m:	2:35.50 34.23
45.				24.02.2011				+0,87	2:35.77		525
	50m:	35.05	35.05	100m:	1:12.60	37.55	150m:	2:00.83	48.23	200m:	2:35.77 34.94
46.				24.07.2012				+0,77	2:35.94		523
	50m:	32.91	32.91	100m:	1:10.42	37.51	150m:	1:59.89	49.47	200m:	2:35.94 36.05
47.				28.10.2011				+0,77	2:36.46		518
	50m:	31.53	31.53	100m:	1:10.27	38.74	150m:	1:59.12	48.85	200m:	2:36.46 37.34
48.				07.09.2011				+0,76	2:37.09		512
	50m:	31.42	31.42	100m:	1:11.72	40.30	150m:	1:59.12	47.40	200m:	2:37.09 37.97
49.				16.06.2012				+0,76	2:37.10		512
	50m:	32.59	32.59	100m:	1:13.66	41.07	150m:	2:02.12	48.46	200m:	2:37.10 34.98
50.				28.03.2011				+0,79	2:37.16		511
	50m:	33.09	33.09	100m:	1:16.01	42.92	150m:	2:01.55	45.54	200m:	2:37.16 35.61
51.				03.09.2011				+0,84	2:37.34		509
	50m:	35.22	35.22	100m:	1:15.91	40.69	150m:	2:03.27	47.36	200m:	2:37.34 34.07
52.				01.02.2012				+0,82	2:37.56		507
	50m:	33.84	33.84	100m:	1:14.22	40.38	150m:	2:01.48	47.26	200m:	2:37.56 36.08
53.				15.01.2012				+0,73	2:37.62		507
	50m:	33.08	33.08	100m:	1:13.88	40.80	150m:	2:00.73	46.85	200m:	2:37.62 36.89
54.				05.09.2011				+0,88	2:37.76		505
	50m:	33.17	33.17	100m:	1:13.53	40.36	150m:	2:01.05	47.52	200m:	2:37.76 36.71
55.				16.12.2011				+0,76	2:37.79		505
	50m:	33.08	33.08	100m:	1:13.89	40.81	150m:	2:01.35	47.46	200m:	2:37.79 36.44
56.				16.03.2011				+0,80	2:38.42		499
	50m:	32.40	32.40	100m:	1:11.21	38.81	150m:	2:00.12	48.91	200m:	2:38.42 38.30
57.				29.08.2012				+0,82	2:38.69		497
	50m:	34.76	34.76	100m:	1:16.54	41.78	150m:	2:04.69	48.15	200m:	2:38.69 34.00
58.				26.10.2011				+0,80	2:38.80		495
	50m:	32.94	32.94	100m:	1:10.85	37.91	150m:	2:01.87	51.02	200m:	2:38.80 36.93
59.				15.07.2012				+0,73	2:40.25		482
	50m:	33.07	33.07	100m:	1:11.67	38.60	150m:	2:00.66	48.99	200m:	2:40.25 39.59
60.				30.09.2011				+0,78	2:40.85		477
	50m:	32.98	32.98	100m:	1:12.27	39.29	150m:	2:02.19	49.92	200m:	2:40.85 38.66
61.				27.03.2011				+0,87	2:40.88		476
	50m:	34.23	34.23	100m:	1:16.65	42.42	150m:	2:02.55	45.90	200m:	2:40.88 38.33
62.				18.01.2011				+0,73	2:40.97		476
	50m:	32.73	32.73	100m:	1:15.39	42.66	150m:	2:03.40	48.01	200m:	2:40.97 37.57
63.				12.07.2012				+0,74	2:41.00		475
	50m:	34.11	34.11	100m:	1:19.49	45.38	150m:	2:05.56	46.07	200m:	2:41.00 35.44
64.				29.08.2012				+0,86	2:41.63		470
	50m:	35.41	35.41	100m:	1:17.75	42.34	150m:	2:03.54	45.79	200m:	2:41.63 38.09

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SWISS TIMING QUANTUM ACUATICS



ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

		35, 200m				(14-15)					
								R.T.			
65.				01.01.2011				+0,82	2:41.93	I	467
	50m:	33.24	33.24	100m:	1:13.68	40.44	150m:	2:04.53	50.85	200m:	2:41.93 37.40
66.				12.01.2011	I			+0,77	2:42.86		459
	50m:	33.58	33.58	100m:	1:16.75	43.17	150m:	2:04.28	47.53	200m:	2:42.86 38.58
67.				30.11.2011	I			+0,64	2:43.16		457
	50m:	33.68	33.68	100m:	1:17.72	44.04	150m:	2:07.45	49.73	200m:	2:43.16 35.71
68.				27.08.2012	I			+0,79	2:43.63		453
	50m:	37.71	37.71	100m:	1:20.55	42.84	150m:	2:06.17	45.62	200m:	2:43.63 37.46
69.				27.11.2011	I			+0,86	2:43.68		452
	50m:	34.36	34.36	100m:	1:16.13	41.77	150m:	2:06.61	50.48	200m:	2:43.68 37.07
70.				10.11.2011	I			+0,83	2:44.27		448
	50m:	33.19	33.19	100m:	1:16.72	43.53	150m:	2:04.45	47.73	200m:	2:44.27 39.82
71.				18.01.2011	I			+0,74	2:44.36		447
	50m:	34.86	34.86	100m:	1:18.01	43.15	150m:	2:07.31	49.30	200m:	2:44.36 37.05
72.				28.06.2012	I			+0,76	2:46.61		429
	50m:	34.21	34.21	100m:	1:18.93	44.72	150m:	2:06.21	47.28	200m:	2:46.61 40.40
73.				26.01.2012	I			+0,91	2:47.31		424
	50m:	37.45	37.45	100m:	1:19.91	42.46	150m:	2:13.44	53.53	200m:	2:47.31 33.87
74.				09.06.2011	I			+0,84	2:47.90		419
	50m:	35.40	35.40	100m:	1:19.83	44.43	150m:	2:09.45	49.62	200m:	2:47.90 38.45
75.				17.10.2011	I			+0,90	2:48.30		416
	50m:	36.74	36.74	100m:	1:20.19	43.45	150m:	2:08.98	48.79	200m:	2:48.30 39.32
76.				16.09.2011	I			+0,74	2:50.17		403
	50m:	36.58	36.58	100m:	1:21.59	45.01	150m:	2:08.95	47.36	200m:	2:50.17 41.22
DSQ				27.05.2012							
DSQ				01.06.2011							

36 , 200m (14-15)
12.04.2026 - 11:36

				1:56.75					RUS	(ROU)	24.07.2024	
				1:57.25							20.08.2025	
: AQUA 2026												
				/					R.T.			
1.				11.01.2011						+0,64	2:08.96	667
	50m:	26.44	26.44	100m:	59.42	32.98	150m:	1:38.71	39.29	200m:	2:08.96	30.25
2.				14.05.2011						+0,83	2:09.10	665
	50m:	28.52	28.52	100m:	1:01.99	33.47	150m:	1:39.56	37.57	200m:	2:09.10	29.54
3.				07.06.2011						+0,66	2:11.75	625
	50m:	27.20	27.20	100m:	1:02.33	35.13	150m:	1:40.72	38.39	200m:	2:11.75	31.03
4.				29.04.2011						+0,69	2:12.86	610
	50m:	27.44	27.44	100m:	1:02.77	35.33	150m:	1:41.23	38.46	200m:	2:12.86	31.63
5.				18.07.2011		-				+0,85	2:12.92	609
	50m:	28.49	28.49	100m:	1:00.84	32.35	150m:	1:41.84	41.00	200m:	2:12.92	31.08
6.				27.04.2011		-				+0,81	2:13.76	597
	50m:	28.88	28.88	100m:	1:03.05	34.17	150m:	1:41.41	38.36	200m:	2:13.76	32.35
7.				24.02.2011						+0,74	2:14.87	583
	50m:	27.79	27.79	100m:	1:03.08	35.29	150m:	1:42.97	39.89	200m:	2:14.87	31.90
8.				25.03.2011						+0,74	2:15.26	578
	50m:	27.43	27.43	100m:	1:01.03	33.60	150m:	1:41.45	40.42	200m:	2:15.26	33.81
9.				01.08.2011						+0,71	2:15.31	577
	50m:	27.26	27.26	100m:	1:02.89	35.63	150m:	1:43.85	40.96	200m:	2:15.31	31.46
10.				17.09.2011						+0,82	2:15.59	574
	50m:	28.62	28.62	100m:	1:02.41	33.79	150m:	1:43.69	41.28	200m:	2:15.59	31.90
11.				29.07.2011						+0,71	2:15.98	569
	50m:	28.69	28.69	100m:	1:05.58	36.89	150m:	1:44.63	39.05	200m:	2:15.98	31.35
12.				15.11.2011						+0,83	2:16.02	568
	50m:	28.56	28.56	100m:	1:04.75	36.19	150m:	1:46.48	41.73	200m:	2:16.02	29.54
13.				24.02.2011						+0,76	2:16.58	561
	50m:	28.27	28.27	100m:	1:03.43	35.16	150m:	1:43.81	40.38	200m:	2:16.58	32.77
14.				07.12.2011						+0,71	2:17.03	556
	50m:	29.52	29.52	100m:	1:05.16	35.64	150m:	1:43.91	38.75	200m:	2:17.03	33.12
15.				09.06.2011		-				+0,67	2:17.05	555
	50m:	28.44	28.44	100m:	1:05.56	37.12	150m:	1:46.54	40.98	200m:	2:17.05	30.51
16.				12.07.2011						+0,77	2:17.26	553
	50m:	28.81	28.81	100m:	1:05.86	37.05	150m:	1:45.54	39.68	200m:	2:17.26	31.72
17.				25.04.2011						+0,92	2:17.42	551
	50m:	28.70	28.70	100m:	1:04.34	35.64	150m:	1:44.09	39.75	200m:	2:17.42	33.33
18.				08.12.2011						+0,85	2:18.02	544
	50m:	29.87	29.87	100m:	1:06.87	37.00	150m:	1:44.72	37.85	200m:	2:18.02	33.30
19.				23.02.2011						+0,73	2:18.11	543
	50m:	29.39	29.39	100m:	1:04.72	35.33	150m:	1:45.79	41.07	200m:	2:18.11	32.32
20.				07.04.2011						+0,76	2:18.25	541
	50m:	29.32	29.32	100m:	1:05.68	36.36	150m:	1:46.63	40.95	200m:	2:18.25	31.62

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

		36, , 200m				(14-15)				R.T.			
				/									
21.				21.01.2012	I					+0,72	2:18.34	I	540
	50m:	28.79	28.79	100m:	1:04.23	35.44	150m:	1:46.76	42.53	200m:	2:18.34	31.58	
22.				18.04.2012	I					+0,81	2:18.86	I	534
	50m:	29.44	29.44	100m:	1:05.16	35.72	150m:	1:47.46	42.30	200m:	2:18.86	31.40	
				28.05.2011						+0,78	2:18.86	I	534
	50m:	28.61	28.61	100m:	1:04.28	35.67	150m:	1:44.10	39.82	200m:	2:18.86	34.76	
24.				27.07.2011						+0,75	2:18.89	I	534
	50m:	28.96	28.96	100m:	1:04.95	35.99	150m:	1:45.32	40.37	200m:	2:18.89	33.57	
25.				30.05.2011						+0,75	2:19.02	I	532
	50m:	29.46	29.46	100m:	1:04.85	35.39	150m:	1:44.25	39.40	200m:	2:19.02	34.77	
26.				01.09.2011	I					+0,74	2:19.14	I	531
	50m:	30.16	30.16	100m:	1:04.73	34.57	150m:	1:45.28	40.55	200m:	2:19.14	33.86	
27.				11.08.2011						+0,80	2:19.39	I	528
	50m:	29.86	29.86	100m:	1:05.00	35.14	150m:	1:47.85	42.85	200m:	2:19.39	31.54	
28.				13.09.2012	I					+0,71	2:19.48	I	527
	50m:	29.08	29.08	100m:	1:04.01	34.93	150m:	1:46.94	42.93	200m:	2:19.48	32.54	
29.				20.01.2012	I					+0,88	2:19.58	I	526
	50m:	30.18	30.18	100m:	1:06.76	36.58	150m:	1:46.88	40.12	200m:	2:19.58	32.70	
30.				19.02.2011	I					+0,93	2:19.95	I	522
	50m:	29.94	29.94	100m:	1:06.68	36.74	150m:	1:46.95	40.27	200m:	2:19.95	33.00	
31.				18.12.2011	I					+0,85	2:20.69	I	513
	50m:	29.56	29.56	100m:	1:04.40	34.84	150m:	1:47.50	43.10	200m:	2:20.69	33.19	
32.				25.01.2012	I	-	-			+0,73	2:20.81	I	512
	50m:	30.10	30.10	100m:	1:06.88	36.78	150m:	1:49.55	42.67	200m:	2:20.81	31.26	
33.				29.01.2011	I					+0,83	2:21.42	I	505
	50m:	30.14	30.14	100m:	1:06.95	36.81	150m:	1:48.86	41.91	200m:	2:21.42	32.56	
34.				04.02.2011						+0,77	2:22.03	I	499
	50m:	31.84	31.84	100m:	1:09.32	37.48	150m:	1:51.55	42.23	200m:	2:22.03	30.48	
35.				20.05.2011	I					+0,73	2:22.06	I	499
	50m:	28.11	28.11	100m:	1:04.91	36.80	150m:	1:48.14	43.23	200m:	2:22.06	33.92	
36.				09.09.2012	I					+0,70	2:22.26	I	497
	50m:	29.45	29.45	100m:	1:07.37	37.92	150m:	1:49.86	42.49	200m:	2:22.26	32.40	
37.				03.02.2012	I					+0,68	2:23.13	I	488
	50m:	30.66	30.66	100m:	1:07.76	37.10	150m:	1:48.42	40.66	200m:	2:23.13	34.71	
38.				03.06.2011	I					+0,72	2:23.37	I	485
	50m:	30.75	30.75	100m:	1:08.27	37.52	150m:	1:50.07	41.80	200m:	2:23.37	33.30	
39.				26.11.2012	I					+0,69	2:23.62	I	483
	50m:	30.27	30.27	100m:	1:05.40	35.13	150m:	1:48.75	43.35	200m:	2:23.62	34.87	
40.				24.07.2012	I					+0,77	2:23.79	I	481
	50m:	30.59	30.59	100m:	1:06.00	35.41	150m:	1:50.69	44.69	200m:	2:23.79	33.10	
41.				05.04.2012	I					+0,69	2:24.47	I	474
	50m:	29.77	29.77	100m:	1:07.49	37.72	150m:	1:50.92	43.43	200m:	2:24.47	33.55	
42.				20.08.2011	I					+0,67	2:24.65	I	472
	50m:	29.19	29.19	100m:	1:08.59	39.40	150m:	1:50.19	41.60	200m:	2:24.65	34.46	

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SWISS TIMING QUANTUM ACUATICS

36, , 200m , (14-15)

								R.T.			
43.			/	16.07.2011	I			+0,79	2:24.77	I	471
	50m:	30.74	30.74	100m:	1:08.41	37.67	150m:	1:50.00	41.59	200m:	2:24.77 34.77
44.				16.01.2011	I			+0,63	2:24.84	I	470
	50m:	30.49	30.49	100m:	1:10.63	40.14	150m:	1:51.08	40.45	200m:	2:24.84 33.76
45.				08.08.2011	I			+0,72	2:25.23	I	467
	50m:	30.41	30.41	100m:	1:10.30	39.89	150m:	1:50.39	40.09	200m:	2:25.23 34.84
46.				06.01.2011	I			+0,77	2:25.40	I	465
	50m:	29.84	29.84	100m:	1:08.52	38.68	150m:	1:50.45	41.93	200m:	2:25.40 34.95
47.				29.03.2011	I			+0,78	2:25.86		461
	50m:	29.58	29.58	100m:	1:06.33	36.75	150m:	1:51.56	45.23	200m:	2:25.86 34.30
48.				12.07.2012	I			+0,80	2:26.51		455
	50m:	33.46	33.46	100m:	1:13.07	39.61	150m:	1:52.81	39.74	200m:	2:26.51 33.70
49.				22.06.2011	I			+0,74	2:27.04		450
	50m:	30.08	30.08	100m:	1:06.57	36.49	150m:	1:50.26	43.69	200m:	2:27.04 36.78
50.				30.03.2011	I			+0,79	2:27.09		449
	50m:	32.82	32.82	100m:	1:11.28	38.46	150m:	1:51.77	40.49	200m:	2:27.09 35.32
51.				24.02.2012	I			+0,75	2:27.19		448
	50m:	29.18	29.18	100m:	1:06.45	37.27	150m:	1:51.11	44.66	200m:	2:27.19 36.08
				08.10.2012	I			+0,73	2:27.19		448
	50m:	31.91	31.91	100m:	1:09.96	38.05	150m:	1:53.96	44.00	200m:	2:27.19 33.23
53.				13.05.2011	I			+0,69	2:27.73		443
	50m:	31.71	31.71	100m:	1:09.08	37.37	150m:	1:55.54	46.46	200m:	2:27.73 32.19
54.				03.06.2011	I			+0,76	2:28.26		439
	50m:	30.97	30.97	100m:	1:10.39	39.42	150m:	1:53.95	43.56	200m:	2:28.26 34.31
55.				03.02.2012	I			+0,76	2:29.49		428
	50m:	29.95	29.95	100m:	1:07.73	37.78	150m:	1:53.08	45.35	200m:	2:29.49 36.41
56.				12.11.2011	I			+0,73	2:30.14		422
	50m:	31.71	31.71	100m:	1:10.08	38.37	150m:	1:54.94	44.86	200m:	2:30.14 35.20
57.				13.09.2011	I			+0,82	2:30.42		420
	50m:	30.95	30.95	100m:	1:12.73	41.78	150m:	1:57.55	44.82	200m:	2:30.42 32.87
DSQ				01.05.2011							
DSQ				06.11.2011	I						

37 , 4 100 (14-15)
12.04.2026 - 12:12

		3:53.38			RUS	(HUN)			30.07.2017
		4:00.30			RUS	(HUN)			25.08.2019
: AQUA 2026									
		/			R.T.				
1.	-	+0,68	30.93	1:04.56	-	+0,68 4:16.86	+0,46	29.03	1:02.65
		+0,40	32.82	1:11.93			+0,41	27.79	57.72
2.		+0,63	30.35	1:02.43		+0,63 4:18.74	+0,52	28.96	1:02.99
		+0,34	34.81	1:14.98			+0,03	27.73	58.34
3.		+0,66	31.52	1:05.02		+0,66 4:19.01	+0,36	29.07	1:02.39
		+0,62	34.95	1:13.28			+0,24	27.63	58.32
4.		+0,63	32.07	1:07.11		+0,63 4:23.59	+0,52	30.19	1:04.43
		+0,37	35.39	1:14.88			+0,70	27.44	57.17
5.		+0,71	32.17	1:04.94		+0,71 4:24.24	+0,50	30.45	1:05.08
		+0,44	33.52	1:13.78			+0,61	29.26	1:00.44
6.		+0,58	31.44	1:07.05		+0,58 4:25.91	+0,47	29.76	1:06.06
		+0,71	34.17	1:13.42			+0,50	28.24	59.38
7.		+0,60	32.24	1:07.48		+0,60 4:28.39	+0,25	29.18	1:04.16
		+0,46	35.10	1:15.71			+0,34	28.58	1:01.04
8.		+0,67	32.81	1:08.69		+0,67 4:29.51	+0,58	30.49	1:05.17
		+0,60	35.96	1:15.55			+0,36	28.90	1:00.10
9.		+0,74	33.04	1:10.56		+0,74 4:29.74	+0,27	29.85	1:05.93
		+0,45	34.71	1:14.80			+0,34	28.12	58.45
10.		+0,73	33.31	1:07.88		+0,73 4:29.83	+0,66	31.21	1:07.65
		+0,82	36.56	1:15.89			+0,50	27.41	58.41
11.		+0,62	32.60	1:07.43		+0,62 4:29.94	+0,61	29.83	1:05.97
		+0,39	34.93	1:13.14			+0,29	29.49	1:03.40
12.		+0,76	32.54	1:07.04		+0,76 4:30.14	+0,69	32.02	1:07.23
		+0,53	34.02	1:14.68			+0,51	29.04	1:01.19
13.		+0,68	32.87	1:07.20		+0,68 4:31.59	+0,56	31.33	1:09.75
		+0,43	35.89	1:15.84			+0,59	27.95	58.80
14.			35.87	1:12.83		4:31.75	+0,37	29.83	1:08.95
		+0,58	33.95	1:13.05				26.87	56.92
15.		+0,79	31.95	1:06.91		+0,79 4:31.96	+0,25	29.87	1:05.69
		+0,40	35.79	1:19.73			+0,75	27.98	59.63

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SWISS TIMING QUANTUM ACUATICS

37, , 4 100 , (14-15)

			/			R.T.					
16.	-	-	+0,72	32.01	1:05.18	-	-	-	+0,72 4:32.89		
			+0,53	37.03	1:19.55				+0,37 32.46	1:08.24	
									+0,29 29.09	59.92	
17.			+0,66	32.41	1:07.23				+0,66 4:33.03		
			+0,63	35.68	1:18.05				+0,57 29.97	1:07.60	
									+0,56 28.55	1:00.15	
18.			+0,77	31.09	1:04.82				+0,77 4:33.97		
			+0,40	35.33	1:16.89				+0,44 32.67	1:11.54	
									+0,28 28.37	1:00.72	
19.			+0,70	31.96	1:07.85				+0,70 4:35.20		
			+0,66	36.31	1:17.95				+0,52 31.50	1:09.68	
									+0,02 28.36	59.72	
20.			+0,72	32.75	1:07.23				+0,72 4:35.41		
			+0,26	36.73	1:19.77				+0,57 30.92	1:06.89	
									+0,42 29.28	1:01.52	
21.			+0,68	33.57	1:10.42				+0,68 4:35.72		
			+0,45	34.73	1:17.36				+0,48 31.45	1:07.87	
									+0,56 28.57	1:00.07	
22.			+0,76	32.95	1:09.04				+0,76 4:36.21		
			0.00	33.87	1:14.48				+0,23 31.65	1:08.59	
									+0,24 29.79	1:04.10	
23.			+0,70	34.50	1:11.75				+0,70 4:36.23		
			+0,46	35.15	1:16.83				+0,60 31.65	1:06.90	
									+0,64 28.50	1:00.75	
24.			+0,75	31.97	1:06.82				+0,75 4:37.72		
			+0,62	37.63	1:19.36				+0,36 32.58	1:10.25	
									+0,52 29.32	1:01.29	
25.			+0,78	32.23	1:06.11				+0,78 4:38.12		
			+0,58	36.18	1:17.06				+0,42 32.82	1:12.40	
									+0,37 29.70	1:02.55	
26.			+0,71	32.67	1:06.02				+0,71 4:39.68		
			+0,32	35.90	1:16.52				+0,70 32.90	1:12.74	
									+0,59 29.67	1:04.40	
27.			+0,70	32.69	1:06.80				+0,70 4:40.03		
			+0,61	34.89	1:14.91				+0,49 32.49	1:11.96	
									+0,27 30.83	1:06.36	
28.			+0,83	33.61	1:09.00				+0,83 4:40.64		
			+0,42	37.53	1:19.69				+0,55 31.97	1:12.17	
									+0,16 28.25	59.78	
29.			+0,75	32.90	1:07.20				+0,75 4:40.74		
			+0,55	39.33	1:24.17				+0,21 32.26	1:07.87	
									+0,58 29.63	1:01.50	
30.			+0,78	33.63	1:09.01				+0,78 4:43.95		
			+0,53	37.57	1:21.43				+0,51 33.01	1:08.04	
									+0,52 30.99	1:05.47	
31.			+0,80	35.25	1:14.05				+0,80 4:48.21		
			+0,57	38.54	1:21.76				+0,30 32.15	1:10.13	
									+0,60 30.06	1:02.27	

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SWISS TIMING QUANTUM ACUATICS

37, , 4 100 , (14-15)

					R.T.			
32.					+0,68	4:51.14		
		+0,68	33.71	1:10.77	+0,53	33.71	1:14.53	
		+0,54	36.85	1:19.21	+0,26	31.09	1:06.63	
33.					+0,74	4:51.42		
		+0,74	37.54	1:16.00	+0,36	32.32	1:12.67	
		+0,57	36.18	1:17.56	+0,37	30.35	1:05.19	
34.					+0,68	4:53.92		
		+0,68	33.58	1:12.76	+0,77	32.15	1:12.20	
		+0,26	37.55	1:25.14	+0,33	29.89	1:03.82	
35.					+0,79	4:54.70		
		+0,79	33.87	1:10.45	+0,52	33.83	1:15.86	
		+0,49	38.35	1:22.88	+0,61	30.73	1:05.51	
36.					+0,69	4:57.00		
		+0,69	36.31	1:15.11	+0,50	34.40	1:16.67	
		+0,31	36.56	1:19.99	+0,35	30.26	1:05.23	
37.					+0,77	4:57.74		
		+0,77	32.34	1:11.11	+0,39	35.23	1:22.99	
		+0,34	38.69	1:23.27	+0,16	28.72	1:00.37	
38.					+0,83	4:59.50		
		+0,83	35.05	1:13.52	+0,81	34.11	1:17.79	
		+0,58	38.52	1:23.42	+0,71	30.46	1:04.77	
39.					+0,65	5:01.52		
		+0,65	35.27	1:12.26	+0,78	37.60	1:23.01	
		+0,50	39.66	1:22.66	+0,29	30.50	1:03.59	
DSQ					+0,63			
		+0,44	33.84	1:10.67	+0,53			

38 , 4 100 (14-15)
12.04.2026 - 12:40

		3:26.93			RUS	(SGP)		
		3:33.19			RUS	(HUN)	03.08.2025 25.08.2019	
: AQUA 2026								
		/			R.T.			
1.	-	+0,65	28.22	57.85	-	+0,65 3:54.18		
		+0,62	31.10	1:05.94		+0,38 27.27	57.45	
						+0,52 24.70	52.94	
2.		+0,63	29.65	1:01.38		+0,63 3:57.34		
		+0,57	31.67	1:08.09		+0,22 25.39	55.88	
						+0,19 24.17	51.99	
3.		+0,57	28.81	1:00.22		+0,57 3:58.44		
		+0,24	30.59	1:06.21		+0,11 25.82	58.18	
						+0,45 25.53	53.83	
4.		+0,70	28.07	59.48		+0,70 3:58.72		
		+0,44	31.58	1:08.71		+0,42 26.60	57.76	
						+0,61 25.23	52.77	
5.		+0,89	29.59	1:01.08		+0,89 4:01.60		
		+0,84	32.71	1:09.51		+0,50 26.43	57.56	
						+0,28 25.81	53.45	
6.		+0,66	28.65	1:00.62		+0,66 4:01.61		
		+0,65	31.05	1:08.28		+0,42 27.59	58.38	
						+0,63 25.12	54.33	
7.		+0,66	30.24	1:01.64		+0,66 4:02.03		
		+0,06	31.67	1:09.15		+0,55 27.88	57.84	
						+0,46 25.57	53.40	
8.		+0,69	29.62	1:00.87		+0,69 4:03.80		
		+0,45	32.85	1:11.36		+0,56 26.66	57.57	
						+0,23 25.47	54.00	
9.		+0,79	30.05	1:02.28		+0,79 4:05.05		
		+0,45	33.33	1:12.06		+0,29 27.10	58.37	
						+0,44 24.73	52.34	
10.		+0,68	29.36	1:01.17		+0,68 4:06.33		
		+0,24	32.77	1:10.79		+0,42 27.94	1:01.14	
						+0,20 25.47	53.23	
11.		+0,69	28.43	58.93		+0,69 4:07.02		
		+0,48	33.31	1:13.76		+0,44 26.40	59.18	
						+0,48 26.34	55.15	
12.		+0,72	29.86	1:02.12		+0,72 4:07.20		
		+0,55	33.33	1:12.21		+0,40 27.06	58.91	
						+0,44 25.48	53.96	
13.	-	+0,62	28.77	1:01.19	-	+0,62 4:07.73		
		+0,70	31.87	1:10.64		+0,43 27.69	1:01.26	
						+0,29 25.43	54.64	
14.		+0,56	29.31	1:01.41		+0,56 4:07.76		
		+0,47	32.00	1:08.71		+0,49 27.92	1:01.44	
						+0,37 26.65	56.20	
15.		+0,80	30.95	1:03.62		+0,80 4:09.31		
		+0,43	32.40	1:09.89		+0,57 28.27	1:01.33	
						+0,34 26.47	54.47	

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SWISS TIMING QUANTUM ACUATICS

38, , 4 100 , (14-15)

					R.T.		
16.					+0,57 4:09.55		
	+0,57	28.76	1:00.16		+0,33	27.34	1:02.02
	+0,25	32.93	1:10.59		+0,38	26.19	56.78
17.					+0,69 4:11.33		
	+0,69	29.49	1:02.05		+0,60	27.34	1:00.28
	+0,49	33.10	1:13.54		+0,54	26.75	55.46
18.					+0,57 4:11.43		
	+0,57	29.60	1:01.06		+0,45	27.71	1:00.01
	+0,43	35.12	1:15.17		+0,48	26.05	55.19
19.					+0,80 4:12.51		
	+0,80	30.01	1:02.74		+0,37	29.87	1:03.65
	+0,43	33.56	1:11.61		+0,29	25.46	54.51
20.					+0,80 4:12.88		
	+0,80	30.14	1:01.95		+0,47	28.33	1:02.20
	+0,54	33.26	1:12.76		+0,57	26.89	55.97
21.					+0,82 4:12.89		
	+0,82	31.05	1:04.73		+0,36	28.60	1:02.44
	+0,50	33.04	1:11.12		+0,30	26.40	54.60
22.					+0,69 4:12.91		
	+0,69	30.19	1:02.54		+0,54	30.53	1:03.24
	+0,48	33.39	1:10.26		+0,43	26.65	56.87
23.					+0,72 4:14.24		
	+0,72	31.61	1:03.93		+0,53	28.46	1:02.37
	+0,64	35.02	1:14.44		+0,58	26.06	53.50
24.					+0,69 4:14.49		
	+0,69	31.59	1:05.34		+0,70	28.33	1:01.83
	+0,24	32.60	1:09.29		+0,52	26.93	58.03
25.					+0,68 4:15.86		
	+0,68	31.67	1:07.66		+0,52	29.08	1:02.98
		29.05	1:06.41		+0,74	28.50	58.81
26.	-			-	+0,75 4:16.18		
	+0,75	31.07	1:03.48		+0,70	28.18	1:02.15
	+0,48	33.03	1:15.73		+0,65	26.02	54.82
27.					+0,73 4:16.71		
	+0,73	31.66	1:05.94		+0,64	29.50	1:03.21
	+0,53	32.23	1:09.44		+0,54	27.51	58.12
28.					+0,71 4:17.02		
	+0,71	30.50	1:02.73		+0,59	30.62	1:06.43
	+0,32	33.86	1:12.96		+0,47	25.91	54.90
29.					+0,72 4:18.67		
	+0,72	30.75	1:02.31		+0,50	29.53	1:04.42
	+0,19	33.24	1:13.05		+0,46	27.85	58.89
30.					+0,69 4:24.02		
	+0,69	32.80	1:06.25		+0,55	30.05	1:04.84
	+0,56	35.19	1:17.20		+0,47	26.87	55.73
31.					+0,74 4:29.28		
	+0,74	32.86	1:06.91		+0,46	30.81	1:10.60
	+0,56	33.97	1:11.10		+0,43	28.34	1:00.67



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

38, , 4 100 , (14-15)

/

R.T.

DSQ

+0,61 31.66 1:03.95
+0,59 32.99 1:09.85

+0,45 27.99 1:00.00
-0,16

спонсоры соревнований:



39 , 1500m (14-15)
12.04.2026 - 13:00

15:50.22 (JPN) 26.07.2021
16:04.21 17.04.2025

: AQUA 2026

	/				R.T.						
1.	23.10.2012				+0,76 16:53.42				749		
50m:	30.20	30.20	450m:	5:01.08	34.10	850m:	9:32.55	34.11	1250m:	14:05.69	34.17
100m:	1:03.23	33.03	500m:	5:35.47	34.39	900m:	10:06.90	34.35	1300m:	14:39.58	33.89
150m:	1:36.98	33.75	550m:	6:09.38	33.91	950m:	10:41.02	34.12	1350m:	15:13.84	34.26
200m:	2:10.71	33.73	600m:	6:43.03	33.65	1000m:	11:15.08	34.06	1400m:	15:47.81	33.97
250m:	2:44.87	34.16	650m:	7:17.03	34.00	1050m:	11:49.11	34.03	1450m:	16:21.68	33.87
300m:	3:18.68	33.81	700m:	7:50.89	33.86	1100m:	12:23.03	33.92	1500m:	16:53.42	31.74
350m:	3:53.07	34.39	750m:	8:24.75	33.86	1150m:	12:57.26	34.23			
400m:	4:26.98	33.91	800m:	8:58.44	33.69	1200m:	13:31.52	34.26			
2.	03.02.2012				+0,72 17:26.55				680		
50m:	30.88	30.88	450m:	5:07.35	34.89	850m:	9:46.61	35.32	1250m:	14:29.52	35.53
100m:	1:04.64	33.76	500m:	5:41.59	34.24	900m:	10:21.77	35.16	1300m:	15:05.04	35.52
150m:	1:38.91	34.27	550m:	6:16.55	34.96	950m:	10:57.02	35.25	1350m:	15:40.67	35.63
200m:	2:13.50	34.59	600m:	6:51.19	34.64	1000m:	11:32.36	35.34	1400m:	16:16.46	35.79
250m:	2:48.32	34.82	650m:	7:26.15	34.96	1050m:	12:07.70	35.34	1450m:	16:51.66	35.20
300m:	3:23.06	34.74	700m:	8:01.34	35.19	1100m:	12:43.00	35.30	1500m:	17:26.55	34.89
350m:	3:57.99	34.93	750m:	8:36.42	35.08	1150m:	13:18.27	35.27			
400m:	4:32.46	34.47	800m:	9:11.29	34.87	1200m:	13:53.99	35.72			
3.	07.02.2012				+0,77 17:30.54				672		
50m:	30.71	30.71	450m:	5:06.97	35.31	850m:	9:50.25	35.55	1250m:	14:35.11	36.15
100m:	1:04.02	33.31	500m:	5:42.19	35.22	900m:	10:25.81	35.56	1300m:	15:10.89	35.78
150m:	1:38.04	34.02	550m:	6:17.76	35.57	950m:	11:01.47	35.66	1350m:	15:46.24	35.35
200m:	2:11.93	33.89	600m:	6:52.72	34.96	1000m:	11:36.85	35.38	1400m:	16:21.67	35.43
250m:	2:47.09	35.16	650m:	7:28.46	35.74	1050m:	12:12.38	35.53	1450m:	16:56.92	35.25
300m:	3:21.85	34.76	700m:	8:03.75	35.29	1100m:	12:47.85	35.47	1500m:	17:30.54	33.62
350m:	3:56.99	35.14	750m:	8:39.47	35.72	1150m:	13:23.39	35.54			
400m:	4:31.66	34.67	800m:	9:14.70	35.23	1200m:	13:58.96	35.57			
4.	13.10.2011				+0,82 17:43.94				647		
50m:	31.33	31.33	450m:	5:10.35	35.58	850m:	9:55.55	35.94	1250m:	14:44.55	36.37
100m:	1:04.96	33.63	500m:	5:45.67	35.32	900m:	10:31.08	35.53	1300m:	15:20.61	36.06
150m:	1:39.28	34.32	550m:	6:21.47	35.80	950m:	11:07.60	36.52	1350m:	15:56.64	36.03
200m:	2:13.74	34.46	600m:	6:57.15	35.68	1000m:	11:43.25	35.65	1400m:	16:32.82	36.18
250m:	2:48.98	35.24	650m:	7:32.67	35.52	1050m:	12:19.70	36.45	1450m:	17:09.28	36.46
300m:	3:24.04	35.06	700m:	8:08.15	35.48	1100m:	12:55.55	35.85	1500m:	17:43.94	34.66
350m:	3:59.53	35.49	750m:	8:43.99	35.84	1150m:	13:32.19	36.64			
400m:	4:34.77	35.24	800m:	9:19.61	35.62	1200m:	14:08.18	35.99			
5.	18.06.2012				+0,86 17:45.24				645		
50m:	30.77	30.77	450m:	5:12.74	35.64	850m:	9:59.69	36.24	1250m:	14:47.49	36.01
100m:	1:04.91	34.14	500m:	5:48.31	35.57	900m:	10:35.74	36.05	1300m:	15:23.40	35.91
150m:	1:39.92	35.01	550m:	6:24.04	35.73	950m:	11:11.79	36.05	1350m:	15:59.44	36.04
200m:	2:15.16	35.24	600m:	6:59.70	35.66	1000m:	11:47.65	35.86	1400m:	16:35.11	35.67
250m:	2:50.27	35.11	650m:	7:35.37	35.67	1050m:	12:23.67	36.02	1450m:	17:10.74	35.63
300m:	3:25.82	35.55	700m:	8:11.17	35.80	1100m:	12:59.50	35.83	1500m:	17:45.24	34.50
350m:	4:01.39	35.57	750m:	8:47.32	36.15	1150m:	13:35.52	36.02			
400m:	4:37.10	35.71	800m:	9:23.45	36.13	1200m:	14:11.48	35.96			

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SWISS TIMING QUANTUM ACUATICS

39, , 1500m , (14-15)

										R.T.		
6.				10.11.2011						+0,80 17:47.34		641
50m:	31.32	31.32	450m:	5:11.71	35.31	850m:	9:59.75	36.18	1250m:	14:48.75	36.21	
100m:	1:05.09	33.77	500m:	5:47.39	35.68	900m:	10:36.20	36.45	1300m:	15:25.02	36.27	
150m:	1:39.74	34.65	550m:	6:23.27	35.88	950m:	11:11.68	35.48	1350m:	16:01.30	36.28	
200m:	2:14.62	34.88	600m:	6:59.12	35.85	1000m:	11:47.52	35.84	1400m:	16:37.63	36.33	
250m:	2:49.82	35.20	650m:	7:35.43	36.31	1050m:	12:23.90	36.38	1450m:	17:13.34	35.71	
300m:	3:24.96	35.14	700m:	8:11.21	35.78	1100m:	13:00.04	36.14	1500m:	17:47.34	34.00	
350m:	4:00.74	35.78	750m:	8:47.65	36.44	1150m:	13:36.36	36.32				
400m:	4:36.40	35.66	800m:	9:23.57	35.92	1200m:	14:12.54	36.18				
7.			11.04.2011							+0,74 17:53.77		629
50m:	31.23	31.23	450m:	5:11.75	35.38	850m:	10:00.79	36.48	1250m:	14:51.73	36.66	
100m:	1:05.24	34.01	500m:	5:47.29	35.54	900m:	10:37.32	36.53	1300m:	15:28.17	36.44	
150m:	1:39.72	34.48	550m:	6:23.33	36.04	950m:	11:13.37	36.05	1350m:	16:05.46	37.29	
200m:	2:14.79	35.07	600m:	6:59.19	35.86	1000m:	11:49.56	36.19	1400m:	16:41.88	36.42	
250m:	2:49.82	35.03	650m:	7:35.40	36.21	1050m:	12:25.90	36.34	1450m:	17:18.15	36.27	
300m:	3:25.04	35.22	700m:	8:11.56	36.16	1100m:	13:02.30	36.40	1500m:	17:53.77	35.62	
350m:	4:00.63	35.59	750m:	8:47.71	36.15	1150m:	13:38.91	36.61				
400m:	4:36.37	35.74	800m:	9:24.31	36.60	1200m:	14:15.07	36.16				
8.			08.10.2011							+0,68 17:53.98		629
50m:	31.44	31.44	450m:	5:13.93	35.66	850m:	10:00.77	36.23	1250m:	14:52.54	36.38	
100m:	1:05.92	34.48	500m:	5:49.43	35.50	900m:	10:37.06	36.29	1300m:	15:28.87	36.33	
150m:	1:40.78	34.86	550m:	6:25.07	35.64	950m:	11:13.20	36.14	1350m:	16:05.47	36.60	
200m:	2:16.40	35.62	600m:	7:00.75	35.68	1000m:	11:50.01	36.81	1400m:	16:42.32	36.85	
250m:	2:51.85	35.45	650m:	7:36.73	35.98	1050m:	12:26.58	36.57	1450m:	17:18.85	36.53	
300m:	3:27.42	35.57	700m:	8:12.57	35.84	1100m:	13:03.02	36.44	1500m:	17:53.98	35.13	
350m:	4:02.59	35.17	750m:	8:48.30	35.73	1150m:	13:39.62	36.60				
400m:	4:38.27	35.68	800m:	9:24.54	36.24	1200m:	14:16.16	36.54				
9.			16.11.2011							+0,87 17:54.10		629
50m:	31.39	31.39	450m:	5:15.50	36.03	850m:	10:04.11	36.33	1250m:	14:54.68	36.15	
100m:	1:05.73	34.34	500m:	5:51.26	35.76	900m:	10:40.03	35.92	1300m:	15:31.02	36.34	
150m:	1:41.21	35.48	550m:	6:27.24	35.98	950m:	11:16.57	36.54	1350m:	16:07.44	36.42	
200m:	2:16.37	35.16	600m:	7:03.25	36.01	1000m:	11:52.92	36.35	1400m:	16:43.72	36.28	
250m:	2:52.04	35.67	650m:	7:39.82	36.57	1050m:	12:29.23	36.31	1450m:	17:19.50	35.78	
300m:	3:27.80	35.76	700m:	8:15.93	36.11	1100m:	13:05.43	36.20	1500m:	17:54.10	34.60	
350m:	4:03.71	35.91	750m:	8:52.16	36.23	1150m:	13:41.98	36.55				
400m:	4:39.47	35.76	800m:	9:27.78	35.62	1200m:	14:18.53	36.55				
10.			20.02.2012							+0,80 17:58.93		620
50m:	30.86	30.86	450m:	5:16.13	36.63	850m:	10:07.92	36.20	1250m:	14:59.95	36.22	
100m:	1:04.87	34.01	500m:	5:52.31	36.18	900m:	10:43.99	36.07	1300m:	15:35.60	35.65	
150m:	1:40.63	35.76	550m:	6:28.97	36.66	950m:	11:20.58	36.59	1350m:	16:11.94	36.34	
200m:	2:15.82	35.19	600m:	7:05.57	36.60	1000m:	11:57.09	36.51	1400m:	16:48.04	36.10	
250m:	2:51.85	36.03	650m:	7:42.26	36.69	1050m:	12:34.30	37.21	1450m:	17:24.58	36.54	
300m:	3:27.30	35.45	700m:	8:18.19	35.93	1100m:	13:11.00	36.70	1500m:	17:58.93	34.35	
350m:	4:03.78	36.48	750m:	8:55.35	37.16	1150m:	13:46.90	35.90				
400m:	4:39.50	35.72	800m:	9:31.72	36.37	1200m:	14:23.73	36.83				
11.			15.07.2012	I						+0,82 18:01.54		616
50m:	32.73	32.73	450m:	5:22.98	36.99	850m:	10:13.72	36.69	1250m:	15:05.85	36.48	
100m:	1:07.96	35.23	500m:	5:58.91	35.93	900m:	10:50.09	36.37	1300m:	15:41.69	35.84	
150m:	1:43.99	36.03	550m:	6:35.51	36.60	950m:	11:26.87	36.78	1350m:	16:18.46	36.77	
200m:	2:19.89	35.90	600m:	7:11.57	36.06	1000m:	12:03.18	36.31	1400m:	16:53.59	35.13	
250m:	2:56.50	36.61	650m:	7:48.38	36.81	1050m:	12:39.93	36.75	1450m:	17:28.99	35.40	
300m:	3:32.81	36.31	700m:	8:24.42	36.04	1100m:	13:16.18	36.25	1500m:	18:01.54	32.55	
350m:	4:09.62	36.81	750m:	9:00.97	36.55	1150m:	13:53.07	36.89				
400m:	4:45.99	36.37	800m:	9:37.03	36.06	1200m:	14:29.37	36.30				

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SWISS TIMING QUANTUM ACUATICS

39, , 1500m , (14-15)

										R.T.		
12.				12.01.2011						+0,86 18:02.85		614
	50m:	31.99	31.99	450m:	5:21.46	36.57	850m:	10:14.39	36.63	1250m:	15:05.31	36.07
	100m:	1:06.80	34.81	500m:	5:57.91	36.45	900m:	10:50.88	36.49	1300m:	15:41.55	36.24
	150m:	1:42.90	36.10	550m:	6:34.50	36.59	950m:	11:27.54	36.66	1350m:	16:18.55	37.00
	200m:	2:19.09	36.19	600m:	7:11.21	36.71	1000m:	12:04.15	36.61	1400m:	16:54.20	35.65
	250m:	2:55.33	36.24	650m:	7:47.78	36.57	1050m:	12:40.84	36.69	1450m:	17:29.58	35.38
	300m:	3:31.91	36.58	700m:	8:24.41	36.63	1100m:	13:16.90	36.06	1500m:	18:02.85	33.27
	350m:	4:08.61	36.70	750m:	9:01.11	36.70	1150m:	13:53.15	36.25			
	400m:	4:44.89	36.28	800m:	9:37.76	36.65	1200m:	14:29.24	36.09			
13.				18.05.2011						+0,88 18:03.25		613
	50m:	32.11	32.11	450m:	5:20.19	36.59	850m:	10:12.54	36.90	1250m:	15:06.31	36.59
	100m:	1:07.35	35.24	500m:	5:56.25	36.06	900m:	10:49.05	36.51	1300m:	15:42.78	36.47
	150m:	1:43.33	35.98	550m:	6:33.06	36.81	950m:	11:25.78	36.73	1350m:	16:19.41	36.63
	200m:	2:19.56	36.23	600m:	7:09.57	36.51	1000m:	12:02.60	36.82	1400m:	16:55.58	36.17
	250m:	2:55.52	35.96	650m:	7:46.15	36.58	1050m:	12:39.53	36.93	1450m:	17:30.71	35.13
	300m:	3:31.40	35.88	700m:	8:22.31	36.16	1100m:	13:16.57	37.04	1500m:	18:03.25	32.54
	350m:	4:07.37	35.97	750m:	8:59.29	36.98	1150m:	13:53.13	36.56			
	400m:	4:43.60	36.23	800m:	9:35.64	36.35	1200m:	14:29.72	36.59			
14.				30.07.2011						+0,84 18:04.12		612
	50m:	32.90	32.90	450m:	5:22.53	36.51	850m:	10:11.44	35.95	1250m:	15:00.98	36.83
	100m:	1:08.72	35.82	500m:	5:58.23	35.70	900m:	10:47.36	35.92	1300m:	15:37.80	36.82
	150m:	1:44.95	36.23	550m:	6:34.44	36.21	950m:	11:23.28	35.92	1350m:	16:14.81	37.01
	200m:	2:21.51	36.56	600m:	7:10.93	36.49	1000m:	11:59.87	36.59	1400m:	16:52.52	37.71
	250m:	2:57.35	35.84	650m:	7:47.24	36.31	1050m:	12:35.83	35.96	1450m:	17:29.12	36.60
	300m:	3:33.91	36.56	700m:	8:23.31	36.07	1100m:	13:11.67	35.84	1500m:	18:04.12	35.00
	350m:	4:10.16	36.25	750m:	8:59.34	36.03	1150m:	13:47.78	36.11			
	400m:	4:46.02	35.86	800m:	9:35.49	36.15	1200m:	14:24.15	36.37			
15.				24.10.2011		-				+0,86 18:11.06		600
	50m:	32.09	32.09	450m:	5:19.05	36.20	850m:	10:12.24	36.68	1250m:	15:08.98	37.16
	100m:	1:06.68	34.59	500m:	5:55.77	36.72	900m:	10:49.30	37.06	1300m:	15:46.10	37.12
	150m:	1:42.26	35.58	550m:	6:32.00	36.23	950m:	11:26.40	37.10	1350m:	16:22.57	36.47
	200m:	2:18.27	36.01	600m:	7:08.72	36.72	1000m:	12:03.24	36.84	1400m:	16:59.53	36.96
	250m:	2:54.25	35.98	650m:	7:45.20	36.48	1050m:	12:40.38	37.14	1450m:	17:35.78	36.25
	300m:	3:30.40	36.15	700m:	8:22.05	36.85	1100m:	13:17.47	37.09	1500m:	18:11.06	35.28
	350m:	4:06.60	36.20	750m:	8:58.76	36.71	1150m:	13:54.78	37.31			
	400m:	4:42.85	36.25	800m:	9:35.56	36.80	1200m:	14:31.82	37.04			
16.				01.05.2011						+0,84 18:14.64		594
	50m:	32.93	32.93	450m:	5:20.30	36.29	850m:	10:13.86	37.12	1250m:	15:11.12	37.44
	100m:	1:08.53	35.60	500m:	5:56.43	36.13	900m:	10:51.02	37.16	1300m:	15:48.64	37.52
	150m:	1:44.37	35.84	550m:	6:32.91	36.48	950m:	11:28.07	37.05	1350m:	16:25.65	37.01
	200m:	2:20.41	36.04	600m:	7:09.47	36.56	1000m:	12:05.31	37.24	1400m:	17:02.95	37.30
	250m:	2:56.20	35.79	650m:	7:46.25	36.78	1050m:	12:42.29	36.98	1450m:	17:39.71	36.76
	300m:	3:32.02	35.82	700m:	8:22.66	36.41	1100m:	13:19.57	37.28	1500m:	18:14.64	34.93
	350m:	4:07.93	35.91	750m:	8:59.82	37.16	1150m:	13:56.55	36.98			
	400m:	4:44.01	36.08	800m:	9:36.74	36.92	1200m:	14:33.68	37.13			
17.				07.03.2012		-				+0,91 18:18.25		588
	50m:	32.26	32.26	450m:	5:25.25	37.39	850m:	10:22.03	37.30	1250m:	15:17.76	36.91
	100m:	1:08.28	36.02	500m:	6:02.06	36.81	900m:	10:58.29	36.26	1300m:	15:54.88	37.12
	150m:	1:44.62	36.34	550m:	6:39.47	37.41	950m:	11:35.64	37.35	1350m:	16:32.12	37.24
	200m:	2:21.16	36.54	600m:	7:16.26	36.79	1000m:	12:12.95	37.31	1400m:	17:08.53	36.41
	250m:	2:57.99	36.83	650m:	7:53.43	37.17	1050m:	12:50.03	37.08	1450m:	17:44.47	35.94
	300m:	3:34.81	36.82	700m:	8:30.68	37.25	1100m:	13:26.72	36.69	1500m:	18:18.25	33.78
	350m:	4:11.26	36.45	750m:	9:07.77	37.09	1150m:	14:03.64	36.92			
	400m:	4:47.86	36.60	800m:	9:44.73	36.96	1200m:	14:40.85	37.21			

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SWISS TIMING QUANTUM ACUATICS

39, , 1500m , (14-15)

									R.T.		
18.					05.10.2012				+0,78 18:25.71	576	
50m:	32.71	32.71	450m:	5:27.46	36.95	850m:	10:22.57	36.60	1250m:	15:21.07	38.15
100m:	1:08.87	36.16	500m:	6:04.41	36.95	900m:	10:59.48	36.91	1300m:	15:58.94	37.87
150m:	1:45.66	36.79	550m:	6:41.30	36.89	950m:	11:36.35	36.87	1350m:	16:36.69	37.75
200m:	2:22.50	36.84	600m:	7:18.36	37.06	1000m:	12:13.59	37.24	1400m:	17:13.90	37.21
250m:	2:59.93	37.43	650m:	7:55.24	36.88	1050m:	12:50.54	36.95	1450m:	17:51.51	37.61
300m:	3:36.85	36.92	700m:	8:32.26	37.02	1100m:	13:28.04	37.50	1500m:	18:25.71	34.20
350m:	4:13.69	36.84	750m:	9:08.80	36.54	1150m:	14:04.67	36.63			
400m:	4:50.51	36.82	800m:	9:45.97	37.17	1200m:	14:42.92	38.25			
19.					11.06.2011				+0,81 18:31.68	567	
50m:	32.81	32.81	450m:	5:24.94	37.10	850m:	10:23.60	37.48	1250m:	15:25.80	37.91
100m:	1:08.56	35.75	500m:	6:01.99	37.05	900m:	11:01.05	37.45	1300m:	16:03.25	37.45
150m:	1:44.88	36.32	550m:	6:39.11	37.12	950m:	11:38.75	37.70	1350m:	16:40.90	37.65
200m:	2:21.14	36.26	600m:	7:16.33	37.22	1000m:	12:16.69	37.94	1400m:	17:18.38	37.48
250m:	2:57.78	36.64	650m:	7:53.67	37.34	1050m:	12:54.55	37.86	1450m:	17:55.55	37.17
300m:	3:34.26	36.48	700m:	8:31.04	37.37	1100m:	13:32.43	37.88	1500m:	18:31.68	36.13
350m:	4:11.04	36.78	750m:	9:08.72	37.68	1150m:	14:10.15	37.72			
400m:	4:47.84	36.80	800m:	9:46.12	37.40	1200m:	14:47.89	37.74			
20.					18.01.2012				+0,82 18:35.94	561	
50m:	31.78	31.78	450m:	5:16.85	36.11	850m:	10:13.50	37.85	1250m:	15:20.61	39.43
100m:	1:06.27	34.49	500m:	5:53.24	36.39	900m:	10:51.60	38.10	1300m:	15:59.77	39.16
150m:	1:41.57	35.30	550m:	6:30.11	36.87	950m:	11:29.94	38.34	1350m:	16:39.61	39.84
200m:	2:17.19	35.62	600m:	7:06.93	36.82	1000m:	12:06.81	36.87	1400m:	17:18.81	39.20
250m:	2:52.85	35.66	650m:	7:43.87	36.94	1050m:	12:44.08	37.27	1450m:	17:58.05	39.24
300m:	3:28.57	35.72	700m:	8:20.80	36.93	1100m:	13:22.60	38.52	1500m:	18:35.94	37.89
350m:	4:04.78	36.21	750m:	8:58.16	37.36	1150m:	14:02.11	39.51			
400m:	4:40.74	35.96	800m:	9:35.65	37.49	1200m:	14:41.18	39.07			
21.					01.07.2011				+0,69 18:37.29	559	
50m:	32.29	32.29	450m:	5:27.45	37.28	850m:	10:25.99	37.28	1250m:	15:28.76	37.90
100m:	1:08.10	35.81	500m:	6:04.64	37.19	900m:	11:03.79	37.80	1300m:	16:07.18	38.42
150m:	1:44.87	36.77	550m:	6:42.03	37.39	950m:	11:41.50	37.71	1350m:	16:45.23	38.05
200m:	2:21.67	36.80	600m:	7:19.03	37.00	1000m:	12:19.44	37.94	1400m:	17:23.91	38.68
250m:	2:58.71	37.04	650m:	7:56.24	37.21	1050m:	12:56.91	37.47	1450m:	18:02.48	38.57
300m:	3:35.82	37.11	700m:	8:33.71	37.47	1100m:	13:34.85	37.94	1500m:	18:37.29	34.81
350m:	4:12.97	37.15	750m:	9:11.30	37.59	1150m:	14:12.90	38.05			
400m:	4:50.17	37.20	800m:	9:48.71	37.41	1200m:	14:50.86	37.96			
22.					30.01.2011 I				+0,80 18:38.87	556	
50m:	32.38	32.38	450m:	5:27.46	36.97	850m:	10:27.49	37.58	1250m:	15:33.04	38.49
100m:	1:08.12	35.74	500m:	6:04.78	37.32	900m:	11:05.53	38.04	1300m:	16:11.02	37.98
150m:	1:44.79	36.67	550m:	6:41.99	37.21	950m:	11:43.28	37.75	1350m:	16:48.69	37.67
200m:	2:21.78	36.99	600m:	7:19.42	37.43	1000m:	12:21.50	38.22	1400m:	17:26.17	37.48
250m:	2:58.69	36.91	650m:	7:56.94	37.52	1050m:	12:59.62	38.12	1450m:	18:02.80	36.63
300m:	3:36.06	37.37	700m:	8:34.58	37.64	1100m:	13:38.36	38.74	1500m:	18:38.87	36.07
350m:	4:13.48	37.42	750m:	9:12.07	37.49	1150m:	14:16.62	38.26			
400m:	4:50.49	37.01	800m:	9:49.91	37.84	1200m:	14:54.55	37.93			
23.					04.09.2011				+0,77 18:45.95 I	546	
50m:	32.60	32.60	450m:	5:28.93	37.28	850m:	10:30.45	38.07	1250m:	15:36.60	38.20
100m:	1:08.86	36.26	500m:	6:06.61	37.68	900m:	11:08.40	37.95	1300m:	16:14.89	38.29
150m:	1:45.36	36.50	550m:	6:44.08	37.47	950m:	11:46.77	38.37	1350m:	16:53.17	38.28
200m:	2:22.35	36.99	600m:	7:21.89	37.81	1000m:	12:25.15	38.38	1400m:	17:31.42	38.25
250m:	2:59.50	37.15	650m:	7:59.10	37.21	1050m:	13:03.61	38.46	1450m:	18:08.78	37.36
300m:	3:36.90	37.40	700m:	8:36.84	37.74	1100m:	13:41.95	38.34	1500m:	18:45.95	37.17
350m:	4:14.14	37.24	750m:	9:14.37	37.53	1150m:	14:19.99	38.04			
400m:	4:51.65	37.51	800m:	9:52.38	38.01	1200m:	14:58.40	38.41			

39, , 1500m , (14-15)

			/			R.T.						
24.			29.10.2012	I				+0,94	18:49.75	I	540	
	50m:	33.36	33.36	450m:	5:31.86	37.56	850m:	10:35.53	38.52	1250m:	15:41.34	38.55
	100m:	1:09.36	36.00	500m:	6:09.59	37.73	900m:	11:13.39	37.86	1300m:	16:19.34	38.00
	150m:	1:47.51	38.15	550m:	6:47.17	37.58	950m:	11:52.07	38.68	1350m:	16:57.97	38.63
	200m:	2:24.80	37.29	600m:	7:24.94	37.77	1000m:	12:29.54	37.47	1400m:	17:36.12	38.15
	250m:	3:02.95	38.15	650m:	8:02.10	37.16	1050m:	13:08.22	38.68	1450m:	18:14.06	37.94
	300m:	3:39.76	36.81	700m:	8:40.26	38.16	1100m:	13:46.42	38.20	1500m:	18:49.75	35.69
	350m:	4:16.71	36.95	750m:	9:19.01	38.75	1150m:	14:24.87	38.45			
	400m:	4:54.30	37.59	800m:	9:57.01	38.00	1200m:	15:02.79	37.92			
25.			29.11.2012	I				+0,81	18:50.53	I	539	
	50m:	33.30	33.30	450m:	5:35.46	38.50	850m:	10:40.87	37.88	1250m:	15:43.84	38.60
	100m:	1:09.68	36.38	500m:	6:13.74	38.28	900m:	11:17.87	37.00	1300m:	16:21.63	37.79
	150m:	1:47.51	37.83	550m:	6:52.35	38.61	950m:	11:55.40	37.53	1350m:	17:00.18	38.55
	200m:	2:24.98	37.47	600m:	7:30.39	38.04	1000m:	12:32.87	37.47	1400m:	17:38.20	38.02
	250m:	3:03.16	38.18	650m:	8:08.87	38.48	1050m:	13:11.27	38.40	1450m:	18:15.23	37.03
	300m:	3:40.55	37.39	700m:	8:47.07	38.20	1100m:	13:48.80	37.53	1500m:	18:50.53	35.30
	350m:	4:18.95	38.40	750m:	9:24.94	37.87	1150m:	14:27.12	38.32			
	400m:	4:56.96	38.01	800m:	10:02.99	38.05	1200m:	15:05.24	38.12			
26.			16.04.2011	I				+0,65	18:54.24	I	534	
	50m:	33.21	33.21	450m:	5:34.31	37.95	850m:	10:38.36	38.27	1250m:	15:45.91	38.23
	100m:	1:09.95	36.74	500m:	6:12.06	37.75	900m:	11:16.56	38.20	1300m:	16:24.14	38.23
	150m:	1:47.58	37.63	550m:	6:50.19	38.13	950m:	11:55.05	38.49	1350m:	17:02.57	38.43
	200m:	2:24.88	37.30	600m:	7:27.76	37.57	1000m:	12:33.36	38.31	1400m:	17:40.71	38.14
	250m:	3:02.93	38.05	650m:	8:05.78	38.02	1050m:	13:11.81	38.45	1450m:	18:18.46	37.75
	300m:	3:40.75	37.82	700m:	8:43.62	37.84	1100m:	13:50.18	38.37	1500m:	18:54.24	35.78
	350m:	4:18.67	37.92	750m:	9:22.03	38.41	1150m:	14:29.22	39.04			
	400m:	4:56.36	37.69	800m:	10:00.09	38.06	1200m:	15:07.68	38.46			
27.			03.12.2011	I				+0,91	19:01.32	I	524	
	50m:	31.98	31.98	450m:	5:31.85	37.73	850m:	10:39.05	38.16	1250m:	15:49.67	38.52
	100m:	1:08.16	36.18	500m:	6:10.21	38.36	900m:	11:17.35	38.30	1300m:	16:28.88	39.21
	150m:	1:45.25	37.09	550m:	6:47.84	37.63	950m:	11:55.53	38.18	1350m:	17:07.63	38.75
	200m:	2:22.70	37.45	600m:	7:26.24	38.40	1000m:	12:34.46	38.93	1400m:	17:46.69	39.06
	250m:	3:00.42	37.72	650m:	8:04.54	38.30	1050m:	13:13.29	38.83	1450m:	18:24.85	38.16
	300m:	3:38.52	38.10	700m:	8:43.36	38.82	1100m:	13:52.47	39.18	1500m:	19:01.32	36.47
	350m:	4:15.89	37.37	750m:	9:21.94	38.58	1150m:	14:31.72	39.25			
	400m:	4:54.12	38.23	800m:	10:00.89	38.95	1200m:	15:11.15	39.43			
28.			10.08.2011	I				+0,79	19:05.98	I	518	
	50m:	33.04	33.04	450m:	5:32.88	38.30	850m:	10:42.64	39.13	1250m:	15:53.04	38.73
	100m:	1:09.22	36.18	500m:	6:10.68	37.80	900m:	11:21.34	38.70	1300m:	16:31.88	38.84
	150m:	1:46.76	37.54	550m:	6:49.50	38.82	950m:	12:00.32	38.98	1350m:	17:11.49	39.61
	200m:	2:23.85	37.09	600m:	7:27.60	38.10	1000m:	12:39.30	38.98	1400m:	17:50.48	38.99
	250m:	3:01.45	37.60	650m:	8:06.43	38.83	1050m:	13:17.82	38.52	1450m:	18:29.24	38.76
	300m:	3:38.69	37.24	700m:	8:45.32	38.89	1100m:	13:56.72	38.90	1500m:	19:05.98	36.74
	350m:	4:16.63	37.94	750m:	9:24.41	39.09	1150m:	14:35.41	38.69			
	400m:	4:54.58	37.95	800m:	10:03.51	39.10	1200m:	15:14.31	38.90			
29.			21.09.2011	I				+0,83	19:10.94	I	511	
	50m:	33.25	33.25	450m:	5:40.08	38.69	850m:	10:49.73	38.48	1250m:	16:01.79	38.98
	100m:	1:10.73	37.48	500m:	6:18.54	38.46	900m:	11:28.60	38.87	1300m:	16:40.91	39.12
	150m:	1:47.52	36.79	550m:	6:57.03	38.49	950m:	12:07.17	38.57	1350m:	17:19.92	39.01
	200m:	2:26.93	39.41	600m:	7:35.89	38.86	1000m:	12:46.28	39.11	1400m:	17:58.45	38.53
	250m:	3:05.09	38.16	650m:	8:14.61	38.72	1050m:	13:25.11	38.83	1450m:	18:36.71	38.26
	300m:	3:43.94	38.85	700m:	8:53.84	39.23	1100m:	14:04.46	39.35	1500m:	19:10.94	34.23
	350m:	4:22.54	38.60	750m:	9:32.39	38.55	1150m:	14:43.68	39.22			
	400m:	5:01.39	38.85	800m:	10:11.25	38.86	1200m:	15:22.81	39.13			

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12 АПРЕЛЯ

КУБОК АЛЕКСАНДРА ПОПОВА

39, 1500m (14-15)

			/			R.T.						
30.	14.03.2012						+0,99 19:26.04			I 491		
50m:	33.43	33.43	450m:	5:28.97	38.54	850m:	10:43.81	39.96	1250m:	16:06.90	40.51	
100m:	1:08.93	35.50	500m:	6:07.57	38.60	900m:	11:23.68	39.87	1300m:	16:47.36	40.46	
150m:	1:45.41	36.48	550m:	6:46.32	38.75	950m:	12:04.45	40.77	1350m:	17:27.70	40.34	
200m:	2:21.68	36.27	600m:	7:25.46	39.14	1000m:	12:44.69	40.24	1400m:	18:07.71	40.01	
250m:	2:58.58	36.90	650m:	8:04.98	39.52	1050m:	13:24.97	40.28	1450m:	18:47.99	40.28	
300m:	3:35.30	36.72	700m:	8:44.05	39.07	1100m:	14:05.39	40.42	1500m:	19:26.04	38.05	
350m:	4:12.78	37.48	750m:	9:23.91	39.86	1150m:	14:46.00	40.61				
400m:	4:50.43	37.65	800m:	10:03.85	39.94	1200m:	15:26.39	40.39				
31.	03.08.2011						+0,95 19:32.78			I 483		
50m:	33.54	33.54	450m:	5:33.21	38.87	850m:	10:42.43	38.98	1250m:	16:07.70	43.17	
100m:	1:09.06	35.52	500m:	6:11.42	38.21	900m:	11:21.52	39.09	1300m:	16:49.10	41.40	
150m:	1:45.92	36.86	550m:	6:50.36	38.94	950m:	12:00.85	39.33	1350m:	17:31.61	42.51	
200m:	2:22.48	36.56	600m:	7:28.59	38.23	1000m:	12:40.05	39.20	1400m:	18:12.97	41.36	
250m:	3:00.42	37.94	650m:	8:07.27	38.68	1050m:	13:20.54	40.49	1450m:	18:54.58	41.61	
300m:	3:38.05	37.63	700m:	8:45.71	38.44	1100m:	14:00.42	39.88	1500m:	19:32.78	38.20	
350m:	4:16.48	38.43	750m:	9:25.04	39.33	1150m:	14:42.50	42.08				
400m:	4:54.34	37.86	800m:	10:03.45	38.41	1200m:	15:24.53	42.03				
32.	09.06.2011						+0,93 19:35.06			I 480		
50m:	34.01	34.01	450m:	5:44.61	39.76	850m:	11:01.44	38.96	1250m:	16:20.92	40.11	
100m:	1:10.95	36.94	500m:	6:24.63	40.02	900m:	11:40.86	39.42	1300m:	17:00.74	39.82	
150m:	1:49.02	38.07	550m:	7:04.07	39.44	950m:	12:21.08	40.22	1350m:	17:40.11	39.37	
200m:	2:27.76	38.74	600m:	7:44.35	40.28	1000m:	13:01.09	40.01	1400m:	18:19.29	39.18	
250m:	3:06.68	38.92	650m:	8:24.05	39.70	1050m:	13:41.30	40.21	1450m:	18:58.36	39.07	
300m:	3:45.76	39.08	700m:	9:03.63	39.58	1100m:	14:21.16	39.86	1500m:	19:35.06	36.70	
350m:	4:25.30	39.54	750m:	9:42.89	39.26	1150m:	15:00.66	39.50				
400m:	5:04.85	39.55	800m:	10:22.48	39.59	1200m:	15:40.81	40.15				
33.	30.06.2011						+0,79 19:39.94			I 474		
50m:	33.18	33.18	450m:	5:43.28	40.19	850m:	11:04.25	40.32	1250m:	16:26.13	39.96	
100m:	1:10.34	37.16	500m:	6:23.81	40.53	900m:	11:44.59	40.34	1300m:	17:05.77	39.64	
150m:	1:48.60	38.26	550m:	7:03.71	39.90	950m:	12:25.22	40.63	1350m:	17:45.63	39.86	
200m:	2:26.92	38.32	600m:	7:42.87	39.16	1000m:	13:05.27	40.05	1400m:	18:24.05	38.42	
250m:	3:05.38	38.46	650m:	8:23.39	40.52	1050m:	13:45.79	40.52	1450m:	19:03.01	38.96	
300m:	3:43.93	38.55	700m:	9:03.39	40.00	1100m:	14:26.60	40.81	1500m:	19:39.94	36.93	
350m:	4:23.60	39.67	750m:	9:43.79	40.40	1150m:	15:06.92	40.32				
400m:	5:03.09	39.49	800m:	10:23.93	40.14	1200m:	15:46.17	39.25				
34.	14.04.2011						+0,87 19:58.18			I 453		
50m:	33.31	33.31	450m:	5:44.79	40.49	850m:	11:09.92	41.03	1250m:	16:38.79	41.55	
100m:	1:09.77	36.46	500m:	6:25.02	40.23	900m:	11:50.83	40.91	1300m:	17:18.97	40.18	
150m:	1:48.04	38.27	550m:	7:05.29	40.27	950m:	12:32.24	41.41	1350m:	17:59.71	40.74	
200m:	2:26.55	38.51	600m:	7:45.67	40.38	1000m:	13:12.82	40.58	1400m:	18:40.42	40.71	
250m:	3:05.79	39.24	650m:	8:26.57	40.90	1050m:	13:54.43	41.61	1450m:	19:20.94	40.52	
300m:	3:44.80	39.01	700m:	9:07.30	40.73	1100m:	14:35.07	40.64	1500m:	19:58.18	37.24	
350m:	4:24.70	39.90	750m:	9:48.21	40.91	1150m:	15:16.72	41.65				
400m:	5:04.30	39.60	800m:	10:28.89	40.68	1200m:	15:57.24	40.52				
35.	27.10.2011						+0,87 19:59.87			I 451		
50m:	33.56	33.56	450m:	5:47.17	39.50	850m:	11:11.21	40.45	1250m:	16:39.19	41.26	
100m:	1:10.89	37.33	500m:	6:27.66	40.49	900m:	11:52.09	40.88	1300m:	17:20.18	40.99	
150m:	1:49.43	38.54	550m:	7:07.84	40.18	950m:	12:32.82	40.73	1350m:	18:01.14	40.96	
200m:	2:28.48	39.05	600m:	7:48.68	40.84	1000m:	13:14.19	41.37	1400m:	18:42.37	41.23	
250m:	3:07.65	39.17	650m:	8:28.89	40.21	1050m:	13:54.88	40.69	1450m:	19:21.75	39.38	
300m:	3:47.77	40.12	700m:	9:09.36	40.47	1100m:	14:35.70	40.82	1500m:	19:59.87	38.12	
350m:	4:27.65	39.88	750m:	9:49.90	40.54	1150m:	15:17.13	41.43				
400m:	5:07.67	40.02	800m:	10:30.76	40.86	1200m:	15:57.93	40.80				

39, , 1500m , (14-15)

										R.T.		
36.			/	06.01.2012						+0,83 20:24.10	I	425
	50m:	33.27	33.27	450m:	5:49.28	41.98	850m:	11:21.95	42.33	1250m:	16:58.97	41.34
	100m:	1:09.55	36.28	500m:	6:30.56	41.28	900m:	12:03.99	42.04	1300m:	17:40.74	41.77
	150m:	1:47.16	37.61	550m:	7:12.09	41.53	950m:	12:47.07	43.08	1350m:	18:22.15	41.41
	200m:	2:25.15	37.99	600m:	7:52.60	40.51	1000m:	13:28.55	41.48	1400m:	19:03.56	41.41
	250m:	3:03.90	38.75	650m:	8:34.50	41.90	1050m:	14:11.11	42.56	1450m:	19:44.41	40.85
	300m:	3:43.46	39.56	700m:	9:16.12	41.62	1100m:	14:53.44	42.33	1500m:	20:24.10	39.69
	350m:	4:25.75	42.29	750m:	9:58.44	42.32	1150m:	15:35.76	42.32			
	400m:	5:07.30	41.55	800m:	10:39.62	41.18	1200m:	16:17.63	41.87			
37.				02.04.2012						+0,79 21:29.21		363
	50m:	32.68	32.68	450m:	6:01.63	42.97	850m:	11:54.90	45.99	1250m:	17:51.28	44.55
	100m:	1:10.65	37.97	500m:	6:44.61	42.98	900m:	12:38.93	44.03	1300m:	18:36.63	45.35
	150m:	1:50.58	39.93	550m:	7:28.32	43.71	950m:	13:22.91	43.98	1350m:	19:21.16	44.53
	200m:	2:31.43	40.85	600m:	8:12.00	43.68	1000m:	14:07.24	44.33	1400m:	20:04.87	43.71
	250m:	3:12.65	41.22	650m:	8:55.94	43.94	1050m:	14:52.17	44.93	1450m:	20:48.12	43.25
	300m:	3:54.22	41.57	700m:	9:41.03	45.09	1100m:	15:37.26	45.09	1500m:	21:29.21	41.09
	350m:	4:35.95	41.73	750m:	10:25.61	44.58	1150m:	16:21.80	44.54			
	400m:	5:18.66	42.71	800m:	11:08.91	43.30	1200m:	17:06.73	44.93			

1.									(14-15)
1.		22.03.2011		+0,69	29.18				703
2.		13.05.2011		+0,75	30.06				643
3.		15.12.2011		+0,82	30.23				632
2.									(14-15)
1.		25.11.2011		+0,74	32.75				705
2.		08.08.2011		+0,70	33.11				683
3.		04.02.2011		+0,72	33.24				675
3.									(14-15)
1.		11.06.2011		+0,66	52.77				679
1.		14.03.2011		+0,83	52.77				679
3.		09.06.2011		+0,79	52.78				679
4.									(14-15)
1.		15.02.2011		+0,79	2:05.49				715
2.		25.05.2011	-	+0,70	2:06.15				704
3.		11.04.2011		+0,77	2:06.80				693
5.									(14-15)
1.		25.03.2011		+0,80	2:06.13				669
2.		14.05.2011		+0,82	2:08.24				636
3.		17.05.2011	I	+0,72	2:09.38				620
6.									(14-15)
1.		06.10.2011		+0,81	2:19.21				669
2.		22.10.2012	-	+0,87	2:20.47				652
3.		06.11.2011		+0,79	2:22.52				624
7.									(14-15)
1.		14.02.2011	-	+0,68	2:05.34				711
2.		05.02.2011		+0,70	2:06.54				691
3.		01.05.2011		+0,73	2:07.96				669
8.									(14-15)
1.		07.10.2011		+0,61	1:02.96				747
2.		31.07.2012		+0,72	1:03.43				730
3.		04.04.2012	-		1:04.34				700

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SWISS TIMING QUANTUM ACUATICS

9.	, 800m					(14-15)
1.		04.06.2011		+0,89	8:33.84	681
2.		09.02.2011		+0,70	8:34.06	680
3.		13.04.2011		+0,76	8:34.59	678
10.	, 50m					(14-15)
1.		06.03.2011	-	+0,64	26.82	677
2.		05.09.2011	-	+0,62	27.26	644
3.		14.02.2011	-	+0,70	27.38	636
11.	, 50m					(14-15)
1.		31.07.2012		+0,63	29.88	726
2.		08.06.2011		+0,67	29.91	724
3.		07.10.2011		+0,64	30.04	714
12.	, 400m					(14-15)
1.		14.05.2011		+0,79	4:36.44	675
2.		01.05.2011		+0,76	4:39.71	651
3.		09.02.2011		+0,71	4:42.98	629
13.	, 400m					(14-15)
1.		30.12.2011		+0,80	5:00.96	672
2.		09.03.2012		+0,77	5:02.70	660
3.		01.02.2011		+0,81	5:03.52	655
14.	, 200m					(14-15)
1.		09.06.2011		+0,79	1:54.51	706
2.		03.01.2011		+0,68	1:54.80	701
3.		11.06.2011		+0,73	1:55.18	694
15.	, 100m					(14-15)
1.		08.06.2011		+0,81	57.46	728
2.		16.05.2011		+0,79	58.19	701
3.		05.01.2012	-	+0,79	58.34	696
16.	, 100m					(14-15)
1.		22.03.2011		+0,66	1:04.89	673
2.		22.03.2011		+0,75	1:06.07	638
3.		14.03.2011	-	+0,76	1:06.27	632

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SWISS TIMING QUANTUM ACUATICS

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

17.									(14-15)
1.		12.04.2011		+0,77	1:11.49				721
2.		27.05.2012	-	+0,82	1:12.16				701
3.		19.03.2012		+0,81	1:12.40				694
18.									2011 - 2012
1.	-		-	+0,71	4:06.30				687
2.				+0,60	4:06.53				686
3.				+0,67	4:08.84				667
19.									(14-15)
1.		23.10.2012		+0,75	8:49.06				766
2.		15.02.2011		+0,78	9:06.64				694
3.		07.02.2012		+0,73	9:09.85				682
20.									(14-15)
1.		05.01.2011		+0,78	25.51				665
1.		29.03.2011		+0,65	25.51				665
3.		03.07.2011		+0,76	25.64				655
21.									(14-15)
1.		23.06.2011		+0,70	27.88				672
2.		12.03.2011		+0,65	28.11				656
3.		16.05.2011		+0,75	28.16				652
22.									(14-15)
1.		14.02.2011	-	+0,68	57.90				707
2.		06.03.2011	-	+0,67	58.37				690
3.		24.05.2011		+0,67	58.44				688
23.									(14-15)
1.		07.10.2011		+0,62	2:15.99				742
2.		31.07.2012		+0,66	2:17.25				722
3.		04.04.2012	-	+0,71	2:17.91				711
24.									(14-15)
1.		23.10.2012		+0,79	4:21.19				720
2.		15.02.2011		+0,82	4:27.76				668
3.		13.10.2011		+0,80	4:27.91				667

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SWISS TIMING QUANTUM ACUATICS

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ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

25.		, 200m						(14-15)
1.			22.03.2011		+0,76	2:21.16		702
2.			19.01.2011		+0,77	2:24.02		661
3.			08.09.2011	I	+0,91	2:25.50		641
26.		, 200m						(14-15)
1.			12.04.2011		+0,74	2:33.80		715
2.			27.05.2012	-	+0,80	2:35.60		690
3.			05.12.2011		+0,81	2:35.77		688
27.		, 4 x 100m						(14-15)
1.					+0,76	3:31.14		708
2.	-			-	+0,79	3:33.79		682
3.					+0,79	3:36.08		661
28.		, 4 x 100m						(14-15)
1.					+0,76	3:54.50		697
2.	-			-	+0,82	3:54.56		696
3.					+0,73	3:56.07		683
29.		, 1500m						(14-15)
1.			13.04.2011		+0,79	16:16.08		709
2.			20.02.2012		+0,88	16:18.96		703
3.			25.01.2012		+0,83	16:25.74		689
30.		, 50m						(14-15)
1.			11.06.2011		+0,74	23.63		692
2.			12.04.2011		+0,79	23.65		691
3.			13.05.2011		+0,69	24.07	I	655
31.		, 50m						(14-15)
1.			03.09.2011		+0,67	26.59		700
2.			16.05.2011		+0,74	26.69		692
3.			12.03.2011		+0,71	26.70		691
32.		, 100m						(14-15)
1.			21.04.2011		+0,75	56.32		676
2.			29.03.2011		+0,64	56.43		672
3.			14.05.2011	I	+0,64	57.52	-	635

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SWISS TIMING QUANTUM ACUATICS

33.									(14-15)
1.		09.03.2012		+0,79	1:01.70				692
2.		23.10.2012		+0,82	1:03.05				649
3.		06.10.2011		+0,79	1:03.14				646
34.									(14-15)
1.		09.06.2011		+0,79	4:03.79				734
2.		04.06.2011		+0,80	4:08.17				696
3.		03.01.2011		+0,72	4:08.33				694
35.									(14-15)
1.		21.11.2011	-	+0,70	2:20.66				713
2.		30.12.2011		+0,78	2:21.10				707
3.		19.05.2011		+0,87	2:22.80				682
36.									(14-15)
1.		11.01.2011		+0,64	2:08.96				667
2.		14.05.2011		+0,83	2:09.10				665
3.		07.06.2011		+0,66	2:11.75				625
37.									(14-15)
1.	-		-	+0,68	4:16.86				711
2.				+0,63	4:18.74				696
3.				+0,66	4:19.01				694
38.									(14-15)
1.	-		-	+0,65	3:54.18				688
2.				+0,63	3:57.34				661
3.				+0,57	3:58.44				652
39.									(14-15)
1.		23.10.2012		+0,76	16:53.42				749
2.		03.02.2012		+0,72	17:26.55				680
3.		07.02.2012		+0,77	17:30.54				672

33.	, 100m	(14-15)	12	1:01.70
13.	, 400m	(14-15)	12	5:02.70
29.	, 1500m	(14-15)	11	16:16.08
9.	, 800m	(14-15)	11	8:34.59
36.	, 200m	(14-15)	11	2:11.75
17.	, 100m	(14-15)	11	1:11.49
26.	, 200m	(14-15)	11	2:33.80
21.	, 50m	(14-15)	11	28.11
31.	, 50m	(14-15)	11	26.70
20.	, 50m	(14-15)	11	25.64
36.	, 200m	(14-15)	11	2:08.96
27.	, 4 x 100m	(14-15)		3:36.08
1.	, 50m	(14-15)	11	30.06
30.	, 50m	(14-15)	11	24.07
20.	, 50m	(14-15)	11	25.51
25.	, 200m	(14-15)	11	2:25.50
17.	, 100m	(14-15)	12	1:12.40
3.	, 100m	(14-15)	11	52.77
14.	, 200m	(14-15)	11	1:55.18

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

14.	, 200m	(14-15)	11	1:54.51
34.	, 400m	(14-15)	11	4:03.79
27.	, 4 x 100m	(14-15)		3:31.14
2.	, 50m	(14-15)	11	32.75
21.	, 50m	(14-15)	11	27.88
13.	, 400m	(14-15)	11	5:00.96
28.	, 4 x 100m	(14-15)		3:54.50
14.	, 200m	(14-15)	11	1:54.80
29.	, 1500m	(14-15)	12	16:18.96
7.	, 200m	(14-15)	11	2:06.54
25.	, 200m	(14-15)	11	2:24.02
12.	, 400m	(14-15)	11	4:39.71
31.	, 50m	(14-15)	11	26.69
15.	, 100m	(14-15)	11	58.19
33.	, 100m	(14-15)	12	1:03.05
35.	, 200m	(14-15)	11	2:21.10
3.	, 100m	(14-15)	11	52.78
34.	, 400m	(14-15)	11	4:08.33
22.	, 100m	(14-15)	11	58.44
7.	, 200m	(14-15)	11	2:07.96
5.	, 200m	(14-15)	11	2:09.38
4.	, 200m	(14-15)	11	2:06.80
21.	, 50m	(14-15)	11	28.16
13.	, 400m	(14-15)	11	5:03.52
37.	, 4 x 100m	(14-15)		4:19.01
18.	, 4 x 100m	2011 - 201		4:08.84
4.	, 200m	(14-15)	11	2:05.49
24.	, 400m	(14-15)	11	4:27.76
19.	, 800m	(14-15)	11	9:06.64
2.	, 50m	(14-15)	11	33.24
9.	, 800m	(14-15)	11	8:33.84
25.	, 200m	(14-15)	11	2:21.16
34.	, 400m	(14-15)	11	4:08.17
16.	, 100m	(14-15)	11	1:06.07
38.	, 4 x 100m	(14-15)		3:58.44
24.	, 400m	(14-15)	11	4:27.91
20.	, 50m	(14-15)	11	25.51
30.	, 50m	(14-15)	11	23.65
32.	, 100m	(14-15)	11	56.43
38.	, 4 x 100m	(14-15)		3:57.34

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SWISS TIMING QUANTUM ACUATICS

09-12
АПРЕЛЯКУБОК
АЛЕКСАНДРА ПОПОВА

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

26.	, 200m	(14-15)	11	2:35.77
1.	, 50m	(14-15)	11	30.23
1.	, 50m	(14-15)	11	29.18
16.	, 100m	(14-15)	11	1:04.89
3.	, 100m	(14-15)	11	52.77
5.	, 200m	(14-15)	11	2:06.13
12.	, 400m	(14-15)	11	4:36.44
24.	, 400m	(14-15)	12	4:21.19
19.	, 800m	(14-15)	12	8:49.06
39.	, 1500m	(14-15)	12	16:53.42
5.	, 200m	(14-15)	11	2:08.24
36.	, 200m	(14-15)	11	2:09.10
2.	, 50m	(14-15)	11	33.11
6.	, 200m	(14-15)	11	2:22.52
32.	, 100m	(14-15)	11	56.32
31.	, 50m	(14-15)	11	26.59
29.	, 1500m	(14-15)	12	16:25.74
-				
10.	, 50m	(14-15)	11	26.82
22.	, 100m	(14-15)	11	57.90
7.	, 200m	(14-15)	11	2:05.34
38.	, 4 x 100m	(14-15)	-	3:54.18
35.	, 200m	(14-15)	11	2:20.66
37.	, 4 x 100m	(14-15)	-	4:16.86
18.	, 4 x 100m	2011 - 201	-	4:06.30
10.	, 50m	(14-15)	11	27.26
22.	, 100m	(14-15)	11	58.37
27.	, 4 x 100m	(14-15)	-	3:33.79
4.	, 200m	(14-15)	11	2:06.15
17.	, 100m	(14-15)	12	1:12.16
26.	, 200m	(14-15)	12	2:35.60
6.	, 200m	(14-15)	12	2:20.47
28.	, 4 x 100m	(14-15)	-	3:54.56
10.	, 50m	(14-15)	11	27.38
16.	, 100m	(14-15)	11	1:06.27
32.	, 100m	(14-15)	11	57.52
15.	, 100m	(14-15)	12	58.34
8.	, 100m	(14-15)	12	1:04.34
23.	, 200m	(14-15)	12	2:17.91

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SWISS TIMING QUANTUM ACUATICS

8.	, 100m	(14-15)	11	1:02.96
23.	, 200m	(14-15)	11	2:15.99
6.	, 200m	(14-15)	11	2:19.21
37.	, 4 x 100m	(14-15)		4:18.74
18.	, 4 x 100m	2011 - 201		4:06.53
11.	, 50m	(14-15)	11	30.04
33.	, 100m	(14-15)	11	1:03.14
28.	, 4 x 100m	(14-15)		3:56.07
15.	, 100m	(14-15)	11	57.46
9.	, 800m	(14-15)	11	8:34.06
11.	, 50m	(14-15)	11	29.91
12.	, 400m	(14-15)	11	4:42.98
30.	, 50m	(14-15)	11	23.63
19.	, 800m	(14-15)	12	9:09.85
39.	, 1500m	(14-15)	12	17:30.54
11.	, 50m	(14-15)	12	29.88
8.	, 100m	(14-15)	12	1:03.43
23.	, 200m	(14-15)	12	2:17.25
35.	, 200m	(14-15)	11	2:22.80
39.	, 1500m	(14-15)	12	17:26.55

Including relay events

1.	11	RUS	-	4	-	1	5
2.	11	RUS	-	3	-	2	5
3.	12	RUS	-	3	-	-	3
4.	11	RUS	-	2	2	2	6
5.	12	RUS	-	2	1	1	4
6.	12	RUS	-	2	1	-	3
7.	11	RUS	-	2	-	1	3
8.	11	RUS	-	2	-	-	2
	11	RUS	-	2	-	-	2
10.	11	RUS	-	1	2	2	5
11.	11	RUS	-	1	2	-	3
	12	RUS	-	1	2	-	3
	12	RUS	-	1	2	-	3
	11	RUS	-	1	2	-	3
	11	RUS	-	1	2	-	3
16.	11	RUS	-	1	1	1	3
	11	RUS	-	1	1	1	3
	11	RUS	-	1	1	1	3
19.	11	RUS	-	1	1	-	2
	11	RUS	-	1	1	-	2
	11	RUS	-	1	1	-	2
	12	RUS	-	1	1	-	2
	11	RUS	-	1	1	-	2
	11	RUS	-	1	1	-	2
26.	12	RUS	-	1	-	2	3
27.	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
	11	RUS	-	1	-	1	2
35.	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
	11	RUS	-	1	-	-	1
44.	11	RUS	-	-	2	-	2
	11	RUS	-	-	2	-	2
	11	RUS	-	-	2	-	2
	11	RUS	-	-	2	-	2
48.	12	RUS	-	-	1	2	3

Points: AQUA 2026

, (14-15)

1.	12		800m	8:49.06	766
	11		4 x 100m	1:02.43	766
3.	12		100m	1:03.43	730
4.	11		100m	57.46	728
5.	11		100m	1:11.49	721
6.	11		200m	2:05.49	715
7.	11	-	200m	2:20.66	713
8.	12	-	200m	2:17.91	711
9.	11		200m	2:21.10	707
10.	11		50m	32.75	705
11.	11	-	200m	2:06.15	704
12.	11		100m	58.19	701
	12	-	100m	1:12.16	701
	12		4 x 100m	58.19	701
	12	-	4 x 100m	58.21	701
16.	11		50m	26.59	700
17.	11		100m	58.40	694
	12		100m	1:12.40	694
19.	11		200m	2:06.80	693
20.	12		100m	1:01.70	692

, (14-15)

1.	11		400m	4:03.79	734
2.	11	-	200m	2:05.34	711
3.	11		1500m	16:16.08	709
4.	12		1500m	16:18.96	703
	11		50m	29.18	703
6.	11		200m	2:21.16	702
7.	11		200m	1:54.80	701
8.	11		400m	4:08.17	696
9.	11		200m	1:55.18	694
10.	11		50m	23.63	692
11.	11		200m	2:06.54	691
	11		50m	23.65	691
13.	11	-	100m	58.37	690
14.	12		1500m	16:25.74	689
15.	11		100m	58.44	688
16.	11		4 x 100m	52.59	686
17.	11		800m	8:34.06	680
18.	11		100m	56.32	676
19.	11		400m	4:36.44	675
20.	11		100m	56.43	672

" ", 50

SWISS TIMING QUANTUM ACUATICS



ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

**09-12
АПРЕЛЯ****КУБОК
АЛЕКСАНДРА ПОПОВА**

Место	Субъект РФ		Итоговое кол-во очков
1	Москва	МОС	33341
2	Санкт-Петербург	СПБ	32654
3	Республика Татарстан	ТАТР	31430
4	Нижегородская область	Н-Н	30888
5	Свердловская область	СВРД	30705
6	Московская область	МО	30533
7	Самарская область	СМР	29610
8	Красноярский край	КРСН	29316
9	Ханты-Мансийский АО-Югра	ХМАО	29151
10	Воронежская область	ВРЖ	29039
11	Краснодарский край	КРСД	28990
12	Пензенская область	ПЕНЗ	28635
13	Новосибирская область	НВСБ	28619
14	Челябинская область	ЧЛБ	28615
15	Республика Башкортостан	БШКТ	25256
16	Волгоградская область	ВЛГ	25185
17	Ярославская область	ЯРСЛ	24823
18	Пермский край	ПЕРМ	24756
19	Липецкая область	ЛПЦ	24723
20	Ставропольский край	СТВР	23840
21	Ивановская область	ИВН	22866
22	Хабаровский край	ХАБ	21593
23	Архангельская область	АРХ	19833
24	Удмуртская Республика	УДМ	19306
25	Ростовская область	Р-Д	16468
26	Кировская область	КИР	15537
27	Республика Марий Эл	МЭ	14186
28	Тюменская область	ТЮМ	12450
29	Приморский край	ПРМ	11732
30	Мурманская область	МУРМ	11482
31	Белгородская область	БЛГ	11413
32	Ямало-Ненецкий АО	ЯНАО	11331
33	Смоленская область	СМОЛ	11015
34	Ленинградская область	ЛЕН	10209
35	Оренбургская область	ОРНБ	9688
36	Саратовская область	СРТ	8772
37	Владимирская область	ВЛД	8268
38	Тульская область	ТУЛ	8181
39	Чувашская Республика	ЧУВШ	8051
40	Псковская область	ПСКВ	7321
41	Забайкальский край	ЗБК	7200
42	Калининградская область	КЛГД	6669
43	Амурская область	АМУР	6592
44	Омская область	ОМС	6439
45	Кемеровская область	КЕМР	6412
46	Калужская область	КЛЖ	6169
47	Донецкая Народная Республика	ДНР	5911
48	Костромская область	КСТР	5815

спонсоры соревнований:





ФВВСП



ФОНД
ПОДДЕРЖКИ
СПОРТА



ЧЕЛЯБИНСК

ул. 50 лет ВЛКСМ, д.14, Бассейн «Строитель»

09-12
АПРЕЛЯ

ВСЕРОССИЙСКИЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

КУБОК
АЛЕКСАНДРА ПОПОВА

49	Сахалинская область	САХ	3118
40	Севастополь	СЕВ	2763
51	Магаданская область	МГД	2018
52	Республика Бурятия	БУРТ	1945
53	Тверская область	ТВР	1874
54	Республика Хакасия	ХАКС	1806
55	Чеченская Республика	ЧЕЧН	1685
56	Новгородская область	НОВГ	1648
57	Астраханская область	АСТР	459

спонсоры соревнований:



1.		RUS	3	5	5	4	4	4	7	9	10	26
2.	-	RUS	4	3	3	2	5	3	7	8	6	21
3.		RUS	3	2	-	3	1	1	6	3	1	10
4.		RUS	-	-	-	3	1	3	3	2	3	8
5.	-	RUS	2	2	1	-	-	1	2	2	2	6
6.		RUS	-	-	-	2	1	1	2	1	1	4
7.		RUS	1	-	1	1	-	-	2	-	1	3
8.		RUS	2	-	-	-	-	-	2	-	-	2
9.		RUS	1	3	-	-	-	-	1	3	-	4
10.		RUS	-	-	-	1	2	1	1	2	1	4
		RUS	-	1	1	1	1	-	1	2	1	4
12.		RUS	-	-	-	1	2	-	1	2	-	3
13.		RUS	-	-	-	1	1	-	1	1	-	2
14.		RUS	1	-	1	-	-	-	1	-	1	2
		RUS	1	-	1	-	-	-	1	-	1	2
		RUS	1	-	1	-	-	-	1	-	1	2
17.		RUS	1	-	-	-	-	-	1	-	-	1
		RUS	1	-	-	-	-	-	1	-	-	1
19.		RUS	-	1	1	-	-	-	-	1	1	2
20.		RUS	-	-	-	-	1	-	-	1	-	1
21.		RUS	-	-	1	-	-	1	-	-	2	2
		RUS	-	-	-	-	-	2	-	-	2	2
23.		RUS	-	-	1	-	-	-	-	-	1	1
		RUS	-	-	1	-	-	-	-	-	1	1
		RUS	-	-	-	-	-	1	-	-	1	1
		RUS	-	-	1	-	-	-	-	-	1	1
		RUS	-	-	-	-	-	1	-	-	1	1